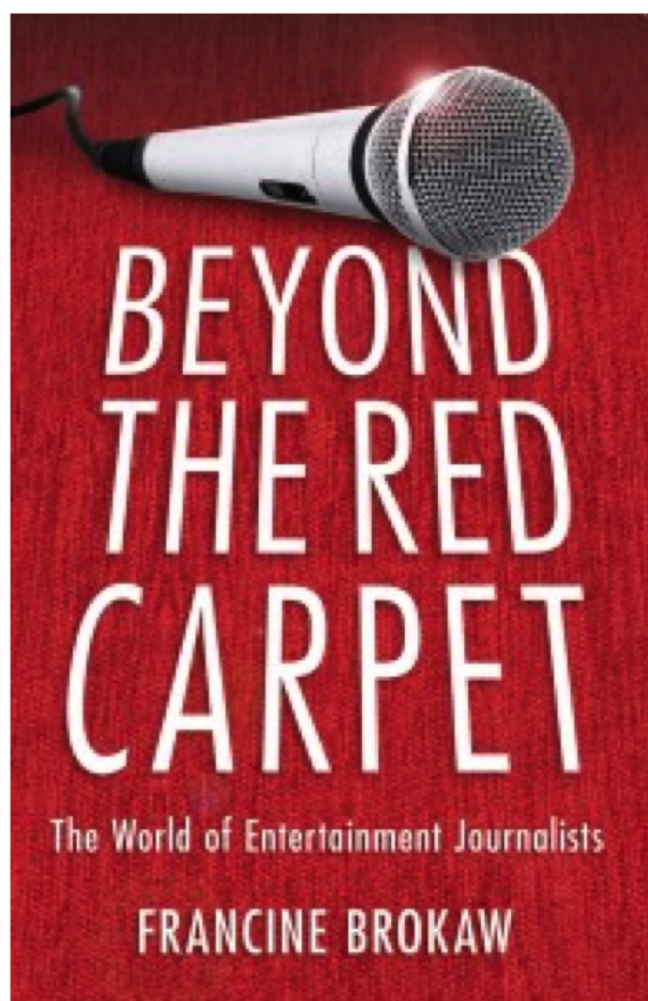


# Entertainment Journalist Francine Brokaw Talks About Tinseltown Twosomes and Life ‘Beyond the Red Carpet’



By Whitney Baker

Francine Brokaw's writing career, which spans over two decades, has taken a few twists and turns: she's focused on everything from politics and travel to celebrity interviews and entertainment news. Her new book, *Beyond the Red Carpet: The World of Entertainment Journalists*, out today, looks at the ever intriguing world of the rich and famous. Lucky for us, she shares never-before-told stories and behind-the-scenes secrets about Hollywood's hottest residents. Having interviewed celebrities like Johnny Depp, George Clooney and Tom Hanks, Brokaw knows what it takes to get these folks talking about life on and off the red carpet.

We chatted with the author about her experiences in the entertainment industry, specifically those celebrity interviews about lasting love and messy break-ups, and her advice for up-and-coming journalists.

**Related Link:** [Dating After Being Dumped: How to Avoid Messy Rebound Relationships](#)

**Tell us a little bit about what inspired you to write this book.**

Nobody really has any idea what entertainment journalists do and experience. I think when people hear the words "entertainment journalists," they think of the hosts on shows like 'Entertainment Tonight.' That's a very minute percentage of us. We're actually in the trenches, dealing with the publicists and celebrities. It's a totally different life than what people have in mind. Like I say in the book, Kevin Costner mentioned that our friends probably think we have these wonderful and fabulous lives, but it's really a lot of hard work.

**Do you have a favorite story from the book that you can share with us?**

I always love speaking with the veteran actors. I love James Garner; he was just so open talking about fellow actors, like Steve McQueen (who he co-starred with in 'The Great Escape') and Kim Novak (who worked with in 'Boys' Night Out'). He brought them down to earth and told us things about them that they probably wouldn't want the public to know. He was very candid.

Julie Andrews is always fun too.

**Can you walk us through a celebrity interview? What goes on behind the scenes?**

I usually have a list of questions that I want answered or that I need answers to for a specific article. Then, when the celebrity mentions a new project or some aspect of their personal life, you can go into further detail about that topic. A one-on-one interview requires a lot more research than a roundtable interview or press conference – you can't rely on other journalists to ask questions that you may not have thought of.

I will say I have had to run into the paparazzi while going into interviews, and it's frightening. I feel for celebrities because these photographers are really intruding into their lives. As an entertainment journalist, I don't want to be thought of as intrusive.

**Have you ever interviewed a celebrity couple – either together or separate? Any stories to share?**

I haven't had the opportunity to interview a celebrity couple together, but I have spoken to partners separately.

I interviewed Catherine Zeta-Jones and Michael Douglas at different times, and they seemed to be very compatible. Catherine's interview was at a resort in the Palm Springs area, and she was so excited that her husband was able to come along. She said that he was probably golfing, which was one of

his passions, and she tried to catch sight of him out the window. I thought that was really sweet.

I've also spoken with both Brad Pitt and Jennifer Aniston. I interviewed Brad right before the break-up, and he let nothing slip about their impending divorce. And then a few months later, we hear that they've split. I interviewed Jennifer afterwards, and she didn't want to talk about it at all.

**Related Link:** [4 Things Jennifer Aniston Taught Me About Love](#)

I interviewed Hilary Swank during her almost-decade long marriage to Chad Lowe, and she said how great they were together. Someone asked about the basis for their relationship, and she implied that trust and honesty were the most important things. And then we read later on that he was hiding his addiction from her. When I interviewed Chad right after the break-up, he refused to talk about anything related to his personal life.

Then there's Mandy Moore, who was so gushy about her relationship with Andy Roddick. She called him her soul mate and told me all about how they met, how they were meant to be together. And that didn't last. It's funny to hear what people say about their relationship and then see how things play out.

**How do you approach the topic of love and relationships in an interview? How personal is *too* personal?**

If they happen to bring up a dating partner or spouse, that's my invitation to ask about their love life. I've had celebrities mention the great love of their life and talk about their fabulous relationship, and then they break-up a few months later. It's interesting to see what people volunteer.

For instance, around Valentine's Day, one of my friends asked Antonio Banderas, who is married to actress Melanie Griffith, if they had any specific plans for the holiday. He happened to

say that their relationship was really going well but that he can't guarantee that it is forever, which I thought was very honest of him.

**And finally, what advice do you have for someone interested in entertainment journalism?**

Be prepared to do a lot of work. It's not easy; it requires a lot of preparation, research and time. It takes talent to bring information out of celebrities. Plus, it's a 24/7 job – sometimes you need to do a phone interview with a celebrity who is working in Europe; the time zone is different, but you have no choice because you're at the beck and call of the celebrity.

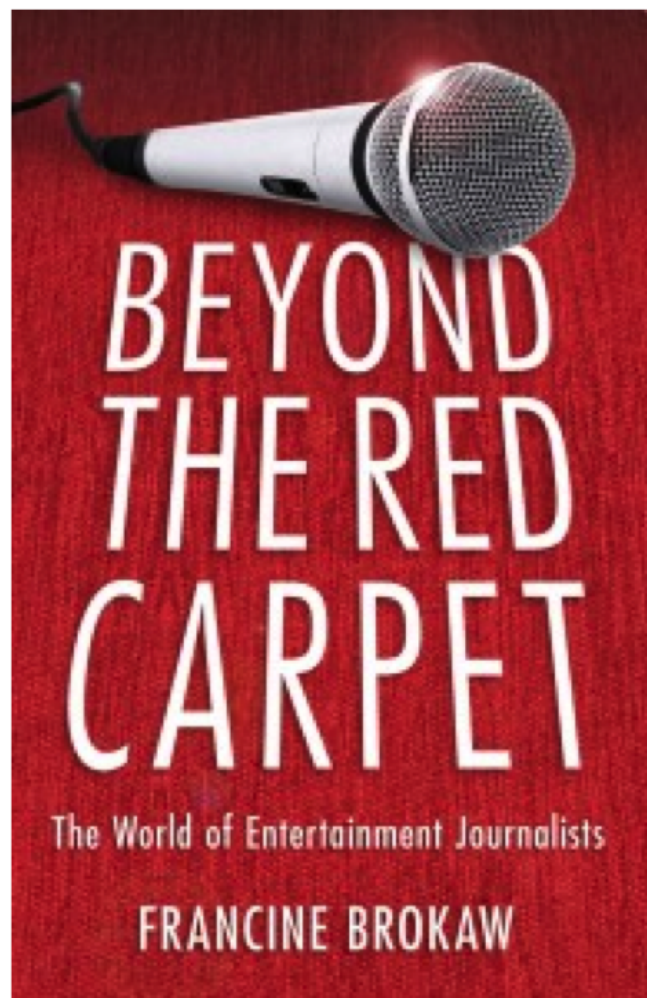
Also, you can't always rely on research. I read a story on IMDB about an actor saving someone from drowning, so I asked if it had really happened. He said that he didn't know where they got that and it had never happened. You have to put question marks by a lot of things that you find online and figure out if it's fact or fiction.

Brokaw leaves us with this final observation when the interview is done. "I gotta tell you, it's much easier asking the questions than answering them!"

*You can purchase a copy of 'Beyond the Red Carpet: The World of Entertainment Journalists' in bookstores and online nationwide today. You can also purchase a signed copy when you buy it from her website at [www.FrancineBrokaw.com](http://www.FrancineBrokaw.com). For more information about Brokaw, follow her on Facebook and Twitter at @FrancineBrokaw.*

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# Zoe Saldana's Laid-Back Style



By Ann Csincsak, Vintage Sweet & Chic

The fast rising star of the new hit film '*The Words*,' Zoe Saldana, gets a top-tier award for her easy laid-back style. She always dresses to impress, even in her everyday denim. She takes a t-shirt and makes it special with eye-catching

accessories and flawless makeup. If you're looking for a great weekend outfit to wear on a daytime date or out to a lunch at your local farmer's market, take a look at Zoe before heading out the door.



1. Knitted Blue Cardigan (ROMWE.com), \$22.95
2. Bacio 61 Estatto, \$160
3. Waverly Cory Satchel, \$295
4. Grey and White Striped Tee (sheinside.com), \$33
5. J Brand Maria High-Rise (actual), \$220





1. J. Crew Basic White Tee, \$25
2. J Brand Skinny Leg Jeans (actual), \$175
3. Asos Tassel Crossbody Bag, \$26
4. Rocker Bracelet Set (shoplately.com), \$16

No matter what your style, remember to stay true to yourself and you will always look amazing! Follow the trends, but don't be afraid to change them and step out on your own, just like Zoe.

**PLUS: TOWNE & REESE GIVEAWAY!**



## *Towne and Reese Giveaway*



**GIVEAWAY ALERT:** This week, we are featuring a fabulous look for any style from Towne and Reese, a favorite jewelry brand of Emily Maynard, our most recent [Bachelorette](#). Emily was spotted wearing Towne and Reese in almost every episode this season – and now, you can wear it too!

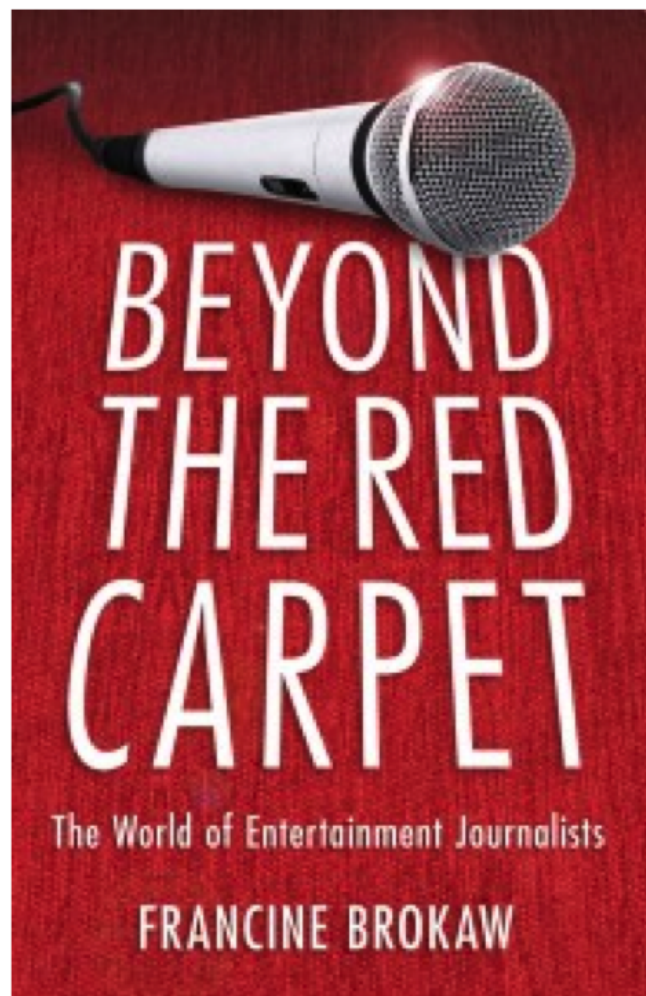
Towne and Reese will be giving away two of my favorite pieces: the Harlow Necklace in Gold (above) and the Elena Mint Ring (below), both worn by Emily during the show.

**TO ENTER:** “Like” the [Towne and Reese Facebook Page](#) and leave a comment saying that you are there for the #giveaway.



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# How Celebrity Couples Celebrate Labor Day Weekend



By Whitney Baker

Labor Day weekend is often filled with beach and barbeque, giving people an opportunity for an extra day off before the summer ends. Some celebrity couples like to keep things simple as they spend time together with the sand and the sun, while others add a little glitz and glam to the usual date plans.

In anticipation of the upcoming holiday weekend, let's look back at how the hottest duos in Hollywood celebrated Labor Day last year:

**1. Partying in Las Vegas:** Stars seem to flock to Sin City for a final summer blowout. Before she was on baby bump watch, Nicole 'Snooki' Polizzi hosted a bash at PURE Nightclub inside Caesar's Palace with then-boyfriend Jionni LaValle. That same night, Carmen Electra and her former fiancé Rob Patterson hosted a party at Nikki Beach in the Tropicana Hotel.

**Related Link:** [Date Idea: Venture Out on Labor Day](#)

**2. Lying Poolside:** Other celebrity couples prefer to focus on relaxing and soaking up the last bit of summer sun. Gabrielle Union and Dwayne Wade spent the afternoon at a Miami Pool with Wade's two sons, while Dave and Odette Annable enjoyed some newly-wedded bliss before celebrating their one-year anniversary in October.

**3. Saying "I Do":** Many celebrity couples choose to [tie the knot](#) over this three-day weekend. Last year, Lauren Bush wed David Lauren, son of fashion icon Ralph Lauren, on his private ranch in Telluride, Colorado. Additionally, Mark Ronson, a well-known DJ and the brother of designer Charlotte Ronson and DJ Samantha Ronson, and actress Josephine de la Baume celebrated their wedding with a two-day celebration in Aix de Provence, France. It sounds like the perfect way to mark the end of the summer.

**Related Link:** [Five Celebrity Couples Who Had a Low Profile Wedding](#)

**4. Hanging Out with Their Kids:** Some Hollywood pairs opt for a more traditional route and enjoy low-key plans with their family. The Malibu Fair and Chili Cookoff was a popular spot last year: Tori Spelling and Dean McDermott took their kids, while Pink and her husband Carey Hart were there with their daughter. Also in Malibu, Nicole Richie and husband Joel Madden spent Labor Day on the beach with their two children.

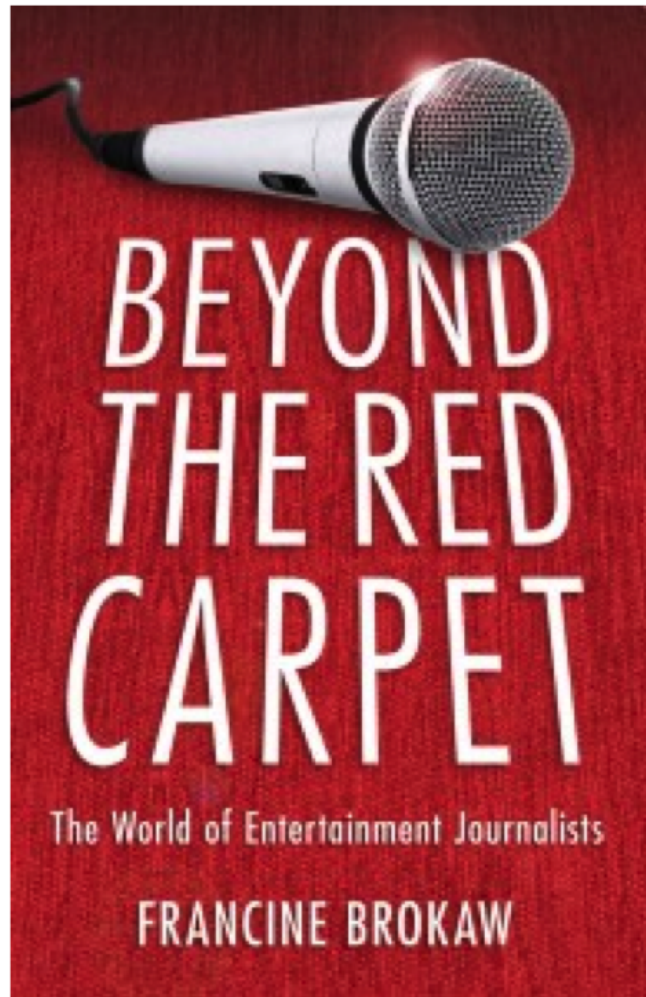
**5. Working:** Even celebrities have to show up to work on a holiday once in a while. With the 13<sup>th</sup> season of *Dancing with the Stars* underway, many of the dancing duos, including Cheryl Burke and Rob Kardashian as well as Lacey Schwimmer and Chaz Bono, were spotted practicing for the next show. Similarly, Selena Gomez was in Colorado for her 'We Own the Night' tour, keeping her away from boyfriend Justin Bieber.

**What are your plans for Labor Day weekend? Tell us below.**

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# Amy Laurent Tells Us How to Navigate a New Relationship and Go From '8 Weeks to Everlasting'





By Whitney Baker

Matchmaker and reality star Amy Laurent didn't realize how much she needed her own help until she began filming Bravo's 'Miss Advised.' As viewers saw throughout the first season, she quickly learned how hard it was to be open to love and how scary it was to feel vulnerable. That was the catalyst she needed to write her book, which she began working on two-thirds through filming. *8 Weeks to Everlasting: A Step-by-Step Guide to Getting (and Keeping!) the Guy You Want* isn't about getting the ring or getting to the altar; it's about building

a strong foundation for a lasting relationship with your perfect person. "This book offers simple guidelines that every woman needs to follow when they first meet someone they like," Laurent explains. "It's about how to change your approach to dating so you don't lose yourself in it." No one knows the importance of these parameters better than the author. We had a chance to chat with her about what rules to follow, what lies men tell and what she's learned in her search for love.

### **How did you develop your dating philosophy?**

I found that women kept asking the same questions when it came to men and the early stages of dating. I've been giving women solid advice on how to handle these situations, and they've come back to me and thanked me for everything I said. But here I am, getting back into dating myself, and I'm totally stinking at it. During the course of filming 'Miss Advised,' I realized that I needed my own coaching. Talk about a sense of urgency! It was like, "Oh my god, I need to take everything that I've been telling women to do and turn it into a handbook so I can find a guy for myself!"

No matter who we are, whether we're the expert or not, we really need rules that are clearly laid out, week-by-week, about how to date men. It's the first eight weeks that are the most torturous for women!

**Related Link:** ['Miss Advised' Star Amy Laurent Says, "I've Always Seen Katie Holmes With Someone Who Is More Mellow and Chill"](#)

**In the introduction of your book, you tell women that they're in charge of their fate and they can have any kind of relationship they want. What is preventing women from finding their ideal relationship?**

Accepting less than what we deserve. There are boundaries that teach a new guy in your life what is acceptable and if you are a relationship girl or a casual dater. Your actions towards



him define how he looks at you; you teach people how you want to be treated.

How many of us get excited about a guy and then start to cancel our plans with girlfriends because he suddenly calls and asks us out? That's the complete opposite of what you're supposed to do, but we've all been there. We're so emotionally invested in this guy that we've only been out with a handful of times that he has an affect on whether we have a good day or not. As women, we need to remember that we're in control. If someone isn't respecting you or treating you how you want to be treated, you get to choose to write that person off.

**You banish women from making the first move, yet so many of our male readers tells us they *want* a woman to approach them first. What are your thoughts on that?**

One of the biggest points in my book is that women should *never* initiate. You don't call or text a guy first; you don't suggest that you get together on a Friday night. You have to let the man take the male role. If you become aggressive, he's going to lose interest very quickly.

As a matchmaker, I work very closely with men, and they tell me things that I wish they would say to more women's faces. If a guy says he loves when a women takes the initiative and asks him out, he's lying to you. Any man will say that it's cool at first – it's less work when the woman comes to him. But he'll also tell you that he's never dated that girl for longer than two weeks. That's the truth.

**Related Link:** [Subtle Ways to Get a Second Date](#)

**What love lessons did you learn from filming 'Miss Advised' and writing this book?**

First, I gained a newfound respect for my clients. It had been so long since I put my heart out there, and I realized that my clients do it everyday. It's not easy!



I also learned that dating is about enjoying the process, weeding out the jerks, finding your perfect person and having fun along the way because you're in control. One of the keys is balance: you need to stay open enough but also hold the reins and pace yourself.

**Lastly, if there were one piece of advice you could give women looking for love, what would it be?**

One thing I said repetitively is that, if a guy genuinely cares about you and wants to get to know you, he is going to try to impress you – and you should let him. You really have to communicate what kind of relationship you want, and you have to stick to that.

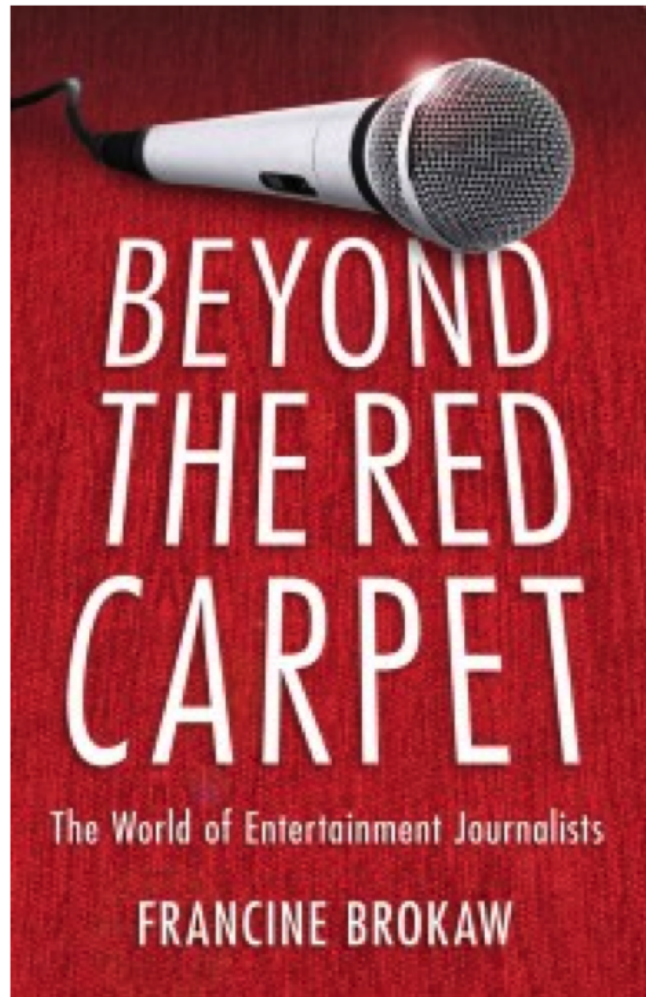
And buy my book, of course!

*You can buy '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want' on Amazon. Be sure to keep up with Laurent on Facebook, Twitter and her personal site at [www.AmyLaurent.com](http://www.AmyLaurent.com).*

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## **Miss Advised: Matchmaker Doesn't Believe 'The One' Exists**





**Monday, July 30th at 10/9c – Miss Advised**

Amy screams on the first date, but it doesn't involve her "giving it up" in the sexual sense. A rock climbing date brings out her biggest fears, and it's tough to tell whether or not the climb during the date is literally or figuratively getting the best of her. Later on, Emily's friend David surprises her on-air, but his appearance leaves them both stunned by how unexpectedly similar their theories on love are...

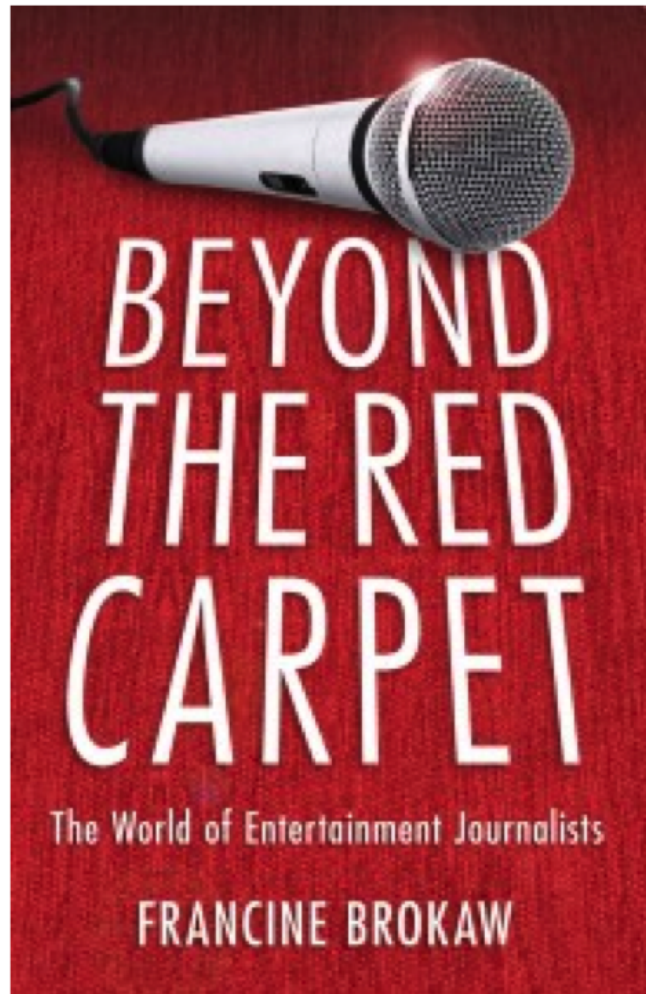
Watch: Love expert takes the climb.

Watch: Emily doesn't believe in "the one."

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# 10 Budget-Conscious Ways To Impress Your Partner





By [Whitney Baker](#)

Sure, sometimes it's fun to splurge on a fancy date, but other times, it's nice to do something simple, entertaining and budget-friendly with your guy. Regardless of what you do, he'll be excited that you took the pressure off of him and planned a cheap outing. Whether you enjoy exploring a new area of town, staying indoors (and avoiding the summer heat!) or being active, there's a date idea on this list for you:

**1. Be Outdoorsy:** Sometimes the best entertainment is right outside your front door – no tickets required. Take a hike and

soak up the sights and sounds of the great outdoors. When the sun goes down, take a moment to appreciate each other and do a little stargazing.

**Related:** [Date Idea: Cuddle While Counting the Stars](#)

**2. Pack a Picnic:** Using only items that are already in your pantry or fridge, fill up that picnic basket and head to your backyard for an impromptu lunch date. Spread out your blanket and chow down! Luckily, there's no pricey bill to face when you're done eating.

**3. Free Booze:** Take a tour of a nearby winery or brewery. Not only will you learn more about your drink of choice, but you'll pick up some ideas for the next dinner party that you throw with your man.

**4. Eat In:** Treat him to a romantic dinner at home. Cook his favorite meal, light a few candles and pop open a bottle of bubbly. Taking the time to treat him to a home-cooked meal will remind him how much you love him – and maybe he'll even return the favor tomorrow night.

**5. DIY Projects:** Spend a day tacking those do-it-yourself projects that you both keep avoiding. Accomplishing something together will remind you of how well you work as a team. Plus, you'll have a new piece of décor to show off to your friends.

**6. At-Home Spa Day:** Get ready for a day – or night – of pampering. Takes turn giving each other a massage and then enjoy a bubble bath together. When you're finished, wrap up in your plushiest robe and snuggle up with a glass of wine and some relaxing music.

**Related:** [Date Idea: Relax with a Spa Day at Home](#)

**7. Game Day:** Enjoy an afternoon at the ballpark. Tickets can cost as little as \$5 – they don't call them the cheap seats

for nothing! By doing something that you know he loves, you'll show him that you pay attention to his likes and work hard to fulfill his needs. Don't forget to take care of yourself too: indulge in a hot dog and cold beer as you root for your favorite team.

**8. Hit the Gym:** By showing him your sweaty side, he'll know just how comfortable you are around him. You can introduce a bit of friendly competition in to your relationship too: challenge him to a sit-up or push-up contest. Thanks to this active bonding sesh, you'll have a smile on your face, win or lose.

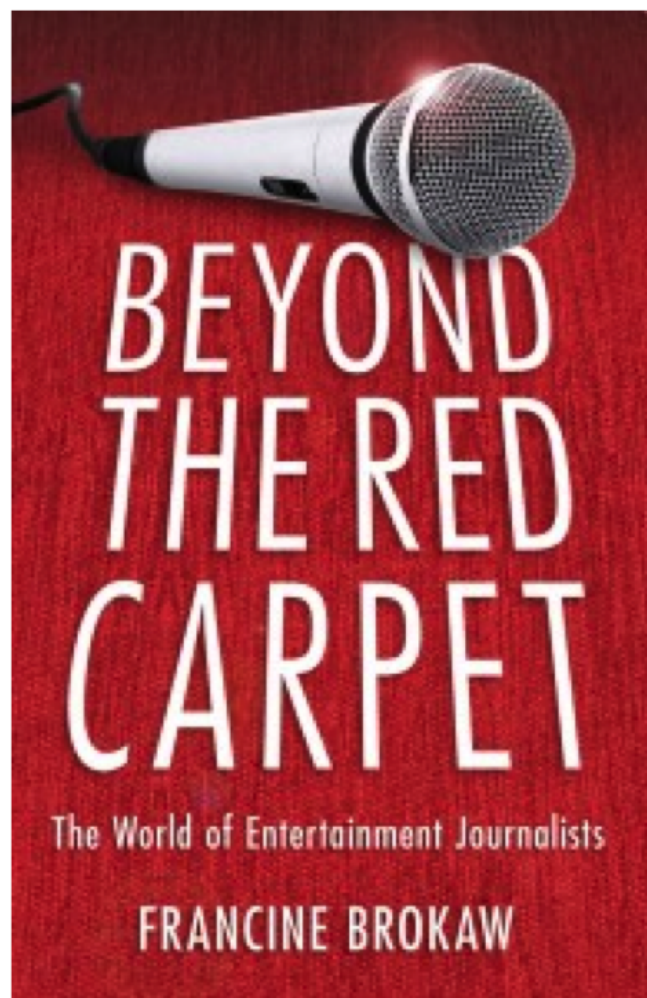
**9. Be a Tourist:** Sure, you'd love to take a romantic getaway to somewhere exotic, but sometimes, you can have just as much fun exploring your hometown. Check out a local art fair or weekend farmer's market. Wander around a downtown museum and broaden your cultural horizons. Or just take to the streets and do some people-watching. You're sure to have a fun stay-cation with your man by your side.

**10. Go Househunting:** Spend an afternoon visiting different open houses in your area – everything from a fixer-upper to that mansion with a pool and three-car garage. Even if you aren't in the market to buy, looking at homes is a good way to test your compatibility and see where your future lies. Who knows? Maybe you'll be inspired to do some work at your current house or apartment.

**Do you have any cheap date ideas to add to the list? Tell us in the comments below!**

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# 'The Bachelorette' Season 8 Finale: Tips for Lasting Love



By Marni Kinrys, Ultimate Wing Girl

I have to say, I was shocked at 'The Bachelorette' finale. Well, kind-of shocked. For some reason, I *knew* that Emily was



going to pick Jef, but I was still surprised that she didn't choose Arie. It goes to show you that physical chemistry does not equal partnership for life and that you can make the right choice if you take your time and really evaluate what relationship is best for you.

I have to give Emily so much credit for being able to see that difference between her two final suitors. Throughout this season, she has been a strong and steady Bachelorette, working hard to not let her heart solely dictate her decisions. She has been smart about her choices, and when it comes to love, we all know how challenging that can be.

**Related:** [Bachelorette Season 8, Episode 6: The Dos and Don'ts of Trusting Your Gut](#)

Thinking back on past episodes, I remember when I started to see the potential for Emily and Jef to be a successful couple. When they were lying on the floor in Prague, kissing, giggling and talking easily about the future, I knew that Jef had won her heart. They didn't just have chemistry; they had a best friendship. That's the primary distinction between relationships that fizzle and relationships that last forever.

Now that Emily's found love, I want to help all of you do the same! Here are my tips on how to decipher if someone is a good choice for you for the long haul. Ask yourself the following questions:

**1. Does this person challenge me in a good way?** The best partnerships are with those that help us grow and see the world in new and interesting ways. Yes, it's always great to have a lot in common with a person, but too many similarities can get old and dull pretty quickly. Someone different from you helps you see sides of yourself that you didn't know existed. The saying that "opposites attract" *really* is true.

**2. Does this person turn me on physically *and* mentally?** YES, I

know physical compatibility is important, but stimulation of the mind and emotionally understanding each other is equally important.

**3. Does this person get me?** In relationships, you don't always have to agree with one another, but it's essential to *get* one another. The couples with the strongest survival rates are the ones where they really work on getting to know one another. You need to understand who your partner is and what he or she is all about – and appreciate him or her because of this uniqueness.

**Related:** [Jef Holm Refuses Fantasy Suite With Emily Maynard on 'The Bachelorette'](#)

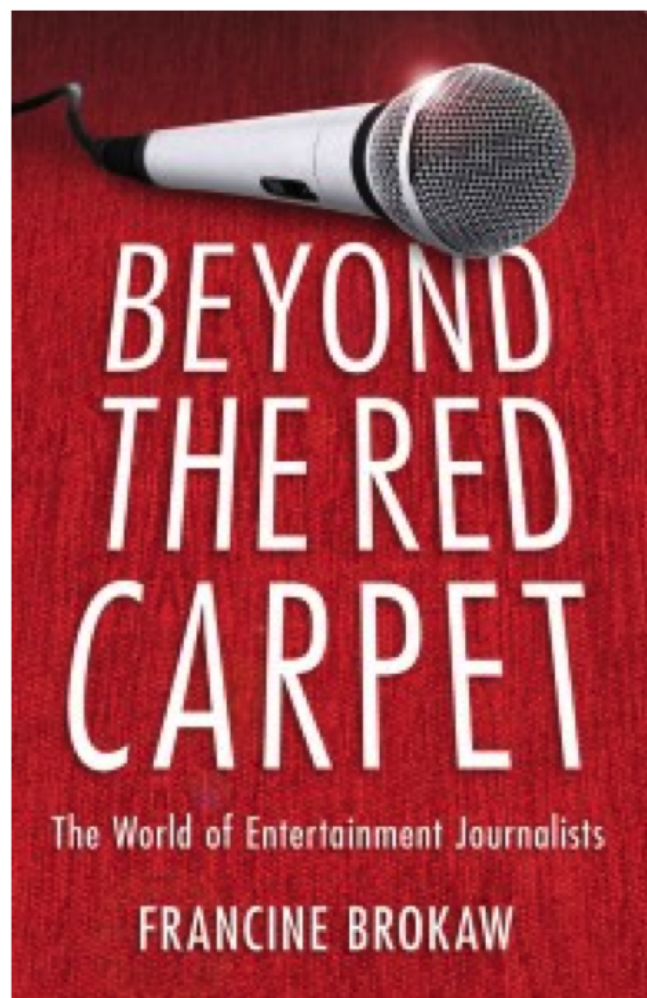
**4. Does this person have the same values as I do?** I know so many people who say that they have the same values as their significant other, but when I ask them what those values are, they draw a blank. Knowing your own core belief system and understanding your partner's morals is so important to a successful marriage. If you want a guide to discovering your values, email me at [marni@winggirlmethod.com](mailto:marni@winggirlmethod.com) and let me know that you read this post.

**5. Does this person make even the hard times seem fun?** If you are going to be with someone the rest of your life, you better be able to have fun with that person. Life will be tough sometimes, and it's important to keep that in mind when selecting a partner.

I think Emily and Jef seem like a great couple. I am so happy for the two of them, and I know that they are going to have a fulfilling relationship based on love, admiration and open communication.

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# 'Wedding Cake for Breakfast': A Love Letter to Marriage



By Whitney Baker

*Wedding Cake for Breakfast: Essays on the Unforgettable First*

*Year of Marriage*, edited by New York literary agents Kim Perel and Wendy Sherman, offers an intimate peek into the first year of marriage, as experienced by twenty-three critically acclaimed female writers. This collection of essays explores the unexpected and often difficult moments – from a surprise pregnancy to ghosts of husbands past to blending families – that brides fail to plan for as they prepare for their “big day,” and the 365 days that follow.

We had the pleasure of chatting with Perel and Sherman about the inspiration for, and evolution of this book, as well as what they learned about their own relationships and what they hope that their readers take away from these stories:

**1. The stories shared in this collection are so diverse. What is the unifying theme that links these essays?**

**Perel:** They’re all fraught with concerns, questions and exploration, but the tone is still one of “we’re going to be okay.” Ultimately, it has this uplifting message, but another aspect of the book is that there are bumps along the way, and that’s okay. It’s not going to be perfect as you figure out how to be together.

**Sherman:** To expand on what Kim just said, there were definitely the stories that focused on the way in which women suddenly saw themselves in the role of “new wife.” You know, you wake up one day, and you’re a wife. What did you think that was going to feel like? It often doesn’t feel anything like you thought. So I think that the journey these women shared with us, some of it has to do with filling that role and playing the part.

**Related:** [How to Master Being in a Relationship](#)

**2. Wendy, you’ve been married for 25 years. Do you have any words of wisdom that you learned in your first year of marriage or even in the years since?**

**Sherman:** I think expectation is the theme that I keep coming back to when I think about my first year of marriage. I was actually cleaning out my attic recently, and I came across my wedding album. I was looking at the pictures and wondering what was going on in my mind at the time. You know, you put so much energy into going through the process: you find the guy, you get the ring, you think that you have your whole life planned, and that it's all done.

And then you're married, and now, you're living your life. I think I was young and naïve to think I was done, because you're never done; you're always in the process of evolving and growing and changing. You have to learn to redirect yourself, your life, your expectations.

But that's the beauty of it. When you look at that first year, how can you ever think that it's the end of something? It's not- it's absolutely the beginning. What lies ahead is so completely unknown, and that's such a big part of the excitement.

### **3. Do you feel like you learned anything about your own relationships from reading these essays?**

**Perel:** You so rarely get an intimate and well-articulated glimpse into other people's lives and relationships, so how can you not look at your own life after reading some of these stories? I think what struck me the most was how they worked together as a team. It was always about the teamwork and the give-and-take. That was a beautiful and interesting thing to read- how in every situation, no matter how terrible, they always pulled together.

**Sherman:** Another thing that we noticed throughout the collection, is how many women wrote about this underlying friendship that existed with their partners. Some relationships start off as a friendship and evolve into something more passionate and romantic, while others later

develop into a friendship. At the core, that deep friendship is probably what holds marriages together over the long haul.

Joshilyn Jackson talks about friendship in, "The Marry Boy." She started off as best friends with the man who later became her husband. That story really touched me because I thought it was beautiful that a relationship could start off one way and turn out another.

**Perel:** I like when she writes, "It is an odd transition, to see one's best friend's head perched atop of [a] lovely, naked male body." That's the moment where they truly shift from best friends to something romantic. I think anyone who's ever moved from a best friendship to a romantic relationship would identify with that moment of strange and wonderful.

**Related:** [Famous Couples and Exotic Honeymoons](#)

#### **4. What do you most hope that readers takeaway from the book?**

**Sherman:** I think that there's an illumination of what a matrimony can be. Some of the writers talk about the adjustment period. Ann Hood, for instance, talks about getting used to the way in which her new husband arranges their furniture.

There are so many adjustments and realignments that take place in a marriage, especially in the beginning. Your marriage is going to happen; it's going to change and evolve. It just gets better and better if you can be flexible.

**Perel:** In Sarah Pekkanen's essay, they're blending their families. It's one thing to blend your furniture, but when you get married, there's a whole family element to consider. I think that the takeaway would be to roll with it. Also, you're not expected to have figured things out before getting married; people think that they can mitigate problems by living together or just knowing the person really well, but it's okay that marriage still changes things.

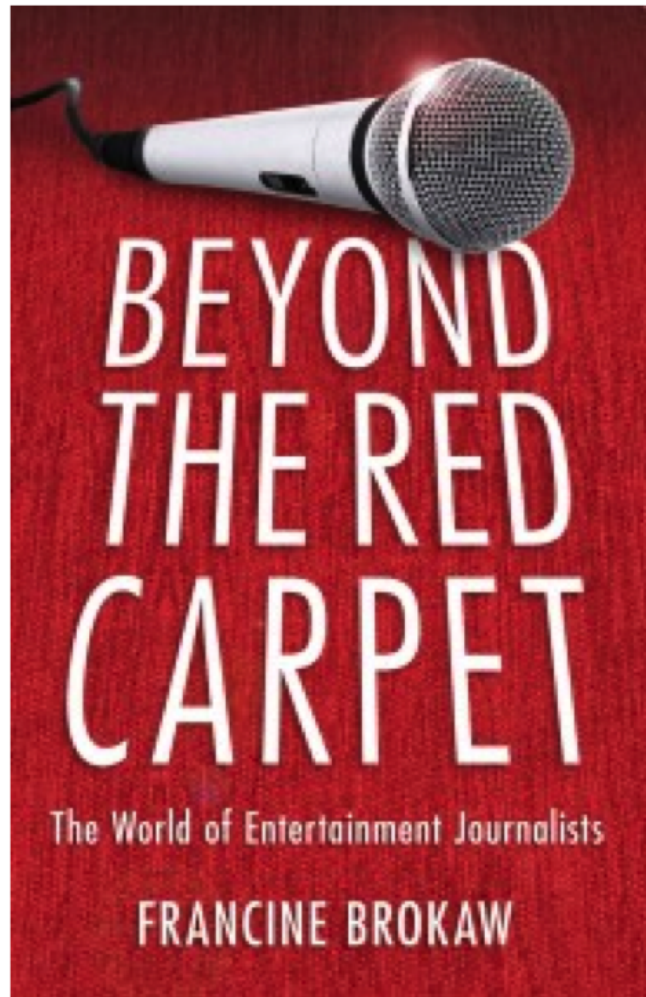
*You can purchase Wedding Cake for Breakfast: Essays on the Unforgettable First Year of Marriage on Amazon. Visit the authors at [WeddingCakeforBreakfast.com](http://WeddingCakeforBreakfast.com) or follow them on Twitter @WeddingCakeBook.*

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## **Celebrity Stylist June Ambrose Tells Us How Women Can “Find Their Fabulous”**







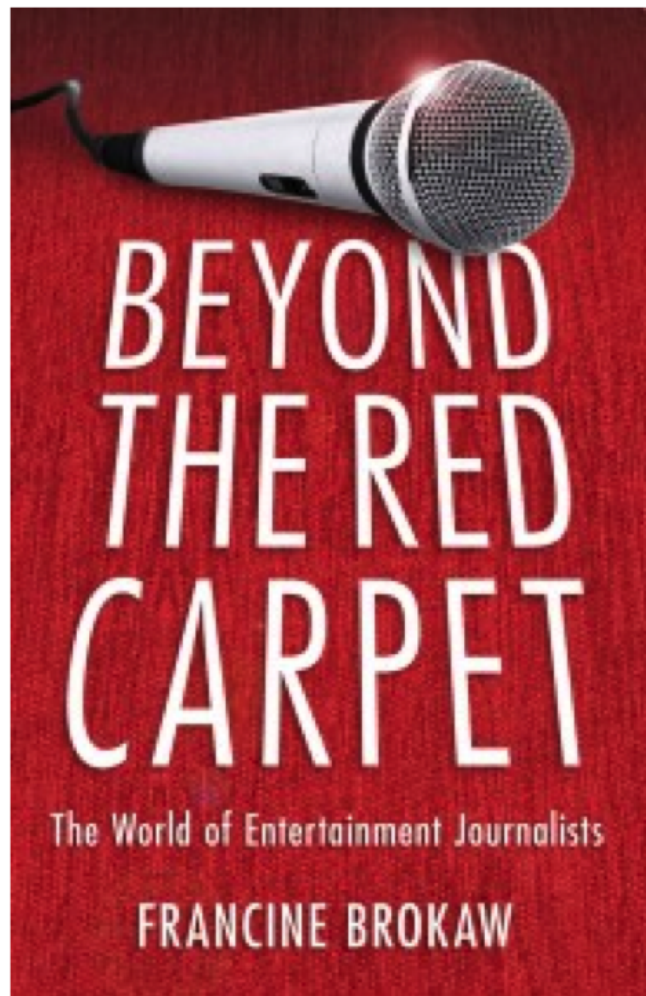
By Daniela Agurcia

Celebrity stylist June Ambrose has worked with A-listers including Alicia Keys and her husband Swizz Beatz, Jay-Z and Sean Combs, and now, she's sharing her fashion tips with CupidsPulse.com. "Fashion is your voice, your expression. It's how one exudes confidence from the inside out," she explains. Watch our video interview with Ambrose to learn more about her personal style advice, her go-to date night outfit and her role as a Caress Fabulista.

*For more videos from CupidsPulse.com, check out our YouTube*

# Judge Lynn Toler of 'Divorce Court' Says Katie Holmes and Tom Cruise Had "Too Much to Lose By Dragging Out Their Divorce"





By [Whitney Baker](#)

Earlier this week, Katie Holmes and Tom Cruise signed their divorce settlement, reaching an agreement faster than most Hollywood couples. While details of the arrangement remain private, sources say that Suri, the couple's six-year-old daughter, will live in New York with her mother, while her father will have generous visitation rights.

In order to better understand the ins-and-outs of this process, we spoke with Judge Lynn Toler, who hosts 'Divorce Court,' the longest-running court show on television. Since

2006, Judge Toler has brought both tenacity and compassion to the courtroom, focusing on the relationship at hand and dispensing helpful advice to real litigants.

The media has paid much attention to the role of Scientology in Holmes's decision to divorce Cruise. And for good reason, according to Judge Toler. While it's not something that she sees frequently in her courtroom, she understands why it's very intense when it does happen. "Religion doesn't often have a role in divorce cases, but when it does, it is very difficult to deal with because people's beliefs aren't something you can really compromise on."

Another point of interest in this divorce case is Holmes's request for full-custody of Suri. Judge Toler, though, isn't surprised by her bold approach. "She knew what she wanted, and she moved quickly and decisively. I think that she asked for what she wanted because of the concerns that she had for her daughter."

She adds, "After all, isn't that a mother's job?"

**Related:** [Find Out How Katie Holmes Felt in Her Marriage to Tom Cruise](#)

In a joint statement, Holmes and Cruise said that they are doing whatever they can to keep Suri's best interests in mind. By agreeing to the terms of their divorce in such a rapid manner, Judge Toler believes that they already did a tremendous thing for their daughter. "Sometimes, the best thing you can do for your children is to *not* get everything you want. Tom gave up legal custody but settled for generous visitation rights."

While it may seem like Cruise should fight for more time with his daughter, Judge Toler supports the resolution to their custody battle. "You have to ask yourself if dividing their time between you and your ex is the best thing for you or the best thing for your kids," she explains. "Children need a

stable environment, some place they can call home where the rules are always the same.”

Perhaps the most surprising part of this celebrity divorce is the swiftness of their settlement. “I believe that both of them had too much to lose by dragging it out,” Judge Toler explains. “I also believe that the church of Scientology didn’t want to get involved with it, which certainly would’ve happened. Tom didn’t want to expose himself or his church to that kind of scrutiny.”

**Related:** [‘Miss Advised’ Star Amy Laurent Says, “I’ve Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill”](#)

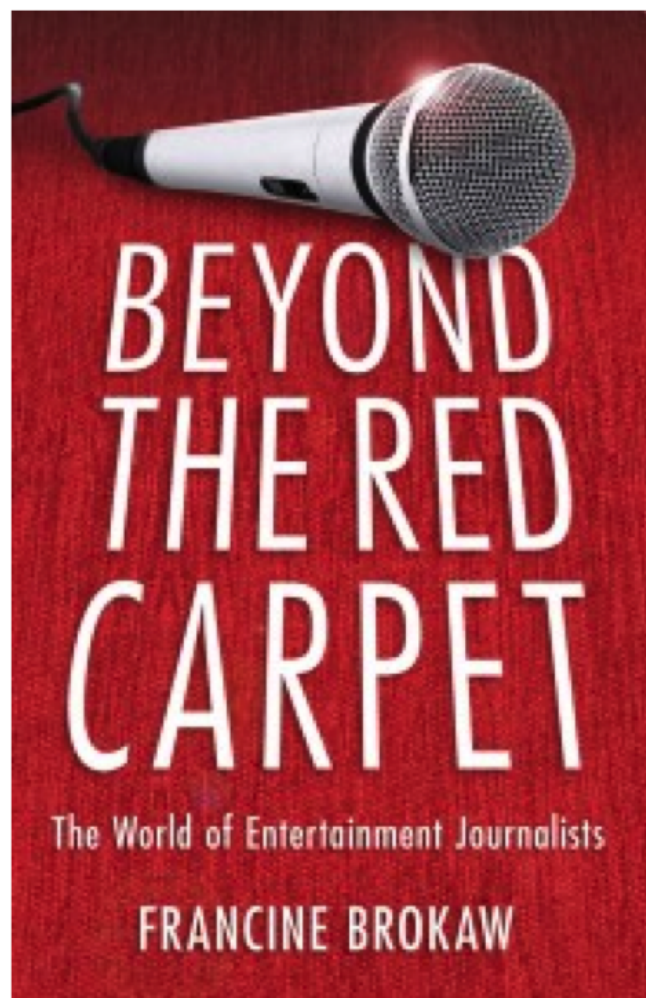
Next up for Holmes and Cruise: They will present their settlement to the courts and wait for it to be approved before they’ll be granted a divorce decree. Judge Toler doesn’t foresee any future issues though, explaining that “the courts love when couples settle as quickly and amicably as these two. They really like the parties to come to a resolution on their own.”

As for any advice for the pair as their divorce continues to play out, Judge Toler says she has none. “I think they’re doing it right! They didn’t let their emotions get ahead of what they needed to do. I say continue on and good luck.”

*Visit [DivorceCourt.com](http://DivorceCourt.com) for local listings of ‘Divorce Court,’ which is currently airing its thirteenth season in syndication nationwide. Keep your eyes open for Judge Toler’s new book, ‘Making Marriage Work: New Rules for an Old Institution,’ set to be released later this summer.*

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# Miss Advised: Love Expert Seeks Help From a Witch



**Monday, July 9th at 10/9c – Miss Advised**

While attempting to play hard to get, Amy breaks (another!) rule by desperately asking her date why he didn't text her.



Julia visits a witch (yes, witch!) to help her break bad dating habits. Meanwhile, Emily uncovers some unexpected answers on open relationships...

Watch: Amy unloads on her date.

Watch: Julia hazes her date.

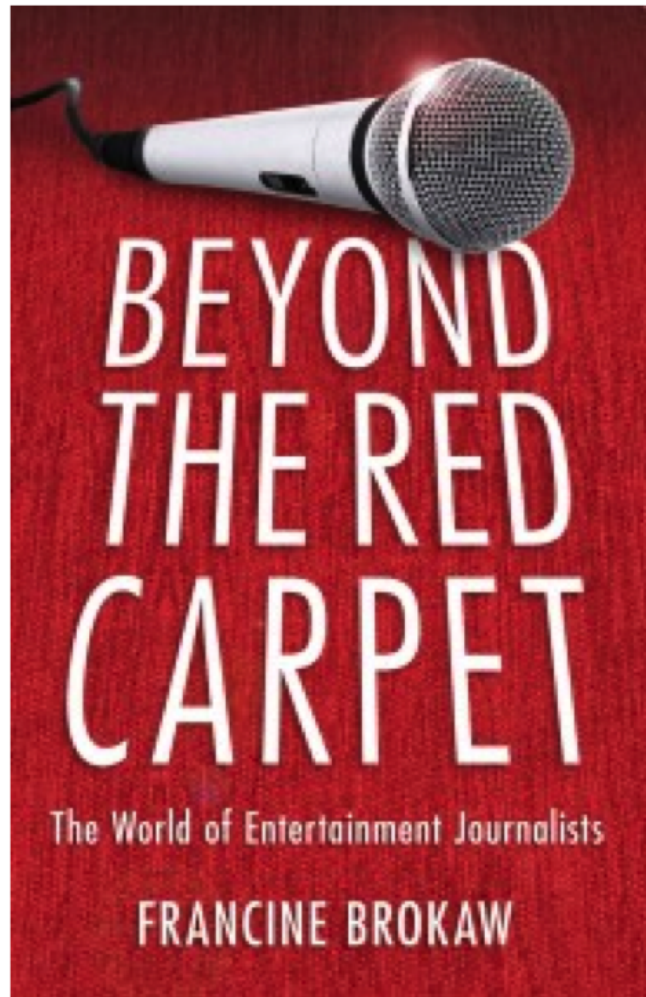
BONUS: The first episode is available for FREE on iTunes [here](#)!

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## RHONY: London at Last!







**Monday, July 9th at 9/8c – The Real Housewives of New York City**

It's London at last for (most of) the housewives! Carole, Sonja and LuAnn live it up in the London penthouse that Heather arranged, but they show their "gratitude" by claiming that Heather's "lost it" at her Yummie Tummie business dinner. Back in the Big Apple, Ramona and Aviva go retail therapy crazy trying to convince themselves that they're having the better time.

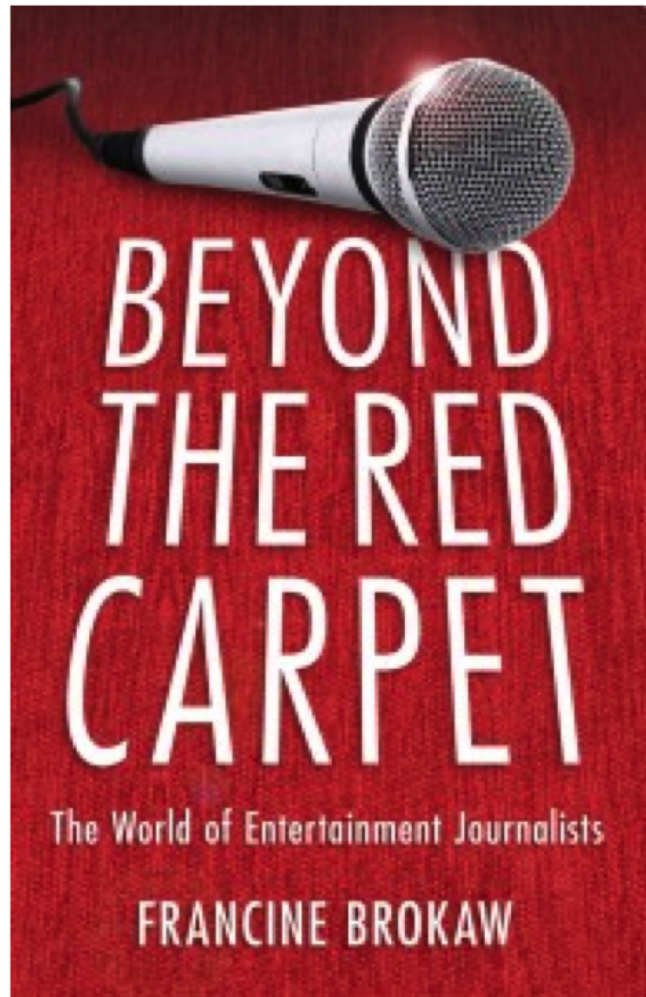
Watch: London at last!

Watch: Heather's lost her mind.

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# **'Remodeled's' Paul Fisher Wants a Woman Who is Beautiful Inside and Out**





By Nisha Ramirez

Paul Fisher is surrounded by beautiful women everyday – he is a modeling agent, after all. The passionate, no-nonsense agent, who has represented fashion icons like Naomi Campbell and Kimora Lee-Simmons, made it big in the 90's and is now the star of television reality series *Remodeled* on the CW Network. But, *Remodeled* isn't just another show about models; it actually provides Fisher with a platform to change the face of the modeling industry and what society deems beautiful.

From doing drugs to getting dumped, Fisher opens up to us

about his career, love life and his fight to redefine beauty. He admits to being “girl crazy” and spiraling out of control as he climbed to the top. “When I decided to get back into the modeling industry again, I had to beg for forgiveness because I was an animal for 20 years. I did drugs; I slept with the girls; I was just an animal,” he explains. “But I did find my faith about five years ago. I walked into The Kabbalah Centre, and it literally changed my life.”

Related Link: [Five Hollywood Relationships That Spiraled Out of Control](#)

Fisher decided to rejoin the modeling world and transform the industry into a safe place for young models. In doing so, he created The Network, a company that helps to create models who are also role models instead of models who are defined by their looks and beauty. It's quite the undertaking. Right now, his firm is comprised of 12,000 models represented by small agencies around the world.

Comfortable with his role behind-the-scenes, Fisher first declined to star in *Remodeled*. He says, “My partners came to me, but I'm a private man. I didn't want to be out there in the public eye; that's just not who I am. Then they came back to me and said, ‘Paul, this show could really expedite our mission.’”

**What is the mission?** To contact the fashion magazines and designers and ask them to rethink their definition of beauty. “I want to go to war with any designer that has a thin, 16-year-old girl walk down the runway, who inadvertently encourages young girls around the world to put their finger down their mouth because they think they have to weigh 116 pounds,” he says. “The average woman is 5'4 and 143 pounds. That is beautiful. That is sexy!”

Expanding on this idea, Fisher believes that the fashion industry has created a false picture of what a woman should

look like. Through The Network and his work on *Remodeled*, he inspires his female and male models to be confident and healthy in an industry that scrutinizes their every feature. The powerhouse agent knows that self-esteem issues caused by magazines and designers extends to real women everywhere.

**Related Link:** [4 Things Men Worry About](#)

“This isn’t a business to me. It’s a movement, and you’re a part of my movement. I’m really working, with every fiber of my being, to change the industry,” he reveals. “And I am going to sit at a Calvin Klein fashion show a year or two from now, and we’re not going to see skinny kids walking down the runway.”

Since Fisher is representing models in an industry that he calls “destructive,” he tells his clients that beauty is only skin deep. “You are going to find a man or woman out there who is going to think that you are perfect and that you shouldn’t change one little thing about yourself. Your physical reality is irrelevant anyways.”

Despite his work in an industry that focuses on appearance above all else, Fisher believes that looks aren’t everything. “I’ve dated the most beautiful women in the world, and I’ve lived with the most beautiful woman in the world,” he says. “Yes, physical attraction is important, but much more important is being on the same path spiritually, wanting the same things as far as giving back to the world and truly trying to make a difference.”

Fisher is looking for a woman in his personal life who is beautiful inside *and* out. “About two years ago, right before I was supposed to get married, I got dumped by my beautiful fiancée, and I have not been with anyone since then.”

**Related Link:** [Rachel A. Sussman Helps Us Recover After a Breakup in ‘The Breakup Bible’](#)

Going into more detail, he adds, "I am very passionate about my family, my faith and The Network because I really believe that we're trying to do something special. I hope that soon, I become passionate about finding my soul mate because I certainly would love to have children and be a role model for a couple of kids."

With a mission to reinvent the fashion industry like he reinvented his life, Fisher is excited for the new season of *Remodeled*. As he explains, "We're creating some stars, and it's pretty damn exciting. I give these models some pretty damn tough love, and I think people are going to really enjoy it."

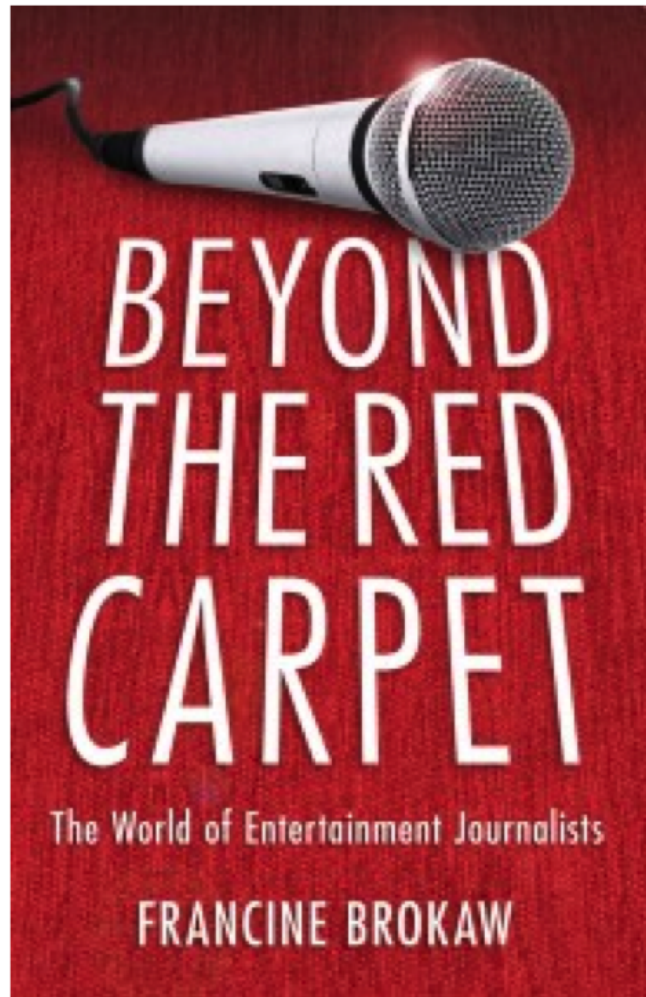
*If you want to be a part of Paul Fisher's fashion movement and learn more about The Network, check out his [www.TheNetwork.com](http://www.TheNetwork.com). Remodeled returns to the CW network on Monday, July 9th at 9/8c – be sure to tune in!*

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**'Miss Advised' Star Amy Laurent Says, "I've Always Seen Katie Holmes With Somebody Who Is More Mellow and Chill"**







By [Whitney Baker](#)

As a relationship expert and executive matchmaker for the past seven years, Amy Laurent has plenty of advice when it comes to navigating the dating world. And, now she's putting it out there publicly starring on Bravo's new reality series 'Miss Advised,' a show that features three single relationship experts as they attempt to follow their own dating advice in the search for love.

Given Laurent's background, we thought she'd be the perfect source to comment on the most talked about divorce of the week



(and most likely the year), the infamous TomKat split. By now, we've all read the tabloids or heard the news that Tom's obsession with Scientology was a huge factor in their divorce (source), but how important is religion to a marriage?

"For some people, religion is an absolute deal-breaker, and you have to respect that when choosing a potential partner," Laurent explains. "I think it's a waste of time to try to put two people together with different religious opinions."

**Related:** [Katie Holmes Files for Divorce from Tom Cruise](#)

Although Laurent advises against coupling up if you have religious differences, many people do marry outside of their religion and go on to have happy and healthy relationships.

However, most of them aren't A-list celebrities who live a very public life while one of them is strong-arming the other about the beliefs of the secretive practice of Scientology. In this case, Cruise's religious beliefs and intention to have Suri attend a Scientology "boot camp," according to *The Sun*, may have been more important than the views of his catholic-raised wife, Katie.

"I encourage my clients to be very open and to not have a laundry list," Laurent says. "Ultimately, if you're going to find the right match and not waste your own time or the other person's time, you have to be very honest about what's important to you."

With Katie now on the singles market, everyone is left guessing who she'll date next. It's definitely too early to tell, but Laurent says that she's always seen Katie with someone who is "more mellow and chill."

"I see her being with someone who has more of a laid back approach to their relationship because I feel like that will really let Katie shine." As for Tom, "Definitely a Scientologist," Laurent says with a laugh. "She needs to be

very type-A and a perfectionist – someone with the same level of intensity as he has.”

**Related:** [Heidi Klum and Seal: Marriages Don't End Overnight](#)

Of course, neither Holmes nor Cruise should dive back into the dating world any time soon. For the time being, their primary focus should be on their six-year-old daughter, Suri. “Anyone going through a divorce with children needs to be very sensitive to figuring out how this new dynamic is going to work. No matter what happened, Katie and Tom still have to be a team for Suri’s sake,” Laurent explains.

When she’s not setting up her clients or analyzing other people’s relationships, Laurent has her own love life to sort out. As viewers will see on this season of ‘Miss Advised,’ she gives romance a shot for the first time in a long time. “I end up having a few great dates where I can finally relax and enjoy it without being totally type-A and trying to control everything. Maybe I should date Tom!,” she chuckles.

“Obviously, there are things that I still struggle with throughout the show,” Laurent adds. “But I will say that there is someone who I see a few times who is a really amazing guy. I’m kind of excited for my dating future – maybe there is hope for me.” As fun as it may look, Laurent notes that this show provides a great opportunity for viewers to learn from her mistakes and improve their own love lives.

**Related:** [5 Ways Playing Hard to Get Can Damage Your Love Life](#)

Laurent is releasing her first book next month, ‘8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.’ “It’s very easy for me to coach my clients and give them the rules that work. But it’s very hard for me to follow my own guidance, and that’s where I got the inspiration to write this handbook,” she explains. “It’s a girl’s dating bible that really breaks down, step-by-step, the first eight weeks after meeting someone new.”

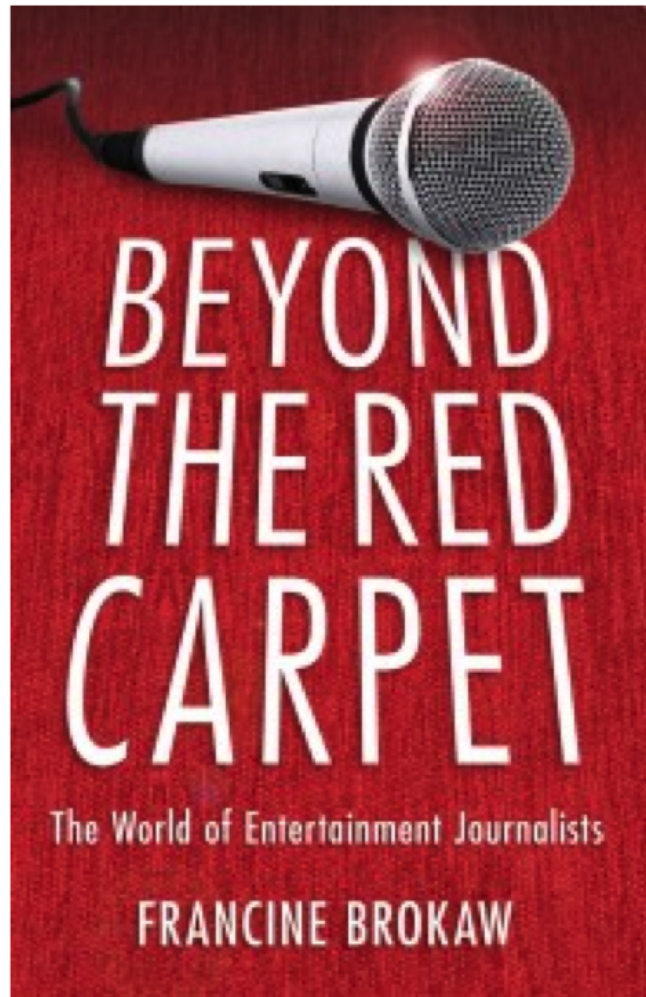
She adds, "I started writing this book in the middle of shooting 'Miss Advised' because I recognized that no matter who you are – whether you're a matchmaker, a teacher, whoever – everybody needs a support system. It's been helpful for me – I realized that my rules really work!"

*Check out Laurent via her Web site, AmyLaurent.com Twitter or Facebook, and be sure to watch 'Miss Advised' on Mondays at 10/9c on Bravo. Also, keep your eyes open for her new book '8 Weeks to Everlasting: A Step-By-Step Guide to Getting (and Keeping!) the Guy You Want.'*

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## Harlan Cohen Shares Why 'Getting Naked' Will Help Us Find Love





By [Whitney Baker](#)

Harlan Cohen, a nationally-syndicated advice columnist for over 17 years, knows what he's talking about. The author of *The Naked Roommate: And 107 Other Issues You Might Run Into In College* has already helped thousands of people survive dorm life. Now, with his recently-released *Getting Naked: Five Steps to Finding the Love of Your Life (While Fully Clothed & Totally Sober)*, he's taking his advice a step further. With his simple approach, Cohen offers a candid guide to falling in love and finding happiness.

"I think that what you'll see over the coming months and years is that the more people who read this book and live these ideas, the more this movement will grow," the author explains. "The idea is pretty simple. It's don't bullshit yourself and don't let people bullshit you."

Cohen discussed with us his motivation for writing *Getting Naked* and his philosophy behind the book as well as how this approach helped him meet the love of his life.

### **1. What inspired you to write *Getting Naked*?**

Well, I have the world's greatest secret, and I wanted to share it. I figured out how to find a date while totally sober. And, as an advice columnist, I am fortunate enough to be in the position to share this secret. I've helped myself, and now, I want to share it with the rest of the world. I know that they can find what they want – I guarantee it's out there.

### **2. Can you walk our readers through your five-step approach to tackling the dating scene?**

Before you start, it's so important to take a step back and just look at your informal relationship education. In school, we learn so much about feeding our professional passions, but we learn virtually nothing formally when it comes to our romantic relationships.

So that brings me to the five steps.

#### **1. Embrace the universal rejection truth of relationships.**

Thousands of people will want you, and millions will not. We tend to focus on all the people who don't want us, and as a result, we miss out on all of the people who do. Give the world permission to either want you or not want you.

**2. Train in your thong underwear.** Taking risks is uncomfortable. If we aren't comfortable in our physical thong,

we're always going to think we aren't attractive enough. If we aren't comfortable in our emotional thong, we're always going to think we aren't good enough. And if we aren't comfortable in our spiritual thong – meaning we have a full life outside of our relationships – we're going to become too dependent on someone else to give us something we should already have.

**3. No excuses.** After you embrace the universal rejection truth and train in your thong, you see excuses as things we create to cover up our insecurities. Excuses are a waste of time and a symptom of something that scares us.

**4. Take the risk.** Just say it or do it. In the book, I share stories about people who followed their heart and made the move.

**5. Celebrate, reflect and repeat.** The beautiful thing about this *Getting Naked* approach and philosophy is that even if you take a risk and don't get what you want, you still have a success. Celebrate that you've done something and have answers – know you now. Reflect if it goes as planned, and reflect if it doesn't. And the last part of step five is repeat steps one through four until you get the results you desire.

**Related:** [Why We're Wired to Sabotage Our Relationships](#)

**3. People who follow these principles often end up lucky in love. Why do these five steps work so well?**

This way of approaching relationships is so powerful. There are two questions that you need to ask yourself. First, what have you done to find love today? If the answer is nothing, that's the reason you aren't finding it. And second, when you do find someone, if you know that you have thousands of people who love and respect you, would you ever put up with someone who treated you like crap? No. So then you have to ask: why do we? Because we learn that dating is more about accidents than it is about options. *Getting Naked* undoes this damage and helps people to see the world in a brand new light.

#### **4. Why do you think it's so difficult for women to grow "big ovaries" and approach men?**

Women tend to hide behind an old-fashioned idea that "I'm a woman, and I should be approached." Even though, in all other aspects of women's lives, they expect to be treated equally. I think it's because women don't want to be rejected, but here's the thing: men don't want to be rejected either. If a woman is clear about what she wants, she is going to have a lot of interesting and confident men who are comfortable approaching her.

**Related:** [How To Communicate to Get What You Need](#)

#### **5. And finally, have you applied your advice to your own love life? Any stories you can share with our readers?**

Yes, I met my wife by applying these principles. I met her at Mail Boxes Etc. on a random day in Chicago. And the irony is that she had rejected me via an online dating service several months before. I'm certainly someone who has benefited from this approach. And everyone who has read the book and applied these principles? Their lives have been impacted in a profound and positive way as well.

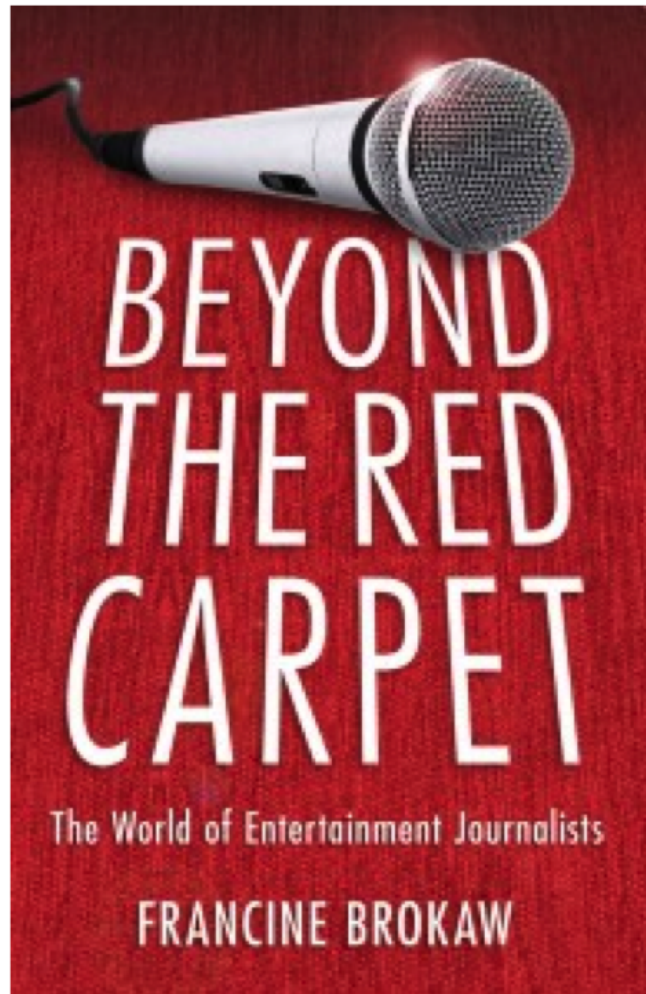
*In the fall, Cohen will be going on a Getting Naked speaking tour, visiting over 30 colleges across the country. There is also an online Getting Naked experiment for readers to visit. Additionally, you can keep up with Cohen through his Twitter handle and Facebook page.*

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# **EXCLUSIVE: Bachelor Contestants Ann and Jesse Csincsak Defend Their Family By Appearing on Discovery Channel's 'American Guns'**





By [Whitney Baker](#)

According to recent polls, twenty-three percent of females now own a gun – up from thirteen percent in 2005. However, plenty of women are still fearful of this powerful weapon. Ann Csincsak, 'The Bachelor' Season 13 contestant and wife of 'The Bachelorette' season 4 winner Jesse Csincsak, knows this feeling all too well.

"I grew up in a 'no gun home,'" Ann says. "We strongly believed in the right to own firearms but never did so ourselves. Until my late twenties, I had never even touched a

gun.”

This all changed when the couple faced a string of robberies in their neighborhood. Ann and Jesse agreed that with a sixteen-month-old son at home, it was time to decide how they would best defend their family but the happy couple disagreed about keeping a gun in their home. That was until they met up with Rich Wyatt, owner of Gunsmoke and star of the Discovery Channel series ‘American Guns,’ who lives near the Csincsak’s in Wheat Ridge, Colorado. Ann and Jesse opted to take Wyatt’s three-day self-defense course, which was filmed for the reality show.

**Related:** [‘American Guns’ Meets ‘The Bachelor’](#)

As viewers will see on this week’s episode, Ann was hesitant about buying a pair of handguns when they arrived at Wyatt’s store. But, her hesitancy soon turned to confidence when she ended up with the fastest draw time in the class. Not only that, but despite her fear of guns, Ann even beat out Jesse in a shooting competition.

“Because of this experience, I now understand the importance of being able to protect yourself,” Ann says. “Women are more vulnerable to attacks, so you have to be prepared to take care of yourself and your [children](#), no matter what the cost.”

**Related:** [Bachelorette Episode 6: The Dos and Dont’s of Trusting Your Gut](#)

Knowing how to handle a gun with confidence is a valuable skill to have, especially for single women who may live alone or be looking for love in today’s digital dating world. Of course, facing your fear is only the first step. To combat any uncertainty, Ann strongly recommends taking a gun education class.

“Carrying a gun or even just owning one will always make me a little uncomfortable, but the benefit of having one far

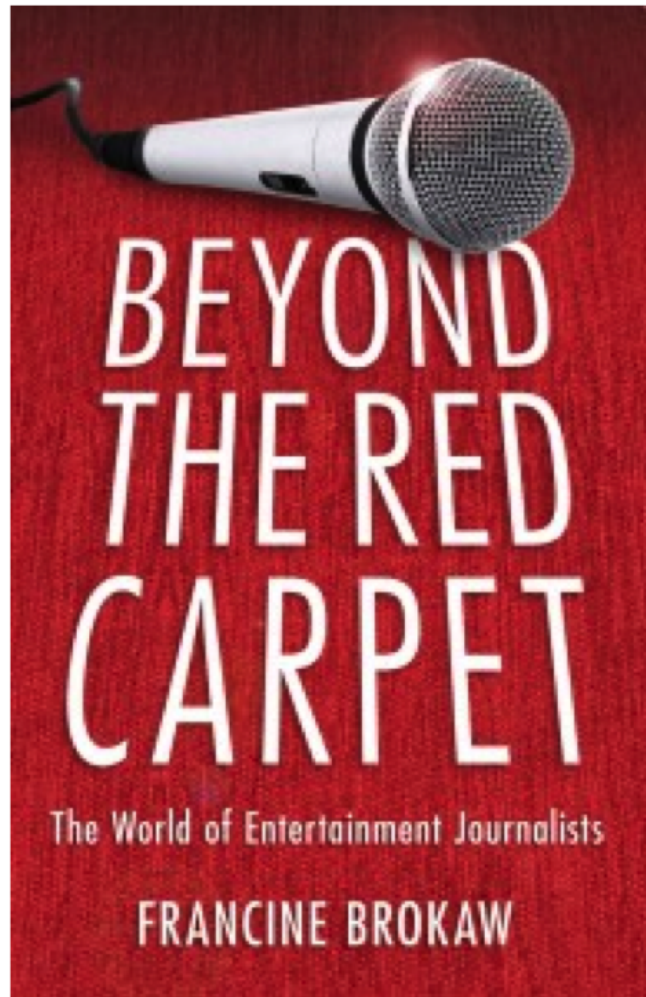
outweighs the fear,” she says.

*Watch ‘American Guns’ this Wednesday at 10 PM/9 PM CT on the Discovery Channel to see what happens when Ann and Jesse meet Rich and his family at Gunsmoke.*

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## **EXCLUSIVE: ‘Teen Mom’ Farrah Abraham Says “I Want a Man Who is the Guy Version of Me”**





By Sarah Ribeiro

In the final season of 'Teen Mom,' which premiered on Tuesday, June 12, we are going to see Farrah Abraham as more than just a teen mom. In the premiere, she makes the decision to move from Iowa to Florida with her daughter Sophia, now three-years-old, to study culinary management and begin her life as an adult.

After reaching fame on the hit MTV series '16 and Pregnant,' she showcased her struggles as a single mother in 'Teen Mom.' Furthering her success, she recently announced her partnership

with LA modeling agency Models International as well as the release of her first book, 'My Teenage Dream Ended,' which is due later this summer.

However, she says she won't let her fame get in the way of her relationship with her daughter. "Nothing hinders me from being a great mother," she says. "I will always use my accomplishments to help others and to find more worthwhile projects for myself."

**Related:** ['Teen Mom' Star Farrah Abraham Thinks About Giving Up Modeling for Daughter](#)

The "Momtrepreneur," as she calls herself, has reached many achievements outside of her life as a reality television star. She has created her own brand of Italian Hot Pepper Sauce, appropriately named 'Mom & Me.' Her motivation, she says, always comes from within: "If you have drive to make a comfortable life for yourself and your family, make no excuses and take action."

In light of her success, Abraham is focusing on her goals rather than romance. In a touching scene in the 'Teen Mom' premiere, she visits the grave of Derek Underwood, Sophia's father, on what would be his twenty-first birthday. Holding back tears, she recalls her time with Derek and wishes he were there to help her raise Sophia. Despite this lament, she is happy on her own.

Abraham doesn't want to force herself into finding love and tries to think it through before she says yes to a date. She explains, "Now, I only go on dates if I really like someone, rather than going on dates just because."

Of course, she has certain criteria that she looks for in a man. It's important for her to find someone who works well with her hectic life as an entrepreneur and a single mother. "If a guy cannot fit in my life naturally, then I don't know how he can ever really be a part of it," she says.

Even so, she emphasizes that her success won't get in the way of dating. "I want someone who is basically the guy version of me," she reveals. "He needs to work hard and have a good sense of humor. It's important that he is intelligent, friendly and family-oriented too."

**Related:** [Five Top Tips On How To Find "The One"](#)

Dating as a single mother is challenging but Abraham says that honesty makes it easier. "I've learned from other dates that it's best to say you have a child up front, she says. "Guys look at me differently when they think I'm single and twenty-one."

For single parents looking to date, her advice is "Stay true to who you are!" And for those people dating a single parent, she begs that they "be understanding of the time the parent needs to spend with their child."

Although she knows what she wants when it comes to finding the right man, she reveals that we won't see much of her dating on this season of 'Teen Mom.' Instead, she deals with living on her own, raising Sophia, being a student and finding success through her ventures in modeling and writing.

Given her time in the spotlight, Abraham feels like a role model for other single mothers. She encourages them to stay strong and motivated and to find their own happiness. She explains, "Look at me and other single moms who you respect. Try to be a hard-working, Momtrepreneur like them!"

While she's ready for whatever comes next, Abraham is thankful for the hardships she faced during previous seasons of 'Teen Mom' and believes that they've helped her make it this far. "It has inspired me and shown me that no obstacle is too great, that nothing can get in the way of making my wishes and goals come true," she shares. "Everything is at your fingertips – you just have to put your best effort forward to make it happen."

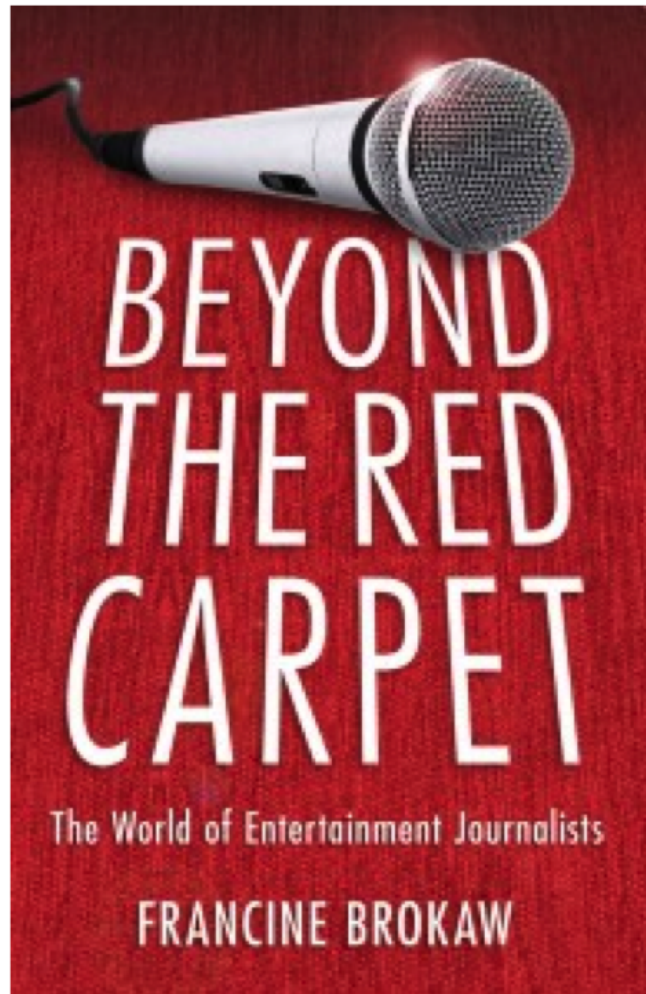


*You can catch Abraham on season four of 'Teen Mom,' which airs on Tuesdays at 10/9CT on MTV. You can also follow her on [Twitter](#) or [Facebook](#). To pre-order her book 'My Teenage Dream Ended,' click [here](#).*

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## Celebrity Couples Who Have Worn Out Their Welcome





By [Whitney Baker](#)

There are some celebrity couples that we love to hate. Sure, they annoy us, but we can't help but wonder what they'll do next. And then there are those couples that we want to go away. They're constantly in the news – and often, for the wrong reasons. Thanks to their outlandish behavior, we've forgotten why they're famous in the first place.

From their frisky displays of public affection to their willingness to do *anything* for attention, these five Hollywood pairs have us wishing that they'd break up already:

**1. Heidi Montag and Spencer Pratt:** This couple first met when Lauren Conrad introduced them on *The Hills*, and we've been following their rocky romance ever since. After their reality show ended, the couple strived to stay in the spotlight with their alleged divorce, Montag's multiple plastic surgeries and her fledgling singing career. Most recently, Speidi has attracted attention by contacting their former – and estranged – co-stars through Twitter. These messages were ignored, making us wonder why we don't do the same.

**Related:** [Spencer Pratt and Heidi Montag Lock Lips on a Ski Trip](#)

**2. Kim Kardashian and Kanye West:** Although this new couple hasn't yet confirmed their relationship, they're certainly not keeping their feelings for each other under wraps. Taking their love from coast to coast, they've been spotted getting cozy at a restaurant opening in New York City as well as a Los Angeles Lakers game. Kardashian's even made a romantic fashion statement for her new man, sporting 'KW' earrings at numerous public appearances. Given Kardashian's romantic track record, here's to hoping this relationship doesn't surpass the 72-day mark.

**3. LeAnn Rimes and Eddie Cibrian:** Their relationship had a memorable start: the couple met when they co-starred in the Lifetime movie *Northern Lights*, and they instantly fell for each other; although, both were married at the time. Rimes and Cibrian have never been shy about their relationship, even going on public dates during their extramarital affair. From Rimes' revealing tweets to their constant PDA, it's time for this couple to get a room.

**Related:** [Stars Who Go Public With Love and Affection](#)

**4. Nicole "Snooki" Polizzi and Jionni LaValle:** Just when we've grown accustomed to their outrageous behavior on *Jersey Shore*,

Polizzi and LaValle shock us with a big announcement: they're engaged – and expecting a baby! Since promising to change her wild child ways, Polizzi says that her partying days are over and that “pregnancy just made [her] more mature.” Still, the star can't help but attract attention, tweeting pictures of her cleavage and belly. When will enough be enough?

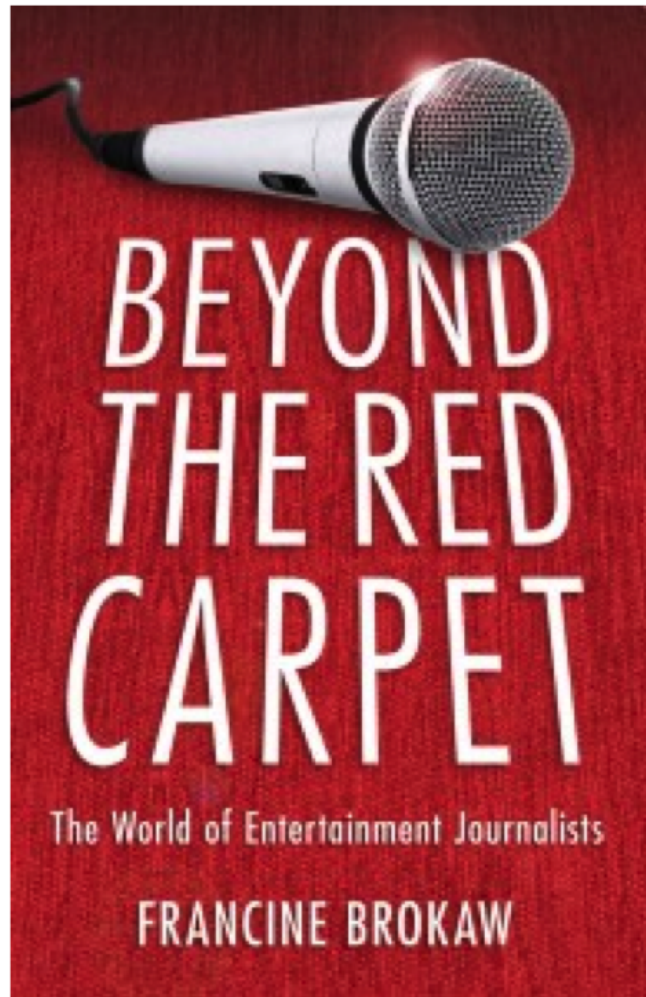
**5. Miley Cyrus and Liam Hemsworth:** The on-again, off-again couple met on the set of *The Last Song* and quickly took their chemistry off-screen, with Cyrus sharing private details of their relationship through her Twitter account. The former costars recently got engaged, but we're starting to care less and less about their next moves.

**Which celebrity couple do you most wish would disappear? Share your thoughts below.**

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## **EXCLUSIVE: ‘Bachelor Pad 2’ Winner and Newlywed Holly Durst Tells Us About Her “Perfect” Wedding and Honeymoon**





By Whitney Baker

Fans know Holly Durst as the bubbly winner of 'Bachelor Pad 2,' but now, she's content just being a newlywed. Durst and Blake Julian, who met while competing on the reality show, tied the knot in South Carolina on June 2, 2012. The big day was perfect and more than she ever imagined. "I'm so happy! I love married life. It's just the best," she gushes.

Durst says her best piece of advice for brides-to-be is to hire a wedding planner. She adds, "I planned my whole wedding on Pinterest. I wanted to make sure that I remembered all of

the little things.”

For Durst, it was those small details that made the day so special. Even her wedding dress had a personal touch. She always thought she’d wear a Cinderella gown, but she tried “so many of them on and always felt overwhelmed.” Her final pick, however, was the perfect fit. “It elongated my already long body. I made it my own by removing the rhinestones and adding a sash.”

**Related:** [Exclusive: Bachelor Pad 2 Winner Holly Durst Plans Honeymoon in St. Lucia with Fiancé Blake Julian](#)

Surprisingly, Durst’s favorite moment of her wedding happened *before* the ceremony. “Blake and I both were in the same room, but we couldn’t see each other – there was a wall in between us. We got to reach around and pray together right before the wedding,” she reveals.

Even though Durst was the star of the show, she wanted to make sure that her guests felt loved too – especially the single ladies. She added a personal touch to the bouquet toss, making the lucky girl who caught it feel even luckier. “I wrote a little note and stuck it in the flowers,” she shares. “I told her to be patient, and when she finds love, it’s going to be perfect. I hope that, someday, she experiences the same love that I have with Blake.”

As for their honeymoon in St. Lucia, Durst says, “It was so good! I didn’t want to come back.”

The couple took a very practical approach to planning their trip. First, they wanted to stay in the same time zone. She tells us, “We thought about Fiji or Bora Bora, but we would’ve wasted so much time traveling. The Caribbean was a perfect choice.”

Plus, Durst let Julian make most of the decisions. “He actually did all of the searching, and I just okayed things,”

she says. "I planned a wedding, so I let him plan the honeymoon!"

During their time in St. Lucia, the couple enjoyed the amenities at an all-inclusive resort. They signed up for "everything" – pool and beach volleyball, paddleboard racing, ping-pong. They even rallied the other honeymooners into playing too. Durst explains, "One day, we left the resort and did an excursion around the island. We came back, and everyone was like, 'No one did anything today because you guys weren't around!' We were the ones grabbing other people to join."

Now that they've returned from paradise, it's back to reality. As they settle into life as man and wife, they are keeping busy. According to an interview with Wetpaint, Durst, who has no desire to film her love life for reality television anymore, revealed that she would love to be a judge on 'Bachelor Pad 3.' However, when we asked her about any upcoming plans to do so, she simply replied, "No." Perhaps she changed her mind when ABC announced that ex-fiancé Michael Stagliano would be one of the cast members.

As for tuning in to watch the show? Durst hesitantly replied, "We'll see. I have so much to do!"

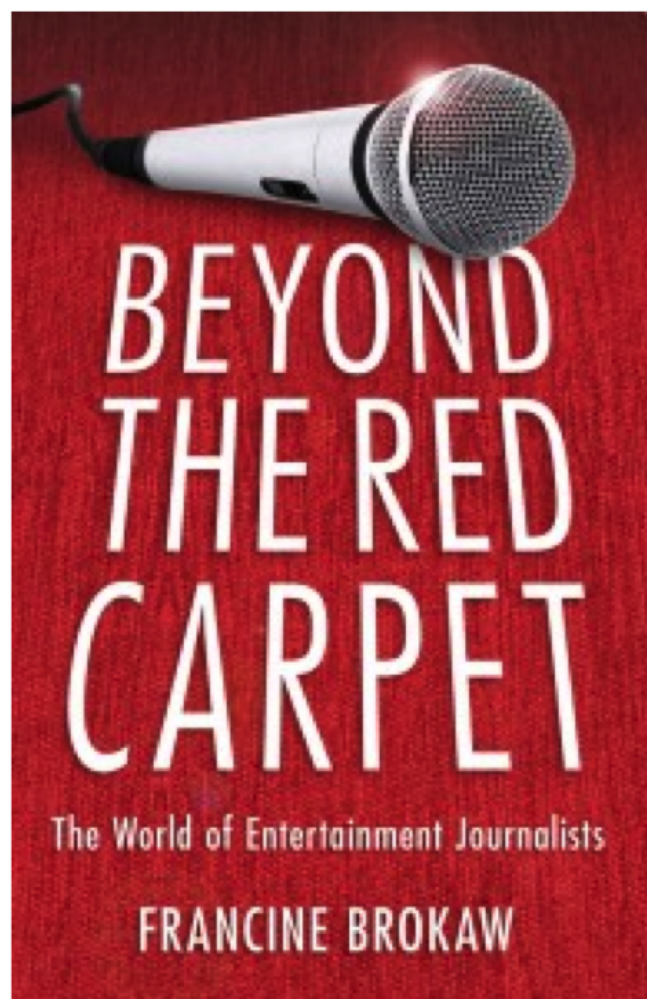
*You can keep up with Durst on Twitter and her personal website, [HollyDurst.com](http://HollyDurst.com). Be sure to check out her new children's book ['Chocolate Socks'](#) as well. Congratulations to the happy couple!*

**Cupid wants to know: Will you be watching 'Bachelor Pad 3' this summer?**

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# Giveaway: Towne & Reese Jewelry – As Seen on ‘The Bachelorette’ Star Emily Maynard



*This post is sponsored by Pea Pod Paper & Gifts.*

By [Whitney Baker](#)

If you've been watching this season of 'The Bachelorette,' you've surely taken note of Emily Maynard's fabulous wardrobe. Week after week, she continues to impress us with her easy sense of style, transitioning effortlessly from date to date. Whether she's wearing jean shorts and a crochet sweater for a day by the water or a one-sleeve gown at the Rose Ceremony, one thing remains the same: her eye-popping jewelry. And now, CupidsPulse.com readers have the opportunity to win one of two Towne & Reese jewelry giveaways OR receive **15 PERCENT OFF the entire Towne & Reese collection**, including the highly-anticipated Fall 2012 Collection, from Pea Pod Paper & Gifts. Use the discount code **cupidspulse** at checkout.

**Related Link:** ['The Bachelorette' Season 8, Episode 5: The Dos and Don'ts for Taking Your Relationship To The Next Level](#)

~~**GIVEAWAY ALERT:** Send an email to [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com), with **'Towne and Reese Giveaway'** in the subject line, saying that you want to enter the contest. Once you do, you will automatically be entered to win either the Daisy Turquoise Ring or the Brooke Earrings in Crystal OR Mint Green! Both of these pieces were worn by Maynard on 'The Bachelorette. Giveaway ends at **5pm on Monday, July 9th** so act quick!~~

**Congratulations to our winners, and thank you to everyone who signed up!**

**Ashley Grulich** won the Daisy Turquoise Ring, and **Elizabeth Gottier** won the Brooke Earrings in either Mint Green or Crystal.



Towne & Reese

Daisy Ring in  
Turquoise. Photo:  
Towne & Reese



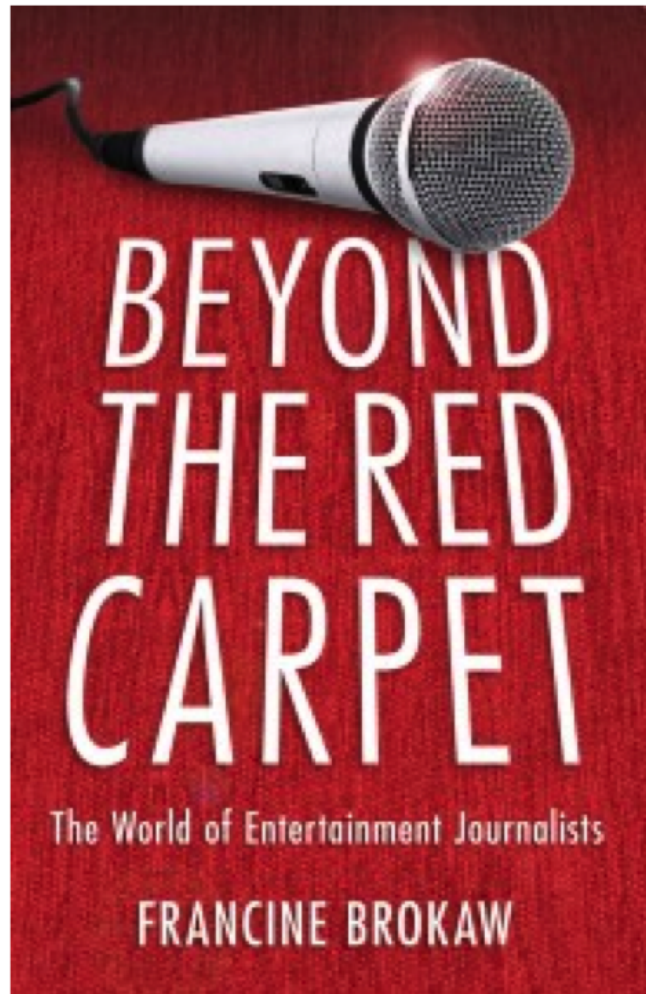
Towne & Reese  
Brooke Earrings  
in Mint Green.  
Photo: Towne &  
Reese

Pea Pod Paper & Gifts, a one-stop shop for all things paper and gifts, is a company known for their quick turnaround time and impeccable customer service. In addition to selling personalized paper products, monogrammed gifts and party supplies, they also have a wide range of jewelry, including Towne & Reese items.

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## With Claritin, The Difference is Clear





*This post is sponsored by Burst Media on behalf of Claritin®.*

By [Whitney Baker](#)

Your cute neighbor – who you’ve been crushing on since he moved in – *finally* asked you out on a date. He even planned the evening for you: an al fresco dinner at your favorite restaurant followed by a romantic stroll through a nearby park. Sounds perfect, right?

It is...until your allergies show up (uninvited, of course) and you can’t stop sneezing. Itchy eyes and a red nose is *not* how you hoped to end your night.

If only you would've learned from Brooke Burke-Charvet's mistakes. Merck teamed up with the *Dancing with the Stars* host to create the video below, showing you how easy it is to live your life with your allergies instead of constantly battling against them.

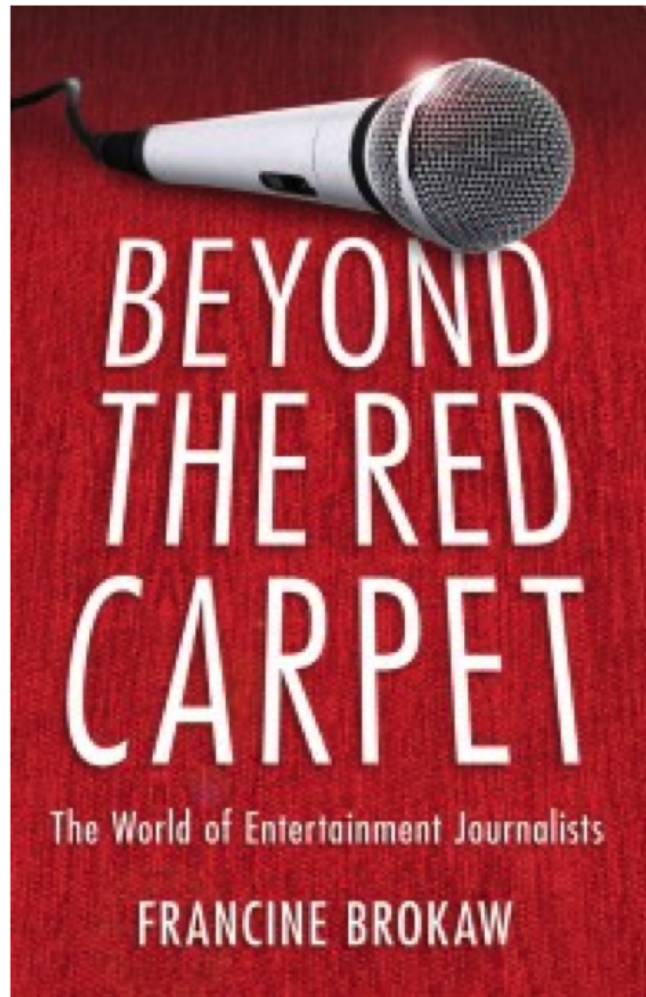
Thanks to non-drowsy Claritin®, Burke-Charvet can survive her busy day – and you can make the most of your relationship with that new man in your life. The difference is clear.

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## Kim Kardashian's Daytime Date Looks





By Ann Csincsak, Vintage Sweet & Chic

Although Kim Kardashian has had her share of ups and downs in her love life, she definitely can rock an outfit on any date. Kim has a great sense of style and always knows how to dress her curvy body to make it look great. Take a few fashion tips from her on her bright color choices and use of accessories!

In this first look (image above), she is wearing her signature stacked platform heels with a pop of orange, which is great for spring and summer fashion. The look works for any daytime date, keeping it casual while still looking polished. Finish



it off with some soft waves in your hair and a light polish on your nails, and you will be ready for a day out with your favorite man.

1. Blank Denim Vegan pants \$78
2. Christopher Kane Jacket (actual) \$1900
3. Urban Outfitters SkarGorn Female Tee \$58
4. Kimchi Black Platforms \$68
5. Trina Turk Tortoise Cuff \$75

Kim's next look is great for a baseball game, lunch date or any other spontaneous afternoon activity. Keep accessories as the main focus, and your outfit with look effortless.



1. Asos Workwear Blazer \$44
2. Aldo Fones Sunglasses \$12
3. Big Buddha Palm Bag \$78
4. Bertie Kasses Tribal Sandal \$112



**5. Sanctuary Cargo Pants \$78.90**

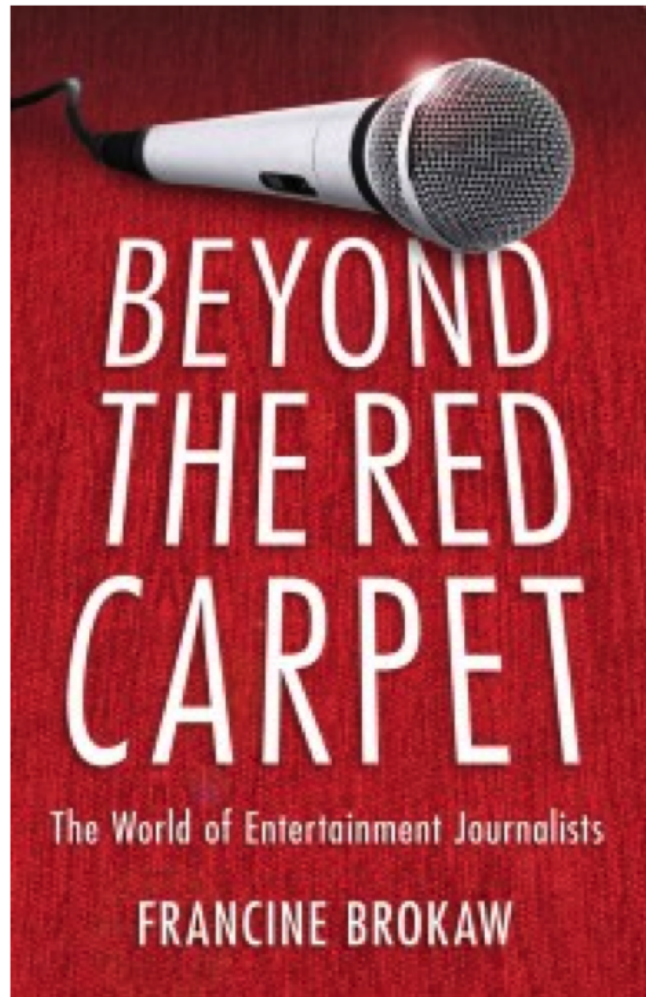
**6. Essie Nail Polish "Sheer Bliss" \$7.95**

No matter what the occasion, take a cue from this gorgeous reality star and showcase your assets while looking simple and stylish!

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## **U.S. Women's Soccer Star Hope Solo Chats About Her Training and Love Life**





By [Whitney Baker](#)

Despite her hectic schedule as she prepares for the 2012 Summer Olympic games, Hope Solo, goalkeeper for the United State's Women's National Soccer team, strives to live a balanced life – both on the field and off the field. When she's not training, she loves being social and enjoying life. As for romance? She is looking for a confident and honest partner, someone who wants the best in everything that they do.

Solo's also partnering with Unilever to promote their Simple

Skincare line. As someone with sensitive skin, she understands the importance of a skincare line that she can trust as she travels from city to city.

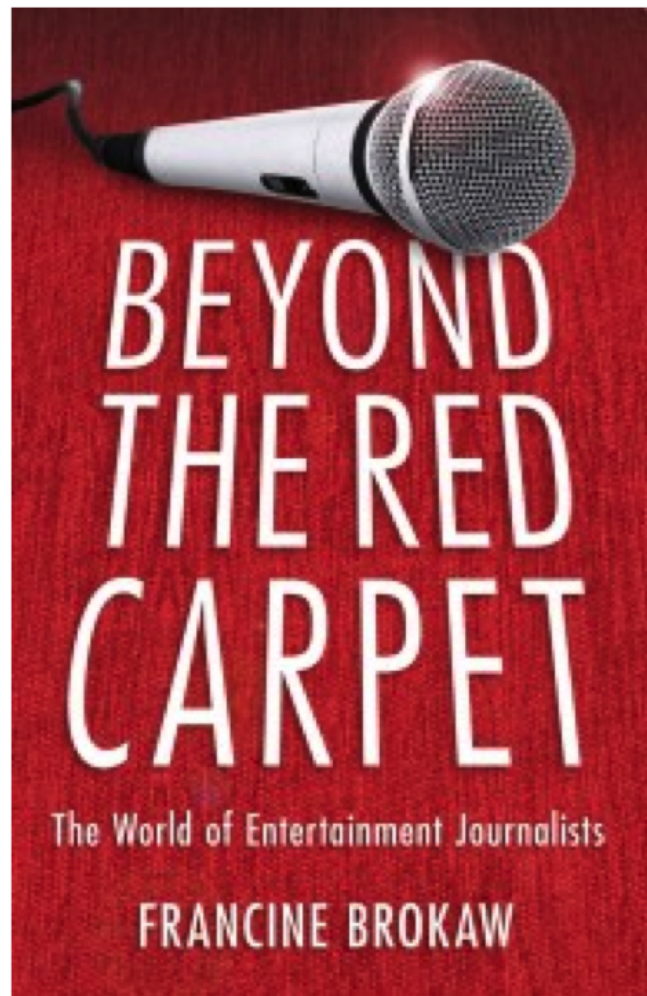
For a chance to win a trip to Los Angeles and meet Solo, visit the Escape with Hope Facebook page!

*For more videos from CupidsPulse.com, check out our YouTube channel.*

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## Pros & Cons: Bonding With Your Man's Friends





By [Whitney Baker](#)

When you embark on a new relationship, you end up with more than just a great guy in your life. Soon enough, you will meet his friends, his family and his co-workers, and your social circle is immediately changed – for better or for worse. Some of these new friendships may come easy for you, while others may be a struggle. Either way, try your best to be open-minded: don't make assumptions about his friends or their feelings towards you and always be yourself. Remember that there are pros and cons to bonding with his buddies. Here are a few things to consider before introducing yourself:

## Pros

**1. Finding common ground with your man:** It's important to understand who your boyfriend was *before* he was your man. One of the best ways to do so is by bonding with his friends. Friendships often have a huge impact on people, and by growing closer to his friends, you're often able to deepen the love that you share for him. Plus, seeing you bond with his friends is sure to charm your beau even more.

**2. Going on fun group dates or vacations:** Having "couple friends" is a great way to strengthen your relationship, and the best way to meet couples is through your current group of friends. Sure, a date night or romantic getaway for two is great, but it's nice to have a group of friends for an impromptu party or weekend trip. The more, the merrier, right?

**Related Link:** [Relationship Advice: Marriage Survival Guide for Tough Times](#)

**3. Expanding your inner circle:** Thanks to your man's friends, you may meet a new girlfriend or two. These new friendships will enrich your life as well as your romantic relationship. Knowing that he introduced you to some new fun people is bound to make your boyfriend feel good.

## Cons

**1. Acting like "one of the boys":** Your interests most likely vary from your beau's, but when you're bonding with his male friends, you may start to act like one of the guys, making him see you differently. It's great that you enjoy hanging out with your boyfriend and his friends, but make sure to give your man some time alone with them. Give him a chance to miss you!

**2. Neglecting your girlfriends:** Bonding with your boyfriend's friends may keep you so busy that you forget about your girlfriends. Who are you going to call when the weekend rolls

around and he decides to take a boys-only camping trip? Sometimes it's okay to do your own thing; having separate friends and interests will give you even more to talk about when you spend time together again.

**3. Causing unnecessary drama:** Your man may start to feel like you'd rather spend time with his BFF than with him; or, he may think that the two of you are moving forward with your friendship without him – even though he's the reason you're friends in the first place. Before you get too close to his buddies, check in with your boyfriend and make sure he's okay with your new friendships.

**When it comes to bonding with your man's friends, what has your experience been like? Share it with our readers by commenting below.**