

Kelly Rutherford On Her Divorce: “The One Thing I Know Is That My Kids Are Loved and That We’re Working It Out”



By [Whitney Johnson](#)

Gossip Girl fans recognize Kelly Rutherford as prim and proper socialite Lily van der Woodsen, a character who captured our hearts despite her shortcomings. You could fault Lily for a number of things but being a protective parent wasn't one of them. When speaking about her character on the show, the actress says, “It was a lot of fun. She was a very different type of mother than we’re used to seeing on television.”

Now, Rutherford is tackling an even more challenging role in Lifetime's *A Sister's Nightmare*, which premieres this weekend. The blonde beauty plays Jane Rydert, a police officer whose life changes drastically when her older sister Cassidy (Natasha Henstridge) shows up after being released from a psychiatric hospital. Unable to convince anyone that her sister is still dangerous, Jane must protect her niece Emily (Peyton List), who she's been raising for the past 16 years.

Rutherford was initially attracted to the movie because it was "very different than what I had done before. It was nice to do something that was a big contrast to *Gossip Girl* and the character that I played for six years – to shake things up a little bit."

And, of course, the cast is always an important piece of any project. For this role, she reunited with one of her love interests on *Gossip Girl*, Matthew Settle. "It was wonderful to work together again," she exclaims. "Natasha and Peyton are incredible too. They made it very believable for me. It was really a lovely experience."

Ultimately, though, the ending hooked her. "There's this huge twist that you don't see coming. It made me really like the script," the Kentucky native shares. "It was really fun to play a character who ends up being totally different than you thought."

Naturally, being a parent herself – to six-year-old son Hermés and four-year-old daughter Helena – impacts the way she approaches each project. For Rutherford, her kids are always her priority. "I do my best to work around them," she explains. "It all goes by so fast that you don't have time for guilt. When I'm with my kids, I want to be totally present. And when I'm working, I want to know that my kids are attended to and happy."

Related Link: [Celebrity Couples Who Cannot Wait to Become](#)

Parents

It's no surprise that motherhood has changed the single mom. "I learn something new every day. I want to be a better example for my children. It's a different type of pressure to be a good person when you have little eyes looking up at you!" she says with a laugh.

Part of being the best mother she can be is going with the flow. "As a parent, you realize that every day brings new things." This summer brought a lot of fun for the family of three. "I asked my kids what they wanted to do, and they said, 'We just want to be with you.' So that's what we did! We went to the Hamptons for a few weekends. We did everything we love to do in New York City too: go to the museums, ride scooters in the park. They took swimming and piano lessons. My daughter took ballet and French classes."

Unfortunately, Rutherford has been dealing with some more serious problems. In June, she filed for bankruptcy due to financial problems stemming from her lengthy custody battle with Daniel Giersch. Her ex-husband, who resides in Monaco, was barred from returning to the United States – which means that Rutherford must travel back and forth to see her children.

"It's not always easy, that's for sure," she says of her divorce. "The biggest thing is to stay positive when you talk about the other parent. You have to be honest; you don't want to lie, but you want to say it in a way so it doesn't have an edge. My kids really pick up on whether I'm okay emotionally. As long as I'm okay, they're okay. If I lose it, who do they have to look to for strength?"

Related Link: [Finding Yourself Again](#)

The actress adds, "When they have questions, I sit down and answer them. I try to be as kind and respectful of them as possible. I let them know that I don't always know either,

that I'm figuring it out too. The one thing I do know is that they're loved and that we're working it out. I encourage them to just enjoy every moment, whether they're with me or their dad."

Rutherford applies this philosophy to her own life as well. After a relaxing but busy summer, she's ready to step back into a role on primetime and is excited to be joining the cast of *Reckless*, a show premiering on CBS this fall.

Plus, she's considering expanding her work as an activist for custody issues into a book. "A few people are encouraging me, but I don't know if it's the right time yet. I'm just waiting to see how things play out." One thing's for sure: We'll be cheering for her every step of the way!

You can catch Rutherford on A Sister's Nightmare on Lifetime on Saturday, September 7th at 8 p.m. ET. You can also follow her on her personal site, <http://www.kellyrutherford.com/> or [Twitter](#) @KellyRutherford/ and www.facebook.com/thekellyrutherford?fref=ts!

Celebrity Couple Predictions: Katy Perry, Kate Middleton and Fergie





By [Shoshi](#)

For today's expert post, I want to look at the energy of three celebrity couples who are celebrating exciting times in their relationships: Katy Perry and John Mayer, who are back together and recently released their first duet; Kate Middleton and Prince William, who welcomed their son, Prince George, in July; and Fergie and Josh Duhamel, who are expecting their first child very soon.

Related Link: [Celebrity Couple Predictions: Jennifer Aniston, Julianne Hough and Kim Kardashian](#)

Katy Perry and John Mayer: This musically-talented duo is on again – at least for now. It's becoming difficult to define their love since it tends to change so quickly. Mayer has actually managed to keep his mouth shut about this relationship, unlike his behavior in the past. (Did we really need to know that sex with Jessica Simpson was like a drug?)

When looking at the energy around the couple, it seems like they're having fun. While they do enjoy each other's company, what keeps them getting back together is their ability to

relate to one another. It's a level of comfort that they both need at this time.

There's been buzz about their new duet – and for good reason! Mayer sings that he can see himself growing old with her. How adorable is that? The only thing is that gushy love eventually ends. The soulful singer has a habit of quickly becoming attached to the woman he's dating, so only time will tell if they survive past the honeymoon stage.

In their duet, he also wrote that he couldn't run anymore. He's finally starting to show signs of getting serious about his love life. During his relationship with Perry, she will help him grow up a bit. Even so, Mayer will become bored and soon move on to the next lady.

Kate Middleton and Prince William: Ever since Kate Middleton and Prince William announced their engagement, the world has been enchanted with the lovely couple. When Kate announced she was pregnant with a royal bundle of joy, we couldn't wait for the baby to arrive!

We can all finally relax: Prince George is here and has been presented to the world. The Duke and Duchess's marriage appears to be going strong; in fact, they've never been better. Surrounding their relationship is the energy of Princess Diana, as if she watches over them and guides her son. Without a doubt, these two are best friends. They want to keep a low profile and simply enjoy their lives together.

There is another baby energy circling Kate. They want to wait a bit before their next child, but they may not have a choice. Don't be surprised if she's soon pregnant with baby number two, which will bring them a daughter.

Related Link: [Will Harry and Pippa Be Named Godparents for Prince George?](#)

Fergie and Josh Duhamel: Fergie and Josh Duhamel cannot wait

until the arrival of their son. The energy in their relationship has shifted for the better since Fergie got pregnant. Rumors had been circling about Josh's activities with other women, but now, he's a bit more centered and focused on family.

Fergie has just legally changed her name from Stacy Ann Ferguson to Fergie Duhamel. It is said that, when you change your name, you change your destiny, so the newly-annointed Mrs. Duhamel has shifted her energy on many levels.

Josh is going to be really close to his son – it'll be hard to find him in a photo without him. It will cause him to want to work less, while Fergie will be inspired with material for a new album dedicated to the two men in her life and the love she has for them. It's a very happy time in the Duhamel household. All the best to them!

For more information on Shoshi, click [here](#).

Finding Yourself Again





By Molly Reynolds

for [Hope After Divorce](#)

Months after my very messy divorce, I found myself sitting in a greasy diner with my friend Christi, and I was at a total stand still. I was staring across the table at her, trying not to cry into my grilled cheese sandwich as a million thoughts ran through my mind.

Christi had never been married before. In fact, she had been single since I'd known her. She is beautiful, funny, smart, a great friend – and one of the happiest people I know.

Related Link: [Why So Many Women Couldn't Care Less About Getting Married](#)

I finally opened my mouth.

“How do you do it?” I asked her.

“How do I do what?”

“How do you be single?”

She smiled. “You just do.”

I wanted to take notes. “No, tell me. What do you DO? Like, what does your typical day look like?”

I got married when I was twenty and was now pushing thirty. It didn't seem like an odd question to me at the time; I had never been single as an adult. My marriage was isolating and highly emotionally abusive. My days were wrapped up working, spending time with my husband, cooking, cleaning, paying the bills, helping him with whatever he needed. I had so much free time now and didn't know what to do with myself. More honestly, I didn't know who I was as a single person.

Thank God for good friends. “You do whatever you want!” she said with a laugh. “If you want to stay out all night, you do it. If you want to spend the weekend watching *Desperate Housewives* on Netflix, you do it. If you want to eat a jar of olives for dinner, you do it. It's actually pretty awesome.”

The thought of this absolutely terrified me. Battle lost. Soggy grilled cheese.

This story illustrates co-dependency at its finest. Unfortunately, co-dependent women often find themselves with a narcissistic husband. Katie Holmes and Tom Cruise are a prime example. A narcissist systematically makes his partner give up who she is in order to serve his own ideals and needs. If you are fortunate enough to break free from the abuse of a narcissist – as Katie was – you're going to have to take a lot of time to rebuild yourself.

I hate labels, but a lot of us are co-dependent. If we're partnered with the wrong person, the effects can be devastating. We think giving absolutely everything over to our marriage and forgetting ourselves makes us a better partner. It doesn't. It doesn't even make us a better person. Luckily for us, it's a bad habit and *not* a life-threatening disease.

One of the hardest things about any kind of breakup (even if your spouse was a total loser) is that you have to learn how

to relate to the world differently. There's no partner to call and check-in with when you have to make a decision or if something good happens. You find yourself with a lot more alone time, and if you're not careful, your mind can go to a very dark place...which is why it is imperative that you find yourself again – or find yourself period, whatever the case may be.

Related Link: [Are You Dating Someone with Narcissistic Personality Disorder?](#)

Fill those empty moments in your life with people and things that you [love](#). And if you don't know what you love, find out! A fun, cheap way to do that is sites like Groupon or Living Social. Maybe you've always wanted to take belly dancing class – do it! Or if you've always loved cooking or boxing, find a Meetup in your area. This is also a great way to make new friends and remind yourself that this tough time in your life will absolutely pass.

Learn how to do you. Habits are tough to break but fight against co-dependency as hard as you can. You are a whole, perfect person on your own. You don't need anyone else to be complete. Later on, if you choose to have another relationship, do it because you want to, not because you need to.

Be happy with who you are because life is too good to waste. Live as hard as you can.

Following her work as an actress, Molly Reynolds began her writing career covering scripts for film producers and working in commercials at Tombo Films, a boutique production company that created spots for the likes of Apple, Petco, and Coca Cola. Since then, she has written anything from ads to children's books to musical theatre, with a special emphasis on socially conscious material. Her latest musical, Benny (book and lyrics), has been performed in Los Angeles and New

York (most recently at the Fingerlakes Musical Theatre Festival). Molly is a contributing expert at HopeAfterDivorce.org, CupidsPulse.com, and LAFamily.com. She is currently the Director of Development at LUCID and a strong advocate for empowering women and minorities. The Gingerbread Pimp, Molly's fearless new musical that takes a bite out of domestic abuse, was performed at the New York Musical Theatre Festival on July 18, 2013.

NoGamesLove Video Dating Tips: Summer Love that Lasts



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Summer Love

Summer love doesn't have to end when autumn blows in. In fact, it can turn into a lifelong romance if you let it! In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares her tips for making your warm-weather romance continue into fall. Most importantly, the dating expert says to remember to get raw: be true to yourself and stay open-minded. You never know what might happen!

For more information about our dating mentor, visit our [Experts](#) page.

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Have you ever had a summer fling that turned into a long-term love? Share your story in the comments below!

Q&A: Can I Ask My Boyfriend to Delete Facebook Pictures with His Ex?





Question from

Stephanie K.: *My boyfriend dated his high school sweetheart throughout college and they broke up two years before he met me. I just realized he's tagged in pictures with her from college. Is it wrong of me to be jealous about that? How do I ask him to remove those pictures?*

Answers From Our Love Experts:

[Suzanne Oshima, Matchmaker](#): While no one likes to be reminded of their current boyfriend's ex's, the fact is everyone has a past relationship history. Your boyfriend does, and you do too. He was tagged in those photos well before you started dating, and it wasn't an issue until you realized that they existed. I'll bet that he has completely forgotten that he was tagged in those photos, and if you bring it up now, it's going to appear to him that you were "snooping" around in his stuff and that you're really insecure and jealous about the relationship. If your boyfriend is a great guy who treats you well in all other ways possible, then why let something so trivial as old photos bother you?

Paige Wyatt, Reality Star: Seeing pictures of your boyfriend

with his ex is always weird, and it's totally normal to be jealous. Sure, the pictures are nice memories for him, but they make you think that he's not over his past relationship. It is completely appropriate for you to ask him to take these photos down, but you have to do it in a way that won't make you seem controlling or jealous. When bringing it up to your boyfriend, you need to make him understand that the pictures bother you because it feels like the memories you make with him have to compete with the memories he had with her. Another way to explain it to him is to say that you want to be the only girl he thinks about and these photos make you wonder if he's still into his ex.

[Robert Manni, Guy's Guy](#): If it's simply about photos on Facebook, here are my thoughts: If, after two years, your boyfriend still keeps photos of his ex on his Facebook page, it's reasonable to ask him to take them down. As far as his being tagged with her on other people's pages, I suggest leaving that alone. However, from my experience, relationship issues are never that simple. Could it be that your concerns with his tagging are symptomatic of other looming issues or insecurities about your relationship? Is it because things are not working out the way you had hoped and the concern with tagging is really about your fear that "he's just not that into you" or that he's cheating? It's time to ask yourself what's your hesitation in speaking to him about this issue. It might be helpful to explore your own feelings before having "the talk." In any case, if he hesitates to take the photos down, that's a red flag. Remember that you deserve better.

For more information on our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

Did you ask your partner to delete photos with their ex on Facebook? Share your story below!

QuickieChick's Video Dating Tips: Real Life Impact of 'The Bachelorette'



By [E!'s Famously Single Dating Coach, Laurel House](#)
In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House discusses *The Bachelorette*.

Dating Advice from E!'s *Famously Single* Laurel House on *The Bachelorette*

Did you ever think a reality television show like *The Bachelorette* could actually offer you valuable real world advice? QuickieChick and dating expert Laurel House didn't think it was possible...until this past Monday's dramatic finale. The surprise ending made her reflect on her own relationship history, and in this week's video, she reveals ten love lessons that she learned from Desiree Hartsock's journey.

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Tell us: What did you learn from this season of *The Bachelorette*?

"I Want My Clients to Have Fun With It," Says Wedding Planner Sandy Malone of TLC's 'Wedding Island'





By [Whitney Johnson](#) and Kristin Mattern

Sandy Malone is the woman behind Weddings in Vieques, a full-service destination wedding planning company that will take your wildest island fantasy and make it come true. The vivacious personality is dedicated to making each and every bride happy with her special day and will do whatever it takes, as showcased in a recent episode when she found a helicopter at the last minute. Now, viewers can share the high tension and drama when they join this thick-skinned wedding planner on her escapades as she creates romantic magic on *Wedding Island*, TLC's new series that showcases Malone and her company.

Related Link: [5 Conversations Every Couple Should Have Before Marriage](#)

Malone's wedding planning career began in 2004 when she had to save her own wedding to the love of her life, Bill Malone. "I hired a wedding planner that *said* she knew Vieques, but clearly, she didn't. It was awful," the reality star recalls. "I was getting frantic phone calls and dealing with vendors

who were asking me if I was still getting married. I panicked! We had to fire her and start over.”

Malone was able to plan their wedding on her own and realized that she could make a full-time gig out of that sort of work – but only if her now-husband was on board too. When the two first met, Bill was part of the Metro Transit Police Department, and Malone was working as a political journalist. He asked her out, but she politely declined. After many persistent attempts and chivalrous deeds, like clearing the snow from the path to her house, she finally came to her senses and let Bill into her heart.

The pair bought a house in Vieques a year after their wedding, and in 2007, when Bill retired, they decided to make the remote island their home. Soon after, they launched their company with the assistance of a close friend. “She helped me put together our original logos and actually referred our first client, who ended up being someone I knew in grade school,” Malone shares. “We did the wedding on 07/07/07 and thought we’d do two weddings per month. We ended up planning forty or fifty weddings that first year.”

In addition to adding wedding planning to their resumes, the couple also jumped right into running a business together for the first time. “We’ve worked hand-in-hand since the beginning. Sometimes it’s hard – we’re not the perfect couple, but we respect each other,” the event-planning wonder explains. “I focus on the planning, and he focuses on the execution, and we don’t interfere with each other’s work.”

Related Link: [Kelly Ripa on Her Marriage to Mark Conseulos: “We Still Dig Each Other”](#)

Along with her team, Malone has now put together over 400 weddings – and the number continues to grow as more and more engaged couples chose Vieques for their big day. “It’s been voted one of the top Caribbean spots for the past few years

by *Travel and Leisure* magazine. It's pretty spectacular," she says of the island, seven miles off the coast of Puerto Rico. "You can go to the beach everyday and not go to the same one twice for weeks and weeks."

For those brides not lucky enough to be in Malone's capable hands as they plan their walks down the aisle, consider this advice: "If you're working with a wedding planner, talk to them and tell them why you're feeling overwhelmed. If not, talk to your fiancé or bridesmaids. A lot of times, the problem in your head isn't such a big deal. Write it all down, and then bite it off in little chunks."

Ultimately, the wedding planner just wants to represent her industry and her island well. "I hope the show is a good reflection of the wedding environment. I just want my clients to have fun with it all. And we want people to come to the island – most people haven't heard of Vieques."

You can catch Malone and her team on Wedding Island on TLC on Thursdays at 10/9c – see above for a preview of tonight's episode! For more behind-the-scenes details, check out her Huffington Post blog, www.huffingtonpost.com/sandy-malone/. You can also follow her on Twitter @SandyMalone_.

QuickieChick's Video Dating Tips: Getting Back with Your Ex? 10 Mistakes That I Made



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Getting Back With Your Ex

Are you thinking about getting back with an ex? Our resident dating mentor Laurel House did...over and over again. In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House outlines ten mistakes that she made, hoping to inspire you to avoid the same fate. "When you get back with your ex, you need to realize that this isn't a rosy relationship," the dating expert candidly shares. "You don't think that they can do no harm because you know they can. You've already been there; you've seen their dark side." Before moving forward, you have

to address the reason for your split. You essentially have to take a step backwards first. Listen up for more helpful advice!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [Youtube Channel](#).

Have you ever reconnected with an ex? Share your story in the comments below!

Kelly Ripa on Electrolux and Her Marriage to Mark Consuelos: “We Still Dig Each Other”





Interview by [Lori Bizzoco](#).

In this exclusive interview, CupidsPulse.com founder and executive editor Lori Bizzoco chats with Kelly Ripa about Super Saturday, which was held this past weekend in the Hamptons; her relationship with co-host and “soul sibling” Michael Strahan; and her strong marriage to Mark Consuelos. “We just love each other. We still dig each other,” the television personality says of the secret to their marriage of seventeen years. “He does it for me, and I think I do it for him. Otherwise, I don’t think he’d still be here!”

The mother of three also discusses her partnership with Electrolux and their French Door Refrigerator with the Perfect Temp Drawer. Not only does she love their products, but she loves their philanthropic attitude as well. “They’ve been helping me raise money for ovarian research since I’ve been with them. When a company puts forth such an effort not only to make lives easier but also worrying about the health of women, I just think that says something.”

In addition to the event in New York City, Electrolux is inviting Americans to visit www.livelovelux.com through August

22 to enter the Electrolux Perfect Temp Sweepstakes for the chance to win a French Door Refrigerator and a trip to a climate with the Perfect Temp (the Bahamas!). For every entry or share, Electrolux will donate \$1 to the Ovarian Cancer Research Fund (OCRF). Visitors to the site can also download Kelly's favorite summertime recipes, including her famous spicy mango-peach Greek yogurt popsicle!

For more videos from CupidsPulse.com, check out our YouTube channel, youtube.com/user/CupidsPulse

Charlotte Ross of 'Hit the Floor' Says, "Waiting for Mr. Right Won't Get You Anywhere"





By [Whitney Johnson](#)

Charlotte Ross has a Hollywood story meant for the big screen: she fell in love with acting at an early age and began pursuing her dream while growing up in Winnetka, Illinois. She worked at Second City and the Goodman Theatre until graduating from high school. Just a month later, she moved to Los Angeles and was quickly cast as Eve Donovan on the infamous soap opera *Days of Our Lives*, a role that later garnered her two Emmy nominations. Audiences now recognize her as Quinn Fabray's uptight mother Judy on the hit show *Glee* as well as Olivia Vincent in the summer series *Hit the Floor*.

Related Link: [‘Glee’ Star Cory Monteith is Found Dead in Hotel Room](#)

The popular VH1 show, which airs its final episode of season one tonight at 9/8c, is about “a professional basketball cheerleading squad; the back stabbing that ensues to get and stay on the team; and the inner workings of the corporate side of this world.” Her character was a star dancer in her younger years and now serves as the director of the Devil Girls. As the actress explains, “Olivia’s extremely driven, expects

complete professionalism and won't settle for less than perfection at every performance. She can be a bit relentless, but she's also like a protective mother who just wants her girls to succeed."

"It's a ripe background for juicy drama, and the writer and executive producer, James LaRosa, doesn't disappoint," she adds with a laugh. I think he was born to write this show!"

As much as she loves being on stage, Ross's heart belongs to Max, her nine-year-old son with ex-husband Michael Goldman. The couple divorced in 2008 after four years of marriage but continue to co-parent their son. True to her optimistic personality, she chose to remain positive during this difficult time. "The truth is, we all have a good argument as to why our ex isn't the best partner, parent or friend, but I worked really hard not to focus on the negative because I wanted what was best for my son."

And what's best for Max is two parents who are able to "come into each other's houses without tension or stress. I'm beyond blessed that my son is very well-adapted to having two homes," she candidly shares. "I enjoy it as well. I get to be fully 'on' when I'm with him and then 'off' when his father has him."

Her advice for parents in a similar situation is simple: "Try to deal with the challenges as best as you can because it really makes a difference for your kids. They can actually learn something good from it, like how to work through tough things and treat people with respect."

Related Link: [Solo Parenting: Reconsidering Your Ex](#)

Of course, jumping back into the dating game after divorce is never easy. The single actress says being proactive is the best way to meet someone new. "Sitting and waiting for Mr. Right won't get you anywhere. Instead, step out of your comfort zone and normal circle of friends," she says. "And

don't be afraid to be set-up! Remember that your friends know you well and know what kind of partner you want."

As shown by her diverse professional choices, stepping out of her comfort zone is nothing new to Ross. This fearless attitude extends to her personal life too; she's even training to climb Mount Kilimanjaro later this summer. The blonde, who says "nature is like a church," sees this trek as number one on her bucket list. "It's been a dream of mine for years. We all have that list of 'One day, I will...' Well, time is passing, you know?" Reflecting further on the upcoming journey, she explains, "Challenging ourselves can be very healing. This adventure is both a physical one and a spiritual one."

The actress knows firsthand the effects of living a healthy lifestyle. "I truly believe that working out and clean eating (most of the time) is the fountain of youth. I look and feel better than I did decades ago. It amazes me!" As if that's not enough reason to head to the gym, she adds, "When you sweat for an hour or so each day, daily stress doesn't take the toll that it normally would. I think everyone should make time for fitness no matter how busy their life may be."

Don't miss tonight's season finale of Hit the Floor on VH1 at 9/8c! For more information about Ross, check out her website charlotteross.com/ or follow her on Twitter @charlotteross.

Summer-Themed Ideas For Your

Partner's Birthday



By [Whitney Johnson](#)

The eternal sunshine, lazy days and carefree attitudes make summertime the ideal season for celebrating. If your beau is lucky enough to have a July or August birthday, be a great partner and throw him a party he'll never forget. Before you pick a theme, consider your man's hobbies and passions. Once you've settled on an idea, go all out: make sure the food, drinks, decorations and even the guests' outfits align with the bash. Below, we've developed a list of five fun party themes – ideas that can be further flushed out on Pinterest. Happy planning!

1. Country-themed party: It's the season of outdoor concerts, and if your man grew up listening to Hank Williams and Willie Nelson, this party will be just what he had in mind. Stick

with southern comfort food for the menu: macaroni and cheese, fried chicken and biscuits with homemade lemonade. And, of course, build a playlist with your beau's favorite country tunes, including old-time favorites as well as some current hits. As for attire, ask your guests to wear their broken-in boots and favorite cowboy hat.

Related Link: [Date Idea: Listen to the Music](#)

2. Red, white and blue bash: With holidays like Memorial Day and Fourth of July coming up, summer is the perfect time of year to honor America and show your patriotic pride. For appetizers, consider snacks like red peppers and hummus or mini-sandwiches with turkey and Swiss cheese. Summer fruits like strawberries and blueberries are great to use in festive cocktails or delicious desserts. Be sure to decorate with little American flags and red and white flowers. Also, be sure to ask attendees to stick with the color theme when they get dressed.

3. Comic book celebration: Did your sweetheart love comic books as a little boy? With blockbuster hits like "Iron Man 3" and "Man of Steel" already released in theaters, it's the perfect time for your man to relive his childhood days and be his favorite comic book character for a day. Plan your menu around the colors in your guy's hero's suit (black and yellow for Batman, green for The Hulk and so on). Transport your guests to a different world with futuristic décor and movie soundtracks. Guests can wear simple T-shirts with their character of choice or go all out and don a full costume.

4. Mexican fiesta: There's nothing like sipping on a refreshing margarita (non-alcoholic or not) with your love on a sweltering day. To fill your guests' appetites, stock up on chips, salsa and guacamole. For the main course, plan a do-it-yourself taco bar: purchase soft tortillas and hard shells along with fresh vegetables, cooked shrimp, spicy chicken and more. And for dessert, break out the blindfolds and piñatas!

Set the mood with bright-colored decorations and Mexican music.

Related Link: [Date Idea: Celebrate Cinco de Mayo with Your Mate](#)

5. Baseball bash: Sure, you may have been to your fair share of ball games this summer, but we have a feeling that your significant other will never tire of the sport. For food and drinks, serve typical game snacks: peanuts, nachos, hot dogs and pizza along with beer and soda. As for dessert, soft-serve ice cream is the perfect way to top off the fun. Decorate using the colors of your hometown team as well as a few foam fingers, baseballs and wooden bats. For attire, your friends can wear a jersey from their favorite team. Let the rivalries begin!

What is your favorite summer-themed party idea? Tell us in the comments below.

**“We Have Each Other”:
Celebrity Couple Joy Enriquez
and Rodney “Darkchild”
Jerkins On Their New Show,
‘House of Joy’**





By [Whitney Johnson](#) and Kristin Mattern

Pop singer Joy Enriquez and Grammy award-winning music producer Rodney “Darkchild” Jerkins have been married for nearly a decade and have been blessed with three beautiful children: RJ, Heavenly and baby Hannah. In their new show *House of Joy* for NUV0tv, they bring their family into the spotlight as they work together to make Enriquez’s dream of having a hit single come true. “Nine years later, I still want a hit!” exclaims Enriquez. “I still want a song, and now I can say, ‘I gave you the kids, Rodney. We got married, and we’re working together as a family, but I still want to sing.’ That dream is still inside of me.”

House of Joy was not the first reality series that the twosome were approached about doing. “Rodney and I were asked to do a show when we first got married in 2004,” recalls Enriquez, “when *Newlyweds* came out with Jessica Simpson and Nick Lachey.” They chose to say no, however, deciding collectively with their parents that it wasn’t the best idea to have a reality show in the beginning of their marriage. “Rodney’s dad

told us that we should take the first year to just spend time together. Now that we've been married for so long, three kids later, we felt like we were ready to show our family to the world."

Related Link: [Blair Late from Bravo's 'Newlyweds' Chats About Divorce and Gay Marriage](#)

The show features the whole family, including Enriquez's parents, brother and sister, but Enriquez explains that it centers on music and her career "because that's how Rodney and I met." The star couple was first introduced in 1999 when the singer was sent to work with the legendary Jerkins, who was collaborating with Michael Jackson at the time. "We need you to get her a hit song just like you gave J. Lo," she recalls the executives telling Jerkins. She jokes, "I spent two weeks in New Jersey trying to get a hit. Instead, Rodney took me to the movies, to his parent's house, to parties – everything *but* a hit!"

Of course, working so closely with your partner is never easy. When they're in the recording studio, as Jerkins explains, "If I say, 'Do this over,' she gets really offended. And if she tells me she doesn't like a certain track, I get really offended. But we're learning – we have a rhythm going now."

The producer adds, "2014 is going to be our breakout album. It'll be the breakout year for Joy!"

Knowing that Enriquez and Jerkins both have busy careers, it's no surprise that balancing their professional lives and personal lives – especially since their new show merges the two – can certainly be challenging. Luckily, one of the executive producers of *House of Joy* is Patti Stanger, star of *Millionaire Matchmaker*. "She told us that we need to date! You don't usually need a matchmaker to tell you that, but sometimes, when you have three kids, time gets away from you," says Enriquez. "It's so important that you spend quality time

together – even if it's just a few minutes looking into each other's eyes and asking about each other's day. We're learning to communicate better."

Related Link: [Patti Stanger Discusses Justin Timberlake and Jessica Biel's 'Lasting' Marriage](#)

The experience has also reminded them to hold their special family close to their hearts. "I sing to my children at the end of every episode," explains Enriquez. "I talk with them and let them know that life can be crazy and have its ups and downs. But no matter what, we have each other."

To find out more about the musically-talented couple, tune in to tonight's premiere of House of Joy on NUV0tv at 10/9c!

Dating Again: How to Move On After a Breakup





By Marni Battista

Moving on after a breakup can be tough. At Dating with Dignity, we don't think the best way to get over your ex is to get *under* someone else! Julianne Hough and Ryan Seacrest are one Hollywood "It Couple" that recently ended their relationship, and it looks like at least one of them has moved on. Rumors have it that Seacrest has already bagged himself a new lady friend, while Hough still wants him back. If we could advise the bubbly blonde on how to pick herself up again, here are the tips we'd give her:

Related Link: [Lessons from Justin and Selena: Should You Get Back with Your Ex?](#)

1. Put YOU first. When you go through a breakup, it's extremely important to make sure you take care of yourself first. Even if you saw it coming or it was a decision you know is for the best, it's important to allow yourself time to grieve the loss. Take this opportunity to get back to your fitness regimen, reconnect with old friends, start an activity that perhaps you've put aside for a while or even take a solo weekend vacation. Take some time to feel sad (after all, it's

normal to be sad) and remember what you enjoy about yourself.

2. Don't be afraid to say yes to dates. If you get asked out at your local coffee shop or at a friend's birthday bash, **say yes**. Even if you feel it might be too soon to launch into a super-serious relationship, saying yes to an evening of flirting or a nice dinner won't hurt. It's important to let yourself be seen by someone who doesn't know your "story," and it allows you the opportunity to get back to being *you*. Plus, it feels good to be pursued!

3. Have fun with girlfriends. When you're in a long-term relationship, you often forget about girl time. Take this opportunity to reconnect with your friends: go out for a night on the town, have fun and take pictures of how much fun you're having to anchor to the new life you're creating. Posting photos on Instagram or checking in on Foursquare to that hot new restaurant opening is totally fine by us too. While the urge to stay in your cave may be strong, trust us that it's important to get your "girl" on and put yourself back in social situations.

4. Remember that it's okay to be single! Even though it sucks when you don't have a date to the next summer wedding or a go-to Saturday night plan, creating the life you want has to start with you and you alone.

Related Link: [Lessons We Can Learn from Taylor Swift, Queen of Heartbreak](#)

Coming from a place of fear that "I'll never meet anyone" or "I'm getting too old" will only lead you down a path you don't want to be on. Relish in the "what's good" about being single and make a list of the things you get to do now that you have more time. Read more books, develop deeper friendships, focus on completing projects that kept getting put on the back burner, go to sleep when *you* want and cherish that the remote control is all yours.

If Hough took our advice, we think she'd be well on her way to getting over her breakup with Mr. American Idol. Remember: there are plenty of (taller) fish in the sea!

Marni Battista, founder of Dating with Dignity, is an expert dating and life coach with a 10-step system to manifesting love for your self and others. You can contact Marni at marni@datingwithdignity.com.

QuickieChick's Video Dating Tips: Ways to Know If He's Ready for Marriage





By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Marriage

How do you know if your guy is ready to take the next step in your relationship and get married? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares the questions you should consider in order to figure out if you're the one he wants for the rest of his life. And, of course, you have to first decide if you're ready to spend forever with him. Plus, the dating expert tells you how to ensure that you're not coming across as too needy and how to deal with your man if he's acting desperate.

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How did you know when your partner was ready for marriage?

Share your thoughts in the comments below!

Help Pick the New Face of Hawaiian Tropic®



This post is sponsored by Hawaiian Tropic®.

By Kerri Sheehan

Summer is heating up and so is Hawaiian Tropic's New Face contest. Earlier this year Hawaiian Tropic® announced that they are retiring their Miss Hawaiian Tropic Bikini Contest, and instead launching an online search for the New Face of

Hawaiian Tropic. The brand, which introduced new, premium formulas and updated packaging in recent years, invited women to enter their nationwide Facebook contest to become the brand's news spokesperson. Since then five finalists have been chosen and have a chance to appear in Hawaiian Tropic advertising, receive an all-expense-paid tropical vacation and serve as an official brand spokesperson. Now it's up to you to decide whom you want to win. Vote for the woman who you think best embodies everything Hawaiian Tropic now stands for – beauty, confidence, style, enjoying the sun *and* keeping skin healthy.

“The modern Hawaiian Tropic woman still loves to spend time in the sun, but also understands the importance of sun care in helping to keep her skin healthy,” said Danielle Duncan, Brand Manager of Hawaiian Tropic. “We’re looking for a new face of the brand who captures that sensibility, and shares the Hawaiian Tropic philosophy that broad-spectrum sun protection can be as luxurious and pampering as any other beauty product.”

Hawaiian Tropic has always been at the forefront of innovation, creating luxurious sun care that pampers and protects the skin. The brand introduced the first SPF 70 in 2000 and launched Silk Hydration sunscreen in 2012, the first sun care to combine ribbons of moisturizer and sun protection. The brand has evolved as consumers’ expectations of sun protection have changed, but at its core Hawaiian Tropic has remained committed to offering premium, indulgent sun care products infused with exotic flora and fauna extracts and a signature tropical fragrance.

You can vote for the woman you believe best embodies the modern Hawaiian Tropic woman by visiting the brand's [Contest Page](#) page. The finalist with the most votes will be unveiled as the New Face of Hawaiian Tropic on July 31, 2013. Throughout the contest, woman can also enter to win weekly prizes including designer sunglasses, beach towels and

Hawaiian Tropic products. For more information about Hawaiian Tropic brand sun care products, please visit www.hawaiiantropic.com. Now what are you waiting for? Get online and vote so you can go back outside and enjoy the sun!

The Four Biggest Myths About Men



By Janeen Diamond

for [Hope After Divorce](#)

“Some men are actually very afraid of roller coasters.”

We women think we have men all figured out. Many of us believe they only care about three things: sex, food and sports. But the reality is, they are human beings who experience human emotions, and the sooner we accept that fact, the sooner we will begin to experience true joy in our relationships.

Let's consider Billy Ray Cyrus for a moment. After 19 years of marriage, his wife Tish has filed for divorce, citing irreconcilable differences. Billy seems like a pretty good guy. I'm sure he has his issues, but then so does Tish. He and his wife have five kids, and he seems supportive of his family – that's no small thing. It's apparent that the two of them have difficulty getting along at times, but who doesn't?

Related Link: [Making Sure You Do What's Best for the Kids](#)

My advice to Tish would be to step back for a moment, stop talking to your girlfriends about your marital problems and talk to Billy instead. Consider the good that exists in your relationship, and remember that no one can ever take his place as a father to your children. Think ahead to the grandchildren. How nice it would be to have your family intact at that stage of your life so you can enjoy each other in the most intimate way? No deciding where the kids go for weekends and holidays; instead, everybody is together always. Now why didn't I think of that years ago?

My experience has led me to the conclusion that sometimes the things we tell our girlfriends about our husbands are often based on our own fears and are not always reality. There are four myths about men that we've all been holding onto for way too long. Let's discuss:

Men don't really care – about anything. Most men actually do care. They care about their wife and family very deeply. They care about making you happy, and they even care about the way they look. The reason women believe men don't care is because we think they don't listen. The truth is, they just listen

differently than we do.

Men have no fears. When your teenager wants to go on the roller coaster you refuse to ride, you ask your husband to take her because he couldn't possibly be afraid of a roller coaster. Some men are actually very afraid of roller coasters. Men worry about a lot of things. They worry about finances; they worry about what's going on at work; and they feel a lot of pressure to make sure you're happy. They actually spend more time worrying than we do because they carry a lot of responsibility on their shoulders.

Men are emotionally detached. Men have emotions. They may not always show them because they are expected to hide the fact that they are sad or scared. They're supposed to be our rock. Share in their emotions, and they will connect with you on a higher level.

Related Link: [10 Signs He's Not Really Committed](#)

Men are confrontational and demanding. A good, responsible man will communicate with you effectively. If you're doing the same, there will be no demands and no confrontations.

Ask yourself if you are doing everything you can to bring out the best in your husband. Decent, hard-working, responsible, loving men are wonderful human beings who want a meaningful relationship with their wife. They want to care for you on every level, so let them. And then return the favor.

For more information about Hope After Divorce, click [here](#).

Janeen Diamond was a newscaster for KUTV News until 2001. Since then, she has been actively producing commercials and special programming through her company, "Your TV Spot." She has hosted several television and internet productions and has been a spokesperson for many products and companies. She authored her first book, "Save Your Marriage in 30," hoping to help families have greater success and live happier lives. She

is co-creator of "Teen Impact TV," a website for high school students to give them a creative and emotional outlet. Janeen is a contributing expert for HopeAfterDivorce.org, FamilyShare.com and LAFamily.com. Visit Janeen's websites saveyourmarriagein30.com/ and teenimpact.org/ or follow her blog saveyourmarriagein30.blogspot.com/

Alison Sweeney Chats About Keeping Her Family Healthy with Frigidaire



By [Whitney Johnson](#)

Many fans – myself included – look to Alison Sweeney as a source of inspiration when it comes to living a healthy lifestyle. In our exclusive interview with *The Biggest Loser* host, she shares her tips for staying motivated and helping her family make smart choices when it comes to diet and fitness. For instance, when it's snack time for her two children, keeping her refrigerator organized is incredibly important. "I want those healthy choices front and center. I want them in their eye line, so that they see them when they open the refrigerator door," she explains. "I think that makes it much more likely to be something that they pick."

Plus, Sweeney shares some behind-the-scenes secrets from her upcoming film *Second Chances*, premiering on The Hallmark Channel on July 22nd.

Check out *Frigidaire* on facebook.com/Frigidaire?fref=ts and Twitter @Frigidaire for more information.

For more videos from CupidsPulse.com, check out our YouTube channel youtube.com/user/CupidsPulse

Giveaway: Get Entranced With Taylor Swift's 'Wonderstruck' and 'Wonderstruck Enchanted'





This post is sponsored by Elizabeth Arden.

By Gabriela Robles and Petra Halbur

Finding the perfect fragrance can be tricky. Every woman wants a scent that smells feminine but strong and still makes heads turn, a scent that lasts all day without being overpowering. Fragrance Celebrity of The Year 2013 winner Taylor Swift has created *Wonderstruck* and *Wonderstruck Enchanted*, two perfumes that embody everything you want in your signature smell.

Fruity and airy, *Wonderstruck* includes notes of apple blossom, raspberry and dewberry to give you a warm, harmonious glow and a definite confidence boost for your next date. The hints of green tea and freesia in this fragrance blend to make a luscious, fresh scent against your skin that will last long into the night.

Wonderstruck Enchanted contains an irresistible blend of luscious wild berries and sugar-glazed petals, wrapped in a touch of sensuality for a captivating signature. It has an addictive balance of creamy flowers and sensual woods which

blend harmoniously and add an alluring quality to the fragrance. Either of these fragrances could make the man you've had your eye on feel...well, wonderstruck!

It's not only their smells that make *Wonderstruck* and *Wonderstruck Enchanted* such special fragrances; both bottle designs live up to their names as well. *Wonderstruck* is held in a royal purple bottle with a majestic golden cap and embellished with a Moravian star, a dove in flight and a vacant birdcage. Similarly, *Wonderstruck Enchanted's* bold crimson bottle is bejeweled with a cluster of antiqued gold charms hand-selected by Swift, giving the bottle a vintage feel.

When accepting this year's fragrance award, the country songstress revealed that *Wonderstruck* was "all about a day dream, a fantasy, this romantic ideal that we all have." We couldn't agree more. If you seek the awe, admiration and delight that comes with being wonderstruck, then these scents are the ones for you!

To add some enchantment to your life, two CupidsPulse.com visitors will have the opportunity to win Taylor Swift's fragrances. We will be giving away one bottle of Taylor Swift's *Wonderstruck* and one bottle of *Wonderstruck Enchanted*. You'll want to grab this opportunity to charm your significant other on your next night out!

~~GIVEAWAY ALERT: To enter for a chance to win Taylor Swift's *Wonderstruck* or *Wonderstruck Enchanted* fragrance, go to our [Facebook](#) page and click "like." Leave a comment under our giveaway post letting us know you want to enter the contest. We will contact the winners via [Facebook](#) when the contest is over, and they will have three days to respond back with their contact information. The deadline to enter is 5 p.m. EST on Monday, July 15th. Good luck!~~

Congratulations to Kerry Clayton and Eleanor Cooper!

#PerfectBachelor Contest Winners!



We're excited to share the winners of our [#PerfectBachelor](#) contest with brilliance.com Diamonds! Congratulations to Georgia Beckman (@georgiabeckman1) – we hope you love your new earrings!

Additionally, the ten winners of \$25 gift cards from Restaurants.com are as follows:

- Joanna Smith (@joannaonthelake)
- Megan Serna (@megcharleston)

- Taylor (@Banina9)
- Shawna (@LuckySweeper)
- Susan (@fdp4life)
- Ethel Solinski (@etheldaylily)
- Kristine Photo (@KristinePhoto)
- Patti (@InventingMyself)
- Elle B. (@FashionistaDET)
- Granny Hoff (@grannyhoff)

To claim your prize, please send a direct message (DM) to @brilliancecorp.

QuickieChick's Video Dating Tips: 'Bachelorette'-Based Ways to Know If He's Using You





By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on How to Tell if Someone is Using You

If we've learned anything from this season of *The Bachelorette*, it's that men are pretty good at faking their feelings and only pretending that they're into you. Poor Desiree Hartsock has been fooled by not one but *three* contestants so far: Brian had a girlfriend at home; Bryden left because he wasn't "feeling it;" and James was only on the show because he hoped to be the next *Bachelor*. So how can you tell if your guy is just using you? In this week's [dating advice](#) video, dating expert and E!'s *Famously Single* dating coach, Laurel House offers her tips for figuring out what men are genuine and what men have crummy intentions.

For more information about our dating mentor, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube](#)

[channel](#).

Have you ever been used by a guy? Share your story in the comments below!

How to Celebrate the Fourth of July With Your Guy



By [David Wygant](#)

The Fourth of July is upon us – can you believe it? Before you know it, Labor Day will be over, and just as you start to catch your breath from that, it's Christmas time. An important part of any happy relationship is celebrating the holidays and

enjoying your special traditions. So how do you start a new Fourth of July tradition that your man will remember for years to come?

Related Link: [How to Celebrate a Fourth of July-Themed Wedding](#)

First off, it seems like everybody looks for a neighborhood barbeque or hot party for this summer celebration. For me, that's a bit of a cliché. You need to do something fun and different with your guy, something a little more private but still patriotic.

Maybe start the holiday off with breakfast in bed. Then go for a swim or a hike, an activity to get your heart pumping. Men love to show off their athletic skills, so take advantage of an extra day off from work and explore nature together.

At night, find a place that you can watch fireworks and bring a blanket and picnic basket filled with his favorite food. As the saying goes, "the way to a man's heart is through his stomach." Don't forget to pack a bottle of wine or champagne too!

Once you head back home, light some candles to set a romantic mood. Give each other massages as you talk about your favorite part of the busy day. Now, it's time for the real fireworks. I truly believe that, in a loving and passionate relationship, the fireworks should be in the bedroom and not in the sky. How about getting things started by being that sexy little Miss America he always wanted?

Related Link: [David Wygant's Book 'Naked' Teaches Us How to Reveal Ourselves When Dating](#)

By sharing such a special date together, you really connect emotionally. Think how fondly people remember certain Christmas or Thanksgiving traditions. These things are emotionally engraved in our hearts, and you want to make sure

you're engraved in your man's heart.

I promise you – plan this date, and he'll do pretty much anything you want until Labor Day!

For more information about David Wygant, click [here](#).

Celebrity Couples That Reunited



By [Whitney Johnson](#)

There are no set rules in the game of love, and it's easy to question if you're dating Mr. Right or Mr. Right Now. Such doubt often leads to broken hearts, but as many Hollywood

pairs have proven, time apart may be just what the doctor ordered during the search for happily ever after. Here are five celebrity couples that reunited after a breakup and found lasting love (for now at least):

Katy Perry and John Mayer: This musically-talented twosome is keeping us all guessing! The couple was first seen together during the summer of 2012; they split briefly in August and then reunited, even spending the holidays together. However, in March 2013, they broke up again. Addressing the split, Mayer reportedly said, "I'm on the same journey as everyone else. Coupling is a tricky thing." Even so, as recently as June 2013, they were seen together with pals at Chateau Marmont in West Hollywood.

Related: [Celebrity Couples Who Don't Need Marriage to Prove Their Love](#)

Jessica Biel and Justin Timberlake: Biel and Timberlake first dated for over four years (a lifetime in Hollywood!) before splitting in March 2011. However, they were together again by fall, and in December, Timberlake proposed in the mountains of Jackson Hole, Wyoming. The star-powered duo married in a top-secret ceremony in Italy on October 19, 2012.

Kristin Cavallari and Jay Cutler: This Chicago-based pair first began dating in fall 2010 and confirmed their engagement in April 2011. However, the Chicago Bears quarterback called things off just a few months later. The couple reunited in November 2011 and announced the *Laguna Beach* star's pregnancy in January 2012. They took the next step in their relationship, tying the knot in Nashville on June 7, 2013.

Selena Gomez and Justin Bieber: It's hard to know if these two songbirds are on-again or off-again. The twosome split in November 2012, but always stayed in touch. In April 2013, they confirmed their renewed relationship when the *Spring Breakers* actress flew to Norway to be with her ex-beau. Keeping the

romance alive, the couple appears to be going strong at the start of summer.

Related: [Celebrities Who Are Unlucky in Love](#)

Pink and Carey Hart: Pop singer Pink proposed to motocross racer Hart in June 2005, and the couple married soon after in Costa Rica. After two years of marriage, the couple separated in February 2008. However, they remained friends – Hart even appeared in Pink’s video for her song “So What!” – and sought marriage counseling in hopes of reconciling. They reunited two years later, and the tattooed twosome have been happily together ever since.

Tell us: Who is your favorite reunited celebrity couple?
Comment below.

Celebrity Couple Predictions: Jennifer Aniston, Julianne Hough and Kim Kardashian





By Shoshi

For today's expert post, I want to look at the energy of three celebrity couples who have been plagued by rumors this summer: Jennifer Aniston and Justin Theroux, recently-split Julianne Hough and Ryan Seacrest and new parents Kim Kardashian and Kanye West.

Related Link: [Celebrity Couple Predictions: Halle Berry, Jada Pinkett-Smith and Heidi Klum](#)

Jennifer Aniston and Justin Theroux: It's no surprise that these two lovebirds postponed their wedding – I think even Stevie Wonder could've seen this one coming. There's definitely some conflicting energy around this relationship. Let's dissect it, shall we? The top reason for the wedding being postponed is that Brad Pitt and Angelina Jolie are getting hitched this summer too, and Jennifer Aniston doesn't want her wedding close to the same time. Can you blame her?

The other rumor is that she and Justin Theroux are just too busy to get married. Now, I can't help but question this excuse. When people are ready to spend the rest of their lives

together, the last thing they'll let stand in the way is their hectic schedules. After all, it's not like the two of them can't afford to take some time off.

When I look at Theroux's energy, it reveals that he isn't the marrying type. He can feel committed to someone *without* a ceremony. There's nothing wrong with that perspective as long as Aniston is fine with it.

He also feels like he doesn't have any control in the relationship. For instance, after planning to live in New York, Aniston said it felt like a fishbowl and moved the couple back to Los Angeles. Even so, Theroux has been spotted checking out places to live in downtown New York. Aniston has taken Theroux out of the playground where he feels most like himself, which tends to be a big damper on a relationship, especially for men. If Aniston doesn't allow Theroux to feel comfortable, he'll seek that feeling from someone else. Their love can go either way at this point!

Julianne Hough and Ryan Seacrest: Since this adorable couple broke up in March, everybody is on Ryan Seacrest-dating watch. Who will he date next? And will he get back together with Julianne Hough? The spirits say no; he's ready to move on.

Hough, on the other hand, is trying to win the television host back – she has her eye on being Mrs. Seacrest. Unfortunately, it's so not going to happen. Seacrest definitely cares about her, but she's just not the kind of partner he wants/needs as he builds his empire. It also doesn't look good that Hough has been partying like a college girl in recent months. She's screaming for attention from her ex, but instead, she just needs to look for love elsewhere.

Related Link: [Kim Kardashian and Kanye West Welcome a Daughter](#)

Kim Kardashian and Kanye West: Little North West arrived five weeks early, much to the delight of her parents, Kim Kardashian and Kanye West. After the baby's name was

announced, people immediately started saying that this famous pair were already bad parents.

Looking at their energy, I think West is going to be a pretty good dad. As for Kardashian, she'll have a bumpy time at first because the baby girl will feel more comfortable with her dad. The reality star will try a little too hard to be a "good mother," which will ultimately hurt her parenting skills. Plus, North will be the number one priority for West, leaving Kardashian a bit jealous. While West and Kardashian love the spotlight, the rapper will have a better grasp on why it's important for their bundle of joy to *not* be a part of the entertainment business until she's a bit older. When the time is right, though, North West will be a mini-mogul following in the footsteps of her parents. Mark my words!

For more information on Shoshi, click [here](#).

Relationship Advice: Maintaining a Positive Image While Going Through Divorce





By Joanne Pittman of
Pittman Consulting & Image for Hope After Divorce

The teenage son of a dear friend of mine said something one day that really stuck with me. He was speaking about a relationship his mother was building with a new boyfriend, and he flatly stated, "He is not the star of my show!"

As an image consultant who has worked with celebrities, models and public figures as well as professionals and individuals, I see all of my clients as "stars of their shows." Life is filled with transitions, and divorce is one of them. While in a transitional state, it's common and needful to make adjustments to our images that allow us to circumvent needless and costly detours on our road ahead.

In fact, we are each the stars of our show – train wrecks, triumphs and all. We have our own paparazzi in the form of friends, peers, colleagues, parents and children. Dare I mention the long line of predators ready to take advantage of our tender state while undergoing divorce and all of its rigors?

Related Link: [The EX Word](#)

While most people don't have the advantage of having a team of public relations (PR) experts ready to announce or confirm rumors of personal relationships in failure, the need to have help managing the distress of divorce is no less significant. In order to attract the best people into your world, I impress upon you the importance of maintaining an authentic and clear image statement during this precarious time in your life.

Two celebrity couples that have navigated their divorces brilliantly are Jennifer Aniston and Brad Pitt and Courteney Cox and David Arquette. Each leading lady maintained consistent appropriate looks and, with the help of her PR team, was clear about her messages. They both managed to appear simple, chic and tastefully put together and demonstrated their resolve to stay true to themselves while going through divorce with dignity.

Pitt and Arquette also managed the very public ending of their marriages gracefully by preserving a well-defined message and image presence. Despite the media blitz making Pitt out to be the man who broke the heart of America's sweetheart, he maintained his impish good looks by keeping his intentions clear. Similarly, Arquette has kept his understated look with a slight modern edge while being committed to a healthy and friendly co-parenting relationship with his former wife.

Related Link: [Must We Remain Friends With Our Ex-Husband?](#)

Consider your image just as important as that of a public figure or a rising actor.

Here are a few tips for you as you move forward with reshaping your storyline. As the leading character, choose your look wisely. Be clear about who you are and why you matter. This isn't always easy to ascertain when going through the metamorphosis of divorce, but I assure you, now is the time to create your outline, your plot and your script.

- Create a personal mission statement. Use key character traits that you possess like integrity, loyalty, highly-organized, etc. Then include character traits that you wish to improve or that you admire in others. Doing so helps keep you focus on goals and desires which are meaningful.
- Rid your closet **and** overall image of anything that is incongruent with your intended message. For example, if you have the goals of becoming "holistic, natural and healthy," refrain from elective and excessive plastic surgery, implants, hair extensions, filler injections, etc. We all know those choices are fake and far from holistic! For clothing, you would choose natural fibers and textures as well as colors and prints that are soothing.
- Create a budget and acquisition plan. You're not an A-list celebrity; you're not going to be offered free clothing from the A-list designers so they can use you for their PR campaigns. However, **you are a star** and should dress yourself accordingly. Therefore, take time to work out a budget that will allow you the **BEST** for your needs. Don't settle for less!

While you may not live the dream of receiving an Oscar, Tony, or Emmy, you can live the dream of a happy and authentic self as the star of your show!

For more information about Hope After Divorce, visit our Experts page.



As founder of Pittman, Lamitie & Associates, Joanne has developed their proprietary IMAGE Authenticityâ„¢ Training Programs which address the multifaceted work and lifestyle demands on employees and executives in the corporate world today. Her innovative approach has evolved over the past twenty three years in the fashion, fitness, luxury retail and image consulting industries.

Joanne has been writing training curriculum and presenting developmental workshops to large and small audiences for over eighteen years. She is known for raising new questions and expectations which successfully foster authentic corporate and personal brand presence.

You can contact Joanne at Joanne@PittmanLamitie.com or visit her at www.pittmanlamitie.com.