

Single in Stilettos Show: How Do I Find Love and Balance My Career?



Finding love is hard enough, but when you're working overtime and never leave work on time, it can seem impossible. For this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to life stylist and mind body coach Diana Antholis about how women can succeed at the office and still meet their soul mate.

If you're facing this dilemma, she recommends that you identify your priorities and make time for what's important; be open and tell people you're looking for the right man; pick something new and step out of your comfort zone; indulge in

“me” time; and indulge in doing an activity that gives you good energy.

Related Link: [Diana Antholis Explains Why He Can't Love You if You Don't Love You](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you balance love with your career? Tell us in the comments below!

Single in Stilettos Show: Why Men Disappear





On today's [Single in Stilettos](#) show, founder and matchmaker Suzanne Oshima talks to dating and relationship coach Jonathon Aslay about why men disappear. Have you ever been happily dating someone when he suddenly stops texting and calling? It can leave you feeling hurt, vulnerable, and confused. You may blame yourself (as many women do), but Aslay wants you to know that it probably has nothing to do with you. A man may disappear because of his own issues.

Related Link: [Jonathon Aslay Explains Why Men Are Commitment Phobic](#)

Listen up for more great advice!

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How do you handle a guy who disappears? Share in the comments below.

Screwing the Rules Video Dating Tips: #1 Sexiest Trait that Attracts Any Guy



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares her thoughts on the sexiest trait that attracts any guy. "Did you know many of my clients who are seemingly the total package can't get a guy to ask them on a fourth – or sometimes even a

second – date? Do you know why?” the dating expert asks. “It’s actually the most important thing when it comes to attracting a guy.” It’s not about looks or even being the total package; it’s a trait that’s available to average or even below-average women.

Dating Advice from E!'s *Famously Single* Laurel House on Sexy Traits

Related Link: [First Date Conversations That Will Get You a Second Date](#)

So what is the sexiest trait that attracts any man? Being alluring. Listen up for advice on how to channel this power and get the guy you want!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think is the #1 sexiest trait to attract a guy? Tell us in the comments below!

Author Jennifer Buhl Talks About Her Time Spent ‘Shooting Stars’



Interview and written by [Whitney Johnson](#). Transcription by Louisa Gonzales.

Jennifer Buhl spent three years in Los Angeles working as a paparazza (the word for a female singular paparazzi), and as a top-earning photographer, she was one of only five women in an industry dominated by men. Her work was published in *People* magazine, *TMZ*, and *E! News*, to name a few. Having since escaped the California lifestyle to move to Boulder, Colorado, and run a family photography business, she took the opportunity to reflect on her time in the field and wrote her new book, *Shooting Stars: My Unexpected Life Photographing Hollywood's Most Famous*. Read on for our exclusive interview with the author and find out more about her experiences with the rich and famous!

Related Link: [Brian Austin Green and Megan Fox Are Accused of Assaulting a Paparazzo](#)

You write about how paparazzi are often portrayed as being the villain, but in reality, they aren't the bad guy. Has this perspective affected the way your friends and family viewed your career?

I think everybody outside of Los Angeles kind of thought I had this cool new profession, but people in LA sort of have an attitude about *their* celebrities – like, “How dare you?” The people who are most offended by my profession are the people who follow celebrities the most...because they feel like they’re friends with them. And, of course, it’s kind of ironic because they know all about them because of the photographs that paparazzi take.

It’s important for people to understand that, a lot of the time, celebrities actually *want* to be photographed. It’s also good to note that paparazzi are just the photographers; we’re not the buyers (magazines, blogs, etc.) or the consumers. Honestly, I don’t really care that much about celebrities; I was just doing my job!

You mentioned that your favorite experience as a paparazzi was one with David Beckham. Can you elaborate?

David is one of those celebrities that I put in a different category – like this mammoth, mammoth star. He’s like Tom Cruise or Brangelina. They operate in their own world, and they always have a ton of security around them. They’ve really changed their lifestyle because of their fame, so it’s hard to get a good shot of them. You rarely see pictures of David just out and about because he knows how to avoid us (which isn’t hard to do). So to have an encounter with him is a really special thing.

One day, I followed him to soccer practice knowing that I probably wouldn’t get a photograph because it’d be on his terms. He had two security guards with him; he saw me following him and kind of waved at the car I was in. Then, he

pulls up to a drive-thru Starbucks window – and I’m like, “Did he do that for me?!” We were both in line and had our windows down, so we started chatting.

He knew I was a paparazzi and I was following him, but I didn’t pull my camera out because there was no shot. All he had to do was put his hand over his face, and his security would’ve come running. We just talked for a while, and at the end of the conversation, he let me have a picture. It wasn’t an amazing photo – he was just grabbing his drink from the window – but for me, it was a really special moment.

Were there any celebrity couples that you enjoyed shooting?

I photographed the Beckham’s on the soccer field or out as a family. But interestingly, the paparazzi rarely follow a man by himself. Unless he’s with his partner or kids or has a big bouquet of flowers in his hand, we typically focus on women. It’s women who mostly read magazines, and we really want to see what other women look like – what they’re wearing, how they’ve done their hair, who they’re dating.

As an example, I was sitting on Jennifer Garner and Ben Affleck’s house one day – that’s a paparazzi term for “staking out” – along with several other paparazzi. Ben pulls out in his car, and nobody moves. We were all waiting for Jen.

Related Link: [Lessons from Jennifer Garner and Ben Affleck](#)

To shift gears a bit, we wanted to ask your thoughts about the recent petition from couples like Kristen Bell and Dax Shepard who are trying to stop photographs of their kids from being published.

Well, I think they are barking up the wrong tree when they are talking to paparazzi. But I actually think Kristen and Dax are going about it the right way; they’re trying to target the people who print the pictures. Those are the deciders and consumers of what the paparazzi do. So if they want those

pictures to stop printing, they need to talk to those people, and I think some of the media has agreed to it.

I don't think the paparazzi really care that much because, frankly, the publications and blogs are going to use our photos no matter what. Whether you buy the ones with Kristen and Dax's kid or you buy one with somebody else, it doesn't matter.

And how has the insurgence of social media affected the paparazzi's careers?

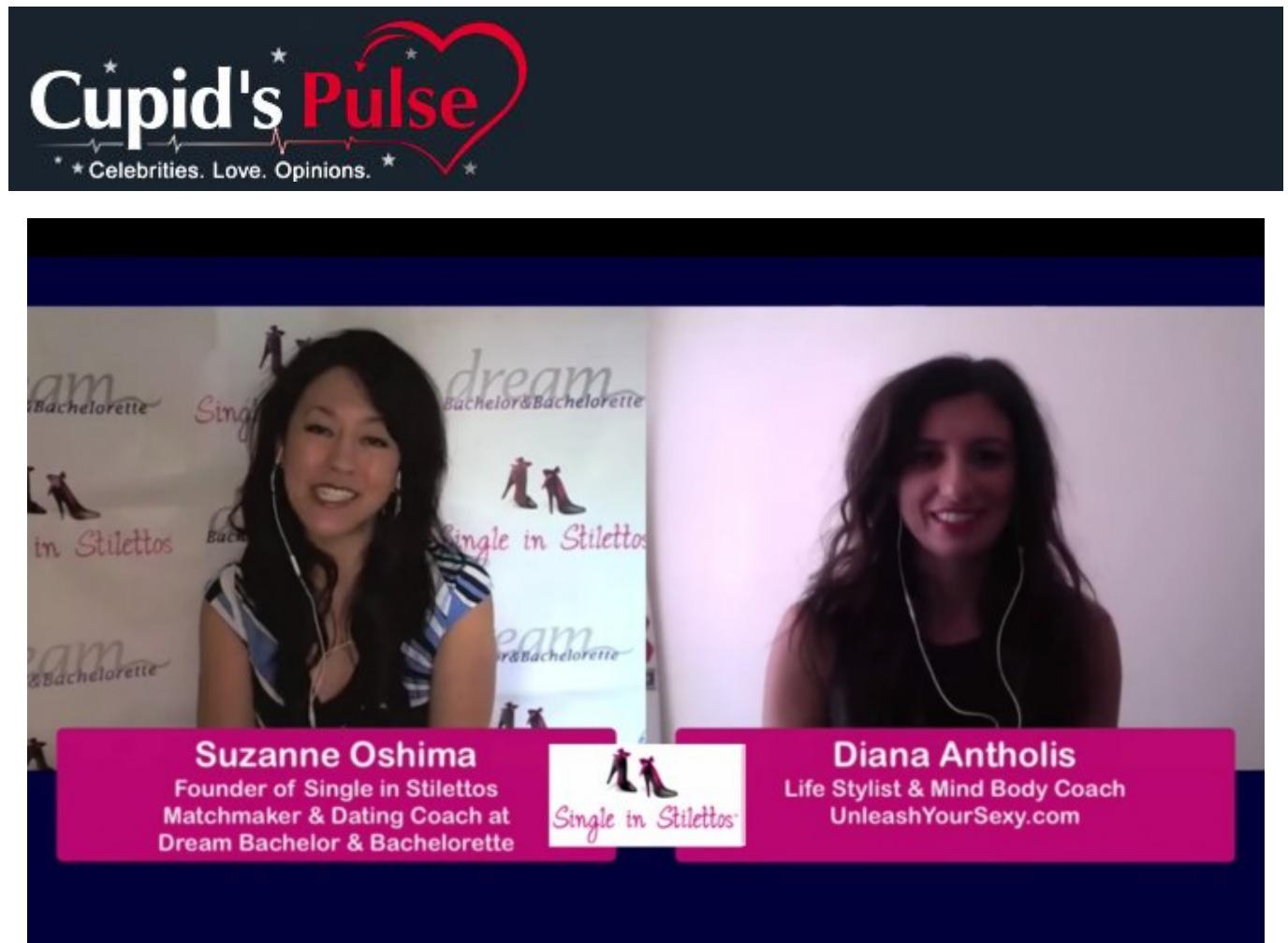
Social media has given celebrities a lot of power. Our biggest competitors today are celebrities themselves. And that's because they're tweeting and Instagramming their own photos that the magazines and blogs can use for free. Publishers don't really care where the photos come from as long as they're good pictures, and the celebrities love it because they're able to drive their own media and their own look.

On a personal note, as a working mother, do you have any tips for our readers who are trying to balance parenthood with their careers?

I guess my biggest piece of advice is to look into attachment parenting – it really works for me. I would also say that, if possible, it's really important to have a flexible work schedule. It totally changed my life and just allows me to be a mother. If you read the book, then you know that motherhood is the most important thing in my life. So for me, it comes first. I still need to work, and I still love to work, so I put myself in a situation where I am able to be a working mother.

For more information about Jennifer, check out jenniferbuhlphotography.com. You can order Shooting Stars from Amazon!

Single in Stilettos Show: Quick Fix Dating Tips Don't Work!



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks with relationship strategist Joe Amoia about why quick fix dating tips don't work. He believes that the reason they don't work is because they're just that – a quick fix! They won't give you the long-term results that you want when it comes to your love life. Instead, you need to explore the true cause of your dating problems. Look inward and try to identify repeating patterns or issues that always come up.

Related Link: [Stop Wasting Time Dating the Wrong Men](#)

Watch the video above for more great dating advice that will transform your love life from the inside out!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Why do you think quick fix dating tips don't work? Tell us in the comments below!

Dating with Dogs: Pet Responsibilities





By Eric Bittman, CEO/President of [Warren London](#)

To say that getting a dog is a huge responsibility is an understatement. From feeding, walking, and picking up after your furry friend to making sure he's up-to-date on his vaccines and well groomed (with Warren London products, I hope!), he demands a lot of attention. Before rushing into picking out a pet, there are a lot of things to think about and to discuss as a family.

Related Link: [What to Discuss Before Getting a Pet Together](#)

Talking about how you plan to divide up responsibilities is extremely important in advance of getting a pup. You and your family members might have busy work and school schedules. Who will watch the dog? How many hours each day will he be alone?

One possibility to discuss is dropping the dog off at a doggy daycare center. Once you've decided on daycare, you should consider the expense and discuss who will drop off and pick up your pooch.

Planning a walking and feeding schedule is also extremely

important. If you want to bring a young puppy home, the first six to ten months can be very intense – accidents on your antique rug or brand new bed and chewing on the legs of your coffee table or favorite pair of shoes are common. The only way your dog will learn is to be constantly reminded and walked or let outside whenever needed. To make it easier, involve all of your family members and decide who will do each job.

It's no secret that kids love dogs and often beg their parents for a new puppy. The fun ends once everyone realizes how much work it is! Make sure your children understand the process of housebreaking, grooming, and cleaning up after a dog before bringing a new family member home.

Once the work level is understood, raising a pet will be a rewarding experience and will teach your children responsibility – after all, it's up to you and your family to keep your new pal both healthy and happy! Having a dog is not all fun and games, but as long as your family understands the work it entails, great memories will be made.

Related Link: [Picking Out a Pet](#)

For this month's celebrity Q&A, I spoke with Steve Cuccio, who appeared on *Charles in Charge*, became good friends with Scott Baio, and later appeared on the VH1 show *Scott Baio is 45 and Single*. Known as The Cooch, he was usually the voice of reason for Scott and his friends as they tried to figure out why he couldn't settle down and get married.



Q: What kind of dog do you have now?

A: A King Charles Spaniel.

Q: Did you grow up with dogs? If so, what kind?

A: I grew up with a beagle-cocker mix named Penny.

Q: How did you and your wife decide the rules on training your dog? Did you have different views, or was this a non-issue?

A: We sent our King Charles Spaniel to puppy school at about four months old. It helped her learn simple commands and introduced her to other dog's butts. We never feed her table food; she is actually on a strict diet from a bout with pancreatitis. She gets fresh Bison meat from Whole Foods, while I eat a microwaved dinner!

Q: Do you feel that your dog has a positive effect on your relationship with your wife and kids?

A: She is very loving and has had a positive effect on my family.

Q: You got your dog when your daughters were around their middle school years. Did your family set up job responsibilities for your kids prior to getting a dog?

A: The kids said they would walk her and feed her, but in

reality, they just play with her and enjoy her.

Q: Does your family use Warren London's easy to use at home dog spa products to pamper your pup? Is this a fun bonding time for your family?

A: We use Warren London products, and she loves them, especially her nail polish.

*For more information about Eric Bittman, click [here](#). Stay tuned for next month's *Dating with Dogs* column!*

Single in Stilettos Show: How to Tell If He Likes You





On this week's [Single in Stilettos](#) show, the Professional Wingman Thomas Edwards shares his advice for a woman trying to figure out if a guy likes her in the early stages of dating. Here are just a few of the signs that he recommends you look for: his actions match his words; he acts nervous around you; he makes future plans with you; and he tries to get physically close to you. Watch the video above for more great tips!

Related Link: [What Makes a Man Fall in Love](#)

For more information about Single in Stilettos shows, click [here](#).

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How do you know if a guy likes you? Tell us in the comments below!

NoGamesLove Video Dating Tips: Get Over Your Ex



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Getting Over Your Ex

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House knows firsthand just how difficult it can be to get over a lingering ex-boyfriend. "Are you having a hard time getting over your

ex?" the dating expert asks. "You are obsessing over him; you feel addicted to him – even though you know how unhealthy and toxic that relationship was, you still crave it." In today's video, she shares what she learned from her own experiences to help you move on.

For more information about our dating mentor, click [here](#).

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Have you ever gotten over a toxic ex? Tell us your story in the comments below.

'Blood, Sweat and Heels' Reality TV Star Brie Bythewood Says, "I Don't Know How to Be Anyone Other Than Me"





Interview by [Lori Bizzoco](#). Video by Rob O'Haire.

CupidsPulse.com Executive Editor Lori Bizzoco recently met up with *Blood, Sweat and Heels* reality TV star Brie Bythewood at the New Yorker Suite at the Carlton hotel, located at 88 Madison Avenue between 28th and 29th. The gorgeous 1,050 square foot penthouse includes a separate bedroom and living spaces with beautiful decor, as shown in the celebrity video interview above.

Related Link: [Blair Late from Bravo's 'Newlyweds' Chats About Divorce and Gay Marriage](#)

"I think we have a really great platform for a show," Bythewood said of Bravo's popular reality show. "We have an interesting and unique group of women. Whatever the formula, it worked, and it's been a success!"

Celebrity Video Interview with Reality TV Star Brie Bythewood

Given her crazy schedule, we had to ask: How does she manage it all? "In terms of balancing my relationship and love life

with work and the show and everything that comes with it, I would be lying to say it's easy – because it's not," she explains. "It's challenging. It varies day to day." For her, though, her job is her number one focus. "That's always my priority – my work – because that provides me with the life I'm able to lead."

Yes, that's right – Bythewood is in a very happy relationship! While she stayed mum on details about the lucky guy, she divulged that they've known each other for over a decade and that she believes that best relationships are built on strong friendships. As for whether or not he'll be on future episodes of the reality TV show, we'll just have to wait and see. "I wonder that too! I don't know. I'll have to see if I can talk him up to actually making an appearance," she reveals in our celebrity video interview.

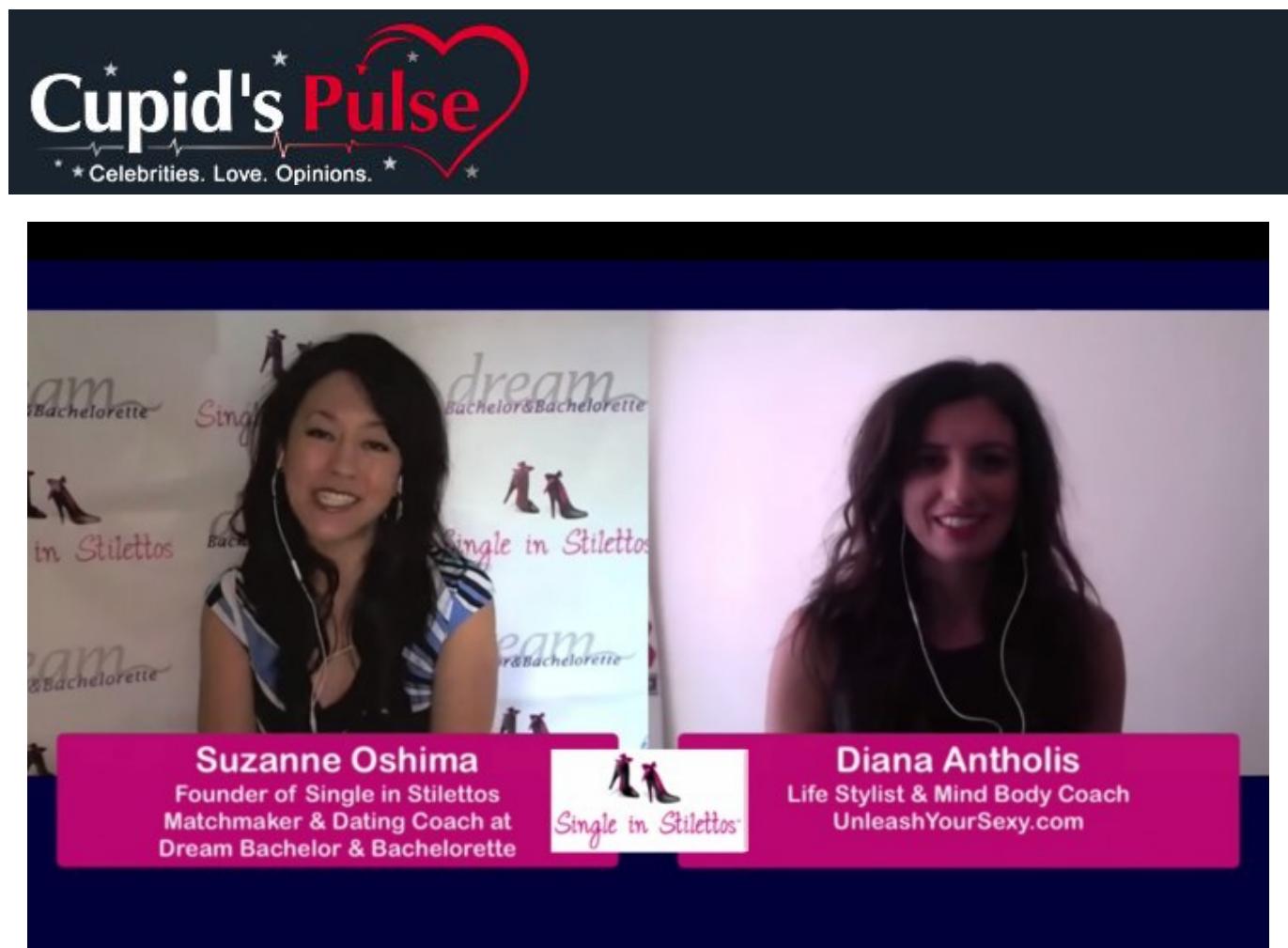
Related Link: [Tabatha Coffey Says It's Important to "Connect and Continue to Get to Know Your Partner"](#)

Having finished filming the first season last June (the finale aired this past Sunday, Mar. 16), the real estate mogul shares that she's had time "to make amends of sorts" with the other cast members (Mica included) and cites Demetria and Geneva as her closest friends on the show. Of this Sunday's reunion episode, she says, "It's as true to this season as it can be. There are ups and downs, but at the end of the day, I think we can all survive together."

Be sure to tune in for the Blood, Sweat and Heels reunion show on Sunday, March 23rd on Bravo at 9/8c. You can follow Bythewood on Twitter @briebythewood. For more information about the Carlton hotel, check them out on Twitter @thecarltonny and www.facebook.com/TheCarltonHotel.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Celebrity Interview: 'DWTS' Contestant Candace Cameron Bure Says "Dance Parties" Have Always Been Her Favorite Family Activity!



By [Whitney Johnson](#)

Earlier this month, when *Good Morning America* announced the line-up for season 18 of *Dancing with the Stars*, *Full House* fans were excited to see Candace Cameron Bure back in the

spotlight. And she's just as thrilled to be a part of the cast: "I've always been a fan of the show. Plus, this is probably the most excited I've seen my family get over something that I'm doing!" she shares in our celebrity interview.

Candace Cameron Bure Opens Up About Her Family and New Book in Celebrity Interview

Daughter Natasha was particularly happy about her mom's new role. "She was just freaking out," the star says with a laugh. "She wanted to know all about the other celebrities on the show. She's been coming with me to my weekend rehearsals too."

Once her sons Maksim and Lev met her partner, two-time champion Mark Ballas, they got into it too. "They just thought he was so cool," she reveals. Viewers can expect to see her kids as well as her husband Valeri in the audience cheering her on each week.

Related Link: [Mark Ballas and Ex Pia Toscano Reunite at Show](#)

Cameron Bure has certainly been keeping busy, both on and off the small screen. Most recently, the *New York Times* best-selling author published her second book, *Balancing It All: My Story of Juggling Priorities and Purpose*. As for how she manages the never-ending juggling act of being a wife, celebrity mom, actress, and writer, "it's about big picture prioritizing and realizing what's most important in your life. You have to make sure that your top three priorities really stay in place."

She adds, "For me, it's God and family and then my work and social life and all of the rest of the stuff in between. But if God and family aren't in that first and second position,

everything else in my life really does become unbalanced."

DWTS Star on Her Celebrity Marriage

Of course, her husband plays a significant role in helping her hold everything together. "He's an incredibly-involved father to our children and a supportive partner to me. Our lives are really stressful, yet our family is our priority," she shares about her [celebrity marriage](#). "He's just a wonderful man, and I feel really blessed to have him."

The famous couple, who married when they were only 20 years old, first connected over their similar backgrounds. "I lived a very full life before then, as had my husband. We both had been working children: He was playing hockey, and I had been acting since I was five," she explains in our celebrity interview. "We were both very ready to get married and start a family."

Related Link: [Are You Too Young for Marriage?](#)

As for what keeps their 17-year celebrity marriage so strong, the blonde simply states, "Common values and love for one another are the main two things."

For other couples trying to make the most of their union, she stresses the importance of building up your partner to become who they're meant to be. "When you take the focus off of yourself and focus on how you can help your spouse be better, that's when your marriage will become better," the *DWTS* contestant explains.

With her three kids getting older, it's no surprise that her relationship with them is always changing. "It's really fun to see the adults they're becoming. We're having more mature conversations, and I love the stage that we're in," she shares. "I have an open relationship with them, and nothing is off limits."

That includes everything from conversations about “awkward, adult topics” to family dance parties. “It’s one of our favorite things to do together. We turn off the lights, put the strobe lights on, and just crank the electronic music,” she divulges. “We have a blast!” While she has no professional dance experience, she loves being the first one on the dance floor at weddings and parties.

Related Link: [‘Full House’ Actress Candace Cameron Bure Talks Motherhood](#)

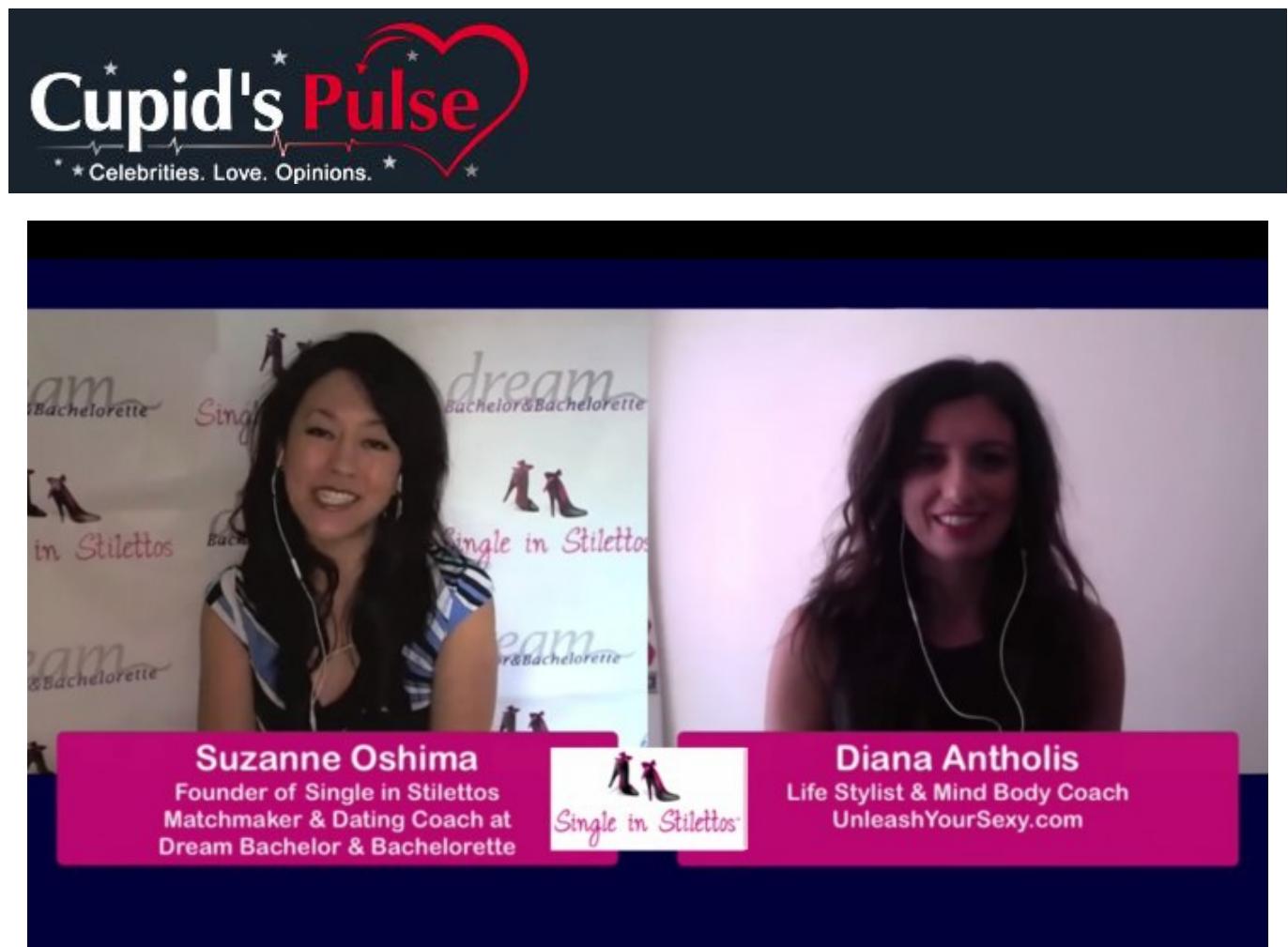
Cameron Bure and Ballas have been working on a contemporary dance for tonight’s *Dancing with the Stars* premiere. “I have a lot of bruises all over my body, so I’m falling down a lot,” the author shares about their routine. “I’m a fairly athletic person, so I asked Mark to incorporate that into our dance. We have some lifts, which will be fun.”

Of her future on the show, she reveals that she really wants to do the Viennese Waltz. “It’s just so classical and beautiful.” She’s dreading those “dances that have a ton of footwork” but adds that “Mark actually thinks I’ll be pretty good at it. It’s such complicated choreography. Those are the ones that make me nervous.”

When it comes to her competition, she’s seen *Big Time Rush* star James Maslow rehearse and says he’s fabulous. Tonight, though, she’s most looking forward to seeing Paralympic snowboarder Amy Purdy dance. “I think a lot of people are excited to watch her. We’re just curious to see how she’s going to move to all of those steps,” she says. “When I’m feeling slightly challenged, I immediately think of her and think, ‘What am I complaining about? I have two feet.’”

Follow Cameron Bure on Twitter @candacecbure and tweet your support with #DJCandyBall. Be sure to tune in for tonight’s premiere of Dancing with the Stars on ABC at 8/7c.

Single in Stilettos Show: 3 Biggest Dating Mistakes by Career Women



On today's [Single in Stilettos](#) show, CupidsPulse.com Executive Editor and Founder [Lori Bizzoco](#) talks to Suzanne Oshima about the biggest dating mistakes made by career women. As a single public relations executive, Bizzoco discovered firsthand how hard it was to balance her career with dating. Luckily, she found love in her late 30s; she got married and had two children...all while starting on her own business and growing her reputation as a relationship expert. Through

personal experience, she figured out the three biggest mistakes that career women tend to make and realized why having the wrong attitude when it comes to love can actually sabotage your dating life; why you have to leave your job at the office and not bring it on a date with you; and why being “too busy” is keeping you single.

Related Link: [Is Your Career Killing Your Relationship?](#)

For more information about Single in Stilettos shows, click [here](#).

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How do you balance a successful career with your dating life? Tell us in the comments below!

Q&A: Is It Bad to Double-Text a Guy?





Question from Kelsi W.: I've been texting back and forth with a guy I recently met. We'll be having a good conversation, but occasionally, he won't respond to something I say. Is it bad to text him again later on about something else, or should I always wait until he texts me back?

Answer from Our Love Experts:

[Suzanne Oshima, Matchmaker](#): In the early stages of dating, it's a push/pull dynamic, so if you keep trying to pull him towards you, he might start to push you away. If you have a great conversation and he doesn't respond to something you say, then just leave it be. If you text him again, it may come across as a little desperate, and his response might be to ignore you even further.

Trust me, if a guy likes you and is interested in dating you, he will pursue you and text you. But if you're doing all the pursuing...then how can you ever really be sure that he's interested in you?

[Robert Manni, Guy's Guy](#): Not knowing the context of your texts

or how many you're sending each day, I sense a bit of insecurity here. Unfortunately, texting has replaced real conversation and meaningful dialogue between two potential partners. I'd give the guy a pass if he doesn't respond to each and every one. He may read them and mentally acknowledge your message before returning to whatever he's doing. If you feel a need to close the loop on each text, I suggest picking up the phone or meeting him in person.

Don't take it personally if you find out that not every guy has the time or the desire to text back and forth until closing each thread. That said, you deserve his respect and shouldn't allow him to blow you off if that's what he's doing. But keep in mind that texting is only one part of getting to know someone. A phone call or a glass of wine are great ways to better connect. And wouldn't you prefer to hear your partner's voice and see his smiling face rather than read his text message?

Paige Wyatt, Reality Star: When it comes to texting, people are often hard to read, especially someone you've just met. Try to get a sense of how he feels about you from the texts you do receive. Does he seem enthusiastic and interested in you? Or is it more of a bland, boring conversation?

If he seems really into you, then he's probably just busy and might not be able to respond. If that's the case, you should shoot him a sweet and simple text just to say you were thinking of him and ask him to text you when he can. If he isn't very into the conversation or seems distant, you may want to wait until he texts you again.

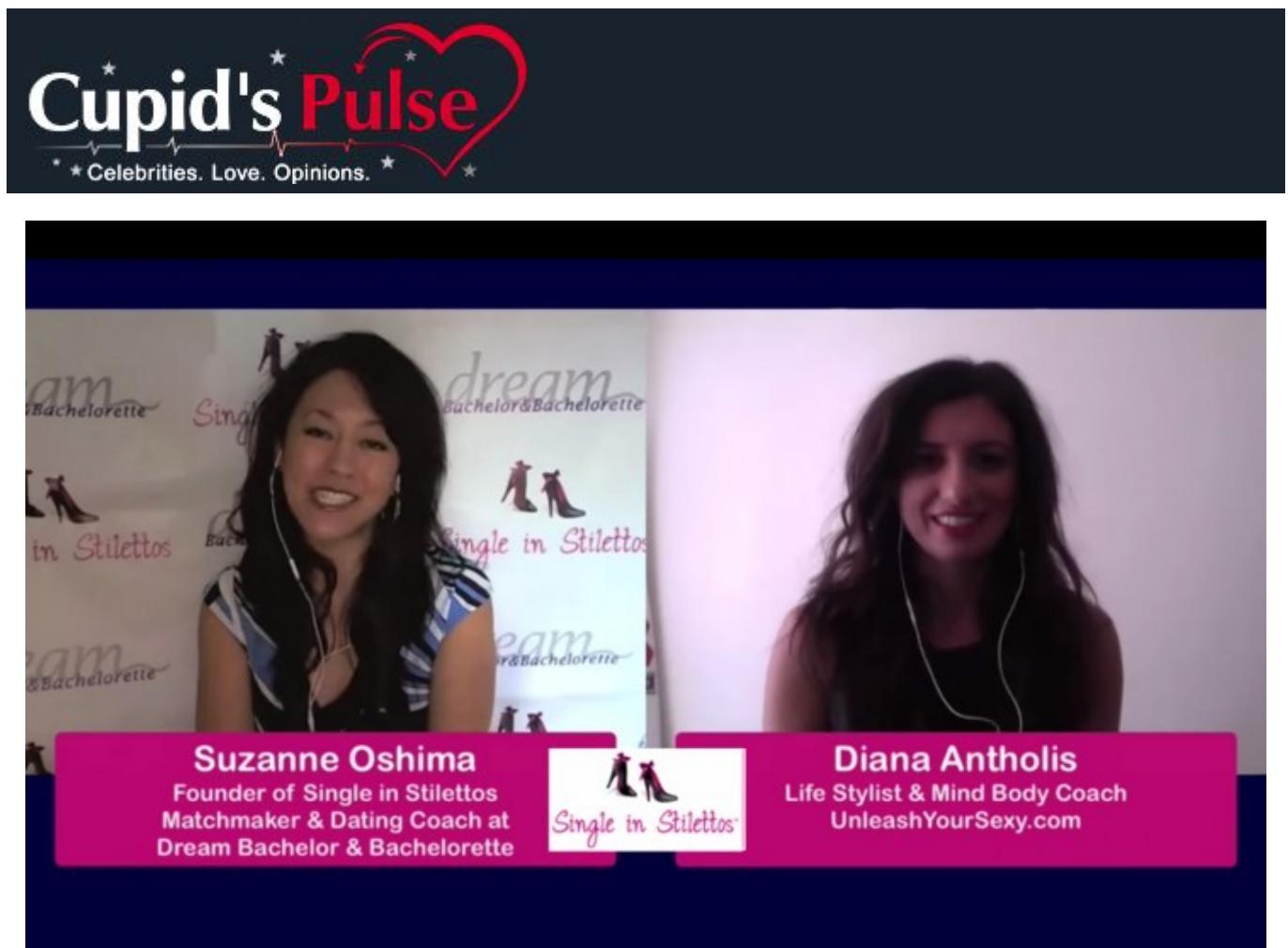
Remember that every guy is different when it comes to texting. Some love to talk all day, while others hate it. It's all a matter of getting to know him and his style of communication.

For more information on our three dating and technology gurus, click [here](#).

If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).

Cupid wants to know: Do you think it's okay to double-text your crush?

5 Cutest Teen Celebrity Couples



By [Whitney Johnson](#)

Lately, it seems like the heavyweights in Hollywood are getting younger and younger. After all, it was just last year that Jennifer Lawrence won her first Academy Award for Best

Actress Oscar at only 22 years old. Given their full-time jobs and big paychecks, these stars often grow up a bit faster than your average youngster – which means they also experience love and heartbreak earlier in their lives. With this thought in mind, we developed a list of our five favorite teen celebrity couples:

1. Bella Thorne and Tristan Klier: The 16-year-old star of Disney's popular show *Shake It Up* has been dating her blonde-haired boyfriend since 2012. When we caught up with the actress earlier this year, she revealed her favorite date night with her beau: "Just to sit on the couch and watch Netflix!"

Related Link: [Bella Thorne Shares Her Tips for Having a Memorable Valentine's Day](#)

2. Britney Spears and Justin Timberlake: Will there ever be a teen couple as adorable as these two pop stars? The pair, who met on the set of *The New Mickey Mouse Club*, were only 18 years old when they started dating and split after 3 years together. Recently, Spears even confirmed that Timberlake was her first kiss. Aw!

3. Gigi Hadid and Cody Simpson: The *Sports Illustrated* model and Australian singer, ages 18 and 17 respectively, were spotted at the *Vanity Fair Oscars Party*, looking every bit like a teenage dream. The lovebirds maintain a long-distance relationship – Hadid is at New York University, while Simpson lives in Los Angeles – but we hope to see the blonde beauty cheering her man on from the audience of *Dancing with the Stars*.

4. Kylie Jenner and Jaden Smith: While this duo hasn't confirmed their relationship status, they've been spotted around New York City, London, and Los Angeles. Plus, the so-called "best friends" have exhibited PDA on multiple occasions. Only time will tell if these teens have found true

love!

Related Link: [Kendall and Kylie Jenner Make Celebrity Gossip Headlines Cozying Up to Chris Brown and Trey Songz at Party](#)

5. Selena Gomez and Justin Bieber: Even though the problem-plagued pop star exited his teen years on March 1st and his on-again, off-again girlfriend is already a year into her 20s, we couldn't help but include this duo on our list. While Bieber may be trying to prove his age with his recent antics, his fans are still primarily tweens and teens, making his love life of utmost importance to this age group.

Do you have a favorite teen celebrity couple? Tell us in the comments below!

Single in Stilettos Show: How to Ask a Guy Out





Have you ever wondered the best way to ask a guy out? This week's [Single in Stilettos](#) show explores the answer to that question and more. Founder Suzanne Oshima talks to dating coach Hunt Ethridge, who shares his top three tips for asking your crush on a date. He encourages women to understand that men like to be the aggressors and that they enjoy the thrill of the chase. Plus, he reveals his best piece of dating advice: Just ask him out!

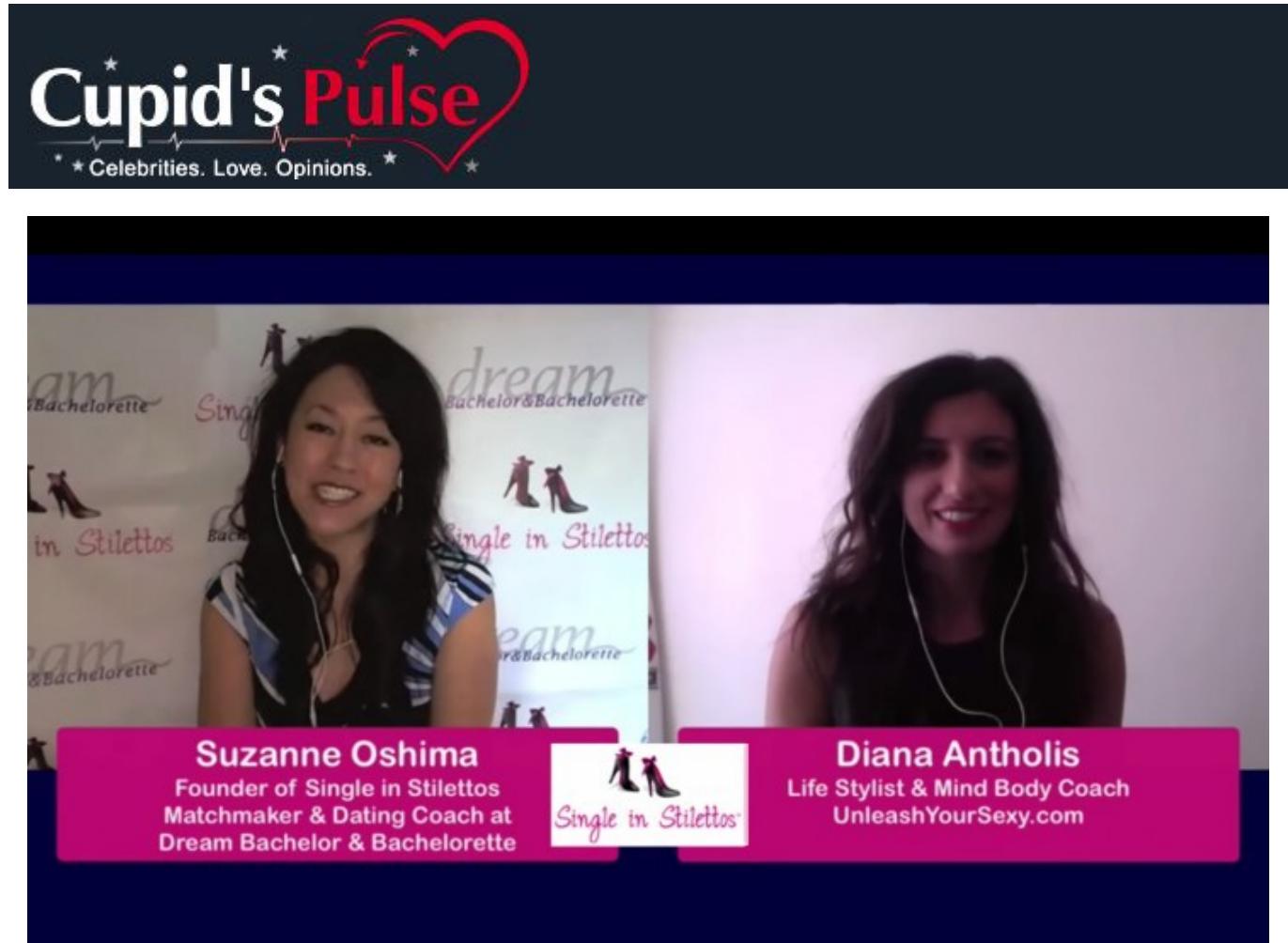
Related Link: [How to Flirt with a Guy](#)

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Have you ever asked a guy out? Tell us in the comments below!

NoGamesLove Video Dating Tips: First Date Conversations That Will Get You a Second Date



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on First Date Conversations

In this week's [dating advice](#) video, from relationship expert

and E!'s *Famously Single* dating coach, [Laurel House](#), find out what first date talking topics and tips will up your chances for a second date. Remember that conversation is a "give and a take," the dating expert explains. "I say something; you respond. You say something; I respond." Listen up for more great advice to win your new guy's heart!

For more information about our dating mentor, click [here](#).

For more videos from *CupidsPulse.com*, check out our [YouTube channel](#).

What's your go-to topic of conversation on a first date? Tell us in the comments below!

Exclusive Celebrity Interview: Reality TV Star Kendra Wilkinson Talks About Her Plans for Oscar Night





Interview by Shannah Henderson. Video by Sherilyn Henderson. With the Academy Awards airing on Sunday night, CupidsPulse.com was excited to catch up with [reality TV](#) star and former Playboy bunny Kendra Wilkinson at OK! magazine's Pre-Oscar event at Greystone Manor in Los Angeles.

Reality TV Star Reveals Her Favorite Films and Oscar Plans

At the party, sponsored by CIROS, Le Vian, Rock Your Hair, DSW, Cottonelle, and more, we chatted with the expectant blonde about her favorite films of the past year as well as her plans for Oscar night. Check out our exclusive [celebrity interview](#) with the reality TV star above!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Single in Stilettos Show: Why Are Men Commitment Phobic?



In this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Jonathon Aslay about why men are scared of commitment. Aslay works with women to help them understand men from a "guy's guy" perspective, so it's safe to say he's the perfect expert for this topic! When it comes to commitment phobic men, he encourages women to define what commitment means to them and ask themselves what level of commitment they require. Plus, he discusses the 5 C's to a successful relationship and the difference between a commitment ready man and a commitment phobic man. Listen up for more great relationship advice!

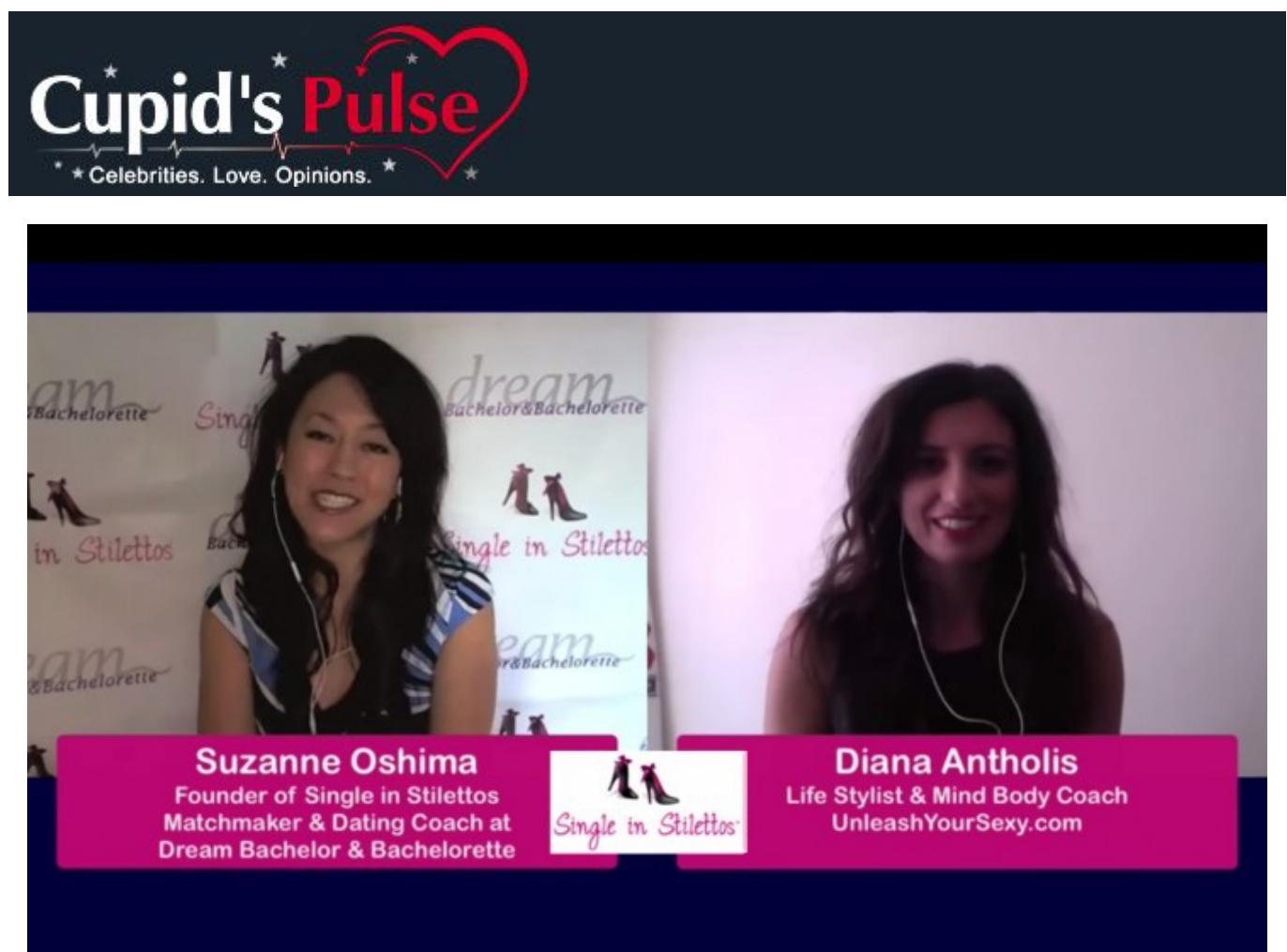
Related Link: [10 Signs He's Not Really Committed](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you deal with someone who is commitment phobic? Tell us in the comments below!

Dealing with a Valentine's Day Breakup



By Lori Zaslow and Jennifer Zucher for [Project Soulmate](#)

According to AYI.com, one in five people were dumped on Valentine's Day. The best way to combat that seemingly horribly timed breakup is to get right back in the saddle! Look at this negative occurrence as a positive opportunity.

Good news is, it's still the beginning of the year. Make it your new New Year's resolution to let go of the one who broke your heart and focus on your fabulous self.

Related Link: [5 Celebrity Exes That Became Famous After the Breakup](#)

To start the forgetting process, make a list of what you don't like about your ex. Think about those times when he made you feel bad and didn't lift you back up. Then, write about the life you want. Who knows, thinking about your future may even inspire you to write a book or open your own business.

Erase all of your photos of him; if it's too hard to relive those memories, ask a friend to do it. Delete him from your phone too. The less you're reminded of him, the better.

Don't go on social media to check his status – and don't use mutual friends to do it either! Don't reread old emails, love notes, and text messages; you'll only make yourself upset. Don't listen to old voicemails either. The key is to remove all the triggers that relate to your ex.

Now, take a step back to get organized and then dive into your goals.

Go to the gym and take a spin class or drink some of that increasingly popular green juice. (It tastes decent but makes you *feel* great.) When you take care of yourself physically, your mental health and self-esteem improve too.

Not into the gym? Learn something new. Sign up for a French class or dig out your cookbooks and try different recipes. You won't have time to think about your broken heart when you're

trying to figure out what “l’indépendance va vous libérer” means or how to not burn the soufflé that’s in the oven!

Related Link: [How to Get Through a Breakup and Heal Your Heart](#)

Use this time to tap back into your responsibilities and remain active. My sister met her fiancé through the kickball league that she joined with her girlfriends. You never know when or where you’ll stumble across The One!

This is also the perfect opportunity to explore new avenues of dating. Why not create an online dating profile? Let the positive feedback you receive from people messaging you boost your confidence. Just be sure you don’t compare your new potential mate to your ex. It’s time to start completely anew. Good luck!

For more information about Project Soulmate, click [here](#).

Any tips for dealing with a broken heart? Tell us in the comments below!

Single in Stilettos Show: Best Dating Tips for Single Moms





In this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to author and lifestyle expert Kerri Zane about dating as a single mom. Zane knows from personal experience just how hard it can be for single moms to enter the dating world. In 2001, her 12-year marriage fell apart, leaving her feeling scared and unsure about the future. During her post-divorce journey, she learned how to forgive herself, how to listen to her intuition, and how to embrace her power to make her own choices.

Related Link: [Would You Date a Single Parent?](#)

Now, Zane wants you to live happily ever after too. In this video interview, she answers questions like: When is the right time to start dating again? How do you balance dating and parenthood? How do you tell a new guy that you have kids? And how do you handle men who don't want to date single moms?

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube](#)

[channel](#).

Cupid wants to know: What's your best dating tip for single moms?

Dating with Dogs: What to Discuss Before Getting a Pet



By Eric Bittman, CEO/President of [Warren London](#)

So you've been dating your significant other for a while. It feels like true love, and you decide to take the next step: buying or adopting a cute puppy together. Before you pick up your fluffy Fido, there are a few conversations that you need

to have.

Related Link: [Picking Out a Pet Together](#)

While two people may seem like a perfect couple, their ideas on dog training may be totally opposite. One person might think crate-training is the way to go, while their other half might cringe at the idea of keeping their pup in a cage during the workday. Your mate might think a dog should eat Purina puppy chow and nothing else, while you might want Spot to eat only home-cooked, human-quality meals. The list goes on and on.

Before you bring home your new dog, it's crucial to sit down and talk about these sort of things with your partner. This will save you the stress of screaming at each other while little Rufus is happily chewing your shoes. Think about the dog's feeding plan, walking schedule, sleeping arrangements, and exercise routine, and think about your own disciplinary techniques. If the conversation becomes hostile with no compromise in sight, it might be better to wait a bit – for the sake of your relationship and that sweet dog.

Note that there's not always a "right" way to train your pet, but taking your dog to a local professional may help shape your decisions. Once the issues are settled, enjoy every minute with your new friend. Raising a puppy will definitely bring you and your partner closer.

Related Link: [When Your Pet is a Deal Breaker](#)

This month, I asked actor Michael Rosenbaum, who recently wrote, directed, and starred in the movie *Back In the Day*, a few questions about dating with dogs:

Q: What is your favorite dog breed?

A: German Shepherd. My grandmother always had Shepherds running around the house while I was growing up.

Q: How many dogs have you owned?

A: My family had a St. Bernard, some poodles and a Golden Retriever growing up, but the first dog that I've ever owned is Irv, a German Shepherd.

Q: If you dated someone who demanded a little dog, such as a chihuahua or a yorkie, would you give in or push for a bigger dog?

A: I like more of a manly dog. Someone I can wrestle with and not have worry about stepping on by accident.

Q: You meet someone that insists that her dog sleeps in the bed with you guys. Is that the end of the relationship?

A: Irv sleeps with me every night. Maybe this question should be for the person I'm dating!

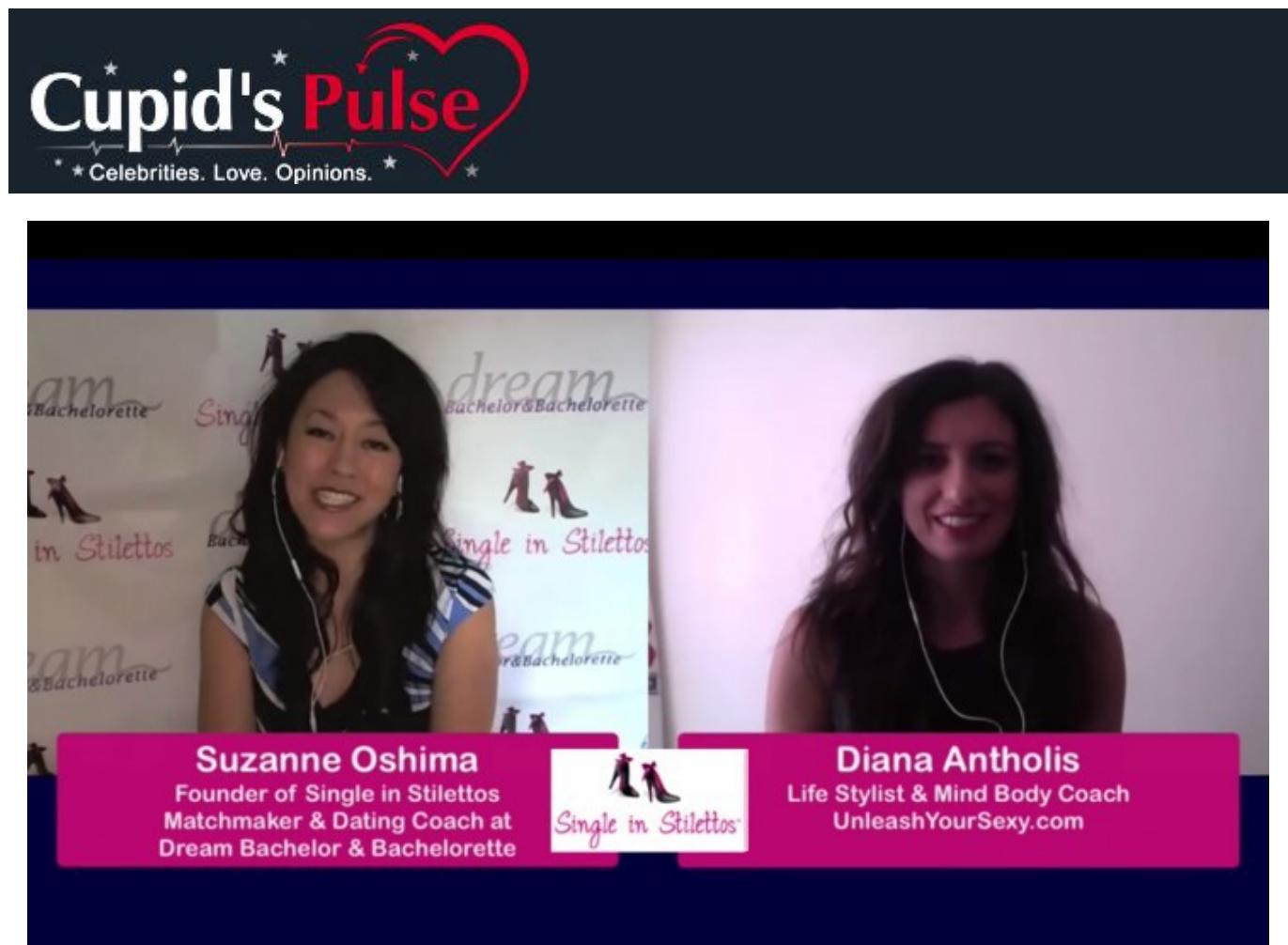
Q: What is your favorite brand of dog shampoo? (Hint: I will only accept one answer to this question!)

A: I like Warren London. It's all-natural, and that has to be good, right?

For more information about Eric Bittman, click [here](#). Stay tuned for next month's Dating with Dogs column!

**Celebrity Video Interview:
Molly Sims Talks About Her
“Rocking Red” Hair: “I Feel**

Really Good!"



Interview by [Lori Bizzoco](#).

Molly Sims is known for her long blonde hair, but as of Tuesday evening, she traded in her golden locks for a red hue – and CupidsPulse.com Executive Editor Lori Bizzoco got the scoop straight from the star! “You know what, I feel really good,” the actress says of her new look in our [celebrity video interview](#). “I went from bombshell blonde to rocking red. I wanted a change – something different and fun and energetic and vibrant and bold.”

Celebrity Video Interview with

Molly Sims

When it comes to keeping her red color, the former *Sports Illustrated* supermodel depends on [Nexxus](#) Color Assure products. "If something's going to save me time and make me look good, I'm all for it!" she enthuses.



Molly Sims. Photo: Francis Tulk-Hart

Sims certainly knows a thing or two about making a transformation – whether it's with her hair color or her career. "My parents really taught me that I could be whoever I wanted to be," she shares in our celebrity video interview. It's important to have a positive attitude about change too: "Everyone gets stuck in a rut. You kind of just have to dig your way out."

Related Link: [Molly Sims Celebrates Pregnancy at Baby Shower](#)

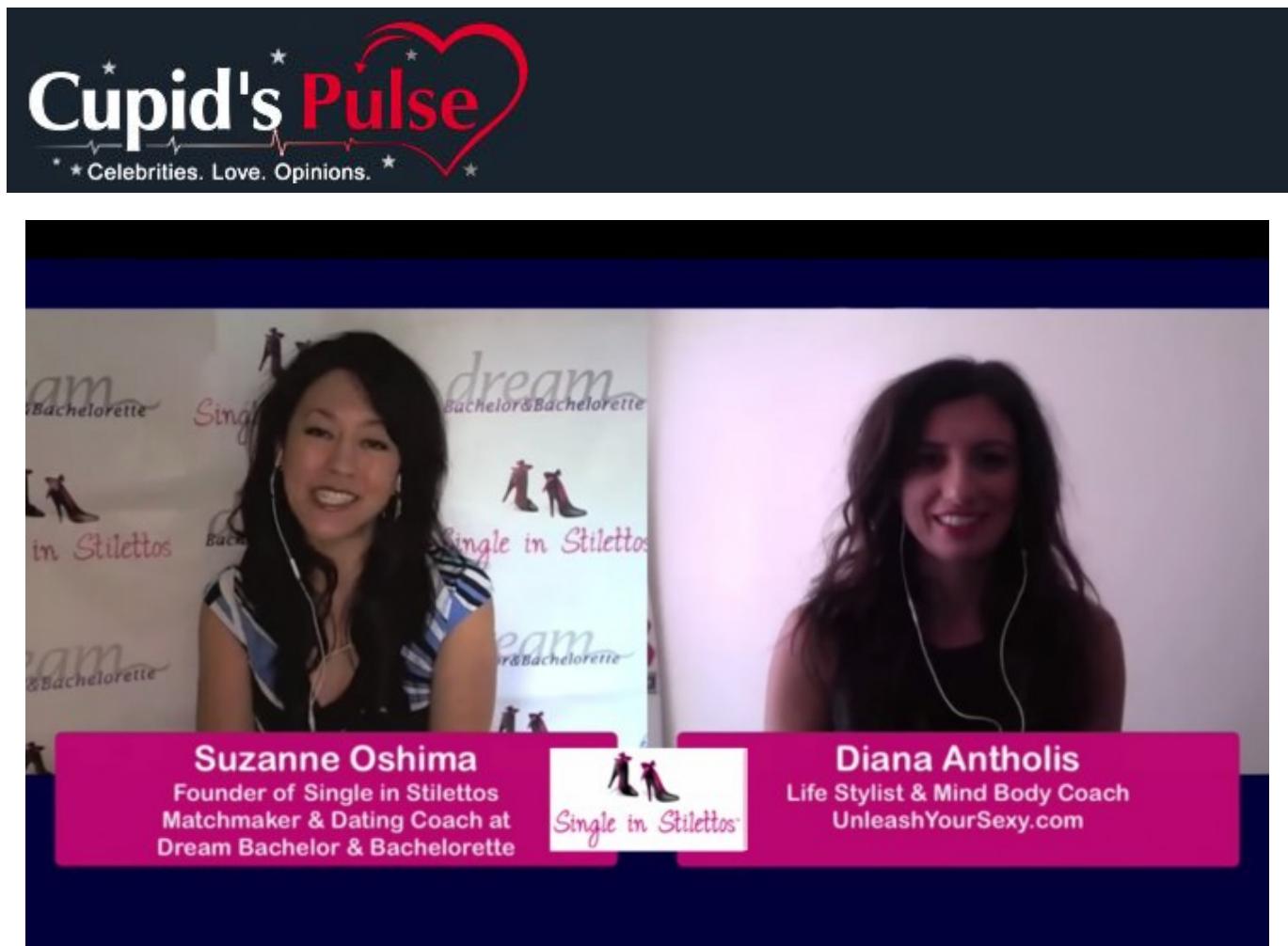
Of course, we had to ask the style icon about her best fashion and dating advice. She encourages women to keep it simple: "You feeling good in whatever you wear is the number one most important thing." She recommends a leather jacket, tank, and great jeans with a pair of boots for your next date night.

To learn more about Color Assure, check out [Nexxus](#) on

www.facebook.com/nexxus.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

NoGamesLove Video Dating Tips: Hair Color and Online Dating



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Hair Color

What hair color do you think gets the most attention when it comes to online dating? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, Laurel House shares findings from AYI.com to answer this question and more. "It's actually blondes for women and silver for men," the dating expert reveals. Watch the video above to find out how your hair color affects how guys respond (or don't respond) to your online dating profile!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How does hair color influence your opinion of potential online dating matches? Tell us in the comments below!

Head to the Sam Brocato Salon for the Supersilk Treatment Before Your Next Date Night





Page 1 of 10



The Sam Brocato Salon is located in New York's fabulous Soho neighborhood at 42 Wooster Street.

5 Celebrity Women Who Only Date Athletes





By [Whitney Johnson](#)

In today's tabloids, it's never a surprise to see yet another Hollywood beauty on the arm of a hunky athlete. From country crooners to television actresses to reality starlets, these five celebrity women have ditched their singer and actor exes to date – and in some cases, marry! – athletes instead:

1. Jessica Simpson: After her divorce from boy bander Nick Lachey, this lovable pop princess dove right back into the dating game, shifting her focus from singers (a rocky relationship with John Mayer aside) to football players. She dated Dallas Cowboys quarterback Tony Romo for two years before settling down with former NFL wide receiver Eric Johnson. The happy couple, who are parents to daughter Maxwell Drew and son Ace Knute, are set to walk down the aisle this spring.

Related Link: [Celebrity Couple Predictions: Jessica Simpson and Eric Johnson](#)

2. Carrie Underwood: This blonde beauty has a similar penchant

for professional athletes. Before Romo hooked up with Simpson, he was linked to Underwood for a brief six months. After he did her wrong (and no, Cowboy Casanova is not about him), the *American Idol* winner met handsome hockey player Mike Fisher. The couple married in 2010 and have made their home in Music City, where Underwood is often spotted cheering her husband on as he plays with the Nashville Predators.

3. Hayden Panettiere: Panettiere is yet another tow-headed singer who gravitates towards sporty boys. The *Nashville* star first dated Ukrainian boxer Wladimir Klitschko in 2010. She was then seen out and about with former New York Jets wide receiver Scotty McKnight before reuniting with Klitschko. After months of speculation, the petite actress confirmed their engagement on *Live With Kelly and Michael* in October 2013.

4. Khloe Kardashian: It looks like Kim – who dated not one but *three* athletes before starting a family with rapper Kanye West – isn't the only Kardashian sister who likes muscular men. Her younger sister got hitched to Los Angeles Lakers forward Lamar Odom after only one month of dating. This past fall, she announced her divorce from him after four years of marriage and has since been linked to Los Angeles Dodgers star Matt Kemp.

Related Link: [Khloe Kardashian Files for Divorce from Lamar Odom](#)

5. Eva Longoria: The *Desperate Housewives* actress married San Antonio Spurs point guard Tony Parker in a fairy tale ceremony in 2007. Unfortunately, after three years of marriage and reports of his infidelity, the couple ended their union. A few years later, she dated New York Jets quarterback Mark Sanchez for a couple of months.

Cupid wants to know: Why do you think celebrity women so often fall for pro-athletes?