

5 Creative Fourth of July Proposals



By [Whitney Johnson](#)

According to WeddingWire, about one third of engagements in the United States happen between Thanksgiving and New Year's Day. So guys, if you're ready to pop the question, why not surprise her with an engagement ring on the Fourth of July instead? Make your own fireworks on this red, white, and blue holiday with one of these five creative Independence Day proposal ideas:

1. Throw a party: If you want to include your friends and family in your engagement, throw a party to cover up your true intentions. As the sun sets, head to a spot nearby – private

enough so that the two of you can have a special moment but public enough so that everyone can still see you. Wow your partner with a sweet speech, get down on one knee, and ask her to be with you forever. After she says yes, you'll love being able to celebrate your big day with all of your loved ones!

Related Link: [How to Celebrate the Fourth of July with Your Partner](#)

2. Take your love on parade: Invite her to your city's Fourth of July parade, but make plans for you to be in the parade instead merely a spectator. Jump on a float with a banner that asks that all-important question, and as you drive by your lucky lady, walk over to her with the ring in hand. Then, you can spend the rest of the day celebrating more than America's birthday.

3. Plan a Fourth of July picnic: This laidback holiday is the perfect time to sneak away for a private lunchtime picnic. Fill your basket with red, white, and blue-themed foods. For an appetizer, grab a bowl of red pepper hummus, a thick slice of Dubliner, a bunch of red grapes, and some crackers. For lunch, make each other's favorite sandwiches (keeping the color-theme in mind if possible). For dessert, pack some strawberries, blueberries, and whip cream. As you finish up your romantic meal, pop the question and watch the sparks fly!

4. Go on a scavenger hunt: To make your proposal even more personal, plan a scavenger hunt that takes her through your love story. Hide the first clue at the café where you met each other, the second clue at the spot where you had your first kiss, the third clue at your favorite date night restaurant, and so on. When she gets to the last clue, be waiting for her on bended knee.

Related Link: [How to Celebrate a Fourth of July Themed Wedding in Style](#)

5. Wait for the grand finale of the firework show: She'll feel

brighter than the sky when you whisper “Will you marry me?” in her ear at the end of the fireworks. You can even use the gorgeous light display as inspiration for your proposal. Tell her that she lights up your life and you can’t imagine being without her.

What’s your favorite Fourth of July proposal idea? Tell us in the comments below!

Date Idea: Tour a Chocolate Factory



By Leslie Chavez

Chocolate and romance are two things that go together oh so well. The sweet, dark candy is considered to be an aphrodisiac and can add a little passion and sensuality to any relationship when used correctly. If you have a sweet tooth, these chocolate-filled date ideas are sure to satisfy it!

Change your general romance routine by spending the day at a chocolate factory. Most visits include a short tour of the chocolate factory and free tastings of a variety of the company's most popular chocolates. There might even be a chocolate-making demo included with the tour.

If you're interested in getting a more hands-on approach, try taking some classes at a chocolate school. You can learn how to manufacture chocolate, produce candy and confections, use chocolate molds, and create professional chocolate recipes. Have fun with it! Tease each other and flirt your way to the best chocolate soufflé you've ever made.

Related Link: [Love Your Mate With Food](#)

Take the skills you learned in your chocolatier class and use them at home. Spending the night with your love baking, drizzling, and melting the decadent treat is a perfect way to add romance to the date. Make some chocolate-dipped strawberries, white chocolate fudge, hot cocoa, or truffles. And don't worry about making a mess – you can clean it up later!

Not only can you treat your stomach to a chocolate treat, you can also treat your body, mind, and spirit. Visit a chocolate spa where you can experience the latest in massages, skincare, and other chocolate-based services. There are a number of spas that have these options, but the most popular is – where else? – Hershey, Pennsylvania. There, a cocoa massage, whipped cocoa bath, and a chocolate bean polish are offered.

Related Link: [Relax With a Spa Day at Home](#)

If you can't make it to Hershey this weekend, you can always make your own **chocolate romance** bath for two. Now, all you need is a little champagne and some chocolate-scented candles for a scrumptious evening at home.

This weekend, forget the diet and indulge in a sugary treat with your man. As if you needed another excuse to eat chocolate!

What sort of chocolate-filled date would you enjoy? Tell us in the comments below!

Single in Stilettos Show: Where to Meet Men





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon, dating coach and founder of TheDatingTruth.com, about where to meet men. Ms. Solomon is a proactive dater herself, so she knows the best spots to find a good guy. She even plans specific activities with the intention of meeting someone new! She encourages you to head to the following three places: the men's department at local stores, hotel bars, and the gym.

Related Link: [Jonathon Aslay: Where Are All the Good Men?!](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Where do you go to meet men? Share in the comments below.

Screwing the Rules Video Dating Tips: 'The Bachelorette' Way to Date Lots of Guys



By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Dating Lots of Guys

If you're a fan of *The Bachelorette*, then you know the formula

is simple: the Bachelorette (currently Andi Dorfman) starts off dating 25 guys before whittling the group down to her final pick. Using the show as inspiration, in this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares her best advice for dating a lot of guys. As the dating expert explains, "If you want to find your perfect mate, you need to date multiple people at once. How are you supposed to make a decision if you don't have any choices?"

Related Link: [Video Dating Tips: 'Bachelorette'-Based Ways to Know If He's Using You](#)

Listen up if you're ready to date more than one guy in order to meet your soulmate!

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are tips for dating lots of guys at once? Tell us in the comments below.

Celebrity Interview: 'You & A' Music Host Clare Galterio Shares Dating Advice and Says, "Give Everyone a

Chance”



Interview by Brittany Stubbs. Written by Anna Averill.

Clare Galterio is the newest face on the Music Choice Network and host of the hit show *You & A*, where she gets the scoop on today's hottest artists while listeners play along at home by asking their own questions via Twitter. She has chatted with dozens of chart-topping artists, including Hunter Hayes, NeonTrees, Nick Cannon, and Imagine Dragons, just to name a few. In addition to interviews with musicians, the 30-minute talk show features live performances.

Celebrity Interview with Clare

Galterio

While most people would be intimidated interviewing today's biggest music stars, Galterio has no problem holding her own on camera. "I remember my friends always being like, 'I want to be Britney Spears; I want to be the artist.' But I always wanted to be the one hosting the show – that's what I wanted to do," the bubbly TV personality confesses in our celebrity interview. Her inspiration comes from Mel B, not just because she was a huge Spice Girls fan – although that may have helped – but because of the host's outgoing and approachable personality.

While the New York City native has enjoyed speaking with numerous stars, she's hoping she'll one day have the opportunity to interview infamous pop princess, Miley Cyrus. "I love that she's her own person. I think she would be so much fun."

No newcomer to the performing world, Galterio is a former elite competitive dancer who won multiple awards before becoming a dance teacher. She credits dance as the reason she is so involved in music today: "My family believes in everyone doing their own thing and making their own way, so it was a natural progression for me to go from being a dancer to becoming involved in music."

Related Link: ['Blood, Sweat and Heels' Star Brie Bythewood Says, "I Don't Know How to Be Anyone Other Than Me"](#)

Speaking of her family, fans may be surprised to learn that it's not music that runs in her blood, it's sports. Her great grandfather Art Rooney founded the Pittsburgh Steelers, and her celebrity family continues to own and maintain the team. Because football is a major factor in her life, it makes sense that Galterio has an interest in someday doing sports broadcasting. "I would love to do sports because it's such a big part of my life and my family!" she reveals. "But they

know if I'm interviewing Terri Bradshaw, I'm going to somehow bring music into the forefront because it's a natural thing for me to talk about."

Of course, we had to ask the music guru about her favorite tunes. While she loves classic relationship and love songs like Whitney Houston's, "I Will Always Love You," she also enjoys songs that "aren't so happy." Currently, her favorite is "Stay" by Rihanna. "Although it's about a one night stand and the complete opposite of love, it's such a powerful message," she says.

You & A Music Host Talks About Her Relationship and Love

Despite her fondness for unhappy love songs, the host makes it clear that her own love life is far from depressing. Having been in a long-distance relationship for over three years, she believes that "communication is the most important thing. Even if it's just sending a sweet little text or making sure you speak before going to sleep, it's important to talk to your partner every day. It's nice to have that time together on the phone." While managing a busy career and maintaining a strong relationship and love seems next to impossible, Galterio says that "balance is something you learn over time."

Related Link: [Lance Bass: "It's All About Communication in a Relationship"](#)

As for her best dating advice, she encourages people to "give everyone a chance. You never know what's going to bring you together, so don't just turn somebody down." She came to this realization through her admiration for the band Karmin's relationship. "They went to college together and actually didn't like each other in the beginning. Then, through music, they found each other and are now engaged."

There's no summer break for Galterio. Not only is she working on the second season of her show, which premieres at the end of this month, but she is also starting a web series. Personal experience with gluten intolerance has inspired her to create a YouTube web series called "The Gluten Free Chick," where she gives advice on what to eat at certain places in New York City.

Keep an eye out for this young up-and-comer!

You can follow Clare on Twitter @ClareGalterio. Be sure check her out on new episodes of You&A Saturdays at 12 EST on the Music Choice Network!

Date Idea: Visit a Tarot Card Reader





By Leslie Chavez

If you're strolling around that little beach town you visited for the weekend and looking for something different to do, check out that **tarot card reader** you spotted on the street. Come on – you know you're a little curious! Take a look into the crystal ball and see what the future holds for you and your love.

It seems like everywhere you go, you can count on some sort of psychic, tarot card reader, or the like to be around the second corner or down that quiet alley. You should finally take the plunge and see what all the fuss is about! Couples readings can be a fun and illuminating experience. They can also be very healing, providing you with a neutral space to work through issues and look at the bigger picture of your relationship. However, in order to avoid a tense situation, make sure that your partner is comfortable and open to the idea.

Related Link: [3 Ways to Use the Psychic Edge to Find Mr. Right](#)

The tarot card reader encourages you to ask questions that move your situation in a healthy direction rather than asking something like, "Should we move in together?" She also suggests talking with your partner beforehand to discuss what questions you will ask in order to avoid any surprises. Consider having separate readers for you and him if you feel uncomfortable going in together. After determining which option is best for you, relax and get ready to gain insight into your past, present, and future.

One of the most common approaches are tarot card readings, a method that uses a symbolic deck of cards with specific drawings that are believed to be guided by spiritual forces. The forces are believed to help interpret a current situation someone is going through or uncover something about their future. Is there a walk down the aisle in the cards for you? Tarot card readings are a great way to find out.

Another sought-after method of seeing the future is palm reading, which evaluates a person's character or future by studying their hand. There are three major lines – the heart, the head, and the lifeline – that tell you more about yourself than you ever imagined. Getting your beau's palm read can be a good way to get some insight into his emotional stability and romantic perspective. Sneaky girl!

Related Link: [Look Into Your Future](#)

These psychic options are fun ways to explore the spiritual and supernatural realm with each other. You may even gain some interesting insight into yourselves and your relationship. Whether or not you choose to truly believe the messages in the stars is totally up to you.

Have you ever gotten tarot cards read with your partner? Share your story in the comments below.

Celebrity Couple Predictions: Chrissy Teigen, Jessica Alba and Eve



By Shoshi

For today's post, let's look at three celebrity couples with happy and strong relationships – one twosome settling into married life, one duo with two adorable daughters, and one pair of newlyweds:

Chrissy Teigen and John Legend: This beautiful supermodel and her husband are just simply one of the cutest couples in

entertainment. They were together for seven years before the sexy singer put a ring on it, and now, the couple appears to be blissfully married.

What makes these two work is that they allow each other to be who they are. In case you haven't noticed, Teigen is a bit of a wild woman, while Legend is more reserved. It's a great balance in their relationship, and there is a wonderful foundation of love and respect that keeps them going strong.

Baby energy is swirling around Teigen, so expect an announcement that they will be welcoming a bundle of joy by late September or early October. I keep seeing two babies arriving at the same time, which could be a sign of twins. Once Teigen starts to have kids, she will have a clothing line for little ones, which will be a huge success around the world. It will be such a hit that she will pretty much drop modeling to focus on being an entrepreneur.

Related Link: [John Legend is Engaged to Model Chrissy Teigen](#)

Jessica Alba and Cash Warren: There are rumblings that this pair are having marital troubles due to The Honest Company founder being the breadwinner. They met on the set of *Fantastic Four* – she was the lead actress in the movie, while he was a production assistant. At the time, Alba was the more famous of the two, but who knew she would go from being a B-list actress to a savvy entrepreneur and spokesperson?

Fans, rest easy: Alba and Warren are not separating or getting a divorce. They are best friends and trust each other with everything. However, there is a some tension in their marriage. Warren is trying to figure out how to leave his mark on the entertainment business by being known as more than “Jessica Alba's husband.”

Luckily, Warren is beginning to gain some ground as a producer. He will end up producing a movie that gets him some notoriety and even nominated for an award – and Alba will be

there right by his side, cheering him on. This couple will continue to go strong.

Related Link: [Jessica Alba and Cash Warren Celebrate Five-Year Anniversary](#)

Eve and Maximillion Cooper: Eve is officially off the market! This past weekend, she married her longtime boyfriend, Gumball 3000 entrepreneur Maximillion Cooper, in an intimate ceremony in Ibiza, Spain. The two met at the Gumball 2010 rally when Eve was a participant in the race, and they have been together ever since.

While some may think that they're an odd couple, they are a great match. Eve became really clear about the type of relationship that she wanted, and she made big changes in her life for love, including moving to London. Long story short, girlfriend did what she had to do to get her dream guy. It can also be said that the singer is exactly what Cooper was looking for. After his first marriage ended, he wasn't sure he would get married again, but now, he cannot imagine his life without Eve; she is his backbone.

Recently, the rapper formed her own label and released an album, but all of that is going to take a backseat now. She's going to focus on her new television show about interracial couples and getting pregnant. Cooper has four children with ex-wife Julie Brangstrup, but Eve is so ready to have a little one of her own with him. She also recently said that her stepchildren want her to make them a brown baby sister. A baby is indeed on the way but not until 2015.

Single in Stilettos Show: How to Be More Than a Fling to Him



On this week's [Single in Stilettos](#) show, dating coach Tripp reveals how to be than just a summer fling to your new guy. Here are his top three tips if you don't want him to think of you as a one night stand: don't jump into bed too soon; show boundaries but still be interested in him; and stop texting and call him instead.

Related Link: [Tripp on 5 Things Men Wish Women Knew About Them](#)

Listen up for more great dating advice!

For more information about Single in Stilettos shows,

click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Ladies, what do you do to let a guy know you want more than just a fling? Tell us in the comments below!

Considering Divorce? Ask Yourself Three Questions



By Janeen Diamond for [Hope After Divorce](#)

"...great marriages are born when two people decide to come to

the party!"

It's common knowledge that most of us, at one time or another, will consider divorce as an alternative to a difficult marriage. The truth is ALL marriages are difficult to some degree, and those of us who long for the fairy tale will be sorely disappointed. I have often said that great marriages are born when two people decide to come to the party! Marriages fail because someone decides the party isn't all that fun.

Sadly, Melanie Griffith and Antonio Banderas are divorcing after 18 years of marriage. Their news comes after living separate lives due to their conflicting work schedules. They may be saying their split is amicable and ending in a loving manner, but the reality is that they no longer choose to be a couple. They will now have to face dividing their combined fortune, rumored to be worth 50 million dollars.

Related Link: [Going Solo Again: Bold New Beginnings](#)

In talking with many divorced individuals, I've learned that expectations about sex, money, care taking, adoration, housekeeping, ways to spend leisure time, and a whole bunch of other individual traits are often born out of selfishness, immaturity, and insecurity and sometimes even based on a lack of experience with reality. I hope that doesn't sound negative, but the fact is we all bring our own stuff into our marriages, and often, our stuff doesn't exactly mesh with our spouse's stuff.

I met a couple several weeks ago who, between them, had experienced several divorces. The husband lamented that his first wife had cheated on him, his second wife just wouldn't give him enough attention, his third wife couldn't accept his children, and so on...

And this is the reason I try and focus on helping people stay in their marriages if at all possible! Because the cycle

doesn't end. Issues will keep popping up no matter how many times you get married, because it isn't about the issues themselves – it's about the people in the marriage who are creating the issues. And until we fix the people...the issues will remain. In my opinion, a good counselor could absolutely help a couple facing infidelity, attention deficits, blending families, or any other problem that exists by focusing on the real issues we just talked about – selfishness, immaturity, insecurity, etc.

If you are seriously considering divorce, I want you to spend the next week asking yourself these three questions over and over until you have the answers solidified.

– **Will I be better off?** Will you be better off emotionally? Will you be better off or at least be able to sustain yourself financially? Will you be happier in the long run? Think of these questions in every possible scenario.

– **Am I okay with the thought of a new life?** If you are forced to move from your home, will your kids be okay with a new school and new friends? Will you be able to handle all the added responsibility? Think about all of the changes that will take place for you personally and figure out if, for you, these changes are manageable.

– **Have circumstances made it necessary for me to end this marriage – affairs or abuse?** If the affairs or abuse has stopped, is it possible to put things back together? The roadblock often comes when one partner doesn't want to put in the work or seek counseling and do what it takes in order to gain back the violated spouse's trust. These are serious problems, and you need to determine for yourself if indeed you will be better off leaving the marriage.

Related Link: [Attitude is Key](#)

Divorce is a big decision. Don't move forward with it until you have exhausted every attempt to fix things in your

marriage. Once you are comfortable with your decision, whatever it is, move forward with conviction. I will root for you to go for the save!

For more information about Hope After Divorce, click [here](#).



Janeen Diamond, author of Save Your Marriage in 30, was a newscaster for KUTV News until 2001. Since that time, she has been actively producing commercials and special programming through her company, Your TV Spot. She has hosted several television and internet productions and has been a spokesperson for several products and companies. She is a leader over the youth in her church and takes a special interest in helping kids stay on track with their lives. Janeen is currently co-creating "Teen Impact TV," a website for high school students to give them a creative and emotional outlet. She is a contributing expert for HopeAfterDivorce.org, DivorceSupportCenter.com, FamilyShare.com, and CupidsPulse.com. Follow her on Twitter @janeendiamond and www.facebook.com/janeendiamond.

What Are Some Superstitions You Fear? Try Them Out for Date Night!





By Leslie Chavez

Friday the thirteenth doesn't have to be unlucky when it comes to love. In fact, you can turn the unlucky into a few unique date ideas. What are some superstitions you fear? Face your fears and spend the day together seeing how many superstitions you can prove wrong.

Admit it: Being a little scared is kind of fun! Plus, it gives you an excuse to hold on to your man just a little bit tighter. According to LiveScience.com, "Many superstitions stem from the same human trait that causes us to believe in monsters and ghosts: When our brains can't explain something, we make stuff up." The rush of knowing that you're doing something that's considered unlucky will give you a little rush of hormones and a heart-racing thrill that also produces a sensation of pleasure. Push the superstitious limits and have a silly time challenging the infamous day.

Related Link: [Take a Risk and Be Daring](#)

Trying out superstitions is your excuse to be bad, so think of

everything you're not supposed to do today and *do it*! Open up an umbrella inside and dance around together, challenging the rain of misfortune to come down. If you're feeling really brave, take a small mirror and crack it – but be careful not to cut yourself! There is a belief that mirrors don't just reflect your image; they hold parts of your soul. This is why breaking mirrors is believed to be such bad luck, but look at it as a way to free yourself of unwanted vanity.

If you see a ladder, take a walk underneath it. One theory holds that walking under a ladder has to do with its resemblance to medieval gallows and is therefore something you should avoid. However, the thrill is harmless, and you can add it to the list of rules you broke today. Spot a black cat? Let it cross your path; heck, call it over and pet it a bit! It can't hurt you, right?

When you're at dinner that night, spill a little salt on the table while seasoning your veggies. Can't you just see him grin mischievously at you from across the table, thinking of what bad things you can do next? Doing these little reckless things together will make you feel brave and bring some spice into your relationship.

Related Link: [Freaky Friday](#)

Sometimes, doing something wrong can feel so right, and developing unique date ideas so that you are spending the day breaking these ridiculous superstitions will make you feel fun, foolish, and carefree. Remember that the misfortune that comes with Friday the Thirteenth is all superstition, so you should make it through the day with all of your original luck intact. Fingers crossed!

Cupid wants to know: How will you celebrate Friday the Thirteenth?

Single in Stilettos Show: It's Your Fault You're Single!



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Mr. Locario about the reasons you may still be single. There are five things you should do if you're ready to find love: You need to take responsibility for your love life; you need to stop being too picky; you need to give him a second chance; you need to be careful about interpreting his actions and words; and you need to take initiative to meet the right man.

Related Link: [Mr. Locario on What Attracts a Man](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's the first step you take when you're ready to find a partner? Tell us in the comments below!

Date Idea: Live Out Your Fairytale



By Leslie Chavez

Once upon a time, in a land far away, there was a place where chivalry prevailed, where it was acceptable for fair ladies to wear flower garlands, and where a princess could always count on being rescued by her Prince Charming. But fear not, dear maidens, for this enchanted image need not remain only fantasy. This weekend, let whimsical romance take over and live a few days in make-believe.

Related Link: [Dress Up](#)

Head to the nearest medieval fair and see the world of knights and queens come to life! After picking up a sword for your man and a piece of handcrafted jewelry for you, take a leisurely walk through the marketplace on your way to the big joust. You'll be on the edge of your seat watching the lance-armed knights battle it out for her majesty. To settle your nerves after all that excitement, grab two mugs of ale before experiencing the festive music and entertaining jesters of the town. However, be aware of the peasants, pirates, and wenches that also roam the streets – although there's no doubt that your gallant knight will surely come to your rescue if need be.

If the realm of poetry and plays is of more interest to you, check out a summer Shakespeare festival and immerse yourself in his beautiful prose, filled with star-crossed lovers and noble cavaliers. Spend the day in the grass, listening to the expressive words of one of the world's greatest poets. Many festivals also include talks, readings, and classes that allow you to gain more insight into the romantic, chivalrous world portrayed on the stage. Submerge yourself in the imaginary love stories and embody the intense passion of Shakespeare's knights and maidens.

For a more intimate experience, create a magical evening at home. Together, prepare a small Middle Ages feast of roast

chicken, honey cakes, and mead, fit for the king and queen that you are. While you're at it, listen to some instrumental tunes worthy of a royal ballroom waltz.

Related Link: [Expand Your Tastes](#)

After dinner, you can relax with the remainder of your mead and a fantasy TV marathon, be it *Game of Thrones* or the romantic tales of Disney's finest: Charming, Phillip, Eric, and the Beast. Either way, get ready for a night so jam-packed with true love's kisses and acts of bravery and charisma, it will definitely inspire your prince to follow suit. You'll both be so enamored by the romantic storylines of these old-fashioned and courtly characters from another time that it'll bring meaning and magic back to the words, "And they lived happily ever after."

What is your fairytale date? Share with us in the comments below!

Date Idea: Write a Book





By Leslie Chavez

The act of writing can be so romantic. It's a creative way to reflect on an experience and express your feelings on a special moment in sweet, expressive language. Just think of John Keats, Lord Byron, or William Wordsworth penning their observant and emotional poetry. They'll be sure to inspire you to create a written keepsake with your love.

Be each other's muses as you construct a work that reflects your relationship. If you both love reading, put together a book of your favorite quotes from literature and poetry. You can go back to the book every now and then and take a trip down memory lane, reminiscing on what quotes you chose and why you chose them.

Related Link: [Take a Trip Down Memory Lane](#)

Sharing with each other why these words are important to you will make you feel more emotionally connected. Or take it to the next level and do a special exercise: Pick a poetic quote that reminds you of your man and have him do the same for you.

Flattery with beautiful verse is such a turn on. Indulge in a little *wordplay*, if you will.

If you both enjoy cooking, develop your own special cookbook. Jot down your favorite recipes to make together. You can even include drawings or funny stories about your experiences when making a specific recipe. Did you stop and have a flirty food fight? Is this something that you made on one of your first dates? Document your experiences! Each time you turn to your special cookbook, it will help you remember the sweet moments that you've spent together. This reminder will give you more than just a meal to savor.

If you want to get even more creative, write a short story, poem, or love sonnet together. Throw some ideas around and don't be afraid of what the other person thinks. Being able to express creative ideas with your partner without feeling self-conscious brings your trust for each other to a whole new level.

Related Link: [Publish a Love Sonnet](#)

Let yourself be silly. No matter how crazy an idea seems, tell your love; the worst thing that can happen is that you'll laugh at each other, only elevating your mood and enhancing creativity. When you guys finish your masterpiece, you'll be able to say that you created a work of art together, serving as each other's inspirations.

You can even write about your own relationship. According to new research from Northwestern University, a few minutes spent writing about your relationship can protect your bond. In the exercise, couples were asked to write about an argument that they recently had from a neutral third-party perspective. When doing this activity, they were much better able to contemplate what the best, most logical solution to a problem in their relationship would be. According to the article, "The reflection and contemplation involved in writing makes for a

healthier relationship and reduces the amounts of distress couples feel about arguments.” What a relief!

So whether used to reflect or to create, writing serves as an intellectual experience you and your muse can connect with and benefit from.

Have you ever written something special with your love? Tell us in the comments below!

Adventure Date: Do Something Daring



By Leslie Chavez

If you're tired of your go-to movie and dinner date, shake things up this weekend then plan an **adventure date** that will lead to a spontaneous and exciting day that you'll both be talking about for weeks to come. Get inventive and think of something that you two have always wanted to do together but have never found the time, money or...courage.

Try skydiving! In addition to the adrenaline rush, this adventure date will help you de-stress, forget about your worries, and enjoy the simplicities of life with your love. Being in a situation where you feel like you're doing something dangerous or overcoming an exhilarating challenge with your partner will bring you closer together. Plus, what could be more intimate than grasping on to each other as you plummet quickly to the ground with the air rushing past your face at unimaginable speeds? Oh, the things we do for love!

Related Link: [Dare to Romance](#)

Indoor rock climbing can be another adventure date. You can experience the vertical world of bouldering from the safety of an indoor gym. Climb along sheer drops and sculpted edges and feel the rush as you clutch onto the rocks twenty feet above the ground. You can encourage and support each other as you bound up the wall and race to the top.

It will also give you a chance to admire your man's strength – and his sexy back muscles! Reward yourself with some ice cream or a smoothie afterward, and you can swap climbing strategies for next time. IndoorClimbing.com has a great directory of gyms all over the country for you to choose from.

If you have a need for speed, then go-karting is the perfect adventure date for you. Experience the thrill of driving fast and battle it out with your lover to see who can get the quickest lap time. Guys love a girl who's a little competitive and brings her A-game. Lap him at the last second, and it'll drive him wild. Trying any new sport is sure to bring some

extra excitement to your romance.

Related Link: [Try an Unusual Sport](#)

For something a little more romantic, head to the beach at night. Bring a blanket and a bottle of wine and gaze up at the beautiful star-filled sky. You'll feel like you're doing something bad by being on the deserted sand in the middle of the night. Savor the intimate moment together under the stars on your own private oasis. If you're feeling a bit more adventurous, you might even suggest skinny-dipping in the moonlight.

Have you been on a spontaneous date before? Share your story below!

Date Idea: Beat of the Music





By Leslie Chavez

Everyone loves music, right? And listening to your favorite tunes has been known to help you relax, boost your mood, and energize you. Nothing beats seeing a singer you love play live, especially when it's with your sweetheart. So take advantage of all the great music events that the next few months have to offer!

With summer comes tons of music festivals all over the country. Find a festival with bands that you both love. From the Electronic Music Festival in Detroit, Michigan, to Soundset, a hip-hop festival in Minnesota, to Rock on the Range in Columbus, Ohio, there is something for every taste. Grab your favorite festival attire – cut-off shorts and cowboy boots are encouraged – and hit the road! Enjoy the whole weekend, basking in the sunshine and swaying your hips to the beat of the music with your lover by your side.

Related Link: [Listen to the Music](#)

You might even get the chance to dance where the wild things

are. A lot of zoos around the country have summer concert series where a number of great local bands or disc jockeys play at stages within the park after regular zoo hours. As the sun sets, the zoo really comes to life; along with great dance music, delicious food trucks and even bar services fill the gated area. This is a unique opportunity to experience the wildlife of the zoo in a whole new way. Give in to your animal instincts – we promise your man won't mind.

Don't forget about the major arena concerts that happen during the season too. This is a great chance to dress your best and buy those front row seats. Whether it's the Staple Center or Madison Square Garden, you can see some of the biggest names in music and have the night of your life. Raise your glass, let go, and impress him with your perfect pitch as you sing along to Katy Perry's go-girl anthem "Roar."

Related Link: [Pub Crawl](#)

If smaller, more intimate shows are more your thing, there are still plenty of options. Tons of bands are playing at your city's restaurants and bars on hot nights. Cool off after a busy day with a refreshing, ice cold beer and foot-stomping live music. You and your man will have so much fun unwinding in the laid-back and easygoing atmosphere. Challenge him to a game of darts or pool when the band takes a break.

Happy summer!

How will you enjoy music with your love this summer? Tell us in the comments below.

Romantic Boat Ride



By Leslie Chavez

Test your love on the high seas and hit the water this weekend by going for a **romantic boat ride** with your favorite first mate!

If you're an early riser, experience a beautiful sunrise and see some of the spectacular landmarks at a harbor near you. Being aboard a pristine sailboat and gliding on the open water is a thrilling experience. You'll feel the wind in your hair, the salty air on your face, and your lover's arms wrapped tightly around you as you bob through the waves. There might even be time to go fishing while you're out braving the wild seas. What a romantic way to spend quality time together, free from the distractions of real life on land! So throw caution to the wind and get aboard your very own love boat.

Related Link: [Date Idea: Get Wet and Wild on the Water](#)

There are a ton of companies that offer afternoon and sunset romantic boat rides, where you can bring a nice picnic to snack on in case you work up an appetite as you put your sailing skills to good use. And don't forget the chilled bottle of Chardonnay for you and your date to sip as you enjoy the scenery. Check out some of these sailing companies that offer romantic boat rides, like Sushi Sundays or a Hawaiian Grill Sail, both in Santa Cruz.

If you don't happen to be next to an ocean, don't fret – you can still cruise your way to paradise with your beau. Grab an oar and take a ride in a rowboat on a nearby pond. Lounge in your boat on a warm and lazy afternoon and watch the day go by. Imagine him sitting opposite from you, wooing you with verse or song as you gaze deeply into his eyes. Perching a parasol over your shoulder is recommended to fully accomplish the classic love story scene.

If you're lucky, a gondola ride might be an option too. It won't be hard to picture the beautiful canals, aged bridges, quaint cafes, and old balconies of Venice as your singing gondolier guides you and your love on a romantic journey through time and place.

Related Link: [Date Idea: Get Fishy](#)

A paddle boat is also a great way to get some exercise and spend a romantic evening together. Grab some food to go – something simple like burgers and shakes – and hit the lake. Start out at dusk so you have enough sunlight left to enjoy your dinner and view the sites as you paddle around. Finish up your meal right before the sun sets and watch the city lights turn on. See their reflection on the water, shining brighter as the sky grows dim for an even more romantic setting.

Have you ever had a romantic boat ride on the water? Share your story in the comments below!

Mexican Cooking Classes: Spice Up Date Night



By Leslie Chavez

Spice up the kitchen with your “amor” this Cinco de Mayo by adding Mexican Cooking Classes do your date menu! Discover how to create classic Mexican dishes that are fresh and fiery. Throw in some margaritas, and you’ll have all the ingredients you need for the perfect fiesta.

For starters, try checking out some local Mexican restaurants and see if they are offering special cooking classes with their executive chef for the holiday. Or you might find a

special event through local flyers and town websites where you can discover and compare some of the best courses out there. Maybe you want your class to look something like this: First, snack on some homemade guacamole and chips. Maybe you can whip up some pozole verde and beef and pumpkin empanadas for the main course. For dessert, take a shot at baking tres leches cake.

Related Link: [Date Idea: Wine and Dine](#)

Once you finish the Mexican cooking class, you can have your own celebration at home and show off your new skills. Cooking dinner for a date is a great way to engage with each other in an intimate way while working towards a common goal. You will be able to learn about each other's strengths, practice communicating, and have fun. Plus, you'll make new memories because of the experience and discover how to better operate as a team.

Ask him about his week as you chop chilies together, or put your hand over his as he stirs the enchilada sauce. Turn up the mariachi music – try listening to greats like Vicente Fernandez or Luis Miguel – as you prepare your meal and dance a little salsa around the stove. Enjoy the process of creating a meal as a couple and sip on tequila sunrises as you go. Cooking is a multi-sensory experience, so embrace the sight, smell, touch and feel of the food...and each other. Muy Caliente!

Related Link: [Celebrate Cinco De Mayo with Your Mate](#)

Remember it's all about having fun and connecting with your lover, your cooking dinner for a date, not a contest, so be careful about getting too competitive or ambitious with your partner. After all, the key ingredient in any dish is love.

How do you and your love plan to celebrate Cinco de Mayo? Tell us in the comments below!

Single in Stilettos Show: 5 Things Men Wish Women Knew About Them



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp about the five things men wish women knew about them. First, men like when women want to get to know them. Next, they love when women are affectionate. They also communicate on a more logical level – an important thing for women to understand. Men like when you ask them for help. And finally, men like compliments just as much as women.

Related Link: [How to Tell If He Likes You](#)

Listen up for more great tips!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Guys, what else do you wish women knew about you? Tell us in the comments below!

Screwing the Rules Video Dating Tips: Find the Love of Your Life





By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Finding the Love of Your Life

Related Link: [10 Places to Meet Your Soulmate](#)

In this week's [dating advice](#) video, dating expert and E!'s *Famously Single* dating coach, [Laurel House](#) tells you the 8 things to do when looking for love and the 10 best places to go to find that someone special. But first, she encourages you to forget chance. "Put yourself in the right place at the right time if you want to meet Mr. Right." She also shares what you shouldn't do – and it's really quite simple. "Whatever you have been doing! Because clearly it isn't working."

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What are you going to do to meet The One? Share your tips in the comments below.

Single in Stilettos Show: What Attracts a Man?



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Mr. Locario about what attracts a man. A self-proclaimed serial dater, he started out by helping his friends and family with their love lives – and now, he's

here to help you! We all know that every man is attracted to different things, but there are some qualities that catch the attention of all guys. For instance, men like women with positive and pleasant attitudes as well as women who are independent and have their own lives.

Related Link: [What Women Don't Know About Men](#)

Listen up for more great dating tips!

For more information about Single in Stilettos shows, click [here](#).

What do you think is the #1 trait that attracts a guy? Tell us in the comments below!

Screwing the Rules Video Dating Tips: Communicating About Tough Topics





By [E!'s Famously Single Dating Coach, Laurel House](#)

Dating Advice from E!'s *Famously Single* Laurel House on Talking About the Tough Things

Related Link: [Dating Power Tools](#)

In this week's [dating advice](#) video, dating expert and E!'s *Famously Single* dating coach, [Laurel House](#) helps you answer the age-old question: Are you good in bed? If you're not sure, the best thing to do is just ask. The key, though, is removing your ego. "This is not about blowing smoke. You're not fishing for compliments. You're looking for constructive criticism," House shares. "But if you can't handle the truth, don't ask for it."

For more information about our dating mentor, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

Cupid wants to know: How do you approach the tough topics with your partner?

Singles in Stilettos Show: Are Men Intimidated By Independent Women?



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to relationship strategist Joe Amoia about

whether or not men are really intimidated by strong and independent women. While that may be the case, there's a chance that you're making the biggest and most common mistakes made by career women, including: acting too self-sufficient, bringing masculine energy on a date with you, lacking vulnerability, and more.

Related Link: [Joe Amoia Reveals Quick Fix Dating Tips that Don't Work](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What's the most common mistake that career women make? Share your thoughts in the comments below!

How to Move On After Heartbreak





By David Wygant

I'm going to share with you some of the best advice that my mother gave me when I was younger. When I was 19 years old, I was dating a girl named Kris. She was the love of my life. Well, the love of my very short life at the time. She was my high school sweetheart, and she literally broke my heart three weeks before the prom.

Thankfully, for me, we got back together that summer, but once again, she broke my heart right before I went to college. I remember spending my freshman year of college listening to "Keep On Loving You" by Reo Speed Wagon and thinking about her. All I thought about was getting back with her. I spent the whole time romanticizing about all that was great between us and ignoring the reasons we broke up in the first place.

Related Link: [Gwyneth Paltrow and Chris Martin Separate](#)

The summer between my freshman and sophomore year, Kris and I got back together again! It was amazing. It was fantastic. We were in love again. I was thinking I would marry her in 8.4

years, when we both got out of school. Then all of a sudden, she broke my heart one more time. I remember sitting there in my room, crying again, and thinking to myself, "How am I going to get her back for the fourth time?"

My mother walked in. Little did I know, my parents were separating and getting a divorce at the same time. She sat down at the edge of my bed, looked at me, and said, "In life, you never know how things are going to work out. Even if you've been with somebody a very long time, it doesn't mean you're going to be with them forever. You're going to meet somebody again one day that loves you more than Kris ever did."

I cried. I went to school, and then after a while, I realized what great advice that was. I was going to meet somebody who loved me more. Isn't that what we want? Don't we all want somebody who loves us as much as we love them? Throughout my life, I've always remembered and embraced my mother's advice. Most importantly, I've always paid attention to it whenever a relationship ended. I was always going to find somebody who loved me more.

See, what we do when we're breaking up with somebody, is we romanticize about the good times. We ignore all the lessons that were there. Let me tell you something: If a relationship doesn't work out between two people once, the chances are it will never work out. There are tons of reasons why, and most the time, you'll never get to the bottom of it.

I'm sure that, if you're going through a breakup now, you're wondering, "What if I did this differently? What if she hadn't done that?" You could spend years talking and thinking things through, and you'll find a few reasons things haven't worked out. What you have to remember is the person you're romanticizing about in your head isn't going to change. You're remembering the good and blocking out all the negative reasons you guys can't be together. That's the key.

Related Link: [How to Get Over the Relationship Blues](#)

Maybe you're hung up on your ex because you don't like the idea of being single. If that's the case, I'm going to end this post with some of the best advice I've ever *given* people about relationships. Being single gives you the opportunity to meet someone you've never met before and the chance to use the lessons you learned from past relationships to avoid making the same mistakes again.

So stop romanticizing about the ex and start remembering the reasons you're not together anymore. Learn the lessons and move on. Being single gives you the chance to create magic. Don't run away from it. Embrace it!

For more information on David Wygant, check him out on our [Experts Page](#).

'Mob Wives' Star Renee Graziano on New Book, Possible Spin-Off Reality TV Show and Dating Italian Men!





Interview by [Lori Bizzoco](#). Video by Damian Kolodiy.

Last Wednesday, Apr. 9, CupidsPulse.com Executive Editor Lori Bizzoco met up with *Mob Wives* reality TV star Renee Graziano at Barnes and Noble in Tribeca to discuss her new book *Playing with Fire*. Describing the novel as “loosely based” on her own life, she explains in our [celebrity video interview](#) that she has stacks of notebooks about Reign Grazi, the character who she’s developed since she was young.

Related Link: [‘Mob Wives’ Executive Producer Jenn Graziano Says, “I’m Not Anti-Marriage; I’m Anti-Ball and Chain!”](#)

Celebrity Video Interview with Renee Graziano

Of the hero in her book, the author says, “I’ve been searching for this man all of my life.” However, she now knows he doesn’t exist. “But I exist; I’m the hero. I definitely saved myself. I found my hero; now, I’m just looking for a man of his word who’s close to God, has a good heart, loves his

family, and wants to build with me.”

Of her current relationship and love life status, the reality TV star reveals that she’s “very much single.” As for whether or not her future partner must be Italian, she says, “Not saying that I wouldn’t, but after my past experiences, I pretty much got turned off to my nationality. The Italian men that I was around didn’t work for me anymore.”

Fans may be surprised to hear that she has a great relationship with her father Anthony Graziano. “We made up over two years ago, and our relationship is amazing,” she shares in our celebrity video interview. However, they don’t discuss anything to do with *Mob Wives*, and he’ll never read *Playing with Fire*. Still, she adds, “But he’s my dad – he’s my hero.”

Reality TV Star Talks About Season Four of *Mob Wives*

Of course, we had to ask the reality TV star about her hit show *Mob Wives*. When discussing the ups-and-downs of season four, she explains, “I think there was a lot of tension because the new girls felt they had to prove themselves. They’re not New Yorkers, and they’re not of direct descent of that underworld.”

Related Link: [“Bigger is Better”: Reality TV Star Big Ang Launches New Wine Line](#)

While *Mob Wives* has been renewed for season five, Graziano remains mum about whether she’ll be returning to the VH1 series again. There are rumblings of a spin-off show, which she says is “absolutely” a possibility. “I hope it does happen for me,” she admits. “The second I know, everybody else will know! Trust me – that will not be something I’m able to hold in.”

Check out Playing with Fire on Amazon or at your local bookstore. To keep up with Graziano, follow her on Twitter @renee-graziano.

For more videos from CupidsPulse.com, check out our [YouTube channel](#).