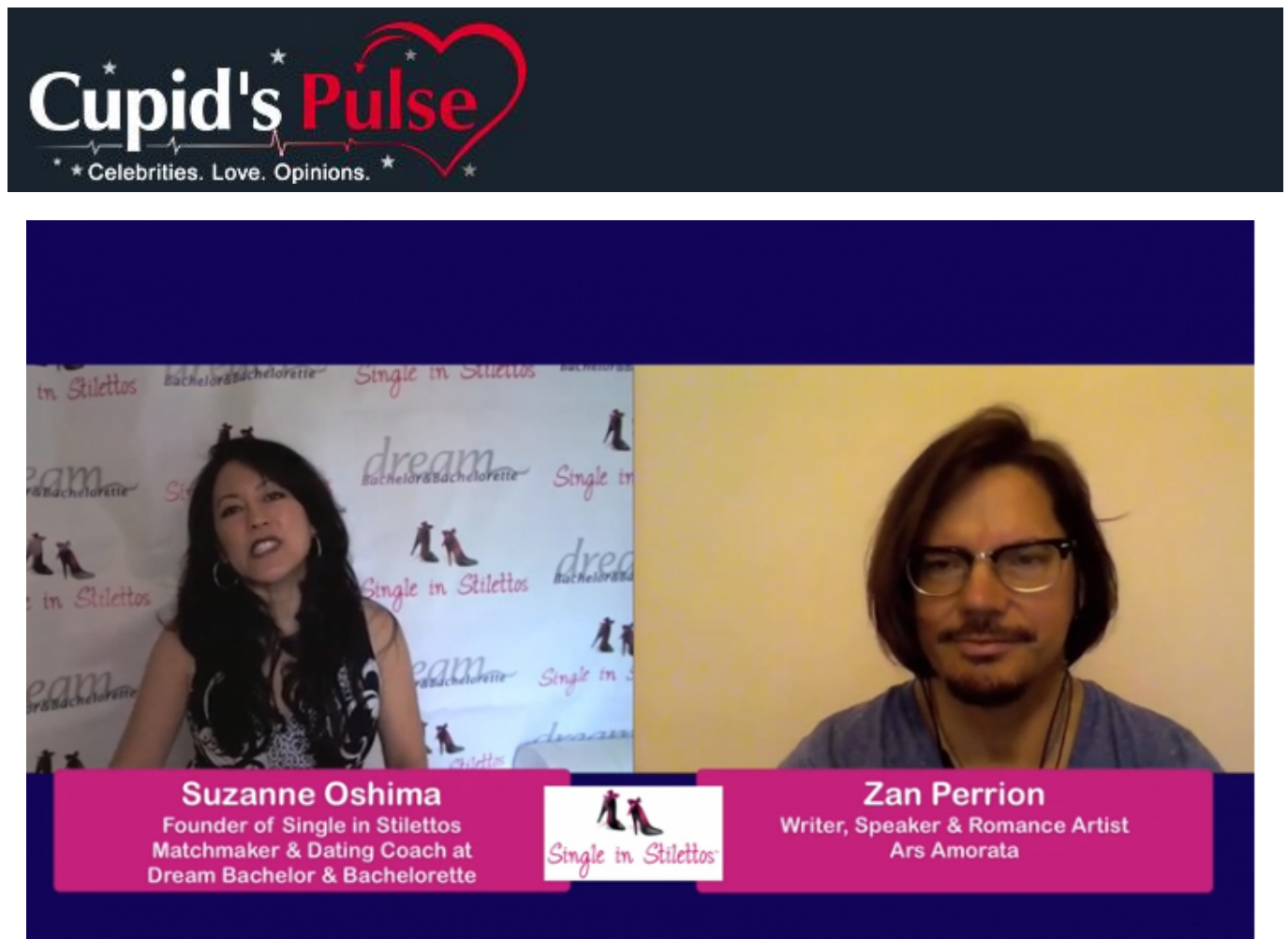


# Single in Stilettos Show: How to Make a Man Fall in Love With You



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to writer, speaker, and romance artist Zan Perrion about what makes a woman irresistible to a man. Here are five qualities that Perrion says will make a man fall in love: a woman with a certain grace and elegance that implies beauty on the inside and out; someone with a feminine spirit; a woman who inspires him to be the best version of himself; someone who is supportive; and a woman who is completely devoted to him. Watch the video above to find out more about the importance of these traits!

**Related Link:** [Zan Perrion on What Scares a Man Away](#)

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What do you think is the #1 quality in a woman that makes a man fall in love? Tell us in the comments below!

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## Sharing Secrets



By [Melanie Mar](#)

You all have experiences in life that are so private that you choose to only reveal them to a small group of close confidants. But when you start a new relationship, one of the dilemmas you'll face is: When is the right time to share your personal secrets with a new love? Sharing your private life can be somewhat anxiety-inducing, whether it regards a previous relationship, a health issue, or a family problem. It takes a lot of guts to share your secrets with your partner with the hope that they are trustworthy enough to embrace what you're telling them with an open heart and no judgement. Below are four things to consider before disclosing yourself:

**1. Take your time:** Get to know the person and observe how they react to others. Are they compassionate towards friends, co-workers, and family? When faced with a challenge, how do they handle it? You want to know that what you share is in a safe zone; does your new partner tell you secrets of others that should not have been repeated? When you feel comfortable, start by sharing smaller, less impactful parts of your private life and tread lightly. How did they handle this information? Were they emotionally mature and supportive? Do not reveal more until all of these questions are answered in a positive way.

**Related Link:** [Five Tips for Falling in Love in 2014](#)

**2. Maintain boundaries:** However close you're feeling to your new partner, you do not "owe it to them" to share things until you are completely comfortable. Sharing your private life prematurely can lead to regret if the relationship fails a few months later. Do not feel the need to disclose every specific thing that occurred with previous relationships and only give information that is truly for the benefit of your new relationship. Maintain boundaries for yourself and understand your reasoning for implementing this trickle effect; this step will assist you in refraining from dragging your skeletons out

of the closet before the relationship has a deep, solid foundation.

**3. Build a trustworthy record:** Trustworthiness and honesty are the backbones of any successful relationship, but while you're establishing yourselves as a couple, withholding certain information is not particularly a bad thing. If asked something directly that you do not wish to answer, gently steer the direction of conversation to another subject. If that fails, simply state that you would prefer to discuss it later as your relationship progresses. Initially, keep it light when it comes to your discussions with your new significant other. Keeping a few secrets may be in everyone's best interest. You're not pretending to be someone you're not; you're just revealing things about yourself in small doses and at appropriate times.

**Related Link:** [How to Have a Stress-Free First Date](#)

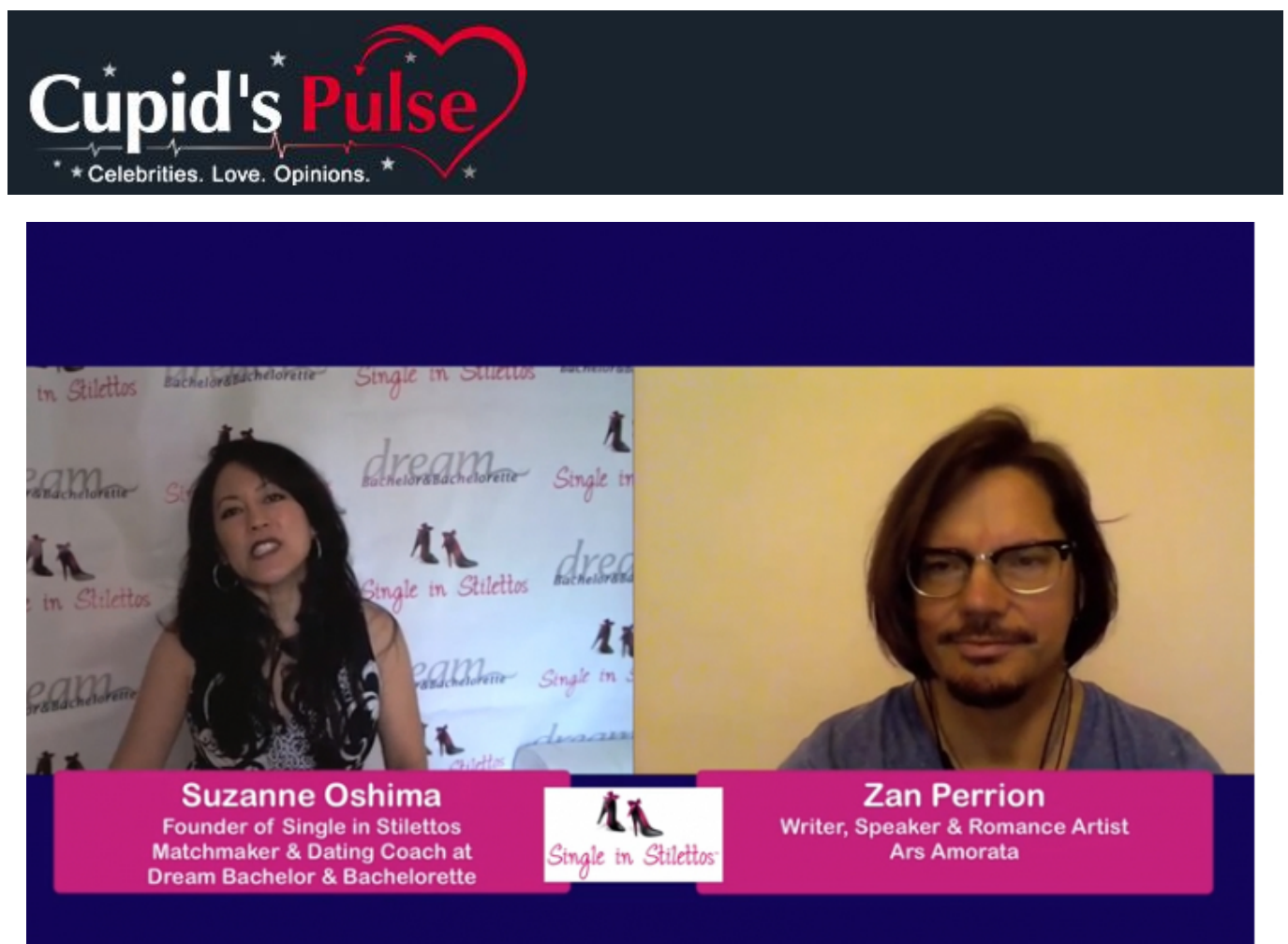
**4. Know that some secrets are healthy:** Not all secrets are bad! There's something to be said for the curiosity that can come from being with someone you don't know absolutely everything about. Withholding tidbits of information about yourself can add a sense of mystery that will keep the relationship fresh and exciting when your partner learns something new about you.

Remember personal information is sacred. It should not be disclosed without great contemplation. You have to decide if the things you're withholding will significantly alter the a new and vulnerable relationship. Still, know that in a long-term, committed relationship, secrets should be kept to an absolute minimum.

[Melanie Mar](#) is a celebrity relationship specialist, matchmaker and life coach.

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# Screwing the Rules Video Dating Tips: The Best Dating Question to Ask on a First Date



By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously*



# Single Dating Coach Laurel House

**Related Link:** [Do THIS for Better Dates](#)

If you're insecure about what to chat about on a first date or tired of having boring conversations, then this week's [dating advice](#) video, from relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) is for you. She encourages you to ask one "magic" question: Why? "That's it! Why adds so much – it's the one thing that you can tack onto any mundane subject and suddenly transform it into something that matters," she explains. Listen up for more great dating tips!

*For more information about our dating mentor, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**Cupid wants to know: What's your go-to first date conversation topic?**

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## Single in Stilettos Show: 5 Signs He's Not The One!





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Robert Manni, dating coach and author of *The Guy's Guys Guide to Love*, about how to know if the man you're dating is The One. Here are five signs that he's *not* your soul mate: He's too jealous; he overindulges when it comes to drugs or alcohol; he has different views than you about money; he doesn't want to be around your family; and he's abusive in some way.

**Related Link:** [Robert Manni on How to Be Successful at Online Dating](#)

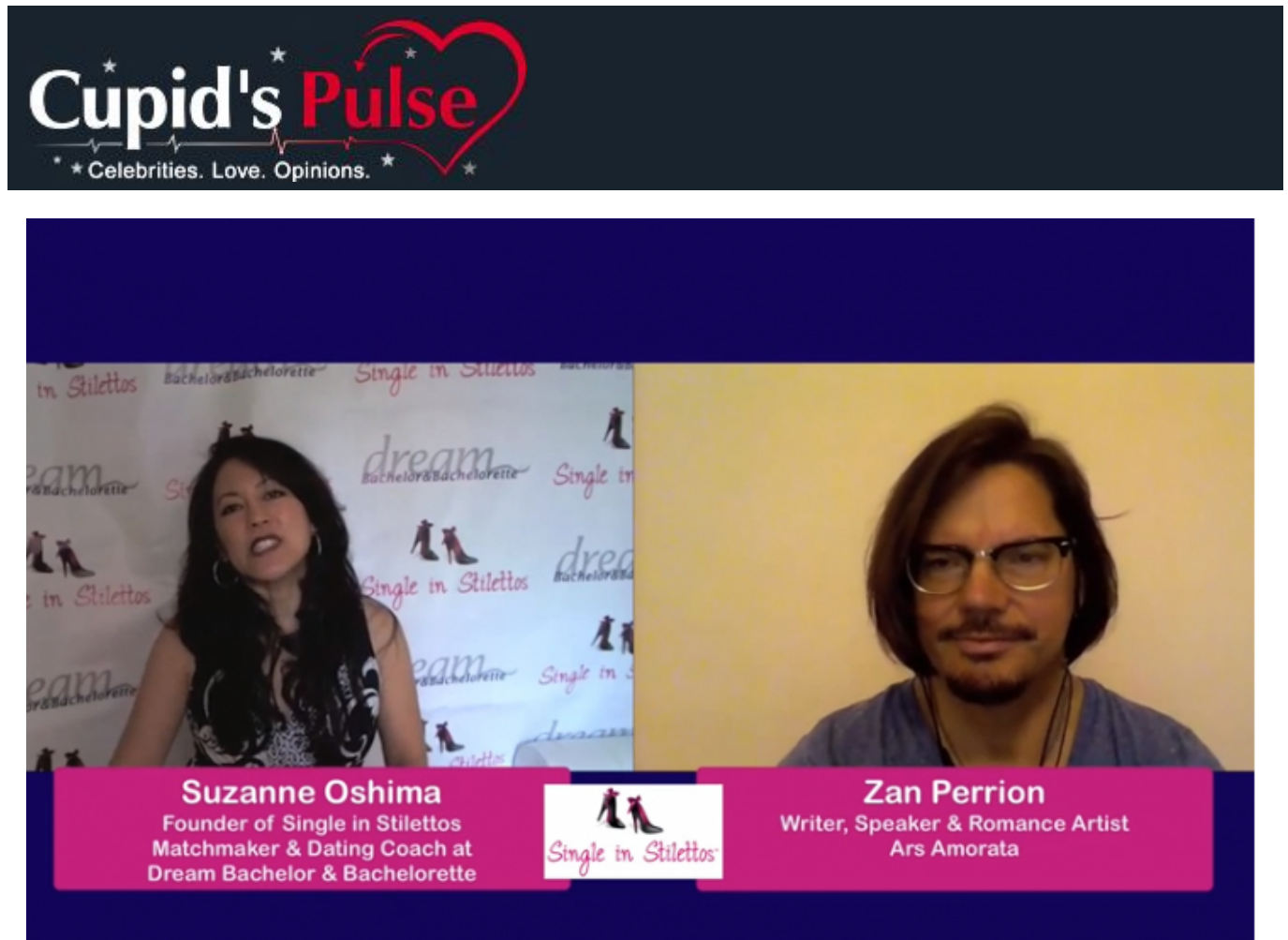
For more information about Single in Stilettos shows, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

How did you know when you found The One? Tell us in the comments below.

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# 5 Tips for Meeting Your Partner's Family Stress-Free



By [Marni Battista](#)

You've won over the guy, but winning over his family is even more daunting. While your feminine wiles and witty repartee may have tugged at his heartstrings, making a killer first impression and getting the stamp of approval from those closest to him takes a slightly different strategy. Much like a first date, the first time you meet the family doesn't always elicit fireworks. But there are ways to prepare, calm your nerves, and set the stage for a wonderful relationship with your fella's loved ones. So take a deep breath and let



these five Dating with Dignity tips help you relax:

**Related Link:** [Taking Your Partner on a Family Vacation](#)

**1. Understand his family landscape:** Relationships between family members are often the most deeply rooted and intricate of them all, so gaining a solid understanding of existing tensions or unconventional family arrangements beforehand will save you from surprise. Schooling yourself on your boyfriend's step-siblings or tense background with his aunt will eliminate awkward situations and allow you to navigate some major conversational pitfalls.

**2. Learn their likes:** Ever fretted before a first date about what the two of you will talk about? You may be experiencing similar anxiety before meeting the family, but in this case, you have your boyfriend to help you prep. Don't be shy about pumping him for information about the personalities and interests of those you're about to meet. Not only will you naturally engage in more thoughtful and free-flowing conversation, but your genuine interest in your partner's loved ones will score you brownie points with him too.

**3. Avoid controversy:** No matter how vehemently you and your partner may agree on certain hot button issues, it's best to err on the side of caution when meeting his family. Sensitive subjects like politics or religion carry with them scores of touchy nuances that could make the conversation treacherous. If you're worried a certain subject might come up, plan to pre-vet opinions on the issues in question with your boyfriend beforehand in case you need to prepare a PC response or gently nudge him in the ribs to jump in and change the subject.

**Related Link:** [Meeting Your Partner's Family Over the Holidays](#)

**4. Mind your manners:** Hold that sailor's tongue, roll up the sleeves of your sensible yet stylish cardigan, and start setting the table. Your language and overall interaction with his family members will all roll into one well-formed opinion

of your character. Of course, don't go overboard with the manners or sensible clothing to the point where you feel stiff and unnatural. You just want to create a sterling (and well-deserved) first impression.

**5. Be yourself:** You probably saw this one coming: The best way to succeed in any social situation is to relax and let others get to know the real you. Any time you find yourself getting nervous, remember that the whole reason you're meeting these people in the first place is because your mate is enamored with *you*. The more naturally you act, the more likely his family will follow suit.

[Marni Battista](#), founder of *Dating with Dignity*, is an expert dating and life coach with a 10-step system to manifesting love for yourself and others. You can contact Marni at [marni@datingwithdignity.com](mailto:marni@datingwithdignity.com).

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## Single in Stilettos Show: The One Thing Men Want from Women





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to Ms. Solomon, who became a dating coach after she realized that dating came easy to her. She didn't understand why so many women were complaining about finding love...and in today's video, she shares some of her secrets with you. So what is the one thing that men want? Fun! It's really *that* simple. Here are four ways that you can be more fun: learn how to flirt; be adventurous and spontaneous; radiate a positive attitude; and keep conversation light-hearted.

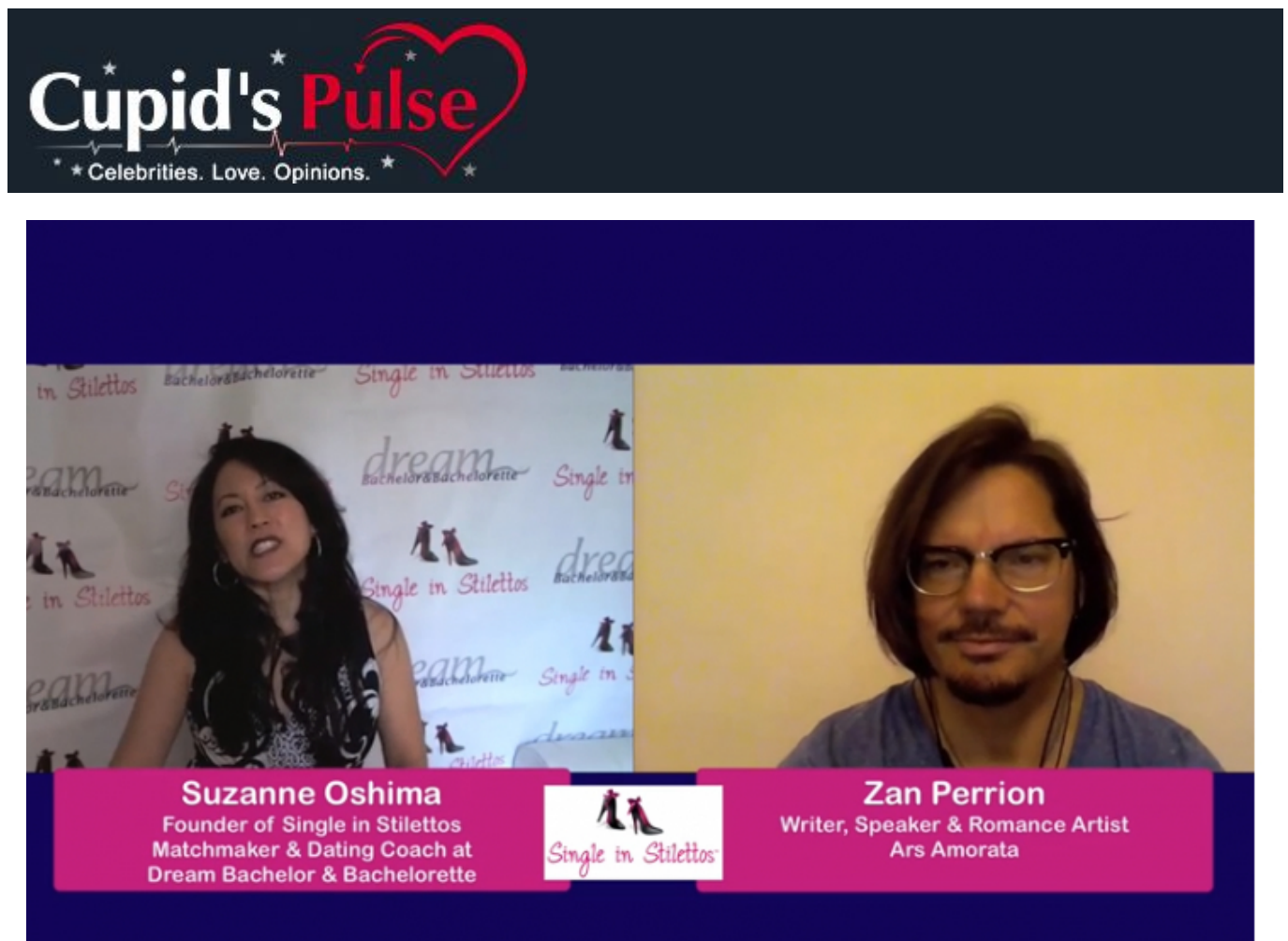
**Related Link:** [Ms. Solomon Reveals Where to Meet Men](#)

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

How do you have more fun when dating? Share in the comments below.

# Single in Stilettos Show: 4 Signs He May Be Falling for You



On this week's Single in Stilettos show, founder Suzanne Oshima talks to dating coach Sandra Fidelis about four signs that your crush is falling for you. You may be looking for something that screams "He's so into you!" but remember that subtle signals reveal his true feelings too. Here are four indications that he likes you: his actions say he wants you even if his words don't; he becomes protective of you; he volunteers to do things for you; and he introduces you to his

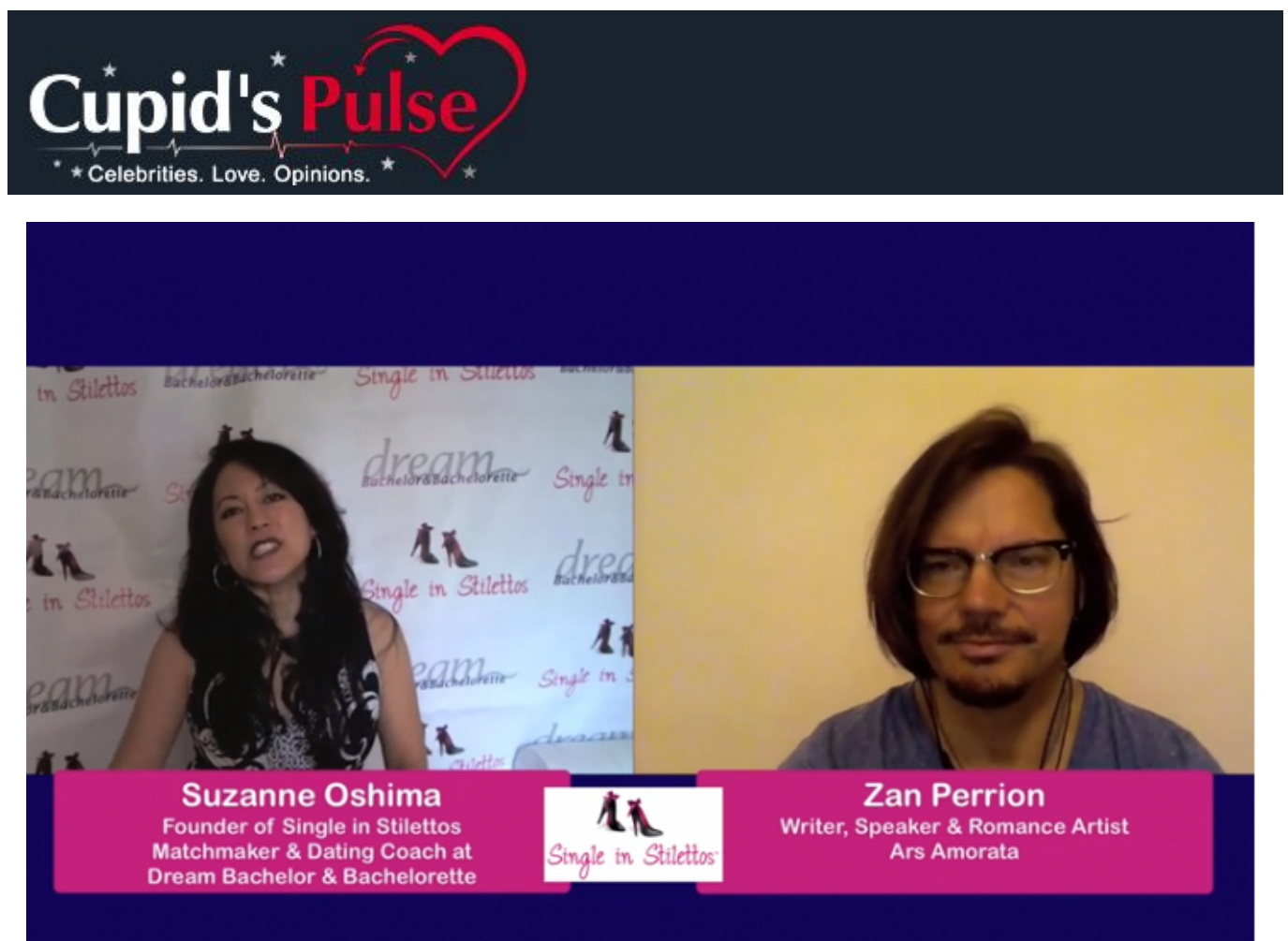
family.

Listen up for more great dating advice!

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

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# Screwing the Rules Video Dating Tips: Do THIS for Better Dates



By [E!'s Famously Single Dating Coach, Laurel House](#)



# Dating Advice from E!'s *Famously Single* Dating Coach on Having Better Dates

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) reveals what two little words will allow you to connect more with your partner and make your next date even better than the last. “‘Me too’ is the universal connector,” she explains. “It’s what allows you to understand and be empathetic with someone else.” It also shows your vulnerability and willingness to open yourself up. This simple phrase reassures your significant other that they aren’t alone, reminding them that they have *you* during both the good and bad moments.

*For more information about our dating mentor, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**Try using “me too” on your next date and let us know how it goes!**

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## Single in Stilettos Show: Top 5 Dating Mistakes Women Make





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Tripp about the top five dating mistakes that women make. As someone who works regularly with men and knows what they want in a partner, he's seen what happens after women make one of these errors: You don't offer to pay for the date; you act like you don't care; you don't show *any* affection; you talk too much; and you don't give him a chance to be a gentleman. Taking any of these missteps, especially in the beginning stages of dating, can turn a man off...so avoid these behaviors if at all possible!

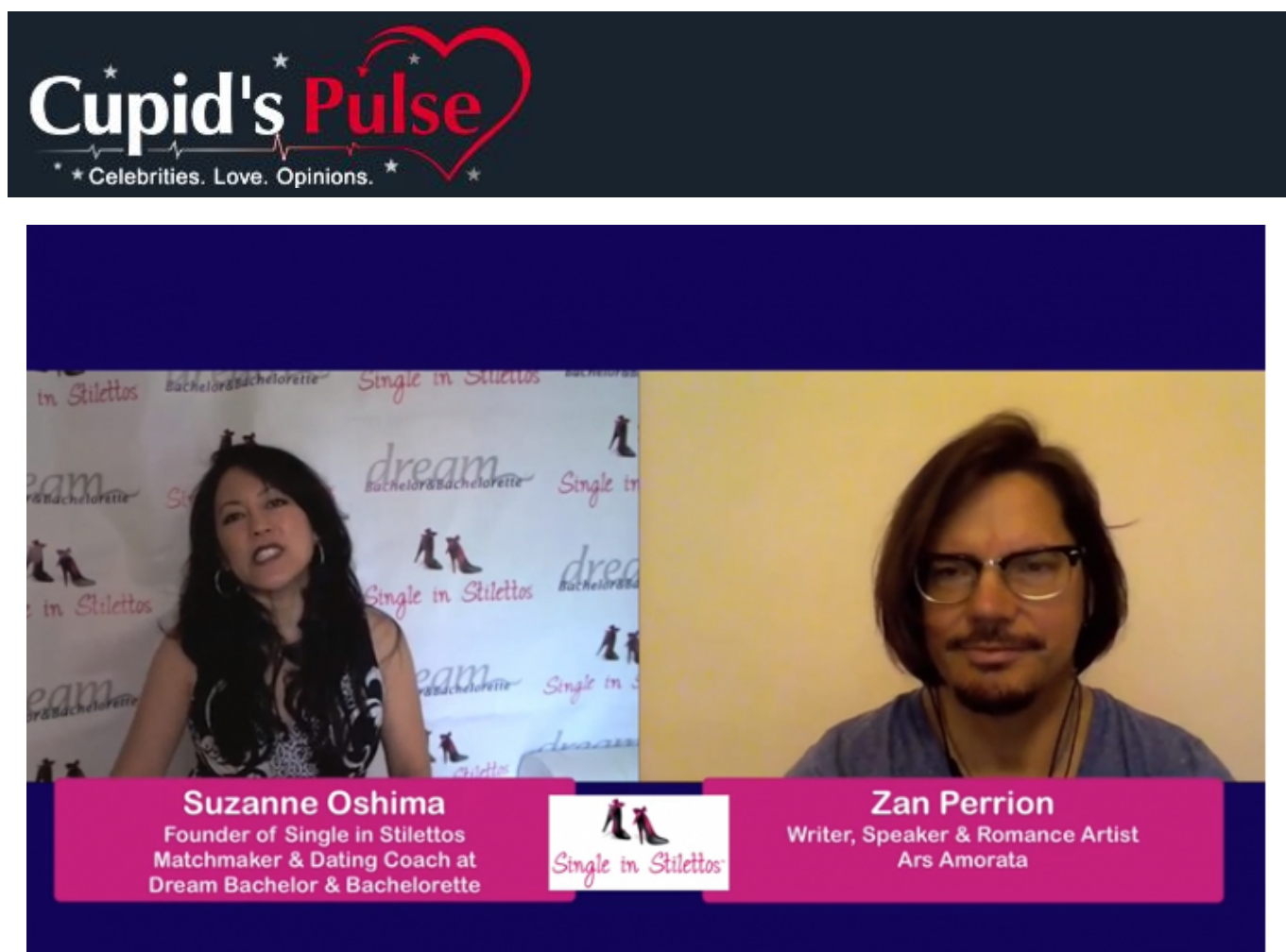
**Related Link:** [Tripp on How to Be More Than a Fling to Him](#)

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

Ladies, what dating mistake do you find yourself making most often? Tell us in the comments below!

# 'Hunger Games' Star Leven Rambin and 'True Blood' Alum Jim Parrack Are Engaged



By Ann Luther

We all saw *True Blood* alum Jim Parrack's heartbreak when he ended his marriage to his wife of six years, Ciera Parrack. However, he quickly moved on, proposing to *Hunger Games* star, Leven Rambin, after only a few months of dating. According to [UsMagazine.com](http://UsMagazine.com), they even made their big news official on Facebook: Parrack changed his relationship status to Engaged over the weekend. The new couple does, in fact, seem

very happy in this Instagram video they posted announcing their hiatus from social media. Best of luck to the adorable pair!

**How do you know when you're ready to move on post-divorce?**

### **Cupid's Advice:**

Divorce is one of the most difficult things a person can go through in life. It is the end of something that was supposed to last forever. It's hard to believe that you'll someday move on – and maybe even find love again – when you feel so wrought with despair. However, know that you *will* feel closure and happiness again...eventually. So how do you know when the time is right to open up your heart to someone new?

**Related Link:** [Kendra Wilkinson Wears Telling T-Shirt After Meeting with Divorce Lawyers](#)

**1. You're going out with your friends:** If you can go out with your friends, you can go out on a date. Put a little extra effort into your beauty routine to make yourself feel your best. Even if you're not ready to get into a serious relationship, going on a date is a simple step in the right direction.

**2. You miss what you had but not your ex:** There is a big difference between missing a person and missing a feeling. When you lose a partner, it's almost always best to leave that person where they belong: in the past. A feeling, however, can always be found again. It may not be the same feeling you had with your ex, but it will be extraordinary because that is what love is. The important thing to remember is that you will have many loves in your life. Don't give up!

**Related Link:** [5 Celebrity Couples Who Are Still Friends Post-Divorce](#)

**3. You're okay with being alone:** Something we all struggle


with is recognizing the difference between being alone and feeling lonely. Being alone is a part of life, even when you're married. You should be at peace with your thoughts, your choices, and your life. There is nothing scary about being alone. You are free in so many wonderful ways!

How did you know that you were ready to move on after a breakup? Tell us in the comments below!


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## Celebrity Baby News: 10 Famous Couples Who Had Twins





**Suzanne Oshima**  
Founder of Single in Stilettos  
Matchmaker & Dating Coach at  
Dream Bachelor & Bachelorette



**Zan Perrion**  
Writer, Speaker & Romance Artist  
Ars Amorata

By [Whitney Johnson](#)



Nobody can resist [celebrity baby news](#) – especially when there are two bundles of joy! As if these famous couples aren't busy enough with their lives in the spotlight, they're also juggling twins and everything that comes with them: two bottles, two strollers, two wardrobes, and more. Below, we've pulled together a list of 10 celebrity parents who were doubly blessed in the baby department:

## Exciting Celebrity Baby News

**1. Mariah Carey and Nick Cannon:** This Hollywood couple welcomed their twins, son Moroccan and daughter Monroe, in April 2011. After an extremely difficult pregnancy, including preeclampsia and gestational diabetes, the diva says she's done having kids.

**2. Elsa Pataky and Chris Hemsworth:** Already parents to 25-month-old daughter India, the *Thor* star and his leading lady welcomed twin boys, Tristan and Sasha, this past March. The proud mom has been showing off her adorable celebrity family on Instagram ever since.

**Related Link:** [Elsa Pataky and Chris Hemsworth Are Expecting Twins](#)

**3. [Jennifer Lopez](#) and Marc Anthony:** Although this famous couple split in 2011 after seven years together, twins Max and Emme seem to be doing just fine. The cuties celebrated their sixth birthday in February with a trampoline party.

**4. Ricky Martin:** In 2008, the Puerto Rican singer became a father to twin boys, Matteo and Valentino, born via a surrogate mother. Luckily, his sons have a great role model in their father, who has been honored multiple times for his humanitarian work.

**5. Julia Roberts and Danny Moder:** The *Pretty Woman* star married her cameraman hubby in 2002, and two years later, the

Hollywood couple welcomed twins, daughter Hazel and son Phinnaeus. Since then, their family has grown to five, with the addition of son Henry in 2007.

**6. Sarah Jessica Parker and Matthew Broderick:** The talented couple's twin daughters, Loretta and Tabitha, were born via surrogate in 2009, seven years after the *Sex and the City* actress gave birth to their first child, son James Wilkie.

## **This Famous Couple Has Six Kids, And Two of Them Are Twins!**

**7. [Angelina Jolie](#) and Brad Pitt:** This globe-trotting family of eight includes twins Knox and Vivienne, born in July 2008. This celebrity baby news got a lot of attention: The rights for the first images of the babies were sold to *Hello!* for 14 million dollars – the most expensive celebrity photos ever taken.

**Related Link:** [Brad Pitt Says Fatherhood Has Made Him a Better Man](#)

**8. Neil Patrick Harris and David Burtka:** The *How I Met Your Mother* actor and his fiancé welcomed twins, son Gideon and daughter Harper, in 2010, born via a surrogate.

**9. Rebecca Romijn and Jerry O'Connell:** The Hollywood couple became parents to fraternal twin daughters, Dolly and Charlie, in 2008, just over a year after they married. Dolly is named after singer Dolly Parton, and Charlie is named after her dad's brother (a former *Bachelor* star!).

**10. Julie Bowen and Scott Philips:** The *Modern Family* actress and her husband of a decade are parents to three sons: Oliver, born in 2007, and twins John and Gustav, born in 2009.

**Who are your favorite celebrity babies? Tell us in the comments below!**

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# Single in Stilettos Show: Why He Didn't Call You Back



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Mr. Locario about the reasons why he didn't call you back. He explains five possible scenarios, straight from a man's point of view: He already has a girlfriend; he never really liked you in the first place; he's scared of or intimidated by you; he's just a player; or he views dating as nothing more than a game.

**Related Link:** [Mr. Locario on Where Are All the Good Men?!](#)

Remember that sometimes, when a guy doesn't call you back,

it's for the best. After all, you deserve better than that!

For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

How do you handle it when a guy doesn't call you back? Tell us in the comments below.

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## **Screwing the Rules Video Dating Tips: Forget the Bouquet!**





By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) talks about why it's the big *and* little things that create a happy romance. "Relationships aren't about the high notes. They're about the in between," she explains. "It's actually the mundane, the day-to-day, the little things – that's what a relationship is made of." You know you really care about someone when you find yourself sending "thinking of you" texts or picking up Kleenexes because you remembered they ran out.

## Dating Advice from E!'s *Famously Single* Dating Coach on Why to Buy Flowers

**Related Link:** [Find the Love of Your Life](#)

House adds, "Just the big things are not enough to sustain a relationship. On the same note, just the little things, while



they're great...sometimes, you need something a little bigger."

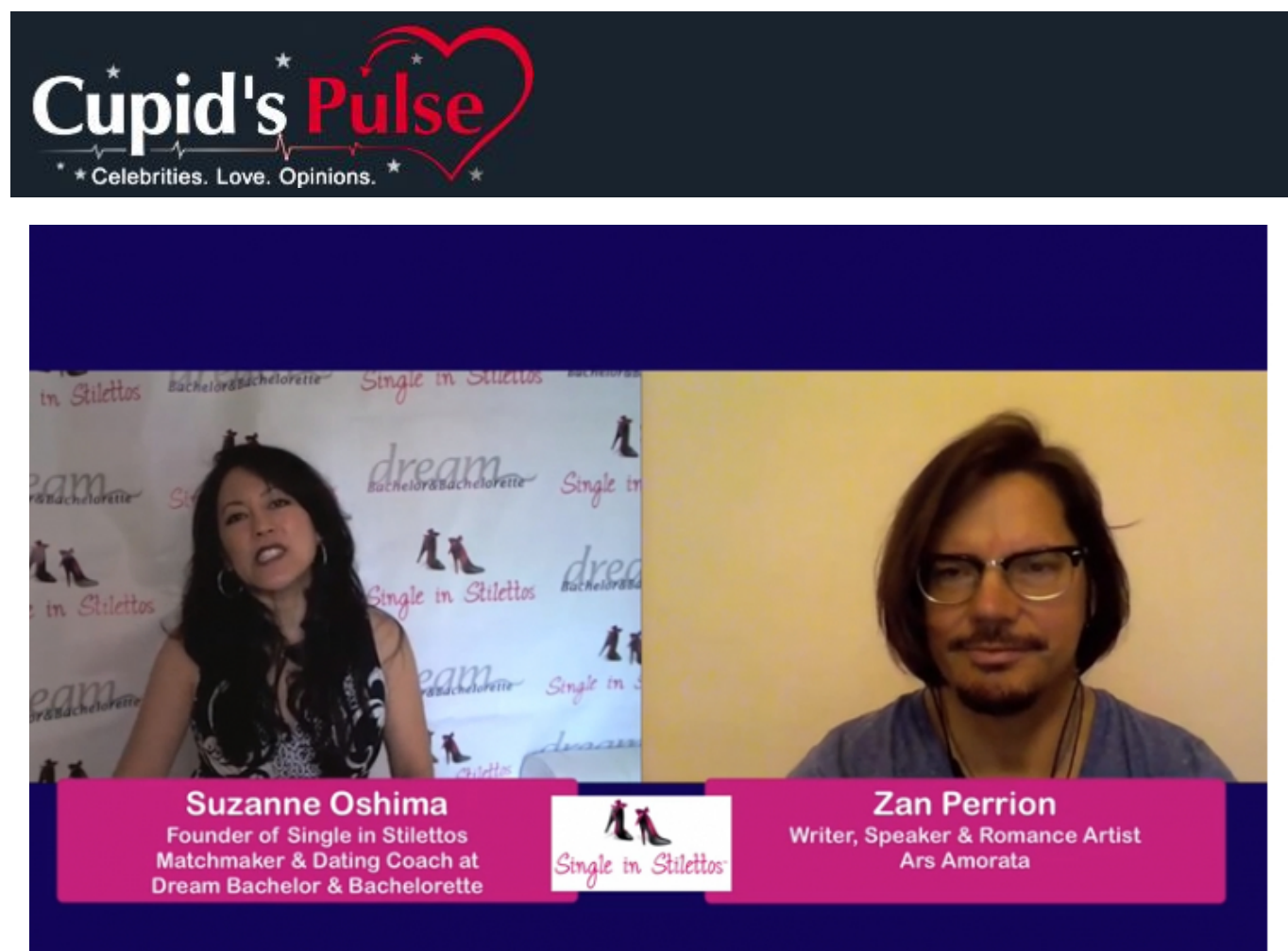
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Let us know your thoughts in the comments below!

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# 10 Signs He's Not That Into You



By [Whitney Johnson](#)

You have a crush on that cute boy who works in the office next to yours, and after a few weeks of sneaking glances and grabbing lunch together, you're obsessively decoding every look, smile, and text to determine if he likes you too. If you're on the fence, it's easy to make excuses for him or tell yourself that he's just playing coy, but it's important to be realistic about a future together. As you're struggling to figure out his feelings, consider these 10 signs that he's not that into you:

**1. He never makes plans to see you:** Sure, guys typically avoid taking the initiative to schedule a coffee or dinner date, but in the early stages of dating (or even before you start dating!), he *will* make an effort if he likes you.

**2. He bails on his commitments:** If he's truly interested in you, he'll do everything in his power to stay true to his word. So cancelling plans or just not showing up are both sure signs that he's not feeling the love between you two.

**Related:** [Signs Your Crush Is Into You](#)

**3. He talks about other girls:** It sounds obvious, but it's still worth stating: If he's constantly mentioning his best friend's sister or that "hot girl" he always see at the gym, you can take that as a hint that other women are still are still on his radar.

**4. He takes forever to text or call you back:** While you shouldn't expect an immediate response every time you reach out to him, it's not okay for him to wait a full day or two before replying back. You know he's looked at his phone during that time, so don't kid yourself.

**5. He hasn't introduced you to his friends:** If a guy likes you, he'll want show you off to his buddies. More than that, he'll want to be around you as much as possible, including when he's spending time with his pals.

**6. He treats you like one of the guys:** If he uses the same tone of voice as he does with his friends, he probably thinks of you as just a pal too. When a guy's into you, he'll talk to you differently; not only will he be sweeter, but his voice may even go up an octave or two.

**Related:** [10 Signs He's Not Really Committed](#)

**7. He avoids talking about the future:** That doesn't mean you're already having serious chats about how many kids you want to have or where you want to live. If something as simple as a weekend getaway makes him uncomfortable, don't expect him to be around for too many more weekends.

**8. He has negative body language:** Does he avoid eye contact? Or angle his body away from you? If so, chances are, he's not looking to be anything more than friends.

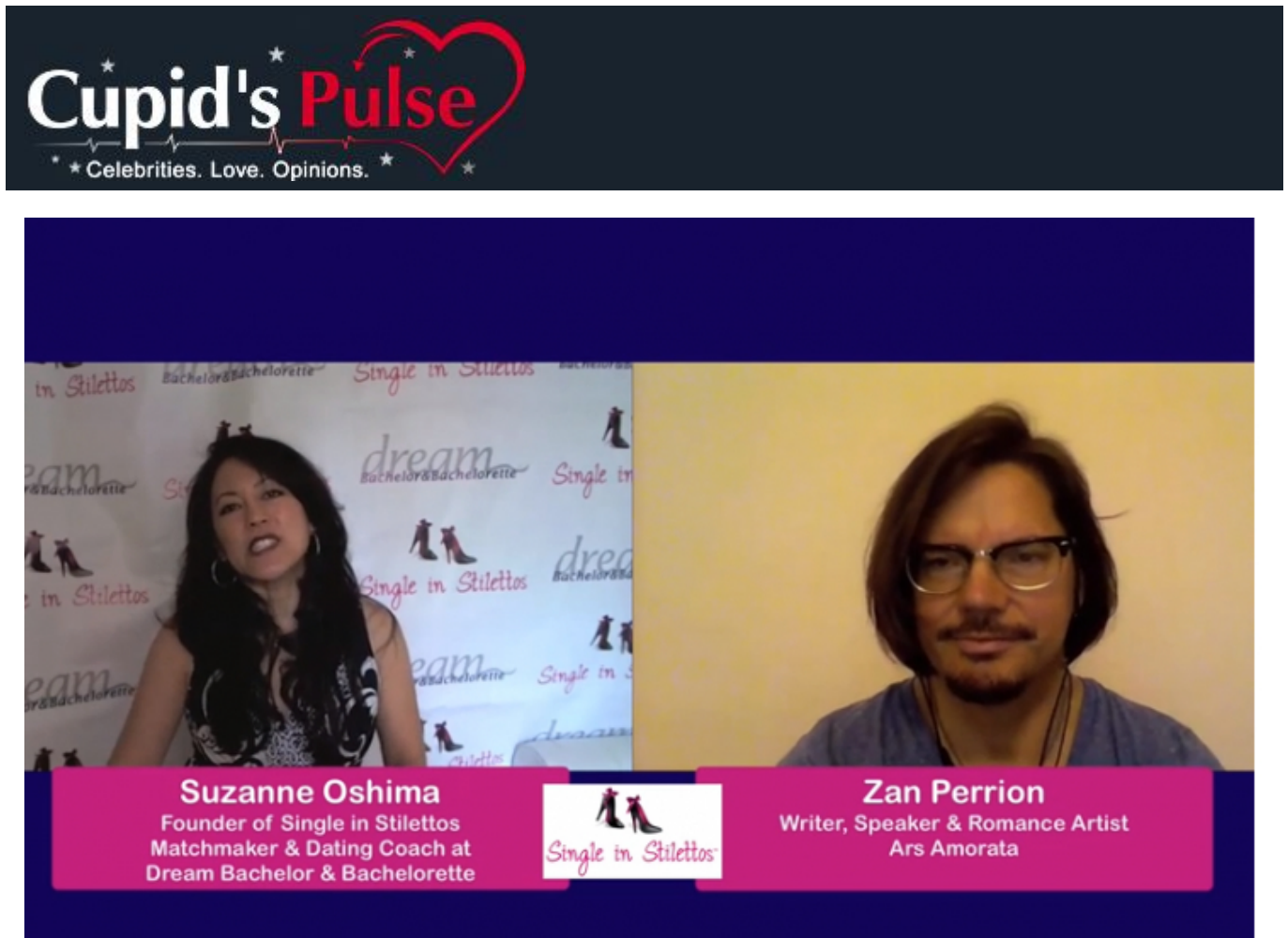
**9. He only wants to see you after midnight:** Let's get real: If he only wants to hang out when he's drunk or heading home *after* his plans for the evening, he's not into you. If he were, he would've included you in those plans instead of making you his booty call.

**10. You have a bad feeling:** Trust your instincts! After all, they've gotten you this far in life. If you think he's not that into you, he's probably not. It's time to move on to someone who recognizes how great you are.

**How do you know if a guy's into you? Tell us in the comments below!**

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# Single in Stilettos Show: What Scares a Man Away



Ever wonder why the guy you were seeing suddenly stopped calling you, never to be heard from again? As author Zan Perrion explains on this week's [Single in Stilettos](#) show, you may have scared him away by being too demanding, dramatic, needy, rejecting, or jealous.

**Related Link:** [Zan Perrion on How to Have the “Exclusive Relationship” Talk with Him](#)

Watch the video above to learn how *not* to make these mistakes with future men!

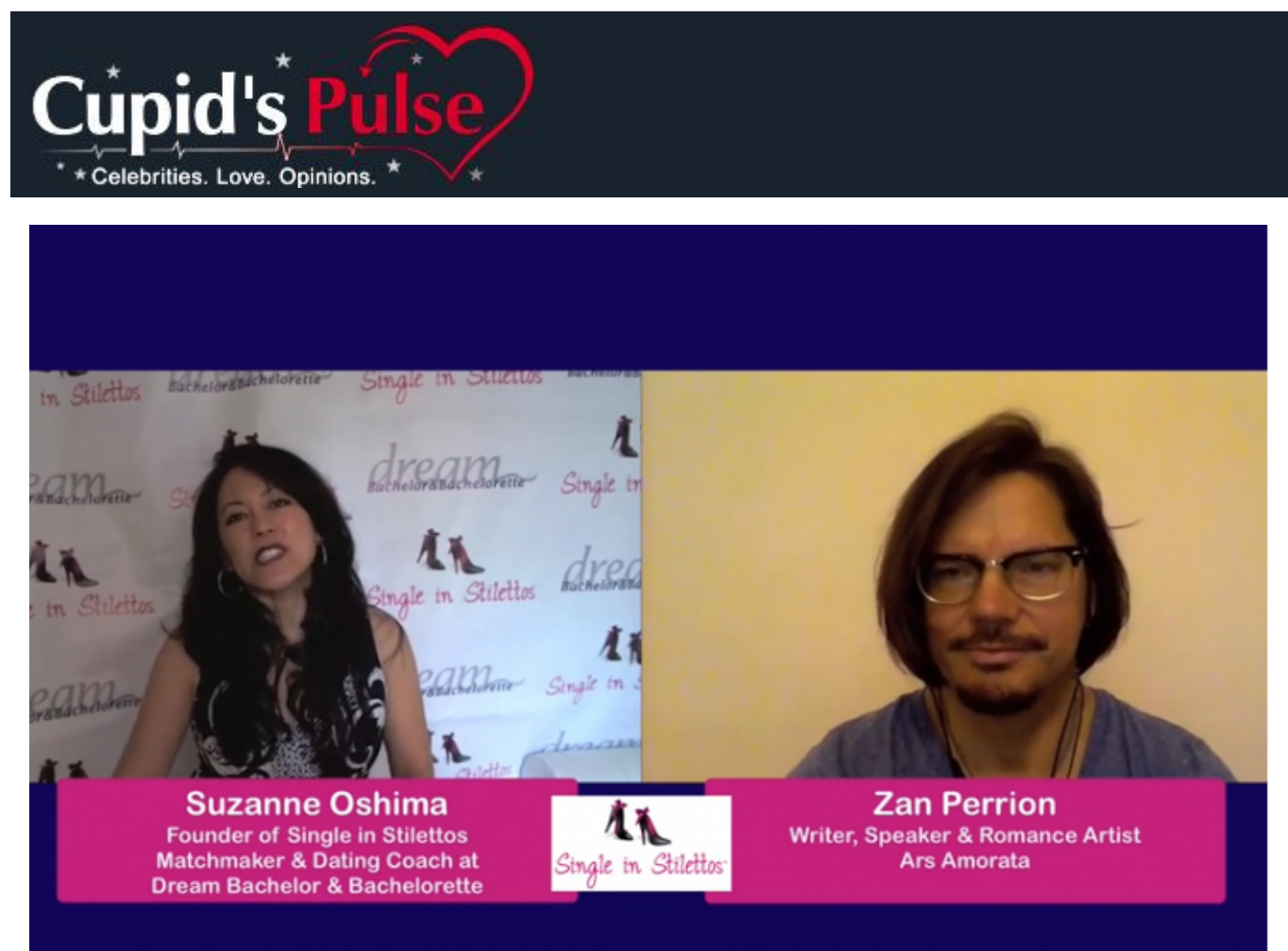
For more information about Single in Stilettos shows, click [here](#).

For more videos from CupidsPulse.com, check out our [YouTube channel](#).

What mistake do you make that scares men away? Tell us in the comments below!

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# Single in Stilettos Show: Insecurity and Dating



On this week's [Singles in Stilettos](#) show, founder Suzanne Oshima talks to Abiola Abrams, author of *The Sacred Bombshell Handbook of Self Love*, about insecurities and dating. We all have insecurities, but it's important to fill those holes of



self-doubt so you can be your best self. Remember that he can't love you if you don't love yourself. In the video above, Abrams shares her best tips for overcoming insecurities when it comes to dating, including: journaling; writing a list of what makes you beautiful; accepting who you are; being grateful; looking within; and surrounding yourself with positive people.

**Related Link:** [Robert Manni on 5 Ways Women Sabotage Themselves with Men](#)

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

**How do you overcome insecurities when it comes to dating? Tell us in the comments below.**

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## **Screwing the Rules Video Dating Tips: Turn Him Off with Filler Words**





By [E!'s Famously Single Dating Coach, Laurel House](#)

## Dating Advice from E!'s *Famously Single* Laurel House on Filler Words

**Related Link:** [Communicating About Tough Topics](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares why using filler words – like, um, well, anyway – will instantly turn a guy off. “You’re not stupid, so don’t act like it,” she says. “Or rather, don’t sound like it.” While it’s natural to want to fill every moment of silence, she encourages you to use this time wisely: “Think about what you’re going to say next.”

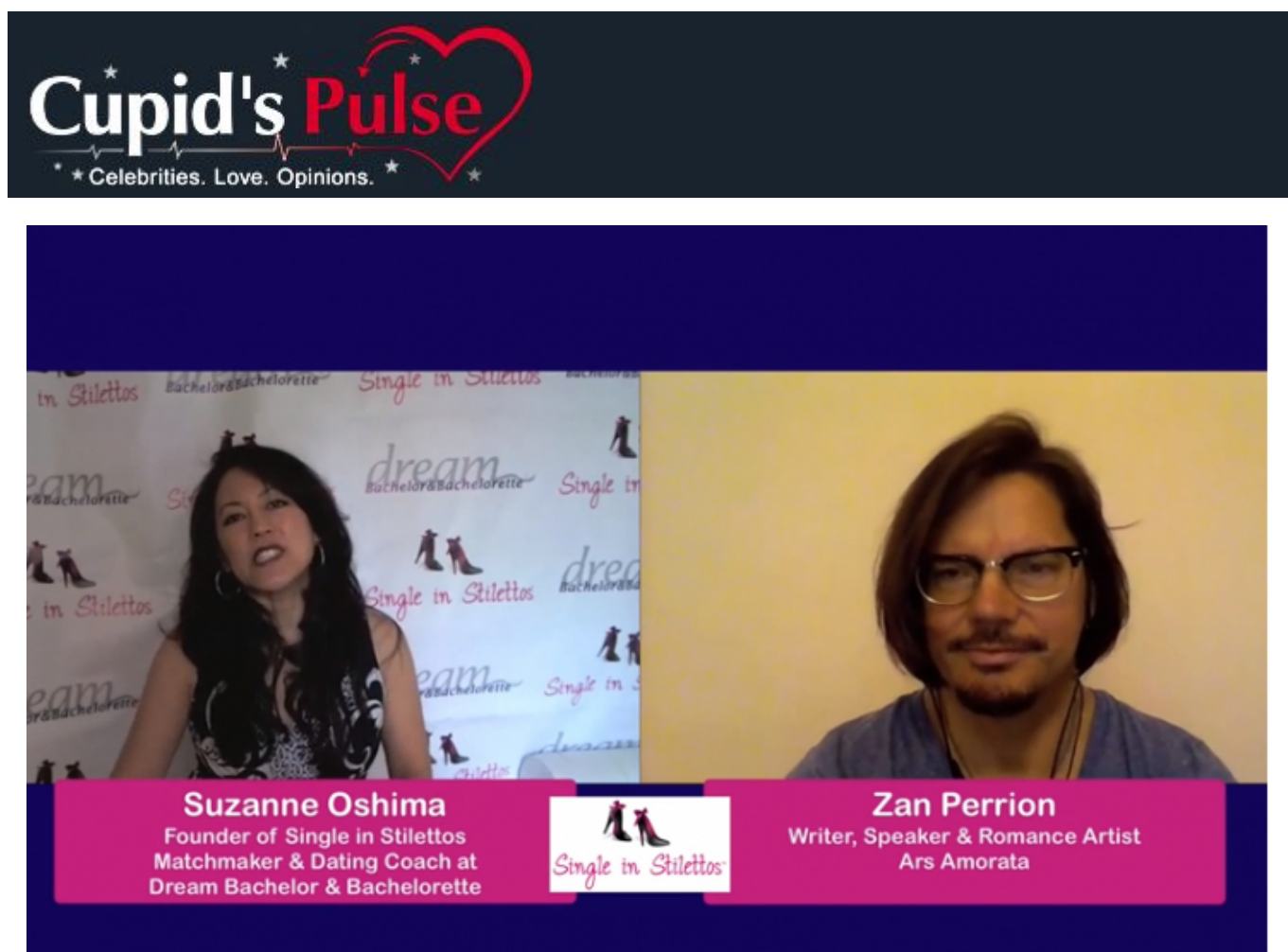
For more information about our dating mentor, click [here](#).

For more videos from [CupidsPulse.com](#), check out our [YouTube channel](#).

Any tips for avoiding the use of filler words? Tell us in the comments below.

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## ‘Bachelor’ Alum Jamie Otis Marries Doug Hehner on New Reality Show



By Sanetra Richards

A new reality show is taking the saying “love is blind” to an entirely new level. As revealed by [UsMagazine.com](https://www.usmagazine.com), Bachelor alum Jamie Otis recently married a complete stranger

on *Married at First Sight*. The show includes a line of experts – a sexologist, a spiritualist, a psychologist, and a sociologist – who pair participants with their “ideal” romantic partners. To add to the mystery, the contestants are completely unaware of who their future spouses are until they are introduced at the altar. On Tuesday’s premiere episode, Otis was set to marry software salesman Doug Hehner. Before the nuptials, she was all for finding her soul mate from the experiment – that is, until the moment of truth arrived. “She was freaking out. And it seems like she doesn’t know what’s going on,” the 31-year-old groom said “It was a tense moment.” In the meantime, there were a number of thoughts going through the 27-year-old’s head. “I’m getting married right now to someone I don’t know,” she said in her voice over. “I’m thinking I just made the ‘worst decision of my life’. I am so scared.” Viewers will have to watch next week to see how the rest of their “blind wedding” turned out!

## **What are some perks to going on a blind date?**

### **Cupid’s Advice:**

Going on blind dates may seem kind of taboo in today’s world. However, with the right attitude, you may just find yourself up for the idea. Below, Cupid shares a few benefits that are attached to blind dates:

**1. You have no preconceived notions:** Typically, when you’re going out with someone for the first time, you already know *something* about your date, whether it be because you’ve met, talked online, or simply Googled him. But in this case, you probably don’t know anything about your potential partner. Go into the date with an open mind – you never know who you might meet!

**Related Link:** [Why a Blind Date Might Be Good For You](#)

**2. You can put your best foot forward:** Now is your chance to make a great first impression. The person sitting or standing

across from you has no idea what you're like – they may not even know your last name! So show off your best characteristics and really impress them.

**Related Link:** [Celebrities Who Met on Blind Dates](#)

**3. It makes a good story:** There are two reactions to the people who go on **blind** dates: You either laugh at the disastrous horror stories they share, or you “aw” at the romantic endings that sometimes result. Whichever one your **blind** date ends up being (or if it's somewhere in the middle), your closest friends will be excited to hear the details.

**Have you ever been on a blind date? Share your experience below.**

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## **Eva Mendes and Ryan Gosling Are Having a Baby; Pregnancy Revealed**







By Sanetra Richards

Yes, you read the headline right! [UsMagazine.com](http://UsMagazine.com) reveals a source has confirmed that pregnant Eva Mendes and longtime boyfriend Ryan Gosling are expecting a bundle of joy. The news was verified shortly after rumors circulated around the web about the 40-year-old actress' seven month pregnancy. This will be the first child for the Mendes and Gosling. In an interview with Ellen Degeneres at the beginning of the year, the *Hitch* star joked about the pregnancy rumor frenzy that was happening: "It's so ridiculous," she said. "It all started because I didn't want to go through the scanners at the airport. You know those X-ray scanners, which are really creepy? They basically see you naked, right? And not only that, but there's a radiation aspect to it, so I always opt out."

**What are some ways to keep your pregnancy under wraps?**

**Cupid's Advice:** Expecting a baby is quite exciting! You are bringing a tiny human into the world, and there's no feeling that could possibly compare. For now though, you and your partner don't want anyone else to know your big news. Cupid

has some tips to help you hide your baby-to-be:

**1. Don't tell a soul:** If you are waiting until you're further along in your pregnancy to break the news, your best bet is to keep your lips sealed. You can tell a couple of close friends and family members; however, everyone else is off limits!

**Related Link:** [Eva Mendes Gets Giggly Over Ryan Gosling on 'Ellen'](#)

**2. Avoid hint-dropping:** You may be extremely tempted to post cute baby-related things on your social media accounts...but don't! People will probably figure out what you do not want to reveal. Remember, the ultimate goal is to keep this a secret until you're ready to share.

**Related Link:** [Are You Expecting Ryan Gosling Perfection?](#)

**3. Toss the fitted clothing:** Use your wardrobe to your advantage! Maybe you have some flowy, shift dresses to wear when out and about; opt for those instead of your tight tees and button downs. No one will suspect a baby bump is underneath.

**How do you keep your pregnancy under wraps? Share your suggestions below.**

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# Justin Theroux Says He Fell in Love in a "Real, Legit

# Fashion”



By Sanetra Richards

Believe it or not, according to [UsMagazine.com](http://UsMagazine.com), Justin Theroux says he fell in love in a “real, legit fashion” with Jennifer Aniston. They have a normal, romantic relationship. In the August issue of *Details*, the 42-year-old *Leftovers* actor revealed they connected immediately just by reminiscing on a few memories of the “Waldorf grade-schooling they both received.” The two met back in 2007, when mutual friend Robert Downey Jr. introduced them to one another: “He and Jen fell in a real, legit fashion,” the actor told *Details*, “and he was willing from the jump to make sacrifices.” Since then, Theroux has been sure not to let the attention influence his ego or his relationship. “It doesn’t feel like a hardship; it doesn’t feel difficult,” he explained. “It can be an annoyance, but it’s not the end of the world. You have to center on what its

core thing is, which is that you met someone you fell in love with. “

### **How do you know that you're truly in love?**

**Cupid's Advice:** Finding love is one of the greatest feelings of all time. You've had your fair share of admirers in the past, but now, you think this special someone is here to stay. And guess what? You may actually be in love! Cupid has some ways to tell if you're feelings are real:

**1. Nothing feels better:** Your head is up in the clouds; your heart flutters every time you see them; and you can't stop daydreaming about the future – all of these feelings are undeniable. A relationship has never felt so great before. So what truly makes this time different? Ask yourself a few questions to see if you have indeed been shot by Cupid: What will I sacrifice for my partner? Do I see a future together? Is commitment an issue? Your responses will let you know if you're in love or not.

**Related Link:** [Jennifer Aniston Reveals Her Romantic Traditions with Justin Theroux](#)

**2. You have a strong connection:** You and your partner have developed a foundation that you're continuing to strengthen. You share the same morals and beliefs, and your bond is unbreakable. If this describes your relationship, the love bug may have bitten you!

**Related Link:** [Jennifer Aniston Throws Birthday Bash for Justin Theroux](#)

**3. There are no comparisons:** If you can't even fathom being with another person and no one else can make you happier, the answer is quite simple. You're in love!

**Tell us about a time that you knew you were truly in love! Share below.**

# Single in Stilettos Show: How to Be Successful with Online Dating



On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach and author Robert Manni about how to be successful with online dating. He answers the following questions: What are the three main things men look for in an online dating profile? What should you do if you're not getting a response? How can a woman contact a man without seeming desperate?



**Related Link:** [Robert Manni on 5 Ways Women Sabotage Themselves with Men](#)

For more information about Single in Stilettos shows, click [here](#).

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

What is your best online dating tip? Tell us in the comments below.

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## **Screwing the Rules Video Dating Tips: Dating Red Flags Revealed on Facebook**





By [E!'s Famously Single Dating Coach, Laurel House](#)

Ever wonder if social media can reveal red flags when it comes to that new guy you're dating? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) believes it can! If your partner asks you to unfriend your cute male friends or feels uncomfortable with you maintaining contact with your ex, it's time for a conversation. "It can really be the ruin of relationships if you let it be," she explains.

## Dating Advice from E!'s *Famously Single* Laurel House on Social Media Red Flags

When it comes to *your* feelings about your partner's social media habits, it's important to trust them until you have a reason not to. If you continually fail to trust them, the dating expert says "pretty soon, that person is going to start acting in a way that's not trustworthy. You're blaming them

for something they haven't done."

**Related Link:** [How to Get a Guy to Commit](#)

Watch the video above for more great dating tips!

*For more information about our dating mentor, click [here](#).*

*For more videos from CupidsPulse.com, check out our [YouTube channel](#).*

How to handle social media issues with your new guy? Tell us in the comments below.

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## Single in Stilettos Show: Do You Push for Commitment Too Soon?





On this week's [Single in Stilettos](#) show, founder Suzanne Oshima talks to dating coach Sandra Fidelis about signs that you may be pushing for commitment too soon. Don't worry – we've all done it! In fact, the top reason why a guy ends a relationship after only a few months is because he's simply feeling too much pressure. In order to not make this mistake, you need to first understand *why* you're pushing him so hard. You may be feeling pressure from your friends, family, the media, or even yourself, thanks to your biological clock.

**Related Link:** [Lori Bizzoco: My Biological Clock is Ticking Away!](#)

Next, Fidelis shares four ways to avoid pushing for commitment too soon: Remain present in the moment; make sure you have your own life; don't think so far ahead; and establish clear boundaries.

For more information about Single in Stilettos shows, click [here](#).

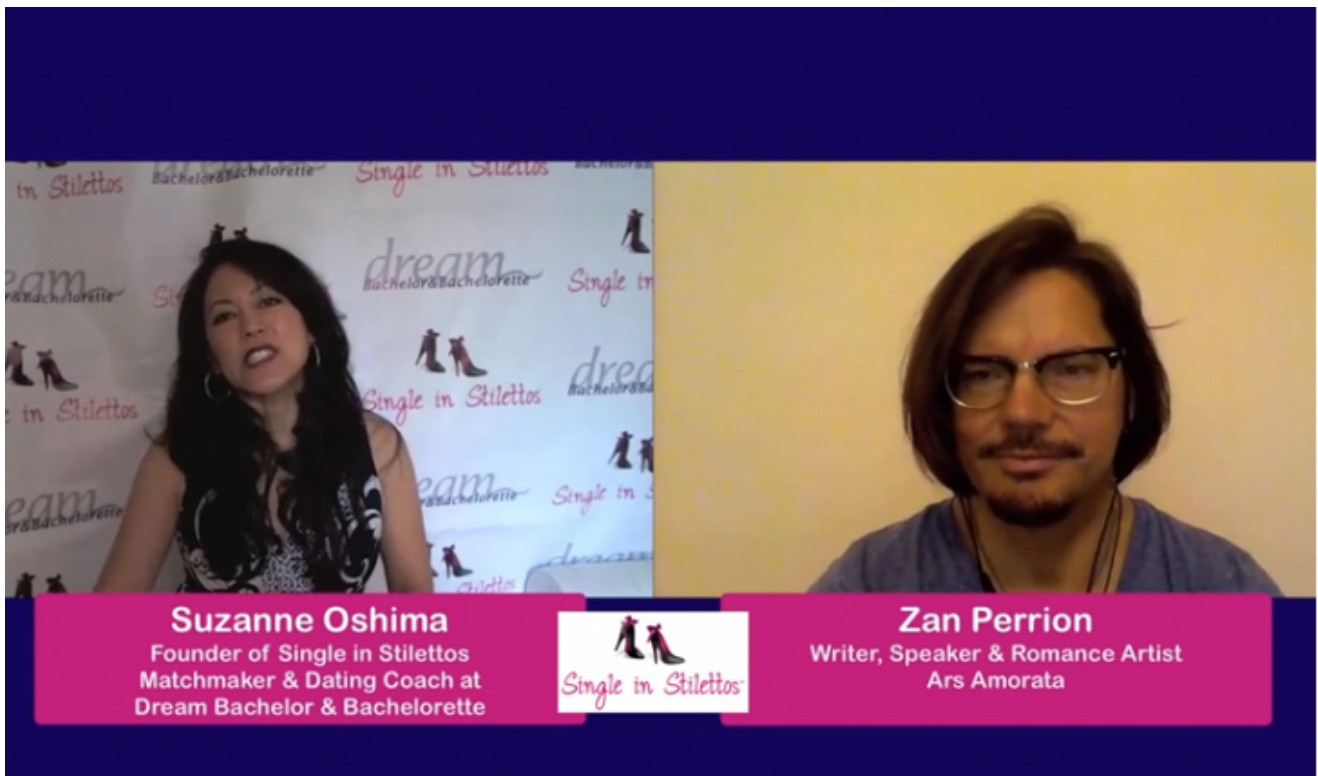
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[channel](#).

Cupid wants to know: How do you avoid pushing for commitment too soon?

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## Q&A: Is It Okay If My Boyfriend Texts His Ex?



*Question from Alex S.: My boyfriend and I have been dating for almost six months. Every once in a while, I'll see a text on his phone pop up from his ex. He says they're just friends, and he's even introduced me to her before, but my girlfriends tell me that it's weird and that I should ask to read their*



*messages. What do you think?*

**Answer from Our Love Experts:**

[Suzanne K. Oshima, Matchmaker](#): If you ask to read the text messages, it's going to be a red flag to your boyfriend. You're basically saying that you don't trust him and that you're insecure about your relationship. It's going to be a huge turn-off to him, especially if there's nothing going on with his ex. Honestly, I think it's far more important for you to find out about his past relationship history and how it ended. Is she trying to win him back after he broke up with her? If so, then it is an issue that he's still communicating with her. Or did they both mutually decide to end the relationship and really are just friends? Believe it or not, it is possible to be friends with an ex. I'm actually friends with a couple of my exes, and believe me, nothing is going on!

Paige Wyatt, Reality Star: A lingering ex-girlfriend is never a comfortable situation, but sometimes, men don't feel negatively about their exes. Men hate drama, and one surefire way to get involved in drama is being rude to their ex. Instead, they figure they'll just be nice and friendly, and it won't be a big deal.

Unfortunately, they have no idea how uncomfortable it makes *you* feel as their current girlfriend. The only way to resolve this issue is to talk to your boyfriend about it. Let him know what you're thinking and try to make him understand from your point of view. Otherwise, he'll never know it bothers you. If he's really over his ex, he'll understand and find you and your feelings more important than talking to her.

[Robert Manni, Guy's Guy](#): Although social media plays a prominent role in relationships, every situation is different, so there's no definitive answer. However, communicating clearly and honestly with your partner is always recommended. In Alex's case, I suggest she forget about asking to read the

texts. Her boyfriend responded when asked, and it could be an occasional harmless exchange.

Let's address the real issue. Alex is uncomfortable, and she doesn't understand why it's important for him to stay connected to his ex. That's a fair question. If her boyfriend knows she feels this way but insists on keeping constant contact with his ex, that's a warning sign. He needs to man up and let Alex know if his priorities are with the past or the present. And Alex needs to determine her course of action based on his response.

*To find out more about our three dating and technology gurus, click [here](#).*

*If you have any questions you would like answered by our experts, please submit them on our [Contact Page](#).*

**Do you still text your ex? Why? Let us know in the comments below!**