

Jon Gosselin Denies Joking About His Celebrity Ex Kate Gosselin's Recent Split



By [Katie Gray](#)

Kate Gosselin has recently split from her millionaire boyfriend. Post-celebrity break-up, her ex-husband Jon Gosselin slammed the rumors that he was joking about her breakup in a social media post. According to [UsMagazine.com](#), "Amid the news, it was rumored that Jon posted the 'praising celebration hands' emoji on his private Facebook page. The dad of eight reveals the incident did happen – but on a fake account." These [celebrity exes](#) have no current relationship and love life and are not on good terms. They split in 2009 and are the parents to eight children, twins Cara and Mady, 14, and 11-year-old sextuplets Aaden, Collin, Hannah, Alexis, Leah, and Joel.

These celebrity exes are definitely not on good terms. What are some ways to remain civil with your ex for the sake of your children?

Cupid's Advice:

It's hard to maintain a civil relationship with your ex sometimes, but in circumstances where you are co-parenting it is extremely important to remain on the best of terms as possible for the sake of the children. Cupid has some advice on how to remain civil with your ex for the sake of the

children:

1. Don't talk badly about your ex: It's important that the children don't feel torn between their two parents, because they love each of them equally and do not need to pick a side. Don't talk negatively about your ex in front of your kids. Let the children feel okay to talk about their other parent freely, without them feeling guilty for doing so. Keep a united front!

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2. Maintain a schedule: Kids need a healthy balance to maintain a happy childhood. The key aspect is to maintain a schedule and keep that pattern. Children do well with stability. When the kids are alternating between parent's homes, keep the schedule the same. Too much inconsistency will put stress on the kids.

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3. Stick to your rules: Sometimes parents try to come up with the same set of rules to have your children follow, even when you are split up. This is great if it is doable. If not, just have your children stick to your rules when they are with you and they can follow the other parent's rules when they are with them. Experts say that children have the ability to adapt to this, it really isn't an issue if you and your ex can't come to the same terms – so don't worry about it!

How have you and your ex remained civil for the sake of your children? Let us know below.