

Celebrity News: Sandra Bullock Leaves Spa Looking Radiant and Happy



By Mackenzie Scibetta

Oscar winner Sandra Bullock has finally found her happiness, and it shows! She was seen leaving [Jennifer Aniston's](#) favorite facialist looking glowing and all smiles, as [UsMagazine.com](#) reported. It's evident that Bullock's new celebrity relationship with photographer Bryan Randall is likely the source of her new bliss. The couple appears to be close with recently married Jennifer Aniston and Justin Theroux, as the duos double-dated while in Texas.

This celebrity news is extremely welcome. What are some ways a new relationship can improve your outlook on life?

Cupid's Advice:

Nothing beats the joy you find when entering a new relationship. As the honeymoon phase kicks in, you will be euphoric in all that you do. This noticeable change in personality can really help other aspects of your life as well:

1. You look forward to every new day: You no longer dread when your alarm clock starts buzzing in the morning, but rather you wake up refreshed and excited to see your new lover. This joyful awakening can help you be on time and more productive at work.

Related Link: [Jennifer Aniston Is 'Very Happy' for Sandra Bullock's New Celebrity Romance](#)

2. You push yourself harder: With a new special someone in your life, you are likely wanting to constantly impress and enthrall them. This relates to that extra mile you now run at the gym and the new cooking class you joined. Allow the enthusiasm for your new partner to transition into enthusiasm for life itself.

Related Link: [New Celebrity Couple Alert! Sandra Bullock Is Dating a Sexy Photographer](#)

3. You treat others with more kindness: Your natural happiness will radiate from you and will encourage other people to keep up with your positive attitude. Happiness will be easier to share because you will have such an excess it would be a crime

to keep it all to yourself!

In what ways did your attitude change for the better when you started dating a new partner? Let us know below.