


Married Celebrity Couple Jennifer Aniston and Justin Theroux Head Back to Work Post-Wedding



 By Mackenzie Scibetta

After tying the knot in secret on Aug. 5, famous couple [Jennifer Aniston](#) and Justin Theroux have returned to work not even a month after their celebrity wedding ceremony. According to [UsMagazine.com](#), Aniston started filming her new movie *Mother's Day* in Atlanta, while Theroux continued shooting his HBO show *The Leftovers* in Texas. The married celebrity couple were both spotted showing off their impressive wedding bands on each of their sets. They spent their celebrity honeymoon in Bora Bora with fellow stars Jason Bateman and Jimmy Kimmel.

This married celebrity couple is back to reality! What are some ways to smoothly transition into married life?

Cupid's Advice:

Getting married is the most exciting and frightening time of your life, so it's natural to feel a little uneasy about the future. You want to keep parts of your previous single life while still accepting this new period of marital bliss. Cupid is here to help you find your balance in married life:

1. Comfort items: Just because you're married doesn't mean you need to toss all aspects of your old life. You want to save items that remind you you're still an individual. For example, keep pictures with your friends on the wall to remind you to still cherish them.

Related Link: [Find Out Details About Jennifer Aniston and Justin Theroux's Celebrity Honeymoon](#)

2. Have your own space: Whether it's the park across the street or a corner in a room, designate an area that is completely yours. It will come as a relief to have these spaces of solitude reserved for when you're feeling overwhelmed. You can seclude yourself from marital stress here with a book, coffee or a nap.

Related Link: [Find Out Why Newlyweds Jennifer Aniston and Justin Theroux Decided to Celebrate Celebrity Marriage](#)

3. Keep your normal routine: If you're married to the right person, you shouldn't have to completely reorganize your day around them. Still go to your yoga class in the morning if it makes you happy, and take a cue from Jennifer Aniston. The newlywed loves acting and even though she just got married she didn't let that stop her from pursuing her passion.

What suggestions do you have for newlywed couples? Let us know below.