

# Expert Love Advice: Matt Adams Reveals the #1 Thing a Man Wants After Looks



In today's [relationship advice video](#), Single in Stilettos founder and matchmaker Suzanne Oshima talks to dating expert Matt Adams about the number one thing a man wants in a woman *after* looks.

## Expert Love Advice from Dating Expert Matt Adams

According to Adams, he looks for physical attraction first and a good personality second. "It's really what attracts me to

them,” he reveals. “If you don’t have as juicy of a personality, you’ve got to work on that a little bit.” There’s more to this expert love advice though: Most of the men who the dating expert counsels want a woman who adds value to their lives. “Are you fun? Are you flirty? Are you adventurous?” he asks. “What are you doing to help his life? Those kind of things are how a man is assessing you as you’re going through the dating process.”

**Related Link:** [Expert Dating Advice: What a Man Doesn’t Want in a Woman](#)

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**Hey guys! What do you look for in a potential partner? Tell us in the comments below.**