

# Khloe Kardashian's Celebrity Ex Lamar Odom Denies Ambushing Her at Gym Class



By Mackenzie Scibetta

Despite being separated for almost two years now, celebrity exes [Khloe Kardashian](#) and Lamar Odom can't seem to stay out of the headlines. As [UsMagazine.com](#) reported, Odom is firmly refuting any celebrity gossip that says he stalked, harassed or grabbed his estranged wife and reality TV star outside a SoulCycle class. Video footage from TMZ shows Odom claiming the he and Kardashian had plans to meet. However, his ex is oddly remaining quiet about this awkward encounter and has yet to address anything about her former celebrity love.

# These celebrity exes are bringing the drama again! What are some ways to keep drama out of your love life?

## Cupid's Advice:

Drama is unfortunately an unavoidable part of life. However, with the right attitude, most unpleasant situations can be diverted. Cupid has three love tips below to help keep your relationships drama-free:

**1. Act only with good intentions:** It's an unwritten rule that those who wreak havoc will ultimately face havoc of their own. Instead of seeking revenge on an ex, show them you're the better person by letting it go or even helping them out. When fighting with your current love resist the urge to intentionally do anything you know will make them angry because, at the end of the day, nothing good comes out of vengeance.

**Related Link:** [New Celebrity Couple? Khloe Kardashian Hangs With NBA Star James Harden in Vegas](#)

**2. Avoid negativity:** You've likely heard it a thousand times but keeping negative people in your life will only attract drama and pessimistic views. Avoid lovers who focus on the bad and seek partners who's positivity emanates directly from them.

**Related Link:** [Celebrity Exes Kourtney Kardashian and Scott Disick Spotted Together Post-Split](#)

**3. Step into their shoes:** Before blowing up on your partner in an argument, try to truly see their side of the argument. See the issue at hand from a new perspective in order to prevent

turning a heated discussion into a full-blown fight.

**What love advice do you have for drama-filled couples? Share your thoughts below.**