

'New Girl' Celeb Zooey Deschanel Returns Post-Wedding and Birth of Daughter



By Maria N. Capalbo

According to UsMagazine.com, celebrity couple Zooey Deschanel and Jacob Pechenik are back in the public eye after their secret celebrity wedding and the birth of their new baby girl! Surely they have been enjoying themselves while being incognito, and after just giving birth, Deschanel is looking great!

This celeb has finally emerged after some major life changes! What are some ways to help your partner deal with big life events?

Cupid's Advice:

Getting back into the swing of things after a big life event may be easy for some, and difficult for others. Cupid has some relationship advice on how to help your partner deal with big life events below:

1. Comfort them: After going through big life events, whether they are good or bad, comforting your significant other is extremely important. Let them know that you care, and give them some extra love.

Related Link: [Zooey Deschanel Splits from Boyfriend Jamie Linden](#)

2. Always lend a hand: Make sure you are there if they need anything, and always offer your support. If they are going through a tough time, offer to pick up one of their daily tasks making their day easier. If they need help planning something, be there to help!

Related Link: ['New Girl' Star Zooey Deschanel Files for Divorce From Ben Gibbard](#)

3. Offer advice: Always be there to give an opinion if they ask. Your significant other may not know how to handle certain situations, so giving them advice could steer them in the right direction.

What are some ways you've helped your partner deal with big life events? Share below!