

Sean Lowe Gives Love Advice to 'Bachelorette' Couple Kaitlyn Bristowe and Shawn Booth



By [Jessica DeRubbo](#)

[Sean Lowe](#), former *Bachelor* and current happily married man, joined *American Idol* in watching the most recent *Bachelorette*, Kaitlyn Bristowe, give her final rose to Shawn Booth. According to [UsMagazine.com](#), Lowe skipped turning to social media with his commentary, and he instead dedicated an entire blog entry to love advice for the newly engaged celebrity couple. In the blog, he says, "Every relationship takes work, especially relationships formed on TV! I remember the few months between filming and the last episode of my season when Catherine and I had to keep our relationship a secret- everything was so exciting. We were in love and we couldn't imagine having hard times or experiencing any issues that might endanger the relationship," he wrote. "That naiveté wore off pretty quickly once we were thrust into the real world. Your relationship is going to run into issues both big and small. It's imperative that you find a way to work through them."

***Bachelor* franchise alums are well-**

versed in love advice! Whose love advice should you trust when it comes to your relationship?

Cupid's Advice:

There's no lack of love advice to choose from, especially with the internet at your disposal. That being said, it's important to weigh whose relationship advice should hold the most importance. Cupid has some tips:

1. Those who have known you for the longest: There's definitely merit to trusting advice from those in your life who know you the best. If someone you don't know is pretending to have in depth insight into your relationship, it's probably red flag. Take whatever those types of people say with a grain of salt.

Related Link: [The LOWEdown on 'The Bachelor' Celebrity Wedding of Sean Lowe & Catherine Giudici](#)

2. Certified/trained professionals: Some people dedicate their lives to helping people and giving advice. Though it's certainly true that you shouldn't trust every single person who says they are professionally trained, it's definitely more valuable that trusting someone who you just met and who isn't certified or trained.

Related Link: ['The Bachelor' Stars Catherine and Sean Lowe on Celebrity Baby Plans: "Not Anytime Soon"](#)

3. Someone who is in a relationship you respect: Sometimes actions speak louder than words, as they say. If you know a specific couple who you wish to emulate someday, they might be good people to get love advice from.

Who else should you trust love advice from? Share your

thoughts below.