Is Sandra Bullock Heading for Heartache Again?





By Dawn Maslar, author of From Heartbreak to Heart's Desire: Developing a Healthy GPS (Guy Picking System)

Just about everyone loves America's sweetheart Sandra Bullock. She showed such grace and charm winning the Golden Globe Award just months after filing for divorce following the devastating cheating scandal with ex-hubby Jesse James. Bullock maintained her dignity while her husband's tawdry affairs were displayed on just about every magazine cover. Most of us couldn't image the pain she was going through.

Now the grocery store checkout lane is displaying Sandra Bullock and Ryan Reynolds in a rebound romance. Bullock divorced Jesse James in June 2010, while Reynolds' marriage with Scarlett Johansson just ended a few weeks ago.

Besides the fact that rebound relationships usually lead to

heartbreak, neither of the stars have very good partner picking skills. Bullock's past attraction to a bad boy biker (who just announced his impending fourth marriage to Kat Von D) shows an attraction to men with questionable loyalty. And Reynolds' past relationship choices aren't much better. His marriage to Johansson only lasted two years, which is actually record breaking for the young actress, since her previous relationships usually lasted less than a year.

If we take a look at who Johansson dated prior to Reynolds, we see many red flags. She dated Justin Timberlake, who has a string of affairs with women who are attracted to the wrong men, including Britney Spears and Cameron Diaz. Diaz's is currently dating Alex Rodriquez, whose dating history is one of a classic player (and I'm not talking about baseball). Diaz also dated Chris Angel, and the relationship seemed to evaporate into thin air. The point is, by looking through this cycle of relationships, it's easy to see why both Bullock and Reynolds should probably keep their distance ... at least for now.

Spokespeople for both of the actors claim the pair are just friends, and we hope they keep it that way. Their relationship histories and current rebound states indicate that a potential relationship could end in heartbreak.