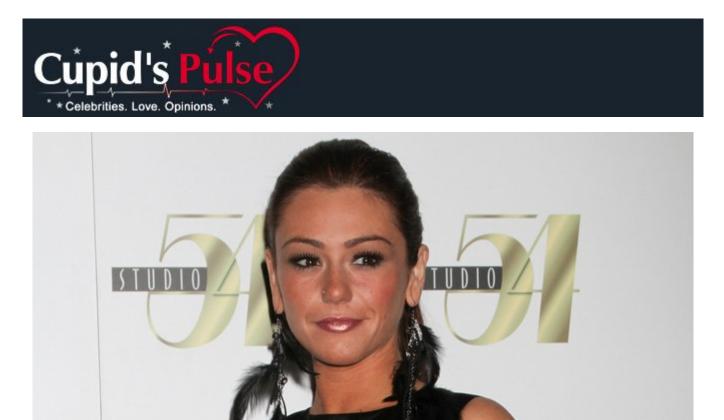
JWOWW's Ex-Boyfriend Speaks Out About Her Dating Advice Book



Jersey Shore star Jenni "JWOWW" Farley is catching some heat in response to her new relationship advice book called, The Rules According To JWOWW, according to RadarOnline. Her exboyfriend, Tom Lippolis, is anything but supportive of her newest endeavor, as he calls her book "laughable." "How could she write a book about dating when she's done nothing but cheat on her boyfriend on national television?" Lippolis asks. Although Lippolis and JWOWW were the only couple to last through more than one season, that ended during season 3 of the hit reality show when Lippolis saw a picture of his girlfriend kissing tattooed trucker, Roger Williams. "If her dating book is about infidelity, disrespect, and/or lack of self-respect in a relationship then I think it will do well, definitely her expertise!" says Lippolis.

Who should you trust to give you reliable relationship advice?

Cupid's Advice:

Choosing who to love and spend your life with is an incredibly important decision, and wanting to get advice and opinions on the matter is a natural result of that. There's no lack of opinions in this world, however, so make sure you only trust reliable sources when it comes to relationship advice:

1. Longtime friends: It takes a long time to truly get to know someone. Instead of trusting the advice of someone who has only known you for a short while, seek the opinions of those who have known you the longest. Plus, they're likely to have your best interests at heart.

2. Family: Your family members have not only known you your whole life, but they're more likely to be straight with you. Instead of the "tactful" filter that's in place with your friends, they'll be blunt with you about their true feelings on the relationship in question.

3. Experts: Check credentials. When you're in the market to hire someone for a job, that person must submit a resume of past experiences to prove he or she is qualified. Take the same approach with relationship advice. Make sure the person giving you advice has experience to draw from.