

Jennifer Aniston Doesn't Understand Girls on 'The Bachelor'



America's sweetheart

Jennifer Aniston reveals that she doesn't understand the ABC show that took our nation full of hopeless romantics by storm. According to *People*, Aniston tells *Allure*, "You know what I find fascinating? *The Bachelor*. I was mesmerized by how these girls, they meet this guy, they have three dates together or something, and they're weeping as though they've just lost the love of their life. I don't understand that." While Aniston may not believe in leaving her love life up to a rose ceremony, one thing the star does say she believes in is "friendship and fun."

Is it possible to fall in love quickly?

Cupid's Advice:

There's no concrete answer as far as "love at first sight" is concerned. Cupid tends to think it takes more than three dates to truly fall in love, and here's why:

1. You need to want it for the right reasons: Sometimes when we're sick of being single, we just settle for the next person who comes along. It's easy to mistake your comfort level being in a relationship versus single for love.

2. It's probably lust: Whether it's the stars, the wine or the intense physical attraction, most of the time the feelings you have after the first few encounters with a person can be misconstrued as love. In fact, it's probably lust, infatuation or a desire for companionship.

3. People are complicated: The fact is, it's not easy to truly get to know someone. People have many layers, and it takes time to break through those layers. The fact is, you can't love someone fully unless you completely know them.