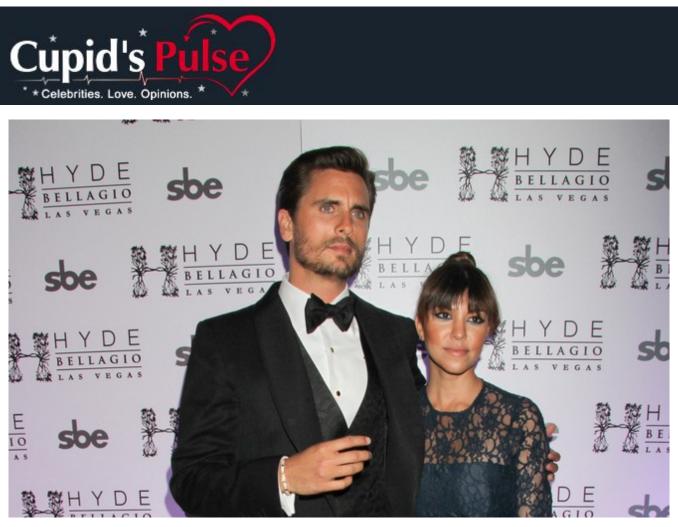
Scott Disick Postpones Vegas Club Appearance Amid Celebrity Break-Up from Kourtney Kardashian



By Katie Gray

Keeping Up With The Kardashians stars Kourtney Kardashian and Scott Disick have called it quits. Amid the <u>celebrity break-</u> up, Disick has postponed his appearance in Las Vegas at 10AK, a popular nightclub. Rumors are flying around that Disick cheated on Kardashian. According to <u>UsMagazine.com</u>, "Kourtney and Scott's friends are trying to fix this mess and get them to work things out, but the whole situation is very bad and it's unclear if they'll bounce back from this," an insider tells Us, adding that Disick had told his friends he was going to pull out from the appearance prior to the announcement." Hopefully these two can work it out!

Scott's getting some heat surrounding his celebrity break-up. What do you do if your friends criticize you during a split?

Cupid's Advice:

Surrounding a split from your partner, it's a tough time. You need your family and friends around to lift your spirits and help you through this stressful situation. When people close to you aren't being supportive, that makes things extra hard. Cupid has some relationship advice on how to deal with criticism during your split:

1. Voice your feelings: The most important thing to do in any situation is voice your feelings. You have to be honest with your emotions, and you need to let your friends and family know how you're truly feeling. If they aren't being supportive and are criticizing you during a split, explain to them what you feel. Maybe they are being critical because they don't know where you are coming from. Let them into your heart and mind. I'm sure they will be supportive once they understand your feelings!

Related Link: <u>Kourtney Kardashian's Family Thinks She Deserves</u> <u>'Much Better' Than Celebrity Ex Scott Disick</u>

2. State what you need: Sometimes those we are close to don't know what we need. People aren't mind readers, even those who know us best. State what you need to your family and friends. They won't know if you don't ask. Maybe you need to talk, maybe you need a hug, or maybe you need help get your things

from your ex-partner's place. Whatever it is, they will be there if they know.

Related Link: <u>Scott Disick Upsets Kourtney Kardashian with</u> <u>Comments About Post-Baby Weight</u>

3. Let them go: At the end of the day, if your friends aren't being supportive of you during a tough time, they are not your real friends. If you have let them know how you feel, explained the situation and told them how you need their support and they aren't being a positive in your life – you have to let them go. Only surround yourself with positive people who uplift you and want you to succeed. Your true friends care about you and won't kick you when you're down!

How have you dealt with criticism during a split? Share your stories below!