

# Relationship Advice Video: Two Quick Ways To Figure Out If He's The One



On this week's [Single in Stilettos](#) relationship advice video, dating expert Suzanne Oshima talks to [relationship author](#) Duana Welch about how to figure out if he's The One.

**Related Link:** [Relationship Advice Video: Do You Have to Be Happy Alone Before You Can Be Happy with a Man?](#)

## Relationship Author Shares Love

# Advice On Figuring Out If He's The One

**1. Look, lean, and listen:** First, lean close to your date; then, look directly in their eyes; and lastly, listen to what they have to say. While you're doing these three things, ask him open-ended questions. According to this relationship advice video, this method completely disarms people because everyone wants someone who will listen to them.

The relationship author encourages you to ask *this* question: "You know, I've had some relationships that didn't work out, and I imagine you have as well. Can you tell me what your ex would say when asked why you're not still together?"

**2. Write a list of every single thing that you want in a life partner:** Welch shares her love advice and says you need to write everything from the sublime to the ridiculous on the list. Then, divide it into must-haves (the shorter list) and put everything else on your wants.

When you go on a date, find creative ways to learn if there are any deal breakers. Look at dating as a job interview. You don't want to wait until you're already in love to ask those important questions!

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