

Hugh Hefner Says Celebrity Ex Holly Madison Rewrote History

By Maria N. Capalbo

According to UsMagazine.com, Hugh Hefner's celebrity ex, Holly Madison, is making some serious accusations about him post break-up! Madison claimed in her new book, *Down the Rabbit Hole: Curious Adventures and Cautionary Tales of a Former Playboy Bunny*, that she was verbally and physically abused by Hefner during her time at the Playboy Mansion. Hefner denies those accusations saying, "You just can't win em all"! Hefner has had many celebrity relationships, where most women have peacefully gone their own way afterwards. Hefner believes Madison is just trying to gain publicity.

Celebrity exes don't always agree. What are some ways to make sure your break-up story doesn't get distorted?

Cupid's Advice:

Sometimes, we don't always have peaceful goodbyes with someone we once were in a relationship with. In some cases, someone's reputation could even be ruined! Below, Cupid has some love advice:

- 1. Make a statement:** Instead of having people wonder what happened between you and your partner, tell them straight up. Both of you should give reasons to what happened, and why so no one is left in the dark, and no one gets embarrassed.

Related Link: [Hugh Hefner and Crystal Harris Debut Cute 2014 Christmas Card](#)

2. Don't go public: Both of you should just go your separate ways instead of making a big deal about things. Be mature about it, and keep it moving!

Related Link: [Kendra Wilkinson Opens Up About Sleeping with Hugh Hefner on 'I'm a Celebrity'](#)

3. Write a letter: Your partner and you should definitely write out why you both are ending things and sign it, so if anything ever happens there is proof that both of you agreed on such terms! Things will not get as confused as a 'he said, she said' situation.

What are some ways you have made sure your break-up story was not distorted?