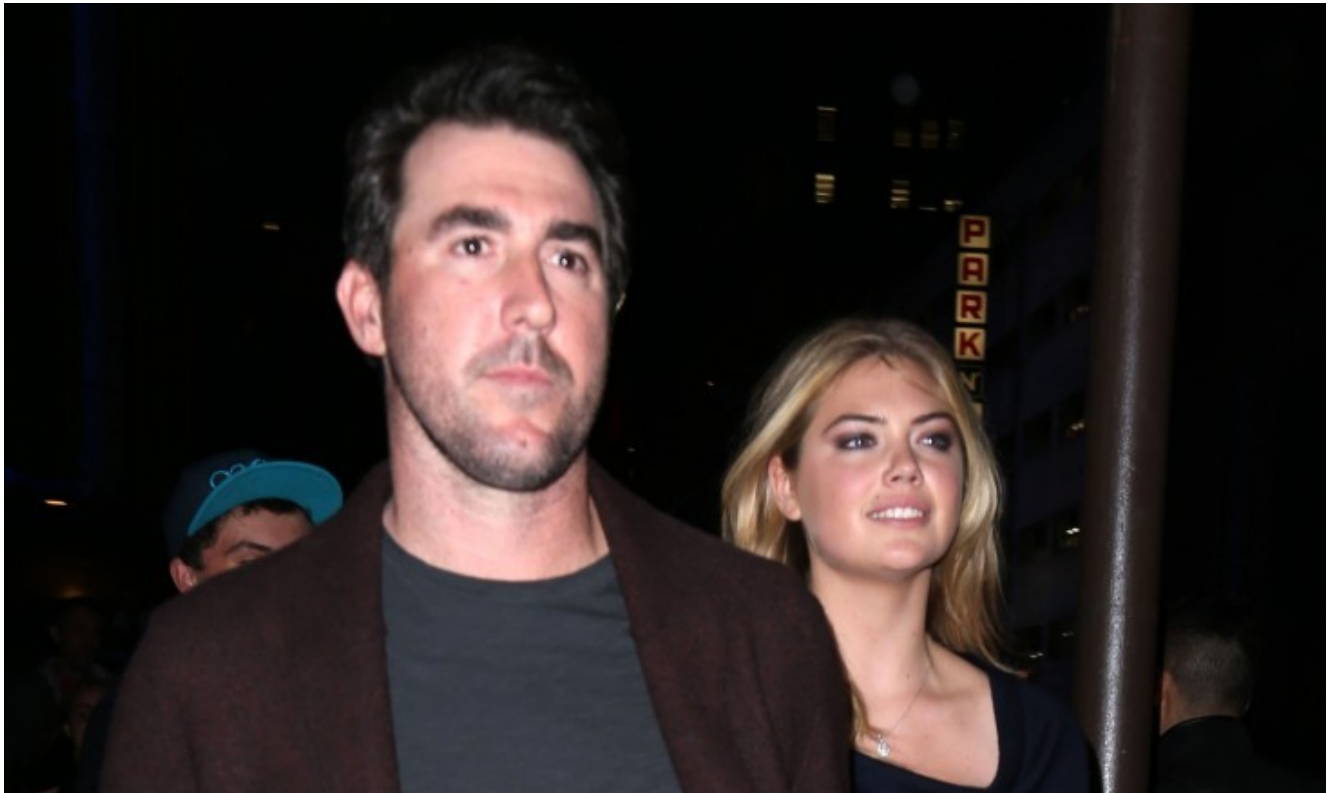


# Detroit Tigers Pitcher Justin Verlander Says Celebrity Relationship with Model Kate Upton is 'Normal'



By Katelyn Di Salvo

A famous model and a professional athlete in a celebrity relationship together? Anything, but the word “normal” may come to mind. Justin Verlander, pitcher for the Detroit Tigers, says otherwise. He told *Forbes* magazine that that’s exactly how it is with his girlfriend, Kate Upton. In the celebrity interview, Verlander said of their [celebrity relationship](#), “And we’re just normal people. You know, normal relationship—believe it or not.” According to [E! Online](#),

these two have definitely portrayed themselves as normal by keeping out of the limelight, and enjoying the simpler things in life. Upton recently sharing a 'dubsmash' video of her boyfriend and best friend on Instagram. Sound familiar to any of your own relationships?

**No scandal to reveal in this celebrity relationship! What are some ways to keep your relationship grounded?**

### **Cupid's Advice:**

Relationships and love can be hard to manage sometimes, but finding someone you can be yourself with is special! How can you make sure you are keeping your relationship 'normal'? Cupid has some tips:

**1. Appreciate each other:** Being in a normal and healthy relationship means you have to appreciate what each of you brings to the table. Show each other how much you care. If he is always driving, why don't you take the wheel for a change, or if she always cooks, cook her a candle lit dinner!

**Related Link:** [5 Celebrity Couples Who Prove Love Can Last A Lifetime](#)

**2. Communicate openly:** This is super important and cannot be said enough: communication is key to a healthy and happy relationship. The path to a grounded relationship means you should communicate with each other openly and honestly about any issues either of you may have.

**Related Link:** [5 Pieces of Love Advice From Celebrity Couples In Long Lasting Relationships](#)

**3. Don't forget the small things:** Treat your partner the way you would treat a guest, Manners are not reserved for company! You should also appreciate the small moments you have together, sometimes those are even more special than the bigger ones.

**What are some ways you keep your relationship grounded? Share your ideas below.**