

# Expert Love Advice Q&A: When Do I Send A Friend Request After A First Date?



*Question from Mandy G.: I went on a first date with a great guy this weekend, but we didn't make plans to see each other again. I want to connect with him on Facebook without seeming overeager. How soon can I send him a friend request?*

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# Facebook Friend Requests

[Suzanne K. Oshima, Matchmaker](#): My expert love advice is that sending a Facebook friend request after a first date is way too soon. When you send it prematurely, you run the risk of it being ignored, which will put you in an awkward situation. If he ignores your request, you may think he's not interested in you. But what it may really mean is that he's not ready to let you in to snoop through his personal life after just one date. Let's be honest: The first thing you will do is go through all his photos and posts to try to figure out what's up with his relationship and love life and if he's dating anyone else! There's plenty of time to get to know him digitally, so wait until several dates in to send that friend request. Otherwise, you may find yourself un-friended from a guy that you just met!

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Paige Wyatt, Reality TV Star: Sending a new guy a friend request on Facebook is a lot simpler than you think. First, you must do a quick sweep of your own page. Make sure there's nothing embarrassing or off-putting posted on there. Don't forget to check your tagged photos! Then, send him a request. If he accepts within minutes (as people often do, thanks to the Facebook app), send him a quick message, something short and sweet to let him know you had a great time on your date. If he doesn't accept your request for a few days, don't automatically assume he's ignoring you. He may not be an avid Facebook user, and in that case, it's better to stay connected via text message instead.

**Related Link:** [Q&A: Should I Tell My Friend Her Crush Has Been Facebook Messaging Me?](#)

[Robert Manni, Guy's Guy](#): Although there is nothing wrong with sending him a friend request, look at the bigger picture. You

just went on a date with this guy, and it sounds like you want to see him again. Although there are no set rules, ending a date without plans to reconnect is usually not a great sign. Consider this dating advice: If this guy wants to see you again, he will reach out soon. Adding him as a Facebook friend is a nice gesture, but I doubt it will do anything to stoke the romantic fires.

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*If you have any questions you would like answered by our relationship experts, please e-mail them to [cupid@cupidspulse.com](mailto:cupid@cupidspulse.com).*

**How soon would you send a friend request after a first date?  
Share your love advice with us in the comments below!**