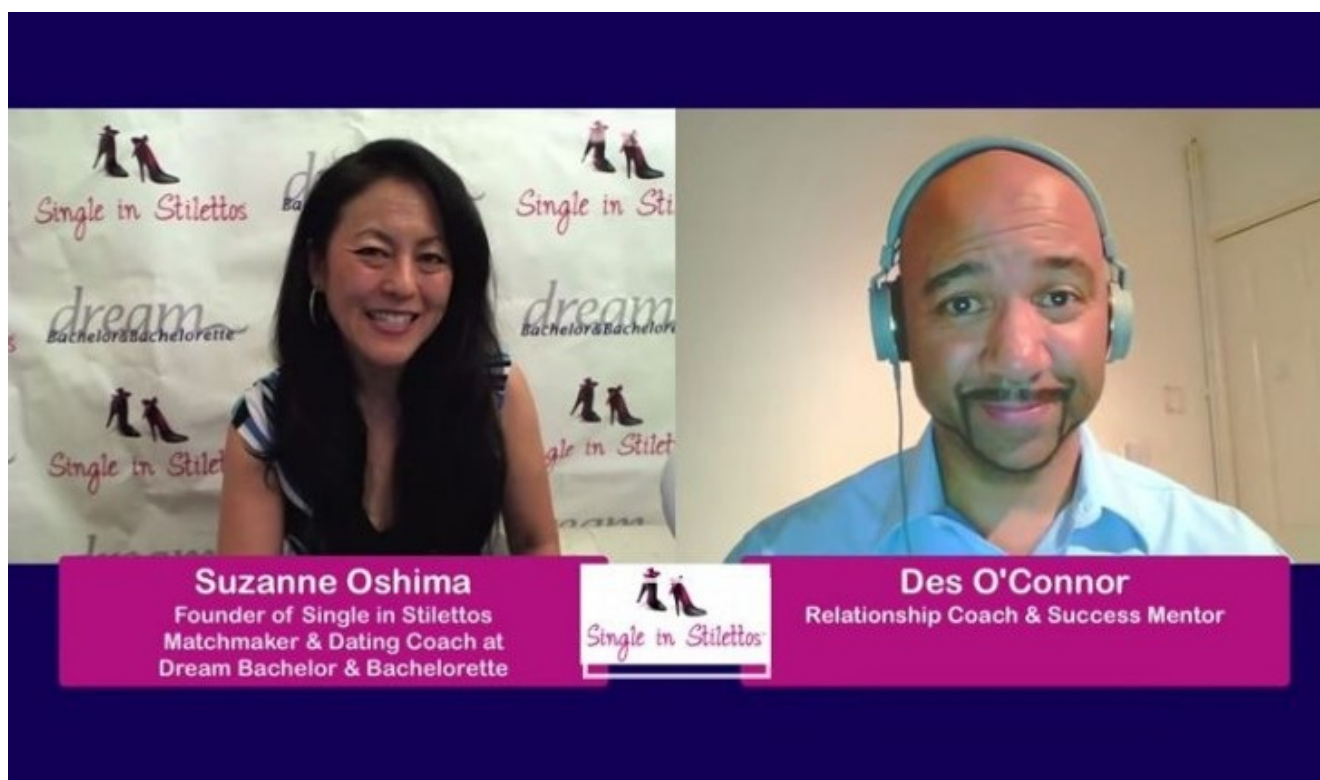


# Dating Experts Give First Date Tips



On this week's [Single in Stilettos](#) show, matchmaker Suzanne Oshima and dating expert Des O'Connor discuss first date tips for women.

## Relationship Advice Video Reveals First Date Tips

Women often go on a first date and expect to have a connection right away. However, that doesn't always happen. According to this [relationship advice video](#), these two dating experts believe that chemistry can grow over time. Don't

decide if you'll go on a second date based on your initial feelings or lack thereof. If your date has potential, then plan a second date – you don't know where it will end up!

**Related Link:** [Why Are You Single? Dating Experts Answer That Dreaded Question](#)

As these relationship experts say, you need to have a plan in place when you go on a date. Make sure you don't talk too much about yourself. Guys are turned off by that. Instead, ask questions and show an interest in what your date does. First dates are kind of like an interview process for a relationship and love, so make sure the date is interesting! When in doubt, just remember that you can't change a first impression.

*For more relationship advice videos and additional information about Single in Stilettoes shows, click [here](#).*

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**What first date tips do you have? Tell us in the comments below!**