

# Ryan Gosling Gushes Over Celebrity Love Eva Mendes Calling Her 'Very Helpful'



By [Courtney Omernick](#)

The celebrity love between Eva Mendes and Ryan Gosling seems to be growing stronger every day! [E! Online.com](#) recently reported that Gosling stated in an interview that Mendes has been instrumental in helping him direct his first film. It looks like their celebrity relationship is one for the record books!

# Celebrity love is in the air! What are some ways to help your partner through a difficult time?

## Cupid's Advice:

While the celebrity relationship between Eva Mendes and Ryan Gosling doesn't seem to need help, that's not always the case with other couples. Your partner may be having a difficult time, and you don't know what to do. Cupid has some relationship advice to help your partner through a difficult time:

**1. Talk it out:** It might not seem like the easiest thing to do right now, but helping your partner talk through their problems will assist them in gaining perspective. And, it will help you figure out what the real issue at hand is.

**Related Link:** [Famous Couple Brad Pitt and Angelina Jolie: When is it Time to Seek Help?](#)

**2. Listen:** Along with talking, comes listening. It's important that you're listening to their issues so that you can provide insight, not just because you're "waiting your turn." Really try to get a sense of what's going on with them.

**Related Link:** [5 Celebrity Couples Who Prove Love Can Last a Lifetime](#)

**3. Keep things present:** There's no use in getting your partner even more worried about what's going to happen in the future because of what's going on now. So, your best bet is to stay focus on the present. What can you do to help them at this moment? Take this one day at a time.

**Share your relationship advice with our readers. How have you helped your partner through a difficult time?**