

# Why Are You Single? Dating Experts Answer That Dreaded Question



In this relationship advice video, matchmaker and [relationship expert](#) Suzanne Oshima talks to relationship author Tinzley Bradford about how to answer the dreaded question, "Why are you single?"

## Dating Experts Reveal How to Handle a Dreaded First Date Question

When you're on a first date, the question about why you're

single is bound to come up. Dating experts say that this question will immediately bring down the energy of the date, and you'll find yourself searching for the best way to answer it. So, here are some great tips to get past this dreaded question with confidence:

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**1. Take a lighthearted attitude and use humor.** The worst thing you can do is get defensive when someone asks you that question on a date. Be lighthearted, laugh, and ask the question right back. After all, they're single, too!

**2. Let them know that you don't want to be in a relationship for the sake of being in a relationship.** Make sure your date knows that you want to find the right person to be part of your life; you don't want to be with just anyone.

**3. Be honest and tell them you haven't had the chance to focus on a relationship until now.** You can be honest and tell your date that dating hasn't been your priority because you've been busy with other things, like your career.

These dating experts say it's inevitable that you will get asked this question at some point, but it's important to not get insecure. Instead, use your sense of humor and put a positive spin on it. And then...you can change the subject to a topic that makes you feel more comfortable!

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