

Kim Kardashian Talks Celebrity Pregnancy Grievances



By [Katie Gray](#)

There is a new [celebrity baby](#) on the way! That's right, [Kim Kardashian](#) announced her celebrity pregnancy on her reality show *Keeping Up With The Kardashians* recently. Kardashian and husband [Kanye West](#) have been trying for a second child, and now it's happening again. The pop culture pair have a daughter, North West. Kardashian admits that she doesn't care for wearing flats and has had some issues with pregnancy spanx. According to [UsMagazine.com](#), "Despite her pursuit for comfort, the 5'3" star said she loves heels. 'I happen to hate the way I look in flats,' she complained. 'It's really hard for me so I'm already thinking, like, 'What the f— am I going to do?' And when I was pregnant, it was the hardest thing. But I know it's better and easier, you know, so it's a struggle.'" The reality starlet says this time around she has a nutritionist and has been taking it easy and enjoying herself.

Celebrity pregnancies have the same physical toll the rest of us experience. What are some ways to support your partner through pregnancy?

Cupid's Advice:

Supporting your partner through pregnancy is important, because both of those involved should go through the trials and tribulations the process throws out. Cupid has some tips:

1. Listen: The best piece of relationship advice in this case is to listen to your partner, especially during pregnancy. It's key to listen to all of her thoughts, feelings and emotions during this exciting and nerve wrecking experience. It will bring you both closer, too! You're in this together!

Related Link: [Kim Kardashian and Kanye West Announce Celebrity Pregnancy for Baby No. 2](#)

2. Do the heavy lifting: It's really nice to do the heavy lifting, physically and mentally, when your partner is pregnant. They say that it's not good for pregnant women to lift heavy things, so don't have them do tasks that involve that. Offer to do the driving, ask her if she needs anything, cater to her cravings, encourage her to rest and relax, give her surprises and make her feel uplifted when she is nervous.

Related Link: [Famous Couple Kim Kardashian and Kanye West Show PDA After Brit Awards](#)

3. Presence is the true present: The best present is always your presence! This is true especially during the wonderful stage of pregnancy. You can show your support by going with your partner to appointments, giving them massages, cooking them dinner, helping decorate the baby's room and going to classes for pregnant parents.

What are some ways you have shown or been shown, support, during pregnancy? Share your stories with Cupid below!