Denise Richards and Nikki Sixx Split





Even though sources

say they were never more than casually dating, actress Denise Richards and rocker Nikki Sixx have decided to call it quits, according to UsMagazine.com. Charlie Sheen's former flame started quietly dating Sixx, the Motley Crue bassist, in December. Although a source originally said of the couple, "They have a lot in common and are taking things slowly," one of Richards' insiders insists, "It's crazy how this is being made out to be some big breakup. They were never exclusive or serious to begin with! I could count on my hand how many times they went out. They decided to try it and she was not interested."

If you're not interested in someone, how do you tactfully let him know?

Cupid's Advice:

We've all been there. There's someone who's interested in pursuing something with you, but you're just not feeling it. Cupid has some ways to let someone know he's not "the one" in the least brutal way possible:

1. Make it clear it's not his fault: As you're explaining that you just don't see a future with this person, make it clear that it's nothing he's done specifically. It doesn't always have to be a drama-filled declaration. Sometimes there's just no spark.

2. Be humble: There's no room for being a diva in this type of situation. The worst thing you can do is leave him with a feeling that you think you're better than him. In most cases, you're not better than him. You're just different people.

3. Let him down gently: Don't just walk up to him, say your piece, and leave. If he's interested in discussing why you feel the way that you do, be understanding of that and answer his questions. If you were in his position, wouldn't you want the same courtesy?