

# Find Out 'The Bachelorette' Kaitlyn Bristowe's Worst Date Moment So Far



By

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This season of reality TV's [The Bachelorette](#) is just getting started and there are already intense moments happening with Kaitlyn Bristowe and her men. On her blog for [People.com](#), she wrote that having a group boxing date idea was fun, but there were a few moments where the bachelorette was nervous about how competitive the contestants might be. When Ben Zorn and Jared Haibon stepped into the ring to fight, "I was terrified. I think you could actually see my heart beating out of my chest! At least it felt like it. The hit Jared took was my worst

nightmare.” The episode ended with Kupah James being eliminated and storming off in anger.

## **This ‘Bachelorette’ is starting things off with a bang! What are three unique things to do on a first date?**

### **Cupid’s Advice:**

First dates can set the tone of how the rest of the relationship and love will continue, so it’s important to start off on the right foot. Great dates don’t have to be extravagant or over the top, but creativity does count. Here are a few relationship tips for planning a fun and unique first date:

**1. Go rock climbing:** If you and your new partner are into physical activity, strap on a harness and go rock climbing. Many cities have indoor facilities where you two can show off your competitive edge and see who can make it to the top first.

**Related Link:** [Spoiler Alert! This Season’s ‘Bachelorette’ is Revealed](#)

**2. Homemade dinner:** Going out for dinner is a classic first date idea, but making it yourself adds a unique twist. You and your date can go grocery shopping together, pick out the ingredients and start cooking. It’s a fun way to get to know your date in a stress free environment.

**Related Link:** [New Photos: The Countdown to ‘The Bachelorette’ Begins with Britt and Kaitlyn](#)

**3. Take a class:** There are many places you can go to take a

fun and short class, such as pottery or painting. Plus, at the end of the date you two will have a cute souvenir to take home!

**What did you and your partner do for a first date? Share below.**