

# Former Bachelor Ben Flajnik Was 'Not Happy' With Courtney Robertson's Tell-All Book



By [Katie Gray](#)

This celebrity couple, who originally met on [The Bachelor](#), are not living happily ever after. Though Courtney Robertson and Ben Flajnik did celebrate their [celebrity engagement](#), they never made it down the aisle. Things post break-up got even worse when Robertson wrote a tell-all book called *I Didn't Come Here to Make Friends: Confessions of a Reality Show Villian*. "The only backlash I got was from Ben himself," said Robertson, according to UsMagazine.com. "I did hear from him. He was not happy. I got a couple of emails. I actually didn't

respond to his last email but I wish him well. He has moved on and I've moved on."

## **This former *Bachelor* couple did not split amicably. What are some ways to reconcile after a bitter break-up?**

### **Cupid's Advice:**

Not every relationship and love ends happily, and when a split occurs, it's not always amicable. Cupid has some ways to reconcile after a heated break-up:

**1. Kiss and make up:** The best way to reconcile after a break-up is to put everything on the table and tell one another your true feelings and hopes for the future. Make amends by being honest about your genuine feelings for each other. Kiss and make up!

**Related Link:** [What Does Astrology Tell Us About 'Bachelor' Ben Flajnik and His Quest for Love?](#)

**2. Take a vacation:** Sometimes it's good for people to get away to find themselves in order to recharge their batteries. Go on a little trip with your partner to rediscover what you like about each other and determine a plan to make things work in the future.

**Related Link:** [Ben Flajnik Proposes Marriage on 'The Bachelor'](#)

**3. Renew your commitment:** When you're going to get back together with your partner, it's imperative that you re-establish what you both want for the future and what your plans are to achieve it. Some ways to do this are to write each other letters with your feelings, have a wedding renewal

ceremony, talk it out over a date or do something special – together!

**What are other ways to reconcile after a heated break-up?  
Share your thoughts below.**