

# Expert Relationship Advice: Is Getting Hitched Irrelevant These Days?



By [David Wygant](#)

Take a look at all of the [celebrity couples](#) out there that don't make marriage a priority in their relationships and love: [Kourtney Kardashian](#) and Scott Disick, [Jennifer Aniston](#) and Justin Theroux, Goldie Hawn and Kurt Russell. Does that mean that you have to do what these famous couples do? Per my expert relationship advice, no one should ever follow the example of a celebrity. A celebrity is just someone who happens to have lucked into a career – who had enough talent, timing, connections, or serendipity. Look at Kardashian, for instance. Her lack of talent is painfully apparent, but her

mother is an absolutely brilliant marketer. She was able to get a terrible reality TV show on the air and capture the public's morbid curiosity...and the rest is history.

**Related Link:** [Why Kourtney Kardashian and Scott Disick Don't Need to Get Married](#)

## Expert Relationship Advice About Marriage

You need to stay on the path of your own life and follow your heart. Marriage is something that is definitely, in today's day and age, different than it's ever been before. As a relationship expert, I find that most people who get married these days don't have the patience to stick it out. And why is that? Because the word "commitment" doesn't mean what it used to. When people used to get married, it was "for life." The term "'til death do us part" was used because people got married very young and died young too, so death was usually what parted them.

I can't tell you whether to get married or not, and I can't tell you whether it's irrelevant for you. My expert love advice is simple: You need to search deep inside and ask yourself, "What do I want out of life?" Do you want to get married? Do you want to have children? Do you want to raise a family? You have to decide what *you* want to do based on who you are as a person, not based on the story your parents passed on to you and not based on the expectations of others or some fairy tale you heard as a kid. After all, marriage is not for everyone.

**Related Link:** [Bristol Palin Cancels Celebrity Wedding](#)

I've met a lot of young people who have no interest in getting married. As a matter of fact, they have no interest in having a family. All they want to do is enjoy life. Marriage is

great, but it takes two people to grow and learn, step outside themselves, and be willing to love somebody unconditionally. If you don't have that in a relationship and you're not willing to be vulnerable or to make sacrifices, then my expert relationship advice is that marriage is irrelevant for you.

If you take two self-absorbed individuals and throw them into a relationship and love, you have two people who are afraid to work on themselves, and the marriage will never last. Think about what you really want because, at the end of the day, this journey of life is all about you. Write down how you want to spend your time. Write down how you feel about marriage, children, etc. And then date accordingly. You'll find plenty of people who feel the exact same way as you!

*David Wygant is an internationally-renowned dating and relationship coach, author of the new book [Naked and speaker](#). Through his boot camps, personal coaching and his [website](#), his advice has transformed the dating lives and relationships of hundreds of thousands of people from every corner of the globe.*