

# Relationship Movie 'Playing It Cool' Features a Loveless Chris Evans



By [Courtney Omernick](#)

In the new relationship movie *Playing It Cool*, a screenwriter (Chris Evans) is having a hard time writing a romantic comedy because he doesn't believe in [relationships and love](#). One evening, at a charity banquet, he meets "her" (Michelle Monaghan), and the rest is history.

**Check out Cupid's relationship movie review of *Playing it Cool*, which hits theaters May 8th!**

**Should you see it:**

This relationship movie can definitely be categorized as a chick flick. If that's what you're looking to see, then look

no further than *Playing It Cool*. This movie is also packed with amazing actors such as Chris Evans, Michelle Monaghan, and more!

### **Who to take:**

This film would be great to see with your friends or significant other.

### **How can you bounce back after a breakup?**

#### **Cupid's Advice:**

As explained in the movie, Chris Evans' character has a hard time with relationships and love because his mother abandoned him as a young boy. If you've ever gone through a break-up, it can feel just like abandonment. Sometimes, a breakup can leave you wanting nothing more than to wallow in your bed with a tub of ice cream. Don't worry! Cupid is here to give you advice for bouncing back:

**1. Invest in yourself:** Now that you will probably be spending more quality time alone, don't view it as being lonely. Take this opportunity to rekindle an old passion or see the world!

**Related Link:** [What NOT To Do: The 5 Most Devastating Celebrity Break-Ups and Why They Happened](#)

**2. Seek support:** If you're having a hard time going through life alone, reach out to friends and family. Nothing beats a good weekend with those who really "get" you.

**Related Link:** [5 Pieces of Love Advice From Celebrity Couples in Long-Term Relationships](#)

**3. Give back:** Just when you think your life is awful, there is someone out there going through a much harder time. It's important to focus on your growth as a person during this time period. One way you can do that is through volunteer work, mentoring, etc.

**How have you bounced back after a break-up? Comment below!**