

# Laura Knight



Laura Knight is a reality TV star, featured on season two of Bravo's *Newlyweds: The First Year*. Originally from Florida, she decided to move to Washington D.C. for a fresh start and met the love of her life, Kirk Knight, on a blind date. She is the owner of an insurance brokerage company and is also a Pilates instructor. After three years of maintaining their [relationship and love](#), Kirk proposed, and the reality TV stars got married on November 15, 2013. Laura Knight finally convinced her husband to settle down and start a family. The celebrity couple currently lives in Bethesda, Maryland and recently welcomed their first child together, son Jackson.