

Product Review: Get Fit with Gaiam's New Versatile Spring Workout Attire!



 *This post is sponsored by Gaiam.*

By Jenna Bagcal

The start of spring symbolizes new beginnings, whether they are in friendships, love, or your fitness routine. To get ready for summer and shed those extra pounds you might have gained over the long winter months, get fit with Gaiam's new versatile spring workout gear! In this product review, learn about the Curve Capris and the Hooded Petal Long Sleeve Tee, both of which are perfect to wear during your workout and long after you're finished at the gym. These stylish workout clothes are functional *and* fashionable, so you can plan a fitness [date idea](#) for you and your honey or wear them while running errands after spin class.

Get a Fresh Start With Your Fitness Routine, Thanks to This Gaiam Product Review

In celebrity gossip magazines, stars are photographed going to the gym, grabbing lunch, or walking their dogs in cute and comfortable fitness clothes. Thanks to Gaiam, you can emulate your favorite A-listers with two of the company's products from their new line of spring apparel. Make sure you stay stylish and comfortable, whether you're working out or hanging out!

The first item in our product review is the Curve Capris, which fit on the body snugly while still allowing for a wide range of movement during exercise. These capris sell for \$60 and come in five fun colors, from true blue to a funky black gaia print. They feature SOFTech Fabric, a super soft, breathable, and quick-drying fabric that is perfect for warm spring and summer workouts. The mesh detailing and ruching in the fabric adds a fashionable touch to your everyday performance wear. Plus, the wide waistband on adds comfort as well as convenience, thanks to a small pocket inside to store items like keys and chapstick.

Pair your comfy Curve Capris with Gaiam's Hooded Petal Long Sleeve Tee, which can be worn three different ways. This hoodie not only looks and feels great, but the convertibility adds variety to your workout gear and makes it feel like you have three different shirts in one! This \$46 long-sleeve tee comes in three colors and features the ultra-comfortable SOFTech Fabric. The slouchy hood can be worn over the head, off the shoulder, or as a cowl neck to make sure you stay chic during your workouts or while casually hanging out with your beau.

Both of these products run from sizes small to extra large and can be purchased on [Gaiam.com](https://www.gaiam.com).