

# Famous Couple Jon Hamm and Jennifer Westfeldt Slam Break-Up Rumors



By Maggie Manfredi

They're staying strong! According to [UsMagazine.com](http://UsMagazine.com), famous couple Jon Hamm and Jennifer Westfeldt are rejecting any and all break-up rumors. Hamm's rep stated, "The story that appeared in this week's edition of *In Touch* magazine is not true. The only gentleman Jennifer visited regularly in Connecticut was Jon, while he was in rehab. They continue to ask for the public's understanding and sensitivity during this challenging time." The Hollywood couple did prove other rumors true recently when Hamm did a 30 day stay in rehab for his alcohol addiction.

# This famous couple is denying being on the rocks! What are some ways to avoid letting rumors affect your relationship?

## Cupid's Advice:

People are always going to talk. Cupid has some tips to deny the dish like celebrity couple Jon Hamm and Jennifer Westfeldt:

**1. Share what you want:** When you're talking about your relationship and love life, be sure to only share what you want to be sharing. Rumors can be made up, but they can also start from the source and get twisted and turned into something else. Start by being cautious about what you bring to the public.

**Related Link:** [Jon Hamm Explains Why He Would Be a 'Terrible Father'](#)

**2. Laugh it off:** Rumors can be outlandish and just embarrassingly wrong. If they are ridiculous, just brush them off and find amusement in the sheer craziness of it. You know what your relationship means to you and your partner and where you stand, so take comfort in that and let the haters keep talking.

**Related Link:** [Bobby Flay Helps January Jones After a Hit-And-Run Accident](#)

**3. Communicate:** Ultimately the most important thing is honest and open communication between you and your partner. Stand by each other, defend each other, and just have fun together. Give them something good to talk about!

**How do you keep the rumors at bay? Share your advice below!**