

# New Celebrity Couple Alert! Ryan Adams is Dating Amber Heard's Sister, Whitney



By Meranda Yslas

Hollywood has a new [celebrity couple](#)! Singer Ryan Adams is now dating singer Amber Heard's younger sister, Whitney Heard, according to [People.com](#). Just two months earlier, Adams and actress Mandy Moore officially announced their celebrity divorce. Although the celebrity couple had been married for almost six years before the split, they were going their separate ways beforehand. One insider shared, "They really were just two very different people. He's such an introvert, and she may not want her life out there every day, but she's so sweet and friendly and social. Total opposites."

# It looks like former celebrity couple Ryan Adams and Mandy Moore are going their separate ways! How do you know when you're ready to move on from a past love?

## Cupid's Advice:

Moving onto a new relationship and love is exciting! However, if you find yourself constantly thinking about your ex, maybe you're not quite ready to start something new. If you need some reassurance that you're over your old fling, here are some signs:

**1. Thinking of the future:** What do you imagine your life being like in the next three months? Year? Five Years? If in these fantasies and future goals, your ex partner isn't in them, it's safe to say that you've moved on from him.

**Related Link:** [Mandy Moore and Ryan Adams File for Celebrity Divorce After 6 Years of Marriage](#)

**2. You've stopped talking about them:** It's a tell-tale sign that you aren't over your ex if you find any excuse to bring up their name. Some simple relationship advice: if you want to forget about a past love, don't constantly remind yourself of it.

**Related Link:** [Mandy Moore and Ryan Adams Celebrate 5-Year Anniversary](#)

**3. Excited for love:** If you can picture yourself in a new relationship with different people, then your ex isn't a problem anymore. You are free from any lingering feelings that may have stopped you from grabbing fro-yo with your cute coworker.

**How did you know you were ready to move on from a past love?  
Share below!**