

Josh Murray Has Moved On After Celebrity Break-Up from Former 'Bachelorette' Andi Dorfman



By

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It's only been two months since his sudden celebrity break-up with [Andi Dorfman](#), but Josh Murray seems to be doing just fine. At the iHeartRadio Music Awards, [E! Online](#) asked him if he missed his celebrity ex, and he said no. "We're friends and

everything like that,” he responded. “But at the end of the day, when you’re very different from somebody else, it just doesn’t work out.” He also said that, while eventually he wants a relationship and family, he’s not dating right now. When asked if he would consider returning to [The Bachelorette](#) to find that special someone, he replied, “It was a great experience, but I did that already, and I’m kind of moving on from that specific part of my life.” Still, he hasn’t ruled out the possibility of being the next *Bachelor* if asked.

The winner of *The Bachelorette* seems happy without his celebrity ex. What are some ways you can cope with a break-up and move on too?

Cupid’s Advice:

Breaks-ups, no matter the circumstances or the length of the relationship, are tough on everyone. Following *The Bachelorette* winner’s lead, Cupid has some dating and relationship advice to help you cope after a split:

1. Everything happens for a reason: Murray is more equipped to move on from his celebrity ex because he understands why their relationship and love didn’t last. Knowing the cause behind your break-up will help you deal with it for many reasons. First, once you identify the issues, you can stop wondering what went wrong. And second, it will help you avoid similar situations or mistakes so you’ll have more success in the future.

Related Link: [‘Bachelorette’ Season 10 Couple Andi Dorfman and Josh Murray Call it Quits](#)

2. Forgive and forget: It’ll be hard to move on if you’re still harboring negative feelings for your ex. This is easier

said than done, but once you're able to let go of your hurt and stop placing blame, you'll be in a much healthier and happier place. You'll know you've truly dealt with your break-up when you can look at your ex and say that you only wish them well.

Related Link: [‘The Bachelor’ Host Chris Harrison Says He “Had No Clue” Andi Dorfman & Josh Murray Would Break Up](#)

3. C'est la vie: While it's upsetting and disappointing when a relationship ends, try to remember that, if it was truly meant to be, then it would have worked out. Spend more time thinking about the exciting opportunities of your future than you do worrying about the mistakes in your past.

What have you done to move on from a breakup? Tell us below!