

# Source Says Hollywood Couple Miley Cyrus and Patrick Schwarzenegger Are 'Going Through a Tough Time'



 By Maggie Manfredi

Most of us wish we could forget some of our college spring break mistakes! According to [People.com](http://People.com), Hollywood couple Miley Cyrus and Patrick Schwarzenegger are “going through a tough time” in light of the recent paparazzi photos taken of Schwarzenegger. The USC student was spotted with a young woman on the beach in Mexico, but Schwarzenegger immediately denied any cheating allegations. A source close to the famous couple stated, “He didn’t cheat or kiss anyone but she’s still not happy about the photos. It’s just embarrassing for her, and him.” Cyrus has continued on with a surprise appearance and work trip to Las Vegas, while her boyfriend has been staying out of the spotlight for now.

**It looks like we have a case of celebrity couple heartache! What are some ways to cope with trust issues surrounding your partner?**

## **Cupid’s Advice:**

Trust and honesty are both key elements in a successful relationship. Especially if you are like Schwarzenegger and Cyrus, traveling and working a lot. Cupid has some tips on how

to deal with trust issues:

**1. Open communication:** Make sure that you and your partner make communication a top priority, especially if trust issues are coming into play. Be honest, kind and simply talk things out. If things are becoming worse or you need outside help, don't be afraid to seek counseling to open up the channel of communication together.

**Related Link:** [Celebrity News: Katherine Schwarzenegger Defends Brotherpatrick Schwarzenegger Amid Miley Cyrus Cheating Allegations](#)

**2. Set guidelines:** If you or your partner are traveling or going out solo, set some rules so that there are no surprises. Let them know if you are going to be texting during the night, or if you just expect a call before bed. Make sure you know what kind of communication is going to take place and handle whatever else you feel is necessary before being apart. Having space is part of a healthy relationship, knowing how to handle it is what makes couples stronger.

**Related Link:** [Miley Cyrus' Celebrity Love Patrick Schwarzenegger Gets Crazy With Mystery Girl](#)

**3. Past relationships:** A good portion of trust issues in current relationships stem from bad experiences in past ones. Be open about those experiences, especially if they affect the trust you have in your new partner. Also, be aware of that prejudice can sneak in even before your partner gives you a reason to distrust.

**Do you think the Hollywood couple can make it through this scandal? Share your predictions below!**