

Relationship Movie 'While We're Young' Features Ben Stiller Reliving His Youth



WHILE WE'RE **Young**

By [Courtney Omernick](#)

As a childless couple in their mid-forties, it seems that all of Josh (Ben Stiller) and Cornelia's (Naomi Watts) friends are starting to settle down and have children. While Josh is teaching a class in New York, he encounters Jamie and Darby, a young couple full of life in their relationship and love. After Josh and Cornelia befriend Jamie and Darby and start

“living” again, Josh slowly starts to suspect that Jamie might be using him for his professional connections.

Should you see it:

This relationship movie is a bit of a chick flick with a twist. And if that’s what you’re looking for, than look no further than *While We’re Young*. This movie is also packed with amazing actors such as Ben Stiller, Naomi Watts, Amanda Seyfried, Adam Driver, and more!

Who to take:

This film would be great to see with your friends or significant other.

How can you pump some life back into your relationship?

Cupid’s Advice:

Especially if you’ve been with the same person for quite some time, you can eventually get stuck into a routine with them. It may seem to you like the desire you had for them when you first started dating isn’t there anymore. You’ve lost that spark, or connection. Well, if you want to revive what you deem a dead relationship, check out our advice below.

1. Take a look at yourself: Do you know how *you’re* contributing to the lull in the relationship? Nobody wants to admit that they’re personally responsible. You may think that it’s much easier to blame someone else. However, before you start playing the blame game, take a look in the mirror.

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2. Don’t think about what’s fair: You’ll probably have to practice guiding your partner to a better relationship. It’s unrealistic that it will come naturally. It’s not fair, and

it's going to take some work on your part, but it's what will save your relationship.

Related Link: [Is It Okay to Hoop Up With Your Ex?](#)

3. Be positive: Too often, we provide our partners with negative reinforcement. Now, it's time to change that. Be sure to thank your partner for doing the dishes, compliment them, and smile at them. These small gestures will go a long way.

How have you pumped some life back into your relationship? Comment below!