

Haylie Duff Resists Maternity Clothes For Much of Celebrity Pregnancy



By [Katie Gray](#)

In latest celebrity news, Haylie Duff, sister of Hilary Duff, is progressing in her [celebrity pregnancy](#)! She has been vocal about how she tried to fight wearing maternity clothes but finally had to succumb at this stage in her pregnancy. According to [UsMagazine.com](#), she said, "I was fighting the good fight on buying maternity clothes, but now, I just have this massive belly and I can't deny that I'm pregnant any longer!" Congrats to Duff and her fiancé Matt Rosenberg! Her nephew Luca will have a cousin to play with soon.

Celebrity pregnancy or not, adapting to a growing belly can be an emotional experience. What are three ways to come to terms with it?

Cupid's Advice:

If you're having a baby, it's always best to keep stress and emotional turmoil to a minimum. Cupid has some tips:

1. Research: When you're pregnant, it's a good idea to conduct some research. Learn about the changes that will be happening in your body so that you know what to expect. After you read about it and/or take a course about it, you will feel better about being pregnant. Speak with other women in your life who have given birth and experienced the whole pregnancy process as well.

Related Link: [Haylie Duff Engaged to Matt Rosenberg](#)

2. Fitness: Experts say it's important to stay fit when you are pregnant! Don't let yourself go just because you have someone growing inside of you. Exercise is excellent for you *and* the baby. You'll have a smoother delivery and lose the weight quicker after giving birth. Plus, it will make you feel good during this life-changing experience.

Related Link: [5 Celebrity Mother-Daughter Look-alikes](#)

3. Shopping: When the going gets tough, the tough go shopping! Just because you are pregnant doesn't mean you can't still dress with style. Many designers have maternity lines. Search for the stores that suit your sense of fashion and your growing belly. Embrace it!

What are some ways you have adjusted to your belly during pregnancy? Share your stories with us below!