

Rascal Flatts' Jay DeMarcus Welcomes a Baby Girl



Country singer and Rascal Flatts member Jay DeMarcus has officially joined the “dad club,” according to [People](#). He and wife Allison DeMarcus, a former Miss Tennessee and CMT personality, welcomed their first child, daughter Madeline Leigh DeMarcus on Saturday. He joins bandmates Joe Don Rooney and Gary LeVox in the world of parenthood. In fact, LeVox had a word of advice for the new dad: “Gary told me to strap in and hold on for the wildest ride of my life,” said DeMarcus. “I didn’t get much sleep last night. I kept waking up and thinking ‘Oh my gosh, I’m a father!’”

How does the relationship with your partner change after a baby?

Cupid’s Advice:

Bringing a child into the world is bound to change your life, there's no doubt about it. The relationship between you and your partner may take a different form as well:

1. No free time: The time you had to spend quality time together before has now been reduced significantly. Between feedings and diaper changing, you must work harder to squeeze in alone time.

2. No idle conversation: When you have your first child, you're bound to be consumed with caring for him or her. Try not to let your conversations solely revolve around the new addition to your family. Discuss things that were important to you before the birth of your son or daughter, too.

3. Upbringing disagreements: Chances are that you aren't going to agree about everything when it comes to raising your children. Don't let the conversation get in the way of remembering your love for one another. Prioritize and compromise.