

# Screwing the Rules Video Dating Tips: Never Listen to THIS Relationship Advice



By [E!'s Famously Single Dating Coach, Laurel House](#)

Does your best girlfriend, your mom, your sister, or any other female in your life try to give you relationship advice? In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) shares three pieces of love advice that you should ignore, despite what they may tell you.

**Related Link:** [How 'The Bachelor' Is Changing the Reality of Dating](#)

# Dating Expert from E!'s *Famously Single* Says to Ignore This Relationship Advice

**1. Don't sleep with him too soon:** This timeline will vary for each couple. For some, it may be the first date, and for others, it may not be until three months into a committed relationship. "The only person who gets to be the judge of that is *you*," House explains.

**2. Dump him – immediately:** Even if your guy is acting like a jerk, don't assume that the only solution is to break up with him. "Take a minute to think about if it's a real problem in the relationship or if it's a deal breaker," she shares. "If you cut the line because your friend said you should, you might quickly regret that decision."

**Related Link:** [Busting the Soul Mate Myth](#)

**3. Follow the dating rules:** Your friends may tell you not to call him first or to pretend you're busy when he asks you out. They may encourage you to keep your cards close and not reveal too much of yourself to him. As the dating expert says, "You might not even realize that the rules you're following are actually games." Instead, "screw those rules! It's time to get real."

If you're looking for a love that lasts, stop listening to these three pieces of relationship advice from your friends and family. "Your loved ones aren't in your situation, so they don't know exactly what you're going through," House reveals. "It's *your* life. Live it the way you feel in your heart, your gut, your soul, and your mind."

For more love advice from House, click [here](#).

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**What piece of relationship advice from your family and friends do you ignore? Tell us in the comments below!**