

Chris Harrison: Things Were “Awkward and Weird” Between ‘The Bachelorette’ Andi Dorfman & Josh Murray



 By Maggie Manfredi

This man knows a celebrity break-up when he sees one! According to UsMagazine.com, Chris Harrison, the newly single host of *The Bachelor* and *The Bachelorette* series, knew something was up with former *The Bachelorette* star Andi Dorfman and fiancé Josh Murray before they split. Harrison said, “I knew things were a little off. They were being a little awkward and weird. But you know, they’re from Georgia. You know those people.” The celebrity exes announced their break-up just after they attended *The Bachelor* season 19 premiere together.

Celebrity exes Josh Murray and *The Bachelorette* star Andi Dorfman gave nothing away the day before their celebrity break-up announcement. How do you remain civil with an ex in the midst of turmoil?

Cupid’s Advice:

Keeping the drama to a minimum is tough when you’re in the midst of a break-up and feeling tense. Cupid has some tips on

how to stay calm:

1. Stay off social media: The last thing you want to do during a break-up is cause even more tension and turmoil, which is exactly what spreading your feelings all over social media will do. Keep your thoughts to yourself. If you need an outlet, try writing down your thoughts in a personal diary or writing a letter to your ex (without the intention of sending it).

Related Link: [‘The Bachelor’ Host Chris Harrison Says He “Had No Clue” Andi Dorfman & Josh Murray Would Break Up](#)

2. Respect your ex’s privacy: A relationship means intimacy, admiration, and love. Even when the other elements fade, make sure that you continue to show respect, like these celebrity exes did. Don’t share your former partner’s secrets or betray the trust bestowed upon you during your relationship.

Related Link: [‘Bachelorette’ Season 10 Couple Andi Dorfman and Josh Murray Call It Quits](#)

3. Talk about it: If things get bad and messy post-relationship, sit down and talk about it. Otherwise, your feelings will only fester, and you’ll lose perspective on the situation. Maturity is an important factor in having a relationship, so continue that trait even after your break-up.

What your tips on how to avoid civil war with an ex? Share your comments below.