

Screwing the Rules Video Dating Advice: How 'The Bachelor' Is Changing the Reality of Dating



By [E!'s Famously Single Dating Coach, Laurel House](#)

In this week's [dating advice](#) video, relationship expert and E!'s *Famously Single* dating coach, [Laurel House](#) discusses how *The Bachelor*, particularly season 19 with [Chris Soules](#), and other similar reality TV shows are changing the reality of dating.

Dating Advice from E!'s *Famously Single* Dating Coach Laurel House

“They’re helping to shape the way we view what is desirable, what is sexy,” she explains of the reality TV franchise. “With Farmer Chris from Iowa as America’s current leading man, the dating landscape has dramatically shifted.” House reveals five ways that Soules is changing the reality of dating: Women no longer want bad boys like former *Bachelor* Juan Pablo Galavis; we see farmers as marriage material; we’re going back to the basics and forgetting about the rich and famous; we want a true gentleman; and we (finally!) think nice is sexy.

Related Link: [Screwing the Rules Video Dating Advice: Find the Love of Your Life](#)

Funny enough, a reality TV show is helping us redefine real love. “It’s being authentic; it’s being our true self. It’s looking down deep and thinking, ‘What do I need in a relationship and love? What do I need in a relationship? What will sustain a relationship long-term?’” the relationship expert shares.

For more dating advice from House, click [here](#).

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How do you think *The Bachelor* is changing the way we date? Tell us in the comments below!