## 'The Bachelor' Host Chris Harrison Says He "Had No Clue" Andi Dorfman & Josh Murray Would Break Up



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By <u>Rebecca White</u>

Recently, the latest celebrity news and gossip centered on the sudden celebrity break-up of *The Bachelorette* couple Andi Dorfman and Josh Murray. According to <u>UsMagazine.com</u>, Chris Harrison, the host of *The Bachelor*, said he had no idea that the celebrity couple was about to split. When Harrison saw the soon-to-be celebrity exes, he asked about their wedding plans in an interview. "By no means did I know they were broken up and did that interview, because honestly, having been through

a crappy breakup, I would've protected it more and stayed away from wedding talk and I wouldn't have put them on the spot," Harrison told *TV Guide*. Although Harrison usually knows the drama between *The Bachelor* contestants, he seemed out of the loop on this one!

## Life isn't filled with as much drama as you see on 'The Bachelor,' but what are some ways to keep it out of your relationship?

## Cupid's Advice:

There are some relationships and love affairs where drama seems to take over and is almost unavoidable. Here are steps that you can take to minimize the amount of drama that you let into each conversation or fight.

1. Recognize when you might be creating drama: By recognizing that you might be creating some of the theatrics in your relationship, you allow yourself to scale back and understand that maybe everything doesn't need to be so over the top. Try to analyze why you might be creating drama in your own love life, and aim to find different solutions for the attention and adventure you might be seeking.

**Related link:** <u>The Worst 'Bachelor' and 'Bachelorette' breakups</u>

2. Change your perspective: It is also important to realize that maybe some of the issues are just happening in your head. Have a conversation with your partner in order to see where these problems are coming from and how they interpret the situation.

**Related Link:** <u>'Bachelorette' Couple Emily Maynard and Jef Holm</u> <u>Break Up</u> 3. Don't feed other people's drama: When your partner starts to create unnecessary drama, don't fight back just yet. Let them cool down and have a breather. After they settle down, you two can discuss the true problem without getting into a fight. While our lives may not be as dramatic as celebrity exes, Dorfman and Murray, we can still minimize drama whenever possible!

How do you keep drama from being central to your relationship? Share your thoughts below.