

# Khloe Kardashian Opens Up About Dating French Montana After Split from Lamar Odom



By [Courtney Omernick](#)

Khloe Kardashian is finally speaking out about her split from Lamar Odom and her rebound relationship with French Montana. The reality star admitted she “rushed” into a relationship with Montana after her split with basketball star, according to [UsMagazine.com](#). She went on to say that the rapper is a good person, but that right now, she needs to mourn the loss of her marriage.

**How do you know if your current relationship is a rebound?**

## **Cupid's Advice:**

After the end of a relationship, it can be tough to know what to do with yourself, especially if you were with your ex for a long period of time. It can be lonely! That being said, it's important to begin a new relationship for the right reasons and not just so you can have companionship. So how can you tell if you're rebounding? Cupid has some ideas:

**1. You don't care about the other person:** Your new significant other makes you feel great and does all of the right things, for the right reasons, at the right time. Unfortunately, you don't feel a spark, and if they said goodbye tomorrow, it wouldn't be a big deal. If you're only in your current relationship because you like how you're being treated, but you're not interested in reciprocating, think about moving on.

**Related Link:** [Is It Ok to Hook Up With Your Ex?](#)

**2. Your eyes are always open:** You want attention and the assurance that you've still got it. If you're constantly seeking the approval of members of the opposite sex, even though you're in a new relationship, you might not be ready to settle down just yet.

**Related Link:** [Mel B. Speaks Out about Husband Stephen Belafonte's Alleged Abuse](#)

**3. You talk about your ex with your new partner...a lot:** To you, it may seem like you're just airing out dirty laundry. In actuality, you're bringing up your ex every chance you get because you still miss them and want their presence in your life somehow.

**How did you know your new relationship was a rebound? Comment below!**