

Gwyneth Paltrow Dishes on New Couple Jake Gyllenhaal and Taylor Swift



Jake Gyllenhaal and

Taylor Swift's budding romance may be partially thanks to Gwyneth Paltrow, reports [Us Weekly](#). Paltrow hosted a private dinner party for Swift and Gyllenhaal during their quiet trip to London on November 13th. "Jake and Taylor were driven from the Dorchester hotel to Gwyneth and Chris Martin's house in Primrose Hill for dinner," explained an insider. "Gwyneth seems to have played a role in their relationship." When asked about the dinner party, Paltrow replied playfully, "I've just known Jake for a long time and he's a great guy, and Chris has a friendship with Taylor." Paltrow's matchmaking seems to have paid off, for over Thanksgiving Swift and Gyllenhaal had many a coffee date. **Who should be your matchmaker?**

Cupid's Advice:

Every relationship needs a good matchmaker, someone to help test the waters when things get heated (or cold). Here are a few tips to help choose your matchmaker:

1. A mutual friend: It's always nice to have a matchmaker who knows the two of you. This way, your confidante will be able to talk more closely with both of you without either of you feeling awkward.

2. Somebody trustworthy: If a person is going to interfere in your relationship, that person needs to have your trust. You should keep your relationship personal, and be very cautious when opening up the relationship to another individual.

3. A professional: There are those who choose to make their careers about matchmaking. Make sure the professional you choose has a legit background and high success rate!