

Ben Affleck and Jennifer Garner Take PDA-Filled Outing in L.A.



By [Katie Gray](#)

America's sweethearts, Ben Affleck and Jennifer Garner, stepped out and got cozy on a stroll together with their three children in Los Angeles on December 11th. The perfect pair have been happily married for almost ten years. According to [UsMagazine.com](#), Garner said of their date nights, "We're boring parents, so we just play with the girls. "I'll usually cook a meal for everyone, help them with homework; that's usually our date night. Otherwise, he's an amazing husband." To which Affleck said, "My wife is an amazing and strong woman."

What are three ways to keep the spark alive in your marriage?

Cupid's Advice:

It's important to continuously work on your marriage, and part of that means keeping the spark alive. Cupid has some tips:

1. Save the date: To keep the spark alive in your marriage, it's important to have date night! You need that time to enjoy the company of one another. During this special outing, you can talk without being preoccupied with everything else going on in life and just focus on each other.

Related Link: [Ben Affleck Kisses Jennifer Garner in Rare PDA Moment](#)

2. Spontaneous surprises: Who doesn't love a good surprise. Spontaneity is an extremely attractive quality. Give your spouse a gift from time to time, write them a poem or love letter, bring them flowers, make them the type of food they like, and so forth. It doesn't have to be something that costs a lot of money; it's the thought that counts. They will know that you still care by these little but meaningful gestures.

Related Link: [Find Out Why Jennifer Garner and Ben Affleck Weren't at George Clooney's Wedding](#)

3. Sex sells: In the world of advertising and media, the saying goes, "Sex sells." Well, relationship experts say this is too when it comes to passion in a marriage. Many claim that having routine intimacy is what keeps you connected to your spouse.

What are some ways that you keep the spark alive in your marriage? Share your thoughts below.