

Did 'The Bachelor' Winner Nikki Ferrell Reveal She Has A New Man?



By [Emily Meyer](#)

Although Nikki Ferrell's celebrity breakup from *Bachelor* Juan Pablo Galavis was only a month ago, her Instagram account tells us she's wasting no time getting back into the swing of things when it comes to her relationships and love life. According to [Wetpaint.com](#), the *Bachelor* winner posted a photo over the weekend quoting Beyoncé's song "Halo" by writing, "I swore I'd never fall again, but this don't even feel like falling." She then captioned the quote with more lyrics from the song, "Think I'm addicted to your light," followed by a

heart emoji. The private beauty didn't give any more details about this new special someone, but we can't wait to see what celebrity love gossip she shares next!

'The Bachelor' winner Nikki Ferrell found romance after her celebrity breakup. How do you know when you're ready to start dating again after a breakup?

Cupid's Advice:

Whether you were in a relationship for months or years, breaking up is never easy. You have been dealing with a tornado of emotions ranging from anger and confusion to sadness. It can be difficult to figure out when you're ready to start dating again, so Cupid has three ways to help you know when you're ready to get back into the dating scene:

1. You have a positive outlook about your past love: Although it's normal to feel somewhat angry about how your last relationship ended, it's important that you let go of those negative feelings. If not, you may not be able to move forward to a place of peace with a new partner. Figure out what's still holding you back and like *Bachelor* winner Nikki Ferrell, speak positively of your ex to help you move into a better place.

Related Link: ['Bachelor' Winner Nikki Ferrell Confirms Split from Juan Pablo Galavis](#)

2. You can be happy on your own: You have to be content with yourself before you can find happiness with someone else. Make sure you have your own hobbies, career, and social circle before you dive into another relationship. When you

sincerely love yourself as an individual, you'll be ready to start the dating process again.

Related Link: [Chris Harrison Jokingly Slaps Chris Soules in New 'Bachelor' Promo](#)

3. You want to move on for *yourself*: It's only human to want to make your ex *a little* jealous. However, that should not be your main motivation. Make sure you're fully committed to dating new people for the right reasons.

How did you know you were ready to get back into the dating scene? Tell us in the comments below!