

Selena Gomez Cries Singing Song About Justin Bieber at AMA's



By Maggie Manfredi

The heart wants what it wants. According to UsMagazine.com, Selena Gomez stunned the audience at the AMA's on Sunday night with an emotional performance of her hit single. She dazzled in a flowing cream dress with her hair pulled back. The performance included a pre-recorded phone conversation of a sad Selena, some intense imagery and a teary superstar at the end of the performance. Celeb bestie Taylor Swift was also affected as she watched from the audience. "The Heart Wants What It Wants" singer recently shared that

the muse for the song, Justin Bieber, “thought it was beautiful.”

What are some ways to express emotion to your partner when words won't cut it?

Cupid's Advice:

Sometimes when it comes to love, words just aren't enough. Here is some advice on how to let your feelings out in different ways:

1. Write it down: If you've tried to say the things you need to say and they won't come out right, write it down. Sometimes that's what you need to process the thoughts in your head.

Related: [Back Together? Justin Bieber and Selena Gomez Snap Cozy Pic in Canada](#)

2. Read about it: If writing isn't your forte turn to the words of John Keats, William Shakespeare or Emily Dickinson. Reading words of love and lust and loss may be just what you need to express your own emotion through a different outlet.

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3. Don't forget about intimacy: When you are with someone you cannot forget about the simplicity of intimacy. Nonverbal communication has a lot of power, don't be afraid to use it.

What did you think of Selena's performance? Share with us below!