

Ryan Reynolds and Scarlett Johansson Split



Another prized Hollywood couple has decided to call it quits. Ryan Reynolds and Scarlett Johansson have officially separated with the intent to divorce, according to [People](#). In a joint statement they say, “After long and careful consideration on both our parts, we’ve decided to end our marriage. We entered our relationship with love, and it’s with love and kindness we leave it. While privacy isn’t expected, it’s certainly appreciated.” Although the pair were just seen out in NYC together last month, a source close to the situation says that it was Johansson who initiated the split. The two wed in 2008 in a private ceremony in Reynold’s hometown of Vancouver.

How do you start over after a divorce?

Cupid’s Advice:

There’s no doubt about it: divorce is devastating. Here are

some tips on how to transition from living with your partner to living alone:

1. Get some "me" time: First and foremost, take some time out for yourself before dealing with the "media" of your family and friends. Grab a close friend and head south a la ScarJo-style for some down time.

2. Indulge in a hobby: Spend some time doing things that make you happy before your divorce. The familiar routine will keep you sane for a little bit longer.

3. Work it out: Try exercise as a form of stress release. Endorphins will make you feel better, as they are natural pain and stress fighters.