

# Reality Star Tila Tequila Welcomes Celebrity Baby Daughter Isabella Monroe Nguyen



By Amanda Boyer

Former MTV [reality star](#) Tila Tequila gave birth to her first celebrity baby – a girl – on Sunday, November 6. According to [USMagazine.com](#), she shared her celebrity baby news and revealed that she named her daughter Isabella Monroe Nguyen. Her real name is Tila Nguyen, and she wanted to share her heritage with her child. The celebrity baby weighs about 7 pounds, 2 ounces, and Tequila states, “I am so in love with her.” The new mom mentioned during the earlier part of her

celebrity pregnancy that the baby saved her life.

## Reality star Tila Tequila's named her first celebrity baby using her real last name. How do you decide whether or not to give your baby a family name?

### Cupid's Advice:

Deciding your baby's full name can be a difficult decision, especially when there is a family name involved. This reality star chose the name that she thought best fit her celebrity baby. Cupid has some ideas on how to approach this situation and have the same reassured feeling:

**1. Follow tradition:** If this is a long tradition running in your family, maybe it is something that outweighs the cons when deciding on a name. If it's been passed down for years, do you *really* want to be the one who changes that?

**Related:** [Tila Tequila Says, 'My Baby Has Saved My Life](#)

**2. Consider the significance:** Does this name mean something important to you? If it does, you can strongly consider having it in your child's name. However, if it doesn't, don't let anything – or anyone – influence the decision.

**Related:** [Tila Tequila Is Pregnant](#)

**3. Listen to your heart:** Ultimately, it is your decision and no one else's. Don't let the pressure stress you out! Think about what you want for your baby and pick a name that you know you'll like for years to come.

**How did you name your baby? Tell us in the comments below!**