

Find Out Why Kris Jenner Is 'Livid' at Bruce Jenner



By Amanda Boyer

It seems that Kris Jenner is in an angry place while she tries to promote her new book, "In the Kitchen with Kris." According to UsMagazine.com, Kris has only been releasing positive statements about her husband, Bruce, while sources say that in reality, she is embarrassed by the current situation. According to a source, Kris is "livid" because Bruce was recently spotted stepping out with Kris' longtime BFF Ronda Kamihira.

What do you do when you're jealous about your ex's new partner?

Cupid's Advice:

Are you jealous after seeing your ex with his/her new partner? Read ahead for some advice on what to do in this situation:

1. Distance: Keep your distance from them. If you never see them, they will not be on your mind as much. Sometimes that's easier said than done, but do your best.

Related: [Kris Jenner Gets Cozy with New Man Corey Gamble at Kim Kardashian's B-Day](#)

2. Throw away the attitude: Although you're jealous, put those feelings away and be cordial with them if and when you ever run into them.

Related: [Kris Jenner Warms Up to Khloe Kardashian's New Boyfriend French Montana](#)

3. Happiness: Take a few seconds and walk in their shoes. Regardless of the breakup, be happy that your prior partner has found happiness. Now it's time to make yourself happy as well.

Have another way on what to do when you are the jealous green monster about your ex's new partner? Comment here!